# IRB Training

Human Subjects Protection Program and Cayuse IRB

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# Objectives

- What is the Institutional Review Board (IRB) responsible for? And why?
- What is Human subjects research?
- What do we look for when reviewing a protocol?
  - Document requirements for submission
  - Approval designations: Full, Expedited, Exempt
- Using Cayuse electronic system

# So Why Bother...

- Primary objective is to protect human participants
- ▶ Bound by law (45 CFR Part 46) under our FWA Federal Wide assurance
- Thus, we report to U.S. Department of Health & Human Services; Office of Human Research Protection (OHRP)
- OHRP will take corrective actions for non-compliance
  - Including stopping all research projects related or un-related to the study in question



## IRB Mission

▶ to support faculty, staff, students to complete their research in compliance with federal and state laws and MSU policy. As such, the IRB is charged to review, approve initiation of, and conduct periodic reviews of research projects that involve human participants.

# IRB BOARD

12 Faculty /Staff and1 community member

























# Definition of human subjects research

- Human subject means a living individual about whom an investigator conducting research obtains
  - (1) data through intervention or interaction with the individual, or
  - (2) identifiable private information
- Research is defined as a systematic investigation that is hypothesis driven with the intent to develop knowledge that can be generalized.

# Human Subjects research (HSR)?

 Student conducting an interview of a school counselor for a research paper in class only

NOT HSR! - Classroom experience

Student may still want to consider a consent form and privacy issues

Student conducting interviews that are answering a research question. Interview includes pre-determined questions on counselor's personal opinions and this project will continue interviews with more subjects. The student thinks they might want to share this at the next student symposium.

YES HSR!

# Human Subjects research (HSR)?

An MSU Center is conducting surveys after their workshops. Workshops are a free service offered to clients. Purpose is solely to improve future programming.

NOT HSR! - Quality Improvement/Assurance

Center may still want to consider a consent form and privacy issues

MSU Children's Center conducting surveys after workshops and would like to present program as a model to other Centers on how to provide a particular service to parents.

YES Program Evaluation can be HSR too!

# IRB REVIEW PROCEDURES and categories

# General themes involved 10 in the IRB review (45 CFR 46.111)

- how participants are recruited to be in the study
- how the privacy of participants will be protected
- the physical, psychological, and sociological risks to participants
- any discomfort and stress to participants
- benefits outweigh the risks
- consent process (45 CFR 46.116)
  - accurately reflect the study
  - Consent form written in simple lay language
  - appropriate to the participant pool(language)



# Three categories (45 CFR 46.109)

- Exempt
- Expedited
- Full Board MORE than minimal risk

# Criteria for Exempt

- Research activities that
- (1) present <u>no more than minimal risk</u> to human subjects and
  - (2) involve only procedures listed in one or more of the government categories (1-6)
- Example: data analysis with existing data set
- Example: regular classroom activity where results are now intended for research
- Exempt Review- Goal: Two to three weeks

## Criteria for Expedited

- Research activities that
  - (1) present **no more than minimal risk** to human subjects and
  - (2) involve only procedures listed in one or more of the government categories (1-9)
- At MSU
  - Expedited: Collection of data through non-invasive procedures (e.g., weight)
  - Most research on individual or group characteristics or behavior (including motivation, identity, social behavior, cultural beliefs) and research using survey, interview, focus group, program evaluation
- Expedited Review Goal: Three to five weeks

## Criteria for Full board

- Research activities that present greater than minimal risk to human subjects
- Triggers
  - Population involves persons with cognitive disabilities
  - Any disclosure of illegal activities, sexual attitudes, genetics, religious beliefs, mental health that could place participants at risk of criminal or civil liability, be damaging to the participants financial standing, employability, insurability, reputation, or be stigmatizing
    - Depression and mental health disorders
    - Violent crimes
    - Opinion about employer
  - Coercion; Deception or incomplete disclosure
  - Pregnant women
  - Medically invasive, e.g., clinical trial
- Full Review- Goal: Four to six weeks (can be longer depending on IRB meeting schedule and Pl response time)

# Proper Informed consent

- Template available online only to be used as outline
  - Remove any instructions including the audio and video request on consent form if you are not audio or video recording
  - Keep the tense the same throughout
    - ▶ Either "you" or "participant"
  - Do not use previous or outdated consent forms for your study
- The consent should clearly and succinctly tell people what your study is about; including any screening procedures
- Readability level
  - ► Adults 6<sup>th</sup>-8<sup>th</sup> grade reading level for general public
- Informed consent translations if population is predominantly non-English speakers
- Ask for help!

