How to Survive Living in a Triple

We at the Mediation Resource Center (MRC) understand how hard it can be to live with one other person, let alone two! Here are some tips to get you through the year.

**ORGANIZE**! Space is limited in any residence hall room, but even more so in a triple. Use discretion when you’re choosing what to bring to your room, and take advantage of room organizers like shelves, drawers, boxes, or even consider using vacuum-sealed storage for out of season clothing or extra linens.

**PLAN AHEAD**! When you or your roommates are expecting guests, tell each other in advance so that other sleeping arrangements can be made, if necessary.

**COORDINATE**! Three different people are bound to have three different schedules so work with one another to decide whose turn it is to take out the trash, or clean the bathroom. It is also helpful to coordinate before moving in, who is buying/bringing what so that you can save money and space.

**COMMUNICATE**! Talk to your roommates about your expectations of one another, and come up with a list of guidelines to live by that you can all follow. If there is any kind of issue, always address your roommate(s) directly. It is better not to use texts or notes, as a lot can be misunderstood. If necessary, seek help from your RA, CD or even the MRC.

**EXPLORE**! You and your roommates are less likely to encounter conflict if you all have some alone time. To decrease the time you are all in the room & “on top of one another,” visit a friend, join a club, or grab a bite to eat!

**BE RESPECTFUL**! Be sure to treat not only your roommates with respect, but the room, as well. Be aware and considerate of if/how you use your roommates’ belongings, as well as the overall condition of your shared/living space.

**Things to look forward to:**

**More Friends!**
You’re twice as likely to make a new friend!

**Cheaper Rates!**
Less expensive rates for room and board

**More Support!**
You almost always have someone to talk to or share meals with

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