

2018 GEN ED

New Proposed Program of Study

MONTCLAIR STATE UNIVERSITY

B.S. in Physical Education, Concentration in Physical Activity (PEDU)

Dual Teaching Certification Physical and Health Education (PHED)

Exercise Science and Physical Education

Effective Fall 2019

NAME:

CWID#

ADVISOR: Dr.

√	I. GENERAL EDUCATION REQUIREMENTS	27	√	III. MAJOR DEPARTMENT COURSES	51
	A. New Student Seminar	0		A. Required Theory Courses	32
	1. Freshman Seminar HPEM 199	0		1. HLTH 215 Drugs Education in Schools	3
	C. Communication	9		2. HLTH 222 Mental Hlth Education in Schools	3
	1. Writing WRIT-105	3		3. HLTH 295 Sex Education in Schools	3
	2. Literature WRIT-106	3		4. HLTH 208 Study of Human Disease	3
	3. Communication CMST-101	3		5. HPEM 199 Freshman Seminar Health & PE	1
				6. HPEM 352 Dev./Phil. Of Health & PE	3
	F. Humanities	6		7. HPEM 356 Mgmt. of HPE/Athl/Well	3
	1. Great Work & Their Influence	3		8. PEMJ 320 Physiology of Exercise*	4
	2. Phil or Religion Perspectives	3		9. PEMJ 321 Kinesiology*	3
				10. PEMJ 324 Basic Motor learning*	3
	G. Computer Science	3		11. PEMJ 351 Adapted Physical Education	3
	1.	3		12. HPEM 355 Assessment and Technology in Hlth &	3
	H. Mathematics	3		B. Required Skills Courses	15
	MATH 103or 104or 106or109 or 110	3		1. PEMJ 131 Fitness Activities	3
	I. Natural Science Laboratory	0		2. PEMJ 152 Intro to Fielding & Target Games	3
	1. Anatomy and Physiology: ‡BIOL 244	0		3. PEMJ 153 Intro to Invasion & Net Games	3
	(pre-requisite for PEMJ 320, 321, 324)			4. PEMJ 235 Movement Experiences in PE	3
	J. Physical Education (incl. under Major Dept. Courses)			5. PEMJ 335 Teaching of Elementary PE*	3
				C. Collateral Courses	4
	K. Social Science	6		1. BIOL244 Anatomy and Physiology	4
	1. Amer/Eur. Hist:	3			
	2. Global Cultural Perspectives	3		IV. Pre-Professional Sequence	6
	3. Social Science Perspectives ‡EDFD 200	0		1. SASE 210 - Public Purposes of Ed	3
	L. Interdisciplinary Studies	0		2. EDFD 200 or PSYC 200 - Psychological Foundations	3
	1. Sex Education in School ‡HLTH 295	0			0
	II. GRADUATION REQUIREMENTS	3		Progression Point 1: Admission to Teacher Ed. Program	
	1. World Languages	3		V. Inclusive Pedagogies	12
				3. PEMJ 431 Advanced Adapted Physical Education	3
				5. SASE 322 Language & Learning in Content-Area	3
				6. HLTH 401 Teaching of Health	3
				Progression Point 2: Prof. Year Placement Application	
				VI. Practicing Social Justice Education	21
				8. PEMJ 457 Teaching of Secondary PE	3
				9. SASE 450 Clinical Practice I	3
				10. SASE 451 Seminar in Inclusive Pedagogies	3
				11. SASE 452 Clinical Practice II	9
				12. SASE 453 Advanced Seminar in Inclusive Pedagogies	3
				TOTAL CREDITS	120

‡ = Fulfills General Education requirements * = Requires prerequisite course(s) for this course



UNIVERSITY

College of Education and Human Services

Department of Exercise Science and Physical Education

Major Physical Education (PEDU) Concentration Physical Education Activity in Educational Settings (PAES)

Admission to Physical Education and Health Dual Major Certification (PHED)

Freshman's Suggested Guidance Program

Fall 2019

FIRST YEAR

FALL SEMESTER			Cr	SPRING SEMESTER				
Freshman Orientation / PE Professions	GER-A	HPEM 199	1	Literature	GER-C	Any that apply		3
Writing	GER-C	Any that apply	3	Mathematics	GER-H	MATH 103,104,106 or109		3
Fitness Activities	MAJ B ₂	PEMJ 131	3	Intro to Field Target Games	MAJ-B	PEMJ 152		3
Anatomy and Physiology I	GER-I	BIOL 244	4	Sexuality Education in the Schools	MAJ-A	HLTH 295		3
Great works & Their Infl.	GER F ₁	Any that apply	3	Psychological Foundations	GER-K ₁	EDFD 200		3
World Language	GER E		3					
			17					15