# Dealing with risk and disclosure

- ► TOPICS mental health, violent attacks
  - Counseling and Psychological Services (CAPS)
  - Other counseling services
- Referrals
  - ▶ Health Care Provider
  - Therapist

# Clarify Recruitment

- ► Templates available on MSU website
  - MSU logo should be on all your recruitment material
  - Identify yourself on the flyer/recruitment "I am an MSU student in the Center for Audiology"
- Screening in recruitment
  - Justify inclusion or exclusion criteria in screening
  - Describe all screening procedures in application
  - Only minimal screening can be done at initial interaction
    - ► E.g. male under age 40
  - All other screening must be part of your consent process
    - ► E.g. mental health screening

# Instrument Design for Surveys

- Online
  - MSU IRB does not require use of one survey tool
  - Survey tools open to Faculty and Students
    - ▶ MSU limesurvey <a href="https://oit-app2.montclair.edu/ms">https://oit-app2.montclair.edu/ms</a>
      - Data stored in-house; similar features to survey monkey
      - Qualtrics
  - Other survey tools:
    - ▶ The Survey Monkey, SoGoSurvey, SurveyGizmo, Google Forms
- Paper survey layout and design is up to the researcher

## Be consistent

- Confidential vs. anonymous
  - Only anonymous if researcher and others cannot identify the participant (i.e. online survey)
- Participation time should be the same in application and in your consent form
- Use of data in the future
  - If you ask for permission to use data in future studies then include this on the consent
- Compensation
  - Compensation noted in the application should be noted in the consent form

#### Researcher

- Researcher develops protocol and research plan
- 2. Researcher completes online Human Subjects training course (CITI)
- Researcher starts and completes IRB submission on Cayuse
- 4. Analyst Pre-review
- 5. Committee / Committee member review and category assignment (timeline anywhere from 3-7 weeks)
- Decision received electronically through Montclair.edu email

#### **Student Researcher**

- 1a) Student reviews research protocol with faculty sponsor
- 2a) Student & Faculty Sponsor completes online Human Subjects training course
- 2b) Student requests Cayuse IRB account
- 3a) Student opens New Study in Cayuse and adds "SS" to title of study.
- 3b) designates Faculty Sponsor as PI for study, and themselves as Primary Contact on IRB submission. IRB application form before submitting.

### Researcher Researcher develops protocol and research plan Researcher completes online Human Subjects training course (CITI) Researcher completes initial Cayuse IRB submission Form and attachments submitted through Cayuse IRB Committee / Committee member review and category assignment

## Additional steps for Student Researchers

Student reviews research protocol with faculty sponsor

Student & Faculty Sponsor complete online Human Subjects training course

Student has Faculty Sponsor review and certify IRB submission

Decision in writing

(timeline anywhere from 3-7 weeks)

## The process overview

# Checklist: Documents for IRB submission

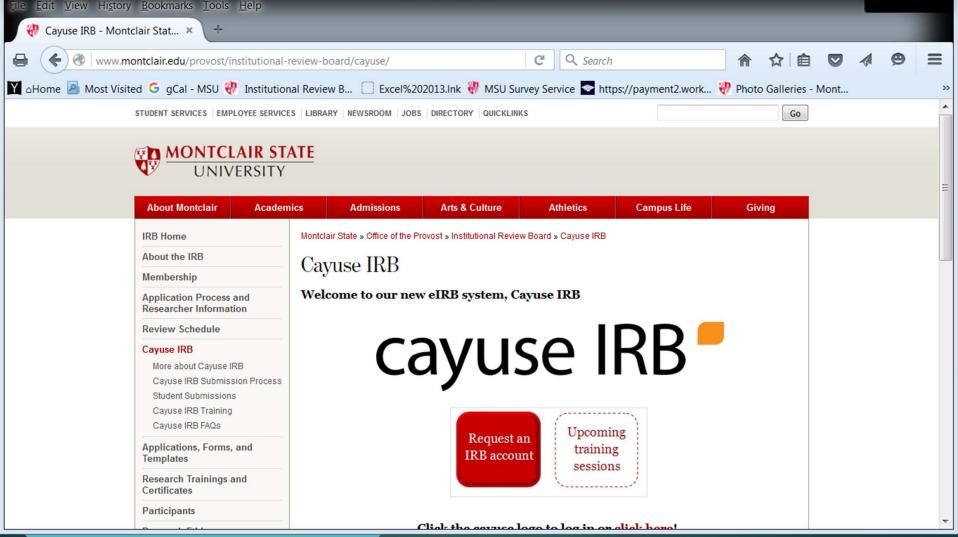
- CITI training
- Request an Cayuse IRB account (students or new employees only)
- ► Following IRB TEMPLATES:
  - Consent form
    - ▶ Translated consent forms if applicable
  - Assent form with Parent/Guardian Consent if research is with minors
  - Site agreements
    - for any and all off-campus research sites
  - Recruitment material (flyer, ads, emails, brochures etc.)
- Scripts (e.g. in person pleas)
- Data collection instrument (survey, interview questions etc.)

