



College of Education and Human Services
Exercise Science and Physical Education
Accepted Students Day 2020

A Little Bit About Us...

Congratulations, we are so excited to have you entering our program and getting to know you!! You have chosen to become part of a health and physical education program that is rich with tradition and has placed health and physical education teachers all around NJ and nationwide!

The following slides will acquaint you with our 2 program options and the curriculum for each.

Option 1: Bachelor of Science (BS) in Health and Physical Education

What is Dual Certification?

Our program offers a dual certification - meaning graduates will earn both a physical education certificate as well as a health education certificate (P-12).

Let's Take it to the Next Level...

Option 2: Bachelor of Science in PHED/Master of Arts – MAT (PEBM)

Dual Certification Program in Physical Education/Health and Certification in Teacher of Student With Disabilities

So What Does This Mean?

Within the 5 year program you earn.....

1. *B.S.* in Physical Education AND *Master* of Arts
2. *Dual Certification* in Physical Education/Health
3. *Teacher Certification* of Students with Disabilities

What are the GenEd Requirements?

30 Credits

I- General Education Requirements

A – Freshman Seminar

C – Communication

WRIT 105, WRIT106, CMST 101

F- Humanities

G- Computers

H- Mathematics

I- Natural/Physical Science Laboratory

J- Physical Education

K- Social Science

L – Interdisciplinary Studies

II- Graduation Requirement – World languages

Major and Concentration Requirements

Study Of Human Disease	HLTH 208
Drug Education In The Schools	HLTH 215
Mental Health In The Schools	HLTH 222
Sex Education In The Schools	HLTH 295
Freshman Seminar	HPEM 199
Development Philosophy Health and Physical Ed	HPEM 352
Management of Health, Physical Ed, Athl, Fitness	HPEM 356
Anatomy & Physiology I	BIOL 244
Physiology of Exercise	PEMJ 320
Kinesiology	PEMJ 321
Basic Motor Learning	PEMJ 324
Adapted Physical Education	PEMJ 351

Required Activity Courses

Fitness Activities	PEMJ 131
Introduction to Fielding & Target Games	PEMJ 152
Introduction to Invasion and Net Games	PEMJ 153
Movement Experiences in PE	PEMJ 235
Teaching of Elementary Physical Education	PEMJ 335

Teacher Education Program Requirements

Public Purpose of Education	SASE 210
Psychological Foundation of Education	EDFD 200

****See handout included**

So What Does it Take?

1. Completion of Pre-Requisites earning a B- or better

-Psychological Foundation of Education EDFD 200

-Public Purpose of Education SASE 210

2. Completion of 9 credits in the major courses

3. GPA Requirement: Overall: 3.00 & Major: 3.00

4. Pass The Core Academic Skills for Educators Test (PRAXIS I) or qualifying score in ACT or SAT

5. Valid American Red Cross “First Aid Card”

How Does it Work?

The Professional Sequence...

Advanced Adapted PE	PEMJ 431
Assessment and Technology in PE	HPEM 355
Language and Learning in Content Area	SASE 322
Clinical I	SASE 450
Seminar in Inclusive Pedagogies	SASE 451
Teaching of Secondary Physical Education	PEMJ 457
Teaching of Health	HLTH 401
PASS SUBJECT ASSESSMENT (PRAXIS II) BEFORE	Clinical II
Advanced Seminar in Inclusive Pedagogies	SASE 452
Clinical II	SASE 453
EdTPA – submitted and passed for recommendation for certification	

Sport Coaching Minor Option

- 19 Credits Coaching
- Coaching children, adolescents or adults
- Aim to provide deep knowledge in methods of coaching and coaching techniques.

Common Careers with Sports Coaching minor

- Coaching sport such Football, Baseball, basketball, soccer or track and field in educational institution.
- Job possibilities
- High school College head or assistant coach
- Personal sports instructor
- Sport camp administrator

Where Can I Go From Here?

Our students have received opportunities in the following areas:

Teaching P-12 Public, Private and Charter Schools

- **Principal**
- **Superintendent**
- **Coach**
- **Athletic Director**
- **Fitness Profession**
- **Personal Training**
- **Camp Counselor**
- **AND More.....**

Montclair State University

IT'S ALL HERE.

Any questions please contact:
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