



FAMILY SCIENCE & HUMAN DEVELOPMENT

OCTOBER 2021

New FSHD Minor Complements Many Majors

An interdisciplinary minor in Family Science and Human Development is now available. FSHD teaches an understanding of individuals, families and communities by using multiple perspectives from a variety of social science and human services fields.

This 18-credit minor is a great fit with many majors including Psychology, Child Advocacy, Public Health, Music or Art Therapy, Teaching, Speech, Reading & Literacy, and many more. It delivers a bird's-eye view of the FSHD field by combining core courses with a wide range of electives on topics such as Immigrant Families, Gender in a Changing World, Family Stress & Coping, Women in Contemporary Society, Mindfulness, and the list goes on.

Grounded in social justice, diversity and inclusion, this minor:

- Explores cultural, economic and social factors that shape children, families and their relationships
- Examines human development from birth through death
- Provides the knowledge and skills to help improve the human condition



Completing the minor is as easy as 1-2-3:

- One choice of a human development course: child, adolescent or adult development
- Two required courses: Intro to Content Areas in FSHD and Individual & Family Development over the Life Course
- Three FSHD electives of your choice

A minimum GPA of 2.0 is required. To learn more about the FSHD minor, scan the QR Code with your smartphone camera, or make an appointment with Department Advisor Chris Cottle, cottlec@montclair.edu. ■

DATES TO REMEMBER

October 1

Financial Aid Form for next year is available online at [FASFA.ed.gov](https://fasfa.ed.gov)

October 12

Meet & Greet for New FSHD Students

October 14

Registration opens for Winter and Spring 2022

November 1

Deadline to Apply for Spring 2022 Internships

Social Justice Board Shares FSHD Data

Welcome to a new academic year! The Social Justice Advisory Board especially would like to welcome our new FSHD Academic Family members. For those that also are new to MSU, welcome to the Red Hawk family! It has been marvelous to largely be back in person and, to once again, feel such vibrancy across campus.

Hopefully, everyone has settled into a good routine for the Fall semester. Remember to build in plenty of time to take care of your health and well-being, explore campus and the many exciting opportunities that await you here, and find ways to balance your academics with everything else that is important in your lives. Our hope is that this will be a fantastic year filled with social justice actions and community engagement.

Department Chair's Message

Dear FSHD family,

Fall is in the air again! Anyone who knows me knows that it is my favorite time of the year, for many reasons. My twins were born in October, it's the only time you can get a cup of pumpkin spice latte (love it or hate it, pick a side!), you get the best low-key activities like apple and pumpkin picking, and you can enjoy the bright colors of falling leaves, the warm sweaters, and the hot apple ciders.



Dr. Lyndal Khaw

On campus and here in University Hall, Fall 2021 has been a much-welcomed return to basics. In-person classes are back in session, campus is bustling with student life, and we are back to complaining about finding a parking spot all over again. Fall never disappoints.

As if in the blink of an eye, we are now in week 6 of the semester. Though it feels like things have only just gotten started, completing about a third of the full academic semester has been no minor feat. I am proud of our FSHD student community which has remained vigilant in doing their part in maintaining safe distances from their peers and wearing their masks indoors. Much credit is also given to my fellow colleagues - the instructional staff and faculty who have tirelessly adapted their courses to meet the pedagogical needs of their students this semester, all while balancing the safety and health of their classroom community. I thank you all for doing your part as a good department citizen.

And on that note, I hope you've found your groove this Fall and are taking in the best of what the season has to offer.

Stay safe and well!

Dr. Khaw

Register for Spring Internships

If you're in the FSHD Family Services concentration and plan to take FSHD 409- Internship in the Spring 2022 semester, be sure to fill out the [Internship Registration Form](#) by the November 1 deadline. This form is your first step toward securing a spot in the Internship class which combines on-site and academic components.

If you don't have an internship site yet, simply mark TBA (to be announced) on the form. CEHS Internship Coordinator Colleen Casenta is available to assist you with finding a site that matches your career goals. You can schedule a meeting with her



by emailing casentac@montclair.edu or by logging in to [Hire a Red Hawk](#), selecting "Counseling Appointments" and then "Request New Appointment."

As an alternative to Internship, the FSHD Department continues to offer Externship, a fully online professional development experience that may be taken in place of a regular Internship. If you want an Externship, note that on your registration form. ■





Student Spotlight

Edith Marin

Edith Marin is a senior majoring in Family Science and Human Development, with a concentration in Family Services and a minor in Psychology.



Her Story: I had originally considered majoring in Psychology or Nursing, however, after doing some research I realized those options weren't for me. I started off at MSU as Undeclared and as the time to choose a major came closer, my advisor at the time asked me what I was looking for exactly. I told him I wanted to help other people, specifically children, in different settings and take part in changing their lives. I will never forget how confidently he said FSHD was the major for me. I wasn't as sure back then but after taking Intro to FSHD, I knew this was the major I wanted to pursue.

Since then, I have learned so much from all the different courses FSHD has offered me. I absolutely love how broad this field is and all the opportunities it provides. I am not limited to working with a particular age group or setting. My classes and professors provide the tools I need to work with different groups of people and to succeed in doing so. I am so happy I found this major, or better yet — that this major found me. My hope is that more people may learn about FSHD and be able to experience how rewarding it can be!