# Understanding faculty sponsorship

- ► FS is affirming research design and implementation by serving as Principle Investigator
- FS should provide training and oversight of student in conducting research
- A faculty sponsor should be a permanent faculty member (adjunct faculty and faculty from other universities cannot serve as your sponsor)
- This may be your first time doing research, faculty sponsors must not only support your application but the entire implementation of your research activity.
- Assist your FS in accessing CAYUSE to either "Certify" or "Return to Investigators" your submission!

- Templates
  - All consent documents including online consent
  - Recruitment Materials
  - Site Approval Letters
- Sample Applications
- Authorization Agreements
- Links to:
  - CITI Training
  - Requesting a Cayuse IRB account
  - Registering for a workshop

## Cayuse IRB electronic system





Logged in as: harrypotter Log out

#### **Evisions Research Suite**

3.2

#### **Research Administration Modules**

Cayuse SP (Sponsored Projects)

Cayuse 424

Cayuse IRB (Human Studies Compliance)

#### **System Administration Applications**

Backbone

Research Contacts

Workflow

#### Application Help 🕜



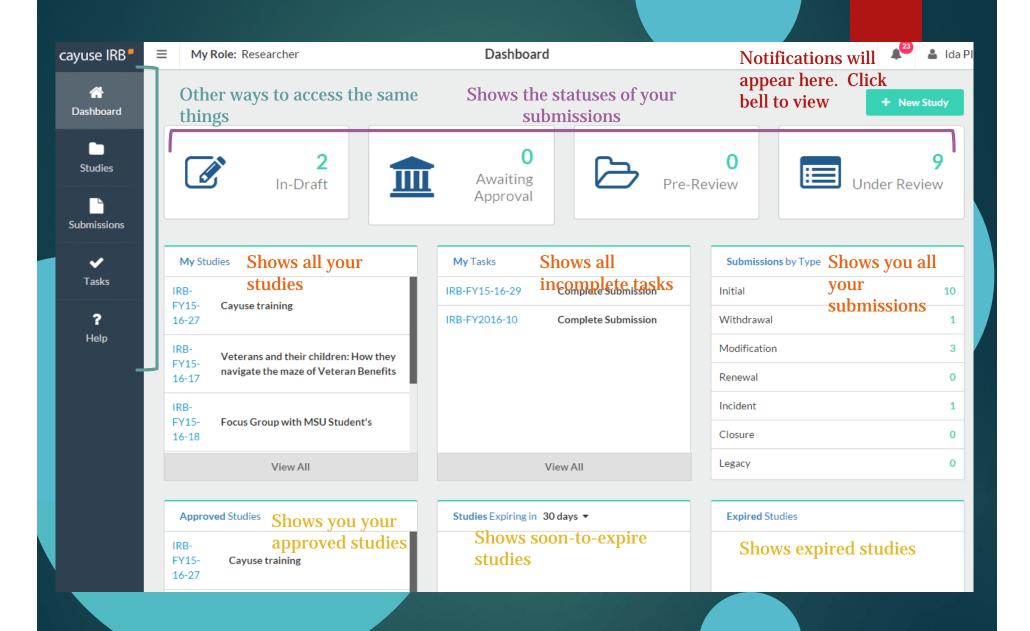
Research Suite Support Center Browser Support & Configuration

