Basic Level Courses
Lifeguard Training | $240*  
Montclair State University Student Price | $180

Course Description: Learn the knowledge and skills needed to prevent aquatic emergencies, including preventing drowning and injuries. Course includes CPR/AED for the Professional Rescuer and First Aid.

Prerequisites: 15 years old at course completion date.
Complete the pretest: Tread water for 2 minutes without hands, swim 300 yards without stopping, and within 1 minute and 40 seconds swim 20 yards, dive 7 feet, retrieve 10 lb brick, return 20 yards and exit the pool without a ladder.

CPR/AED for the Professional Rescuer | $75*  
Montclair State University Student Price | $50

Course Description: Teaches those with a duty to act (professional rescuers) the skills they need to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest.

*Requires a pocket mask. Masks can be purchased for $15 or we will provide one for the course.

Instuctor Level Courses
Lifeguard Instructor Review | $80

Course Description: New to the 2017 Lifeguarding course is the requirement of ALL lifeguard instructors to complete an in-person skill practice session within 1 year of completing the online update. This allows instructors to practice, improve and polish skills, as well as be able to recognize correct and incorrect skill performance, and to ensure consistency of Red Cross program skills and knowledge across the instructors and instructor trainers. The program is conducted in drill format, and is not meant intended as a skills test. Each candidate must demonstrate as a primary rescuer as well as an assisting rescuer at least once for the multiple-rescuer response scenarios. To be successful, participants must be able to perform skills to the standard by the completion of the practice session. Participants may exit the water using a ladder if necessary.

Prerequisites: Requires CURRENT Lifeguard Instructor certification from the American Red Cross, and proof of completion of the online Instructor Update for the 2017 material.

ALL CLASSES MANDATORY
Attendance:
Attendance is required for all dates and times listed. All courses require proof of age. Please bring government-issued identification to the first class, such as a passport, driver’s license, or birth certificate with additional photo ID.

Parking Information:
All guests of Montclair State University must pay for parking while on campus. Courses have been reduced in cost to reflect this. Patrons can park in lot 19, directly next to the facility for a cost of $5 per day. In order to receive this discount, participants must contact Alex Sperling at least 3 days prior to the course start date at (973) 655 - 3349 or at sperlinga@mail.montclair.edu. Alternatively, participants can park in the New Jersey Transit Deck on Clove Road, for a cost of $3 per day.

Cancellation/Refund Policy:
No refunds will be given within 10 days of the class starting date. A 75% refund will be given if the cancellation is made more than 10 days before the start date. If a participant fails any portion of the pre-course testing, he or she will be refunded 75% of the course fee.

Registration Information:
In-Person: Visit the Student Recreation Center Main Office Monday through Friday: 9am to 6pm Saturday/Sunday: 11am to 5pm. ONLINE: MSUeConnect.com, 24-hours a day