State Physiology and Hygiene Requirement

New Jersey has a physiology and hygiene requirement for teaching certification candidates that can be satisfied either through appropriate coursework or an online exam. Below are the courses offered at MSU that satisfy this requirement.

You cannot be recommended for certification until you have completed this requirement.

**Biology**
- BIOL 100 Biological Services, non-majors only
- BIOL 107 Biology for Survival
- BIOL 110 Biology of Human Life
- BIOL 215 Human Heredity
- BIOL 240 Mammalian Anatomy and Physiology I, not for biology majors
- BIOL 241 Mammalian Anatomy and Physiology II, not for biology majors
- BIOL 243 Human Anatomy and Physiology
- BIOL 380 Genetics

**Health and Nutrition Sciences**
- HLTH 101 Personal Health Issues
- HLTH 150 Principles and Practices of Emergency Care
- HLTH 207 Safety, Accidents and Emergency Care
- HLTH 210 Consumer Health
- HLTH 213 Perspective on Drugs
- HLTH 220 Mental Health
- HLTH 290 Human Sexuality
- HLTH 307 The Study of Human Diseases
- HLTH 315 Public Health
- HLTH 330 Foundations of Health Education
- HLTH 411 School Health and Community Services
- HLTH 430 Health Counseling
- NUFD 182 Nutrition
- NUFD 192 Nutrition with Laboratory

**Honors Program Courses**
- HONP 210 Honors Seminar in Science I
- HONP 211 Honors Seminar in Science II

Students can also opt to take the Montclair Health Knowledge Exam on campus for a small fee. Students should talk to their advisors to determine if a course taken as an undergraduate meets this requirement. It is important to note that students cannot be recommended to the state for certification until this requirement is met.