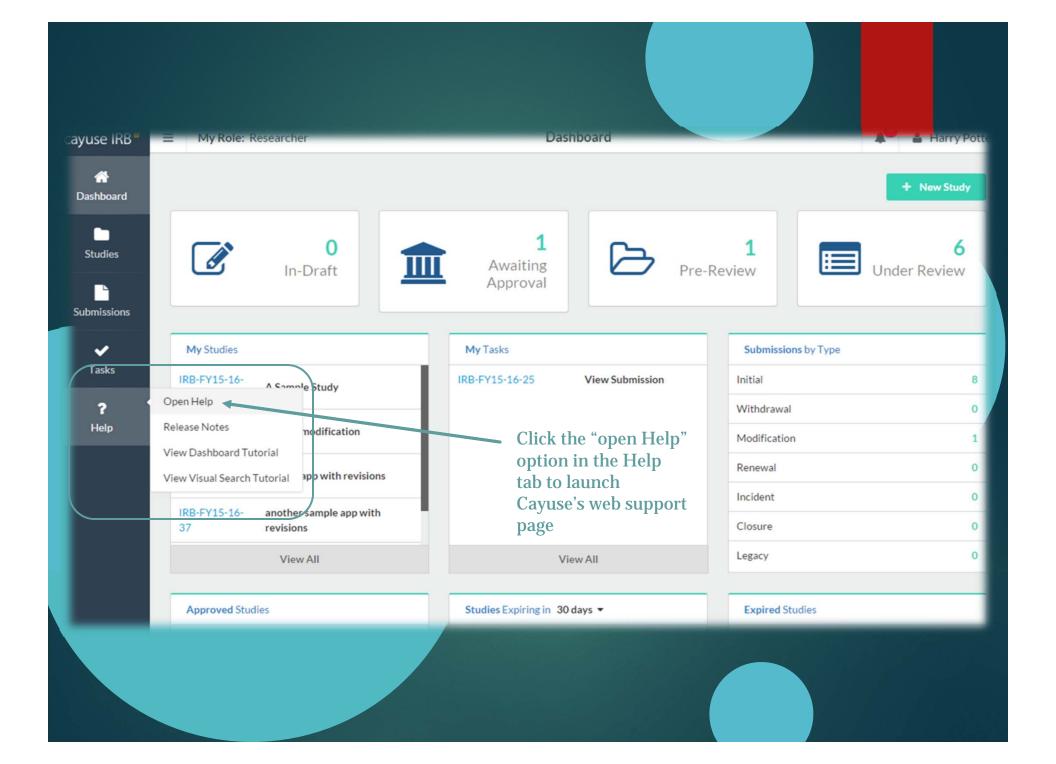
#### Research Administration Modules

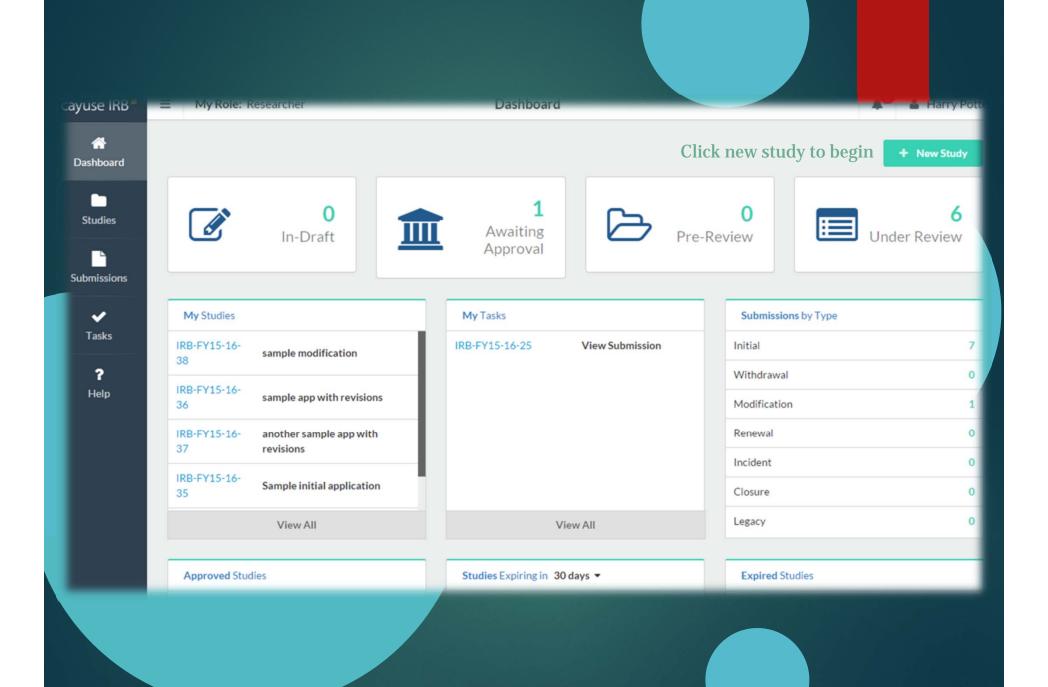
Cayuse SP (Sponsored Projects)

