

Master of Science in Nutrition and Food Science

The STEM-designated MS in Nutrition and Food Science program at Montclair State University educates students to serve as qualified professionals in the holistic fields of food and nutrition. The program provides students with in-depth study of nutrition science, nutrition education, food and nutrition issues, food regulations and compliance and nutrition counseling. It prepares professionals for careers in nutrition and wellness, allied health services, education and research, food and nutrition administration, government agencies, hospitals, food industries, food production, food safety and regulations, and food and nutrition management.

It is offered full-time on campus and offers both fall and spring start dates.

\$73,850 average salary for nutritionists in 2024

\$78,770 average salary for food scientists in 2024

U.S. Bureau of Labor Statistics 2024

#81 top public schools

me with hands-on possibilities, including internships in Colorado and New Jersey, enriching my practical knowledge. At Montclair, the welcoming atmosphere and the support of professors go beyond language barriers, encouraging students to seize opportunities and

state with over 35 headquarters in the flavors industry,

as well as several others in the food industry, provided

pursue their aspirations.

Karina - Brazil

Nutrition and Food Science student

19 kilometers from New York City

120+ student clubs and organizations

U.S. News & World Report 2025, Top Public Colleges and Universities

Program Highlights

- STEM-designated (eligible for 3-years of OPT)
- · Choice of thesis or non-thesis research seminar and comprehensive examination
- Students can complete a RDN certificate by applying to the combined MS/AND program
- Evening courses allow for student flexibility
- Great networking opportunities
- Faculty support
- Access to state-of-the-art Food Laboratory

Career Outcomes

Nutrition and Food Scientist graduates can go into a wide range of fields. Some of the most common career outcomes and fields are:

- **Food Service** Managers
- **Food Scientists**
- Food Technologists
- Wellness Specialists
- **Dietitian Nutritionist** (with RDN credential)
- Agriculture
- Manufacturing
- Distribution
- Research and development
- Clinical and community nutrition
- Dietetics healthcare

Sample Courses

This 33-34-credit program consists of many course options to choose from that will help you gain the skills and knowledge you need to help you succeed in your future career.

- **Principles of Nutrition**
- Research in Nutrition and Food Science
- Research and Evaluation in Nutrition and Food Science
- **Current Applications in** Nutrition
- Practicum
- **Principles of Food Science**
- Advanced Nutrition Counseling for Diverse **Population Groups**
- Advanced Sports Nutrition
- Advanced Social Marketing in Nutrition
- **Nutrition Education**
- **Nutrition Policy**
- **Nutrition Assessment**



Admission Requirements

- Application fee
- Official NACES transcript evaluation
- Official English proficiency test score
- Statement of purpose
- Resume
- Two letters of recommendation
- GRE (waived for applications with an undergraduate GPA of 3.0 or higher)
 - Advanced Sensory **Evaluation**
 - Advanced Food Processing and Preservation
 - Advanced Quantity Food **Applications**
 - Advanced Research in Foods
 - **Advanced Food Product** Development





