

How To Evaluate

1. What study design was used to evaluate this risk management strategy?
2. Draw a flow diagram of the study design with numbers whenever possible.
3. Why do you think Groups 2 and 3 received information on diet and exercise? Why were they not given just Metformin or the placebo?
4. The authors reported that type 2 diabetes "... is strongly associated with obesity (more than 80% of people with type 2 diabetes are overweight), inactivity, family history of diabetes, and racial or ethnic background." What does "strongly associated" mean?