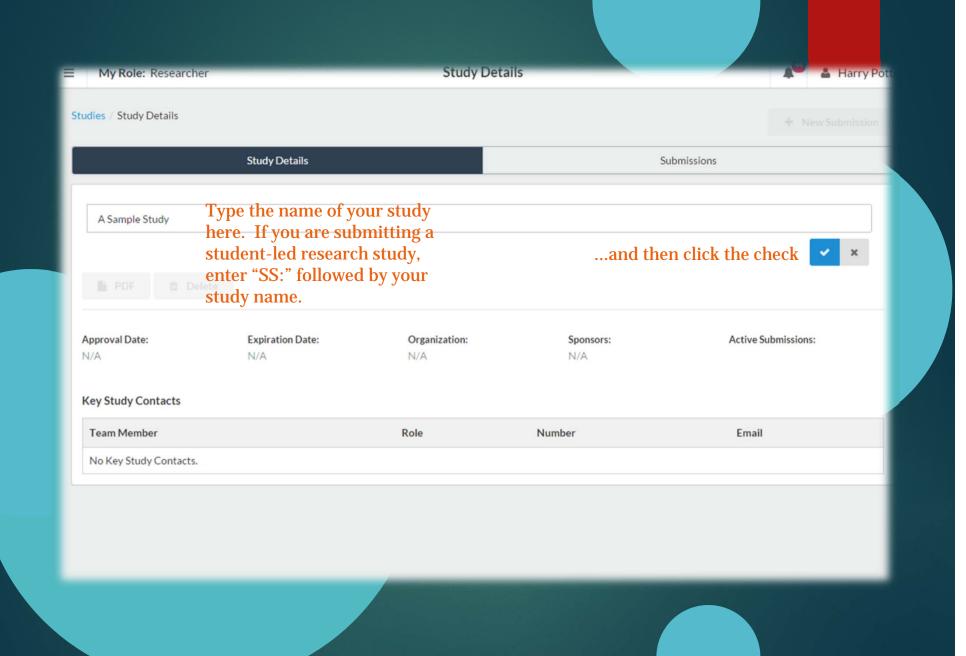
Cayuse 424

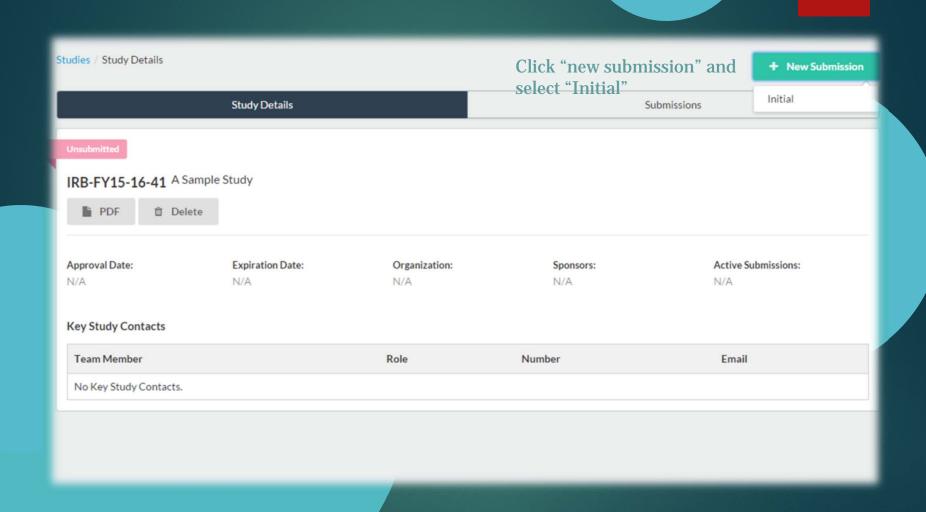
Cayuse IRB (Human Studies Compliance)

