Basic Level Courses

**Lifeguard Training** | **$240***
---|---
Montclair State University Student Price | **$180***

**Course Description:** Learn the knowledge and skills needed to prevent aquatic emergencies, including preventing drowning and injuries. Course includes CPR/AED for the Professional Rescuer and First Aid.

**Prerequisites:** 15 years old at course completion date. Complete the pretest: Tread water for 2 minutes without hands, swim 300 yards without stopping, and within 1 minute and 40 seconds swim 20 yards, dive 7 feet, retrieve 10 lb brick, return 20 yards and exit the pool without a ladder.

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<tr>
<th>Day</th>
<th>Start Date</th>
<th>End Date</th>
<th>Times</th>
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<tbody>
<tr>
<td>Sat/Sun</td>
<td>3/18</td>
<td>3/26</td>
<td>10:00am-4:00pm</td>
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<tr>
<td>Sat/Sun</td>
<td>4/1</td>
<td>4/9</td>
<td>10:00am-4:00pm</td>
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<tr>
<td>Sat/Sun</td>
<td>5/6</td>
<td>5/14</td>
<td>10:00am-4:00pm</td>
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<tr>
<td>Sat/Sun</td>
<td>5/20</td>
<td>5/28</td>
<td>10:00am-4:00pm</td>
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**CPR/AED for the Professional Rescuer** | **$75***
---|---
Montclair State University Student Price | **$50***

**Course Description:** Teaches those with a duty to act (professional rescuers) the skills they need to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

*Requires a pocket mask. Masks can be purchased for $15 or we will provide one for the course.

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<tr>
<th>Day</th>
<th>Dates</th>
<th>Times</th>
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<tbody>
<tr>
<td>Sat</td>
<td>2/25</td>
<td>9:00am - 6:00pm</td>
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<tr>
<td>Sat</td>
<td>4/29</td>
<td>9:00am - 6:00pm</td>
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Campus Recreation at Montclair State also offers instructor courses in Lifeguarding and WaterSafety. Contact the Aquatics Coordinator at SRCAquatics@mail.montclair.edu for up-to-date schedules for these classes, as well as other training opportunities.

**ALL CLASSES MANDATORY**
Attendance:
Attendance is required for all dates and times listed. All courses require proof of age. Please bring government-issued identification to the first class, such as a passport, driver’s license, or birth certificate with additional photo ID.

Parking Information:
All guests of Montclair State University must pay for parking while on campus. Courses have been reduced in cost to reflect this. Patrons can park in lot 19, directly next to the facility for a cost of $5 per day. In order to receive this discount, participants must contact Alex Sperling at least 3 days prior to the course start date at (973) 655 - 3349 or at sperlinga@mail.montclair.edu. Alternatively, participants can park in the New Jersey Transit Deck on Clove Road, for a cost of $3 per day.

Cancellation/Refund Policy:
No refunds will be given within 10 days of the class starting date. A 75% refund will be given if the cancellation is made more than 10 days before the start date. If a participant fails any portion of the pre-course testing, he or she will be refunded 75% of the course fee.

Registration Information:
In-Person: Visit the Student Recreation Center Main Office Monday through Friday: 9am to 6pm Saturday/Sunday: 11am to 5pm.
ONLINE: MSUeConnect.com, 24-hours a day

facebook.com/MSURecCenter
@MSUCampusRec