Her Plan: I am interested in pursuing a career as a Speech-Language Pathologist working with young children.

Her Thoughts: Through the FSHD major I was granted the opportunity to assume a leadership role as President of the Montclair Student Council on Family Relations (MSCFR). I am so grateful to have been awarded this position. It has challenged me in many ways, but also allowed me to grow as a person. I have been so fortunate to work alongside Dr. Khaw and a wonderful e-board who, like me, are committed to strengthening our communities through education, awareness, and civic engagement. We have a lot to look forward to and I can't wait to see what's in store for us! ■



Fall Fun with the Rec Center

Broomball

Saturdays through Oct 23
10pm—midnight

Broomball is an activity played at the MSU Ice Rink where players wearing shoes (not skates) use a stick with a broom-shaped head to swat a ball around the ice and try to score goals. Free to MSU students with valid ID but online [registration](#) is required.

Apple Picking

Saturday, October 16
11am—4pm

Pick fresh, juicy apples at Wightman's Farm in Morristown, NJ, and visit their farm market. Fee is \$10 for students, and \$20 for employees/guests. Register in the Rec Center main office, or call 973-655-3340.



Harvest Festival

Saturday, October 23
10am—4pm

Journey out to the country for the Harvest Festival at Stony Hill Farms in Chester, NJ, where you'll enjoy the corn maze, hayrides, pumpkin picking, and farmer's market. Fee is \$10 for students, and \$30 for employees. Some activities cost extra. Register in the Rec Center main office, or call 973-655-3340.

Dive-in Cartoons

Monday, October 25
7-9pm

Watch Halloween cartoons while floating in the Rec Center Pool or from on-deck seating where you'll stay nice and dry. Vote on Instagram on October 22 for the cartoons you want to watch. The first 15 participants will get a free t-shirt! Registration is not required. Free for students with valid MSU ID. ■

Virtual Career Fair

October 6, 2021
1:00—4:00 p.m.

The Fall 2021 Virtual Career and Internship Fair provides the opportunity to schedule one-on-one meetings or attend group sessions with organizations from various industries. Recruiters are seeking to hire full-time and internship positions.



Students need a Career Fair Plus account in order to participate in the fair. Sign up using your MSU email address by downloading the app, or follow [this link](#). ■

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October is LGBT History Month

LGBT History Month celebrates the achievements of lesbian, gay, bisexual or transgender icons. Each day in October, a new individual is spotlighted with a video, biography, images and other resources at LGBTHistory-Month.com.

Among the 31 icons being featured this year are women's rights activist Susan B. Anthony, designer Henry Munoz III, singer Janis Joplin, Navajo artist R.C. Gorman, and several US Congressmen.

The month is spearheaded by [Equality Forum](http://EqualityForum), a non-profit organization striving to advance national and international LGBT civil rights with an educational focus. ■



Workshop Focuses on Black Freedom

Wednesday, October 20, 2021
5:30 p.m. via Zoom

The College of Education and Human Services presents *Teaching the Black Freedom Struggle in the Black Lives Matter Era*, a K-12 professional development program designed to help educators and student teachers craft powerful anti-racist lessons on the history of the Black freedom struggle.

**BLACK
LIVES
MATTER**

Montclair State professors join educators from the New-York Historical Society

to lead this engaging workshop that will include hands-on activities with primary historical texts relating to women in the Black civil rights movement. The aim is to help teachers contextualize the Black Lives Matter movement in the long civil rights movement.

Professional development hours will be offered. Free and open to the public. Register [here](#). ■

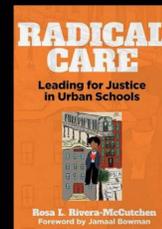
Speaker Series Addresses Care in Urban Schools

Thursday, October 21, 2021
5:30 p.m. via Zoom

The Critical Urban Education (CUE) Speaker Series provides a forum for racial and political analysis through a series of programs focused on social and cultural issues influencing urban schools and communities. CEHS presents Dr. Rosa L. Rivera-McCutchen who will discuss concepts covered in her new book, *Radical Care: Leading for Justice in Urban Schools*.

The program is free and open to the public. RSVP [here](#). ■

**CRITICAL URBAN EDUCATION
SPEAKER SERIES PRESENTS:**



DR. ROSA L. RIVERA-MCCUTCHEN

Radical Care: Leading for Justice in Urban Schools
October 21, 2021 5:30 PM EST Via Zoom

Social Justice Initiatives

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For now, we are excited to share a few updates on our social justice initiatives and invite each of you to engage with the many activities that will occur this academic year.

Updates

1. The Social Justice Advisory Board is scheduling its first meeting of the fall for next month. We do expect to invite a new undergraduate representative to join the SJAB since one of our founding members graduated and now serves as an alumni representative. If you are interested in serving or learning more about being a representative, please contact Dr. Brad van Eeden-Moorefield at vaneedenmobr@montclair.edu.

