



MONTCLAIR STATE
UNIVERSITY

Center for Academic Development and Assessment

Spring 2012
THE FIRST SERIES
OF
LEARNING COMPETENCIES WORKSHOPS
PATH TO ACHIEVEMENT

Recognizing Strategies for Academic Achievement

This presentation will help students recognize overall effective learning strategies to become confident and successful in college: forming short-term vs. long-term goals; distinguishing school priorities, and developing study habits.

Organizing Time Effectively and Enhancing Study Skills

Students will recognize effective time management and study skills; they will be able to distinguish between quotidian, weekly, and monthly calendars to highlight key components and important dates to plan and become more organized.

Bringing Note Taking and College Reading Skills Into Action

The three-step process of note-taking and the importance of being a dynamic reader will be demonstrated. Acquainted with the Cornell Note-Taking system and the SQ3R method, students will practice effective note taking and active reading skills to become a keen observer, listener and reader.

Recognizing the Benefits of Memory and Learning Styles

This presentation will focus on helping students distinguish three stages of memory and their capacities and limitations. Students will highlight effective memory strategies, mnemonic devices, and their dominant learning style(s).

Facing Test Anxiety and Applying Test Taking Strategies

The student will be able to recognize the importance of being focused and alert to perform to the best of their abilities. Students will be able to distinguish between objective and subjective tests to become prepared for the exams.

We ask students to:

- **Bring a valid Montclair State University ID card to present it to a Workshop's facilitator;**
- **Arrive 5 minutes prior to the beginning of each Workshop;**
- **Attend the entire presentation to get the full benefits of the Workshop.**



**Enrollment Management and
Student Academic Services
EM/SAS**

In addition to tutoring, testing and academic support services,
the Center for Academic Development and
Assessment (CADA) offers
Learning Competencies Workshops to Montclair State University
students.

CADA is Certified by the College Reading and Learning Association (CRLA)
International Tutor Training Program Certification (ITTPC)

*Center for Academic
Development and Assessment*

**Spring 2012
THE FIRST
SERIES
OF
LEARNING
COMPETENCIES
WORKSHOPS
Path to Achievement**



To Sign Up for CADA Workshops:

- Visit our Center at Morehead Hall, Room 141
- Call Us at 973. 655.5425/4364
- Register On-Line:

<http://mis-app/cadaws/index.jsp> (on campus)

Please refer to Page 1 for workshop description.

**Recognizing Strategies for Academic
Achievement**

Time	Date
3:30-4:30	2/8/12

Morehead Hall, Room 139

**Organizing Time Effectively and Enhancing
Study Skills**

Time	Date
10:00-11:00	2/14/12
2:00-3:00	2/14/12
3:30-4:30	2/22/12

Morehead Hall, Room 139

**Bringing Note Taking and College Reading
Skills Into Action**

Time	Date
3:30-4:30	2/15/12
10:00-11:00	2/15/12
10:00-11:00	2/22/12
10:00-11:00	2/28/12

University Hall, Room 2004

Morehead Hall, Room 139

**Recognizing the Benefits of Memory and
Learning Styles**

Time	Date
10:00-11:00	2/16/12
2:00-3:00	2/16/12
10:00-11:00	2/21/12

Morehead Hall, Room 139

3:30-4:30	2/29/12
-----------	---------

University Hall, Room 2004

**Facing Test Anxiety and Applying Test
Taking Strategies**

Time	Date
2:00-3:00	2/21/12
2:00-3:00	2/28/11
10:00-11:00	2/29/12

Morehead Hall, Room 139