SECOND YEAR

FALL SEMESTER			Cr	SPRING SEMESTER				
Fundamental of Speech	GER-C	CMST 101	3	Physiology of Exercise	MAJ-A	PEMJ 320		4
Phil or Religion Persp.	GER-F ₂	Any that apply	3	Computer Science	GER-G	CSIT 100		3
Amer / Eur. Hist	GER-K ₁	Any that apply	3	Public Purpose of Education	TEC-III _A	SASE 210		3
Movement Experiences in PE	MAJ-B	PEMJ 235	3	Development, Phil H&PE	MAJ-A	HPEM 352		3
Intro to Invasion & Net Games	MAJ-B	PEMJ 153	3	Mental Health Education	MAJ-A	HLTH 222		3
			15					16

Apply to Teacher Education

Requirements to apply to the Teacher Education at the end of the sophomore year:

1. Successfully completed EDFD 200, 221, 220 and SASE 210
2. Pass PRAXIS I test (Reading, Writing, Mathematics)
3. Completed nine (9) credits in the major courses
4. 3.00 GPA overall and 3.00 GPA major courses
5. Valid American Red Cross First Aid Card

Non-Teaching Certification Track (PAES)

Teaching Certification PHED Track

THIRD YEAR

THIRD YEAR

FALL SEMESTER

FALL SEMESTER

Kinesiology	MAJ-A	PEMJ 321	3	Kinesiology	MAJ-A	PEMJ 321		3
Teaching Elementary Phy. Ed	MAJ- B2	PEMJ 335	3	Teaching of Elementary PE	MAJ-A	PEMJ 335		3
Adapted Physical Ed	MAJ-A	PEMJ 351	3	Adapted Physical Education	MAJ-A	PEMJ 351		3
Global Cultural Perspectives	GER-K ₂	Also fulfils World Cultures	3	Global Cultural Perspectives	GER-K ₂	fulfil also World Cultures		3
Management HLTH Physical Ed	MAJ- A	HPEM 356	3	Drug Education in the School	MAJ-A	HLTH 215		3
				Study of Human Disease	MAJ-A	HLTH 208		3
			15					18

SPRING SEMESTER

SPRING SEMESTER

Basic Motor Learning	MAJ-A`	PEMJ 324	3	Basic Motor Learning	MAJ-A`	PEMJ 324		3
Assessment and technology in Health and PE	MAJ-A	HPEM 355	3	Assessment and Technology in Health and PE	MAJ-A	HPEM 355		3
Study of Human Disease	MAJ-A	HLTH 208	3	Management in Health & PE	MAJ-A	HPEM 356		3
Drug Education in the School	MAJ-A	HLTH 215	3	Language & Learning in Content	TED	SASE 322		3
				Teaching of Health		HTLH 401		3
			12					15

FOURTH YEAR

FOURTH YEAR

FALL SEMESTER

FALL SEMESTER

Free Electives/ or suggested course			3	Teaching of Secondary Physical Ed	TED	PEMJ 457		3
Free Electives/ or suggested course			3	Clinical I	TED	SASE 450		3
Free Electives or suggested course			3	Seminar in Inclusive Pedagogies	TED	SASE 451		3

Free Electives/ or suggested course			3	Advanced Adapted PE	MAJ-A	PEMJ 431	3
Free Electives/ or suggested course			3				12
			15				
SPRING SEMESTER				SPRING SEMESTER			
Free Electives/ or suggested course				Clinical II	TED	SASE 453	
Free Electives				Advanced Seminar in Inclusive Pedagogies	TED	SASE 452	
Free Electives							
Total credits 120 S.H.				Total credits 120 S.H.			
SUGGESTED FREE ELECTIVES							
Coaching Principles/Problems			PEMJ 226				
Social Problems In Sport			PEMJ 227				
Psychology Of Sport			PEMJ 353				
Prin/Prac-Emergency Care			HPEM 150				
Personalized Fitness			PEGN 230				