2. One of our social justice initiatives is to collect and share various types of data as a way of being a transparent community, identifying areas of strength related to diversity and inclusion, and identifying areas that need attention. For example, we know that national graduation rates among students of color are much lower than white students. This continuing disparity is a problem.

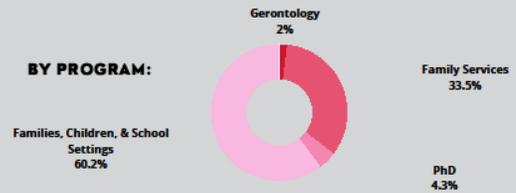
Accordingly, it was important for us to examine graduation rates by race among FSHD students. Although the final data is not completely ready, we can share that little variation exists by race in FSHD and we are doing well. This is great news, and information that our community should know. Related, we have mapped plans for an FSHD website update that will include numerous infographics that share data with you. We are including one infographic here to give you a sense of what you will start to see as we build this out.

3. We plan to offer our second Town Hall to students as a follow up from the spring semester Town Hall.

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Family Science & Human Development Montclair State University

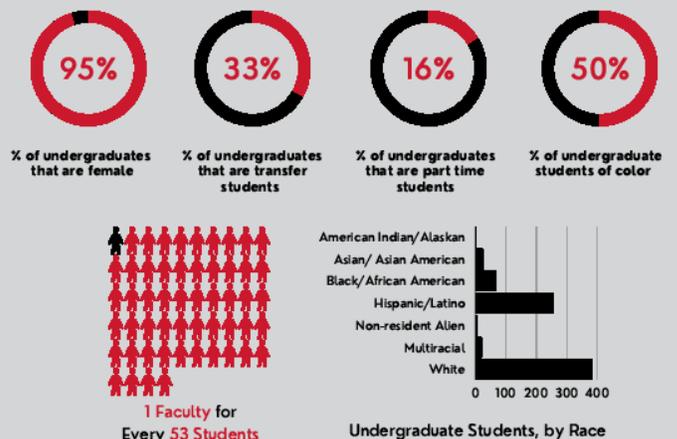
762 Current FSHD Students Making A Difference



Engaged In Our Communities



Things That Make Us...



The Work We Do...Together

The Department of Family Science and Human Development (FSHD) seeks to strengthen the health and wellbeing of individuals, families, and communities, over the life course, using a multidisciplinary approach especially those efforts aimed at reducing social inequities. Central to our mission is an unwavering commitment to inclusion and social justice.

Connect With Us!

<https://www.montclair.edu/family-science-and-human-development/>



Celebrating Hispanic Heritage Month

Hispanic Heritage Month is celebrated annually from September 15 through October 15. This year, MSU's Office for Hispanic Initiatives is hosting series of events including these:

Homecoming Tailgate Party Saturday, October 9 4:00-6:00 pm, Lot 7

Celebrate with the Hispanic/Latinx Alumni Network with a beer garden, live music and a raffle for MSU swag. \$20 fee (must be age 21+). [Register here.](#)

Block Party Wednesday, October 13 Time TBA

Student Center Quad/Ballrooms

A fun party to celebrate Hispanic Heritage Month and MSU's fifth year as a Hispanic Serving Institution (HSI).

Lecture Series: Latin American Female Leaders at the United Nations Wednesday, October 13 6:00 pm via Zoom

[Register here](#)

The ambassadors of Mexico, Costa Rica and the Dominican Republic will share their experiences and challenges as female diplomats and how they rose to top leadership positions at the United Nations.

For a complete agenda of the month's events, contact hispanicsatmsu@montclair.edu . ■

Social Justice Initiatives

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The purpose will be to get your feedback, understand some of your hopes and dreams for our social justice work and, more simply, to listen.

4. We have created a procedure for developing and disseminating various types of Departmental Social Justice Statements and resources. Any FSHD community member will be able to initiate a social justice statement and/or curate a set of resources. More information will be shared in time for everyone to review before the Town Hall so part of that event can be used to get your input on the procedure.

There will be a lot of activity and opportunities for you to fully participate this year so stay tuned! As a reminder, we have a virtual feedback form to ensure everyone has an anonymous way to provide input related to the FSHD community's social justice work. It can be found [here](#) or you can cut and paste this link: https://montclair.co1.qualtrics.com/jfe/form/SV_3JHboG6J8W0DO4J

Defining Concepts

In each newsletter update during this academic year, we thought we would define various social justice concepts. For this issue, we have selected:

EQUITY

"The notion of being fair and impartial as an individual engages with an organization or system particularly systems of grievance. *Equity* is often conflated with the term *Equality* (meaning sameness). In fact, true equity implies that an individual may need to experience or receive something different (not equal) in order to maintain fairness and access. For example, a person with a wheelchair may need differential access to an elevator relative to someone else." ¹

Be empathetic. Be compassionate. Be kind. Be you! ■

¹Mortan, B. & Fasching, V. (2015). Equity (p. 303-304). In S. Thompson (Ed.) *Encyclopedia of Diversity and Social Justice (Vol. 1)*. Rowman & Littlefield.

Autumn is the time of year when Mother Nature says,
"Look how easy, how healthy and how beautiful letting go can be."

- Toni Sorenson