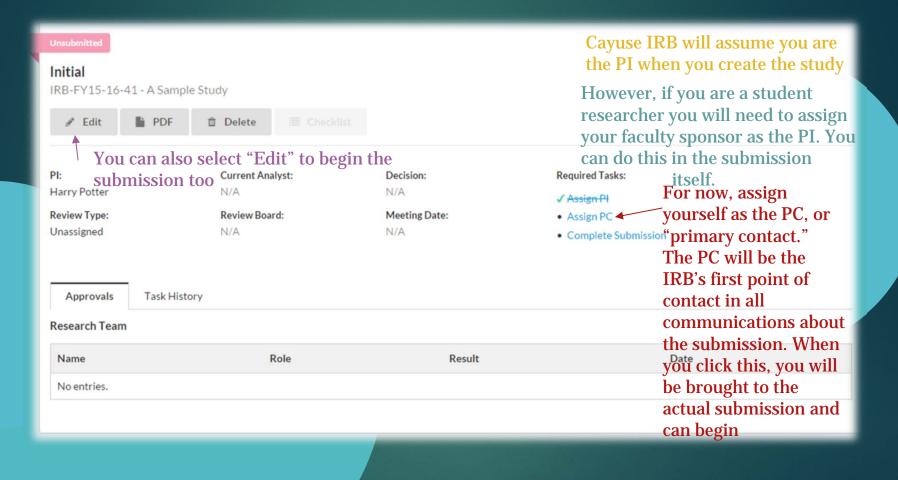


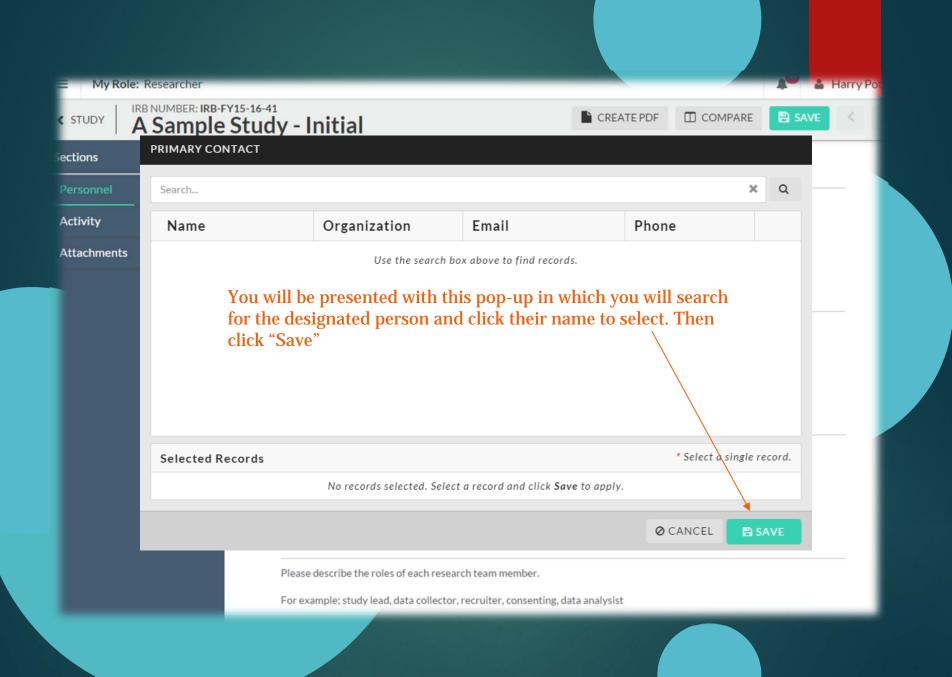


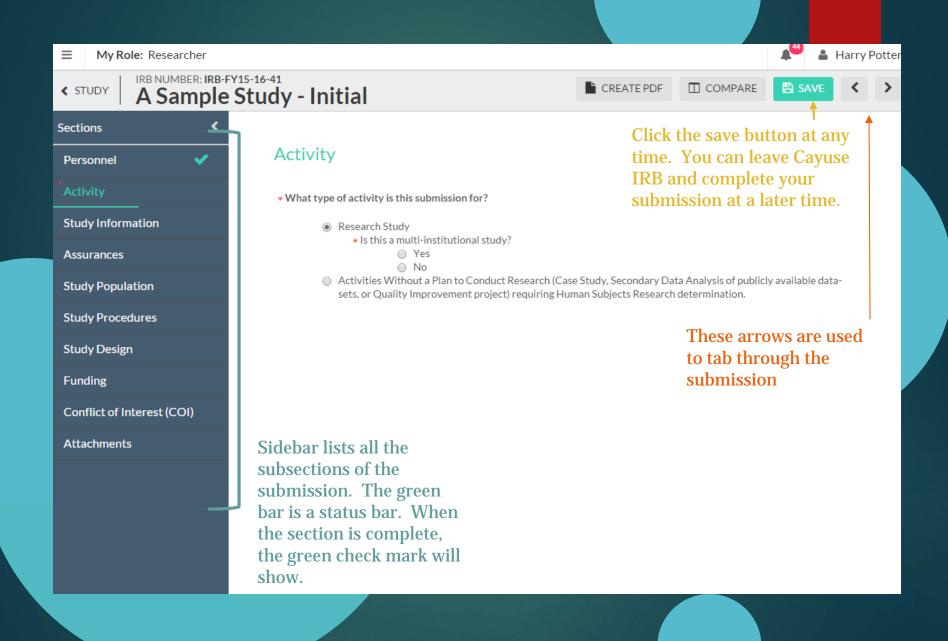


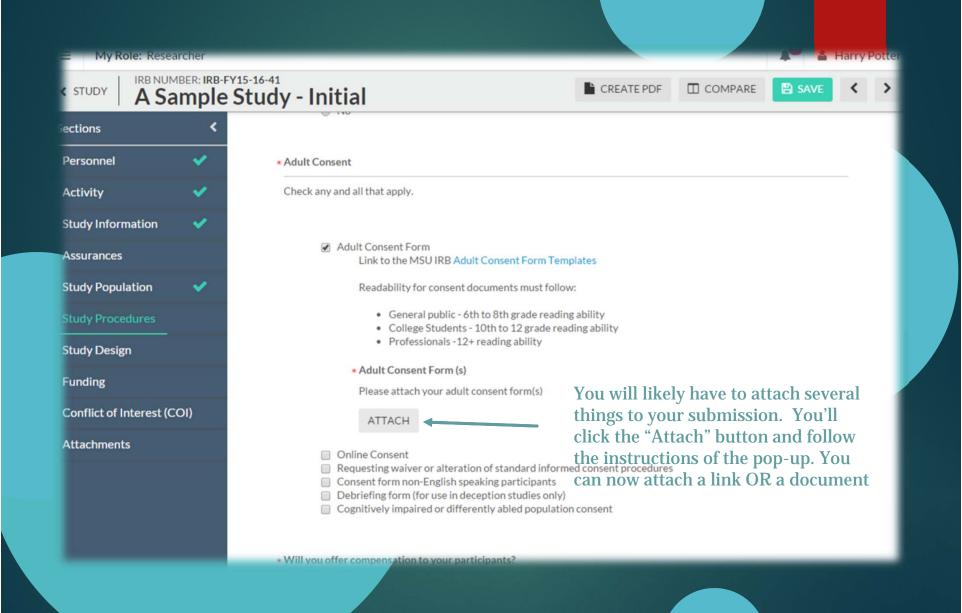


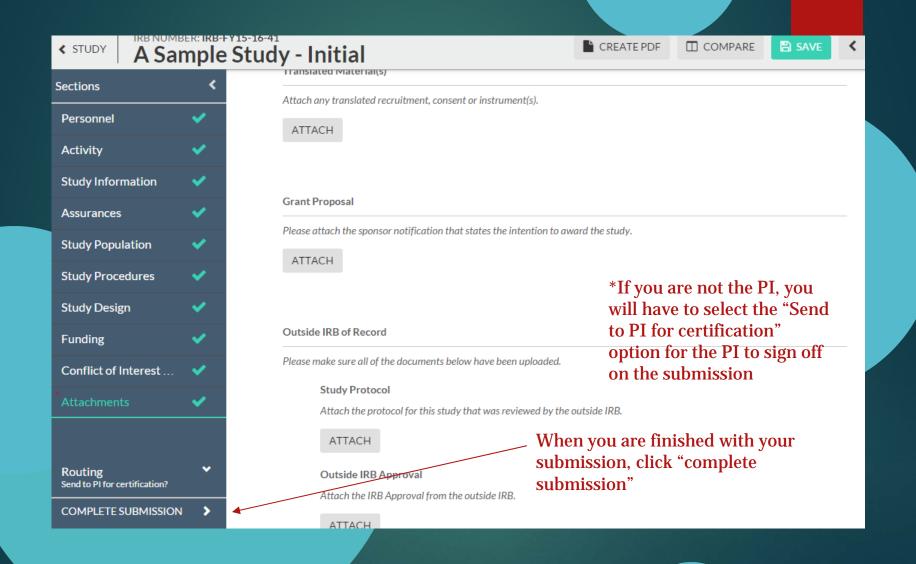










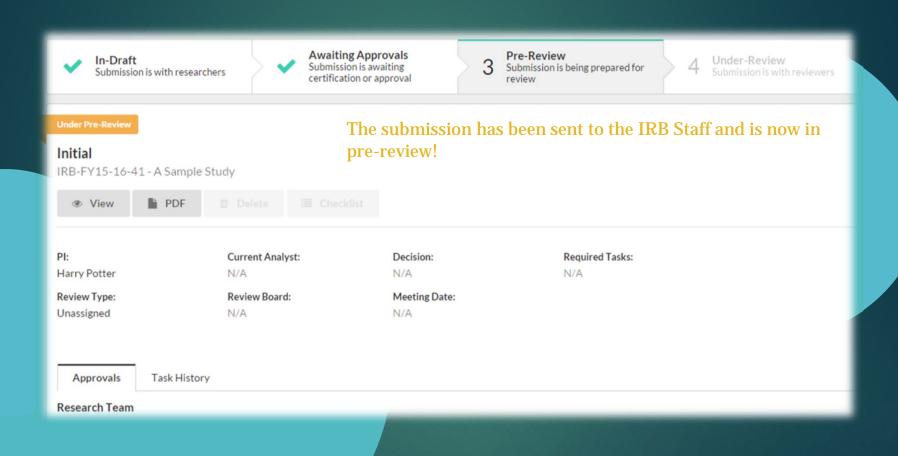


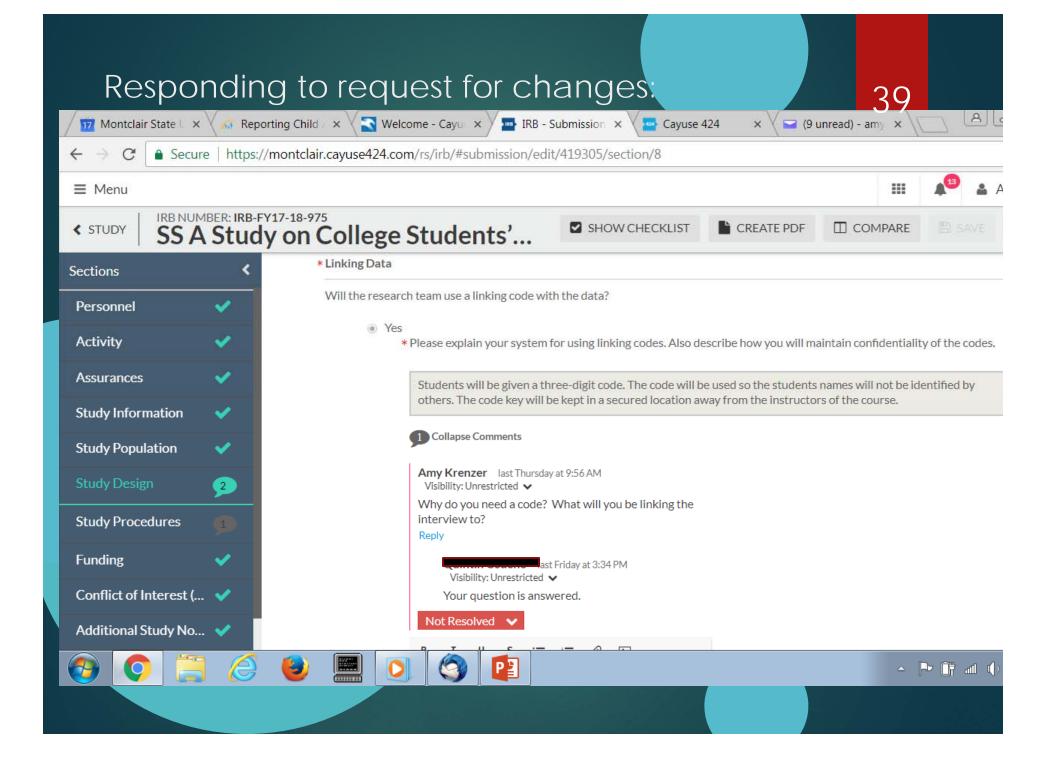
Now we are back to the general "Study page." On the study page you can see the status of your submission With IRB In-Draft Needs to be certified With IRB Staff Reviewer(s) **Awaiting Approvals** Pre-Review In-Draft Under-Review Submission is awaiting Submission is with researchers certification or approval **Awaiting Certification** Even though we clicked "complete submission" in the earlier page, we aren't Initial done with our submission. As we can see, it IRB-FY15-16-41 - A Sample Study Routing: is still in the "awaiting