

Bachelor and Master of Science in Nutrition and Food Science

The BS/MS in Nutrition and Food Science program allows students to complete both an undergraduate and a graduate degree in Nutrition and Food Science in just five years. Four different concentrations allow students to study different areas of the food industry.

Concentrations Include

Applied Nutrition and Wellness

Designed to prepare students for careers in nutrition that are situated in non-clinical settings, including within the corporate health and wellness industry. This concentration is ideal for those who wish to apply their knowledge of nutrition and health eating to develop educational materials and programs for enhancing the overall health and wellbeing of population groups.

Dietetics

Accredited by ACEND and offers a rigorous program to prepare students for a supervised practice (i.e. Dietetic internship) and careers as registered dietitian nutritionists (RDN) in a variety of settings including clinical, community, wellness, and more. Prepares students to sit for the RDN exam (after completing a Dietetics internship). *note – students must begin the program in one of the other three concentrations and complete four preparatory courses before applying to this concentration. An overall GPA of at least 3.2 at Montclair is required to apply

Food Science

Students will utilize state-of-the-art instruments and facilities as they gain experience in subjects such as Food Product Development, Sensory Evaluation, Food Research, and more. Students will also receive training in diverse topics such as cuisine, sustainability, and nutrition.

Food Systems

Designed to provide tomorrow's leaders with the skills and knowledge they will need to manage challenges in the food industry and to foster the creation of a sustainable food system locally and globally. Includes support for indigenous food and food sovereignty alliances, local NJ farmers groups, food justice coalitions, and food sustainability groups, as well as experience in food policy, international development, and community and non-profit organizations

When I decided to pursue my studies here, I found a welcoming environment. The campus, situated in a state with over 35 headquarters in the flavors industry, as well as several others in the food industry, provided me with hands-on possibilities, including internships in Colorado and New Jersey,

enriching my practical knowledge. At Montclair, the welcoming atmosphere and the support of professors go beyond language barriers, encouraging students to seize opportunities and pursue their aspirations.

Karina - Brazil

Nutrition and Food Science student

\$73,850 average salary for nutritionists in 2024

\$78,770 average salary for food scientists in 2024 *U.S. Bureau of Labor Statistics 2024*

19 kilometers from New York City

120+ student clubs and organizations

#81 top public schools

U.S. News & World Report 2025, Top Public Colleges and Universities

Program Highlights

- Hands-on lab courses
- Assistance with internship placement
- Access to our innovative food science lab
- Award winning faculty
- Numerous elective options to help students tailor the program to their goals
- Opportunity for involvement in a Dietetic student organization

Career Outcomes

Nutrition and Food Scientist graduates can go into a wide range of fields. Some of the most common career outcomes and fields are:

- Food Service Managers
- Food Scientists
- Food Technologists
- Wellness Specialists
- Dietitian Nutritionist (with RDN credential)
- Agriculture
- Manufacturing
- Distribution
- Research and development
- Clinical and community nutrition
- Dietetics healthcare

Sample Courses

This 126-132-credit program consists of many course options to choose from that will help you gain the skills and knowledge you need to help you succeed in your future career.

- Introduction to Nutrition and Food Science Profession
- Food Composition and Scientific Preparation
- Dynamics of Food and Society
- Nutrition with Laboratory
- Experimental Food Science
- Applied Nutrition in the Lifecycle
- Introduction to Research
- Organization and Management of Foodservice Systems
- Sanitation Management and Food Microbiology: Certification



Admission Requirements

- Application
- Application fee
- English translation of transcripts from all secondary schools attended
- English proficiency test score
- · Statement of purpose
- · Letter of recommendation
- Resume
- Optional:
 - List of extracurriculars
 - SAT/ACT scores

Transfer Students

• In addition to the above, students must also provide an official course-by-course NACES evaluation

NOTE: Admission requirements apply for the bachelor's portion of the program only. Students will need to apply for the graduate portion while completing undergraduate coursework.

- Research in Nutrition and Food Science
- Current Applications in Nutrition
- Practicum



