**JOSEPH DONNELLY, Ph.D.**

Professor of Public Health/School Health Education

Department of Public health

College for Community Health

Montclair State University

(973) 655-7119

[donnellyj@montclair.edu](mailto:donnellyj@montclair.edu)

**SPECIALIZATION**

Dr. Donnelly’s research interests are in the areas of school health education, adolescent risk avoidance, Alcohol, Tobacco/Vaping, and Other Drugs (ATOD), and Emotional/Mental Health & Well-Being with a special emphasis on Mental Health First Aid and how underlying self-esteem impacts health-related decision making. The focus within all such domains emphasizes infrastructural support systems such as applied knowledge, practical solutions, and skill-building strategies to support healthier behaviors and lifelong success.

**EDUCATION**

Ph.D. Southern Illinois University, Carbondale Illinois, Community Health Education, 1990

Certified Youth Mental Health First Aid, National Council for Mental Wellbeing, February 25, 2023.

**PROFESSIONAL EXPERIENCE**

1996-Present Professor of Public Health/School Health Education, Dept. of Public Health

\*During 2003-06 Dr. Donnelly served as Chairperson in the Department of Health Professions, Physical Education, Recreation, and Leisure Studies/Department of Health & Nutrition Sciences with 24 faculty members.

**PUBLICATIONS**

Dr. Donnelly has authored more than 50 peer-reviewed publications and manuscripts in both popular press and academic journals, spanning across local, national, and global platforms. The majority of his works focus on Adolescent Health, Educational Improvement, and Practical Skill Development approaches.

Donnelly, J., Saldutti, E., Gavin, L., Hecht, M. (2023). Public Health Implications: A Scoping Review of Opioid Prevention Programs Among Adolescents. *Medical Research Archives,11*. https://doi.org/10.18103/mra.v11i7.2.4153

Donnelly, J., Young, M., Marshall, B., Hecht, M. L., & Saldutti, E. (2022). Public Health Implications of Cannabis Legalization: An Exploration of Adolescent Use and Evidence-Based Interventions. *International Journal of Environmental Research and Public Health*, *19*(6), 3336. https://doi.org/10.3390/ijerph19063336

Donnelly, J., Young, M., & Salerno, J. (2022). Fathers, Fatherhood Programming, and Research Concerning the Effects of Responsible Fatherhood Interventions. *Health Behavior & Policy Review*, *9*(2), 787–795.

Donnelly, J. Young, M., Roberts, K. (2021). Advocates and researchers working together to improve school health education. *Journal of Health Education Teaching, 12*(1), 28-35.

Donnelly, J., Young, M. (2018) The legalization of medical/recreational marijuana: implications for school health drug education. *The Journal of School Health, 89*(9), 693–698. https://doi.org/10.1111/josh.12669

Donnelly J, Horn R, Young M**.** (2016) The effects of the Yes You Can! Curriculum on the sexual knowledge and intent of middle school students, *Journal of School Health*, *86*(10), 759-765. https://doi.org/10.1111/josh.12429

Young M, Cardenas S, Kittleson M, Donnelly J. (2016) Perceptions of peer sexual behavior: Do adolescents believe in a sexual double standard? *Journal of School Health*, *86*(12), 855–863. https://doi.org/10.1111/josh.12455

**TEXT BOOKS**

Donnelly, J. (2003) *Health Counseling: Application and Theory*. California: Wadsworth/Thomson.

Donnelly, J., Eburne, N., & Kittleson, M. (2001) *Mental Health: Dimensions of Self-Esteem and Emotional Well-Being,* Boston: Allyn & Bacon.

**PRESENTATIONS**

Dr. Donnelly has presented at more than 100 conferences and seminars, spanning the national, international, and statewide levels. His presentations cover a range of health-related topics, with particular attention to Adolescent Health Behaviors, Adolescent Risk Mitigation, Emotional and Mental Well-Being, as well as Alcohol, Tobacco, Vaping, and Other Drug (ATOD) Education and Prevention. These presentations underscore the application of knowledge, early education and prevention, and the cultivation of lifelong skill-building strategies.

**National Conventions & Conferences:**

Saldutti, E. & Donnelly, J. American School Health Association. “Title: Mental Health & Social Media: On-going Implications and Opportunities for School Health Educators to Reshape Media Messages”, July 2023.

Young M, Zullig K, Donnelly J, Fluegeman S. Measuring the Importance Fathers Place on Modeling Healthy Behaviors. Paper presented at the Annual Meeting of the American Academy of Health Behavior, San Francisco, March 2023.

Donnelly, J., Neidig, A. Society of health and Physical Education (SHAPE NJ). “An Exploration of Skill-Based/Strength Building Strategies in Emotional/Mental Health Classrooms Among Middle/High School Students, Which Highlight NJSLS Performance Expectations”, February 2023, Princeton NJ.

Donnelly, J., Saldutti, E., Young, M. American School Health Association. “Title: Social Media, Tick Tock, Etc:  Influences On Adolescent health and Risky decisions, How Can We Educate and Reshape Healthier Messages?” 90 minute oral “Zoom” presentation, July 2022.

Birch, D., Donnelly, J., McNeil, X., Videto, X. SOPHE/CDC Digital Institute for Higher Education Academy. “Collaborating to Strengthen the Quality of Health Education Teacher Preparation Programs in the United States.” 90 Minute Panel Presentation. May 10-14, 2021.

Donnelly J, Young M. “Evaluation Matters: Helping Develop Successful School Health Programs and Maximize Program Impact.” American School Health Association. Virtual Presentation. October, 2020.

Donnelly, J., Eburne, N., Magyer, F. “Health/Physical Education standards: Are they shaping our profession? Society of Health & Physical Education (S.H.A.P.E. America). Salt Lake City, UT. April 2020. Accepted.

Donnelly, J., Eburne, N., Magyer, F. “Welcome to Flavor Town: The Attraction of Electronic Vaping Devices Among Adolescents.” Society of Health & Physical Education (S.H.A.P.E. America). Salt Lake City, UT. April 2020. Accepted.

Donnelly, J., Young, M., Eburne, N. “Advocates and researchers working together to improve school health education”. Centennial Symposium: Future of School Health Education, Southern Illinois University, Carbondale, IL. April 2019.

Donnelly, J., Eburne, N., Young, M. “An Examination of the Whole School, Whole Community, and Whole Child: Implications to the School health Education Framework”. Centennial Symposium: Future of School Health Education, Southern Illinois University, Carbondale, IL. April 2019.

**EXTERNAL FUNDING**

From the academic years 1997 to 2015, Dr. Donnelly held the role of Principal Investigator (P.I.), securing approximately $3 million in funding from a diverse range of state and federal agencies, which included the Center for Disease Control & Prevention, U.S. Department of Health & Human Services, New Jersey Department of Education, and additional sources. This funding played a crucial role in facilitating educational training for middle and high school educators, specifically focused on reducing adolescent risk and prevention of unhealthy behaviors.