approval" stage. It View PDF Return Certify needs to be "certified," or signed, by the PI. If the research team PI: **Current Analyst:** Decision: Required Tasks: needs to make Harry Potter N/A N/A N/A changes, click Review Type: Review Board: Meeting Date: "return." If it is Unassigned N/A N/A ready to be submitted, click "certify." Approvals Task History Research Team Role Name Result Date

Pending Certification

Harry Potter

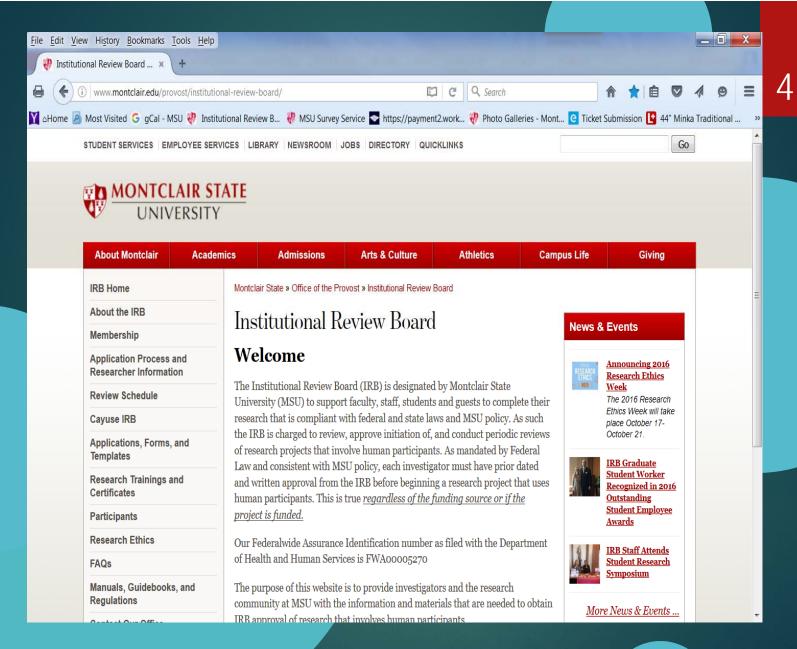
Principal Investigator





# See Study #906 in Cayuse for example

- Use the consent form(s) and other documents for your study participants, print directly from Cayuse (everyone gets a CF copy)
- Report any <u>erse events</u> to the IRB within 72 hours (Cayuse)
- Submit a Modification (amendment) if you plan to change your research protocol
- Add research team members a Modification submission to add/change personnel
- Don't let your expire! Your study expires on the expiration date in Cayuse, if you have not submitted a Renewal, you will have to start with a New Study submission!
- Once your study is complete and you are done with data analysis submit a Project Closure



WHERE TO FIND THE MOST RESOURCES? ONLINE!

# Ask for Help

- Email us your questions, reviewboard@Montclair.edu
- Make an appointment, we can review your draft application materials <u>before</u> you submit them.
- Visit our FAQs

## Contact information

- Senior IRB Coordinator: Amy Krenzer
  - ▶ reviewboard@mail.montclair.edu
  - Ext. 7583
- Compliance Coordinator IRB & IACUC: Mylka Biascochea
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- ▶ IRB Chair: Dr. Katrina Bulkley
  - Ext. 5189
- ► IRB Office: NURS 333

