

MONTCLAIR STATE UNIVERSITY  
**NUTRITION AND FOOD SCIENCE - MINOR (NUFS)**  
 Department of Nutrition and Food Studies  
 Effective Fall 2018

The Minor in Nutrition and Food Science requires a selection of courses as indicated below. Candidates for the minor must confer with an advisor from the Department of Nutrition and Food Studies.

√	<b>I. Nutrition and Food Science Minor Required Courses</b>	<b>Cr.</b>
	*A. NUFD-150 (Food Composition & Scientific Preparation)	3
	**B. NUFD-153 (Dynamics of Food & Society)	3
	**C. NUFD-182 (Nutrition: A Socioecological Perspective)	3

**Required Courses Subtotal      9**

√	<b>II. Nutrition and Food Science Minor Elective Courses (Select courses from the list below for a total of 9 semester hours; at least one selection must be a 300-400 level course)</b>	<b>Cr.</b>
	A. _____ - _____ (_____)	
	B. _____ - _____ (_____)	
	C. _____ - _____ (_____)	

**Elective Courses Subtotal      9-10**

**MINOR IN NUTRITION AND FOOD SCIENCE TOTAL CREDITS      18-19**

**ELECTIVE COURSES**

<b>Pre- Or Coreq</b>	<b>Number</b>	<b>Title</b>	<b>Cr.</b>
<i>NUFD182</i>	NUFD-253	Quantity Food Purchasing and Production	3
<i>NUFD150 AND NUFD253</i>	NUFD-254	Food Service Equipment and Facilities Design	3
<i>NUFD150 AND NUFD182</i>	NUFD-258	Experimental Food Science	3
<i>NUFD182</i>	NUFD-284	Global Perspectives in Food and Nutrition	3
<i>NUFD182</i>	NUFD-285	Nutrition in Chronic Disease Prevention	3
<i>NUFD182</i>	NUFD-286	Gender in Food and Nutrition Issues	3
<i>NUFD182</i>	NUFD-295	Nutrition and Physical Activity for Older Adults	
	NUFD-360	Urban Agriculture and Sustainable Food Systems	4
<i>NUFD253 OR NUFD258 (Pre- or Coreq)</i>			
<i>NUFD258</i>	NUFD-367	Food Processing	3
<i>NUFD258</i>	NUFD-377	Sensory Evaluation of Foods	3
<i>NUFD258 (Pre- or Coreq)</i>	NUFD-381	Applied Nutrition in the Lifecycle	3
<i>NUFD285 (Pre- or Coreq)</i>	NUFD-388	Nutrition for Community Fitness Programs	3
<i>NUFD285 (Pre- or Coreq)</i>	NUFD-390	Planning and Evaluating Programs	3
	NUFD-392	Food Systems and Agri-Business Issues	3
<i>NUFD253 OR NUFD285 (Pre- or Coreq)</i>			
	NUFD-394	Non-Profit Management	3
<i>NUFD253 OR NUFD258 (Pre- or Coreq)</i>			
<i>NUFD285 (Pre- or Coreq)</i>	NUFD-395	Managing Programs	3
<i>NUFD395 (Pre- or Coreq)</i>	NUFD-410	Policy and Advocacy for Nutrition-Based Wellness Programs	3
<i>NUFD381 OR NUFD395</i>	NUFD-412	Nutrition Education Techniques	3
<i>NUFD381</i>	NUFD-452	Organization and Management of Food Service Systems	3
<i>NUFD381 OR NUFD395</i>	NUFD-482	Nutrition Counseling	3

\*Meets GenEd L Interdisciplinary Studies requirement for majors only    \*\*Meets GenEd K3 requirement for all