*This is a sample resume. Feel free to make a copy of this sample and use it to create your own resume. If a section doesn’t apply to you, delete it. Feel free to add other sections if needed. Your resume should be one page. Delete these instructions and tips as well.*

**First Name Last Name**

Montclair, NJ | [emailaddress@me.com](mailto:emailaddress@me.com)| 123-456-7891 | LinkedIn

**Education**

Montclair State University, Montclair, NJ

Major: Exercise Science concentration Sports Conditioning

Bachelor of Science Expected Month Year Dean’s List | GPA:

**Related Coursework**

**Physiology of Exercise**– Examined the impact of exercise on the human body through a daily exercise regimen geared towards a college athlete

**Kinesiology:** Analyzed integrations of the biomechanical principles in order to examine how the motor skill

is performed

**Physiology of Exercise** – Examined the impact of exercise on the human body through a daily exercise regimen geared towards a college athlete.

**Related Experience**

**Montclair State University,**Montclair, NJ

*Assistant Football Coach* Month Year - Month Year

* Assist with field set up and break down of practice equipment
* Teach linemen techniques during practice to implement during games
* Scout opponents and assist with film breakdowns

**Dick’s Sporting Goods,** Paramus, NJ

*Cashier/Customer Service* Month Year - Month Year

* Provide customers with information regarding merchandise and sales
* Handle and resolve customer complaints, returns, and exchanges
* Interact with customers to ensure a quality shopping experience
* Take inventory of merchandise and restock shelves
* Maintain cleanliness of store by completing opening and closing duties outlined by management

**Activities and Volunteer Experience**

**Montclair State University,** Montclair, NJ

Montclair State Red Hawks, Varsity Football Month Year - Month Year

* Year Defensive Team Captain for Montclair State University Football Team
* Year Clary A. Anderson Award

**“Relay for Life” American Cancer Association**, Montclair State University, Montclair, NJ

*Volunteer* Month Year - Month Year

* Organized food donations from supporters and local businesses
* Collaborated with committee members regarding scheduling and set up of food and beverage stand

**Skills**

* *Computer*: Microsoft Office Suite, Photoshop, and Mac OS
* *Language*: Fluent in Spanish (reading, writing, speaking)
* *Certifications:* First Aid, CPR certified