About Montclair State University

Since its founding in 1908, Montclair State University has had a rich history of innovation, distinction, and growth. Montclair State, a vital educational force, is ranked as one of the top universities in the region. Graduates from Montclair State University are well equipped with the skills needed to respond to today’s dynamic environment, as well as future challenges and opportunities.

About the College of Education and Human Services

With a more than 100-year tradition of excellence and educational leadership, the College of Education and Human Services offers several advantages for those pursuing a graduate education:

• Outstanding and innovative graduate programs in the education and human services fields with nationally-recognized faculty and accreditation;

• Program faculty and staff dedicated to meeting the unique needs of our graduate population;

• Flexible study for both full-time students and working professionals, including weekend, accelerated, and Web-enhanced course options;

• Facilities that are on the cutting edge of learning and technology, including University Hall, the College’s home, and the largest and most sophisticated building in the University’s history.

Center for Autism and Early Childhood Mental Health

Community Clinical Services for infants, children, and their families
Overview

The Center for Autism and Early Childhood Mental Health (CAECMH) serves as a center for professional development, education, clinical services, and research around the issues of autism, infant and childhood development, and early childhood mental health. The Center serves Montclair State University and local and regional communities with high quality developmental and mental health services through an integrated, multidisciplinary framework, with infant, child and family mental health at the core.

The Center is anchored in a multidisciplinary, developmental approach to meet the needs of infants, children, and their families, and is supported by theoretical, research-based methods, and clinical application. The work of the Center is based on the central role of social-emotional/mental health development at the core of developmental and educational progress and incorporates strategies to integrate mental health and “relationship-based” approaches to development and education. In our professional development and clinical services, we honor the work of Selma Fraiberg, Thea Bry, and Dr. Stanley Greenspan.

Programs and Services

The Center's Community Clinical Services aim to foster the developmental and psychological well-being of children and families, and to support and enhance the relationship between infants, children, and their caregivers. To do so, the Center provides a continuum of coordinated developmental support and counseling services to children ages birth through 8 and their families, rooted in the interdisciplinary fields of study in infant mental health, early childhood mental health, and the DIR®/Floortime™ approach.

Services include:
- Assessments and interventions for infants and children diagnosed with autism spectrum disorder or with other developmental and emotional challenges
- Infant-parent (dyadic) therapeutic services
- Support for pregnant mothers
- Play-based individual, dyadic, and/or family therapy
- Therapeutic groups, including groups for mother-baby dyads, children, and parents
- Comprehensive assessments and evaluations, including pediatric psychiatric assessments

Fees will be determined at time of intake based on treatment plan and family income. Documentation for insurance reimbursement will be provided on request. Please contact the Center to discuss anticipated fees for various clinical services.

For further information

http://cehs.montclair.edu/academic/ca

Contact:

The Center's clinical services are directed by a licensed psychologist and a licensed professional counselor, in collaboration with a consulting psychiatrist and multidisciplinary consultants from the University faculty and the Ben Samuels Children's Center. Advanced graduate students in counseling, psychology, and allied disciplines serve as part of the clinical team, under supervision, as part of their academic programs.

Gerard Costa, PhD, Developmental Psychologist
DIR®Certified

Kaitlin Mulcahy, MA, LPC, Associate Director

Charles Cartwright, MD
Consulting Psychiatrist

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