

Montclair State University

Men's Swimming and Diving

2005-06 Top Times (FINAL)

50 Freestyle

1.	21.98	John Adams
2.	22:23	Mohamed Abdelaal
3.	23.19	Matt Guidi
4.	23.20	Jeff McTernan

Meet

(METS)
(METS)
(METS)
(METS)

100 Freestyle

1.	48.73	John Adams
2.	49.18	Mohamed Abdelaal
3.	50.39	Jeff McTernan
4.	51.22	Ricky Miller

Meet

(METS)
(METS)
(METS)
(Vassar)

200 Freestyle

1.	1:46.08	Ricky Miller
2.	1:48.89	Jeff McTernan
3.	1:54.04	Mohamed Abdelaal
4.	1:56.22	John Adams

Meet

(METS)
(METS)
(Adelphi)
(Baruch)

500 Freestyle

1.	4:49.67	Ricky Miller
2.	5:09.70	John Adams
3.	5:10.51	Ryan Gorsky
4.	5:32.26	Jeff McTernan

Meet

(METS)
(Vassar)
(Golden Bear Invit.)
(TCNJ)

1000 Freestyle

1.	10:44.91	Ryan Gorsky
2.	11:14.27	Ricky Miller
3.	11:24.52	Drew Decagna
4.	11:27.60	Mohamed Abdelaal

Meet

(Adelphi)
(Baruch)
(William Paterson)
(NJIT)

1650 Freestyle

1.	17:59.48	Ryan Gorsky
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Meet

(METS)

200 IM

1.	2:00.70	Tim Chambrovich
2.	2:06.75	John Adams
3.	2:10.88	Mohamed Abdelaal
4.	2:12.19	Drew Decagna

Meet

(METS)
(William Paterson)
(Baruch)
(METS)

400 IM

1.	4:18.25	Tim Chambrovich
2.	4:43.71	Ryan Gorsky

Meet

(METS)
(Golden Bear Invit.)

100 Fly

1.	53.29	Ricky Miller
2.	54.46	Matt Guidi
3.	56.88	Tim Chambrovich
4.	58.34	Mohamed Abdelaal

Meet

(METS)
(METS)
(Drew)
(Seton Hall)

200 Fly

1.	2:00.26	Ricky Miller
2.	2:01.89	Tim Chambrovich
3.	2:24.13	Jon Kurtz
4.	2:43.10	Ryan Gorsky

Meet

(Drew)
(METS)
(USMMA)
(METS)

100 Backstroke

1.	54.19	John Adams
2.	58.24	Matt Guidi
3.	59.36	Matt Cappilla
4.	59.45	Ricky Miller

Meet

(METS)
(Vassar)
(Seton Hall)
(NJIT)

200 Backstroke

1.	1:58.91	John Adams
2.	2:04.44	Matt Guidi
3.	2:12.15	Matt Cappilla
4.	2:20.17	Ryan Gorsky

Meet

(METS)
(METS)
(METS)
(Vassar)

100 Breaststroke

1.	1:01.00	Mohamed Abdelaal
2.	1:01.37	Drew Decagna
3.	1:04.39	Jon Kurtz
4.	1:06.76	Ahmed Abdelaal

Meet

(METS)
(METS)
(METS)
(METS)

200 Breaststroke

1.	2:16.89	Drew Decagna
2.	2:23.30	John Kurtz
3.	2:27.33	Mohamed Abdelaal
4.	2:30.71	Tim Chambrovich

Meet

(METS)
(METS)
(Vassar)
(William Paterson)

200 Freestyle Relay

1.	1:27.86	Adams, McTernan Chambrovich, M. Abdelaal
2.	1:32.17	M. Abdelaal, Adams, Guidi, Miller
3.	1:34.99	McTernan, A. Abdelaal Cappillia, Chambrovich
4.	1:36.40	Decagna, Cappilla, A. Abdelaal

Meet

(METS)
(Drew)
(Drew)
(METS)

400 Freestyle Relay

1.	3:31.07	Cappilla, A. Abdelaal Guidi, Chambrovich
2.	3:32.30	McTernan, Cappilla, Guidi, M. Abdelaal
3.	3:33.56	Barden, McTernan, Cappilla, A. Abdelaal
4.	3:33.86	McTernan, A. Abdelaal, Decagna, Cappilla

Meet

(METS)
(Adelphi)
(TCNJ)
(Golden Bear Invit.)

800 Freestyle Relay

1.	7:25.55	Miller, A. Abdelaal Guidi, Chambrovich
2.	7:44.11	M. Abdelaal, Adams, Guidi, Miller

Meet

(METS)
(Golden Bear Invit.)

200 Medley Relay

1.	1:38.59	Adams, DeCagna Miller, McTernana
2.	1:42.09	Adams, DeCagna, Miller, M. Abdelaal
3.	1:42.12	Adams, Miller, Decagna, M. Abdelaal

Meet

(METS)
(Seton Hall)
(Golden Bear Invit.)

400 Medley Relay

1.	3:38.73	Adams, Miller, Decagna, M. Abdelaal
2.	3:46.71	Adams, Barden, Decagna, M. Abdelaal
3.	3:50.49	Adams, Decagna, Guidi, M. Abdelaal
4.	3:53.37	Cappilla, Kurtz Chambrovich, McTernan

Meet

(METS)
(Providence)
(USMMA)
(METS)

1 Meter Dive (6 Dives)

1.	355.85	Bryant Edwards
2.	146.40	Steve Wehrle
3.	137.25	Eric Loree
4.	133.60	Bryant Edwards

Meet

(METS)
(Rowan)
(Providence)
(Seton Hall)

1 Meter Dive (6 Dives)

1.	198.90	Eric Loree
2.	193.70	Bryant Edwards
3.	138.30	Steve Wehrle

Meet

(Providence)
(TCNJ)
(Rowan)