

# Dominque Sanchez

Montclair, NJ 07043 | 973-655-0000 | [dsanchez@gmail.com](mailto:dsanchez@gmail.com)

## EDUCATION AND CERTIFICATIONS

Will qualify for NJ Certificate of Eligibility with Advanced Standing, Elementary Education K-6, June 2024

**Montclair State University**, Montclair, NJ

Bachelor of Arts in English, May 2024

- GPA 3.8, Dean's List

## TEACHING EXPERIENCE

**Montclair School District**, Montclair, NJ

*Student Teacher - 1<sup>st</sup> Grade*

1/2024 - 5/2024

- Implemented and integrated hands-on lessons and incorporated Smartboard and iPad technology into projects
- Adapted instruction and assessments to meet the needs of the various types of learners in the classroom
- Collaborated with other 1<sup>st</sup> grade and music teachers to write and produce a show on Thanksgiving
- Assigned and graded homework, provided student feedback and assessed student progress
- Attended faculty meetings and professional development workshops
- Created successful reading and site word recognition lesson for Dr. Seuss week
- Introduced a behavior modification plan in response to a very talkative and active class

*Fieldwork - 1<sup>st</sup> Grade*

9/2023 - 12/2023

- Assisted students individually and in small groups to improve grammar, reading and writing skills
- Observed different strategies of learning and assisted with daily activities such as collecting homework
- Implemented and taught differentiated lessons and evaluated student's work

## RELATED EXPERIENCE

**YMCA**, Montclair, NJ

*Camp Counselor (ages 5-10)*

Summers 2021 - 2023

- Organized creative outdoor games and helped with arts activities such as painting and paper mache
- Supervised children throughout the day and on weekly field trips to local venues
- Greeted parents and children in the morning and communicated information to parents on daily activities

**Private Tutor (ages 12 - 15)**, Bloomfield, NJ

9/2021 - 5/2023

- Evaluated homework assignments, helped with writing and grammar skills and reviewed progress
- Created activities to improve skills and prepare children for tests

## WORK EXPERIENCE

**Target**, Clifton, NJ

*Sales Associate*

1/2020 - 9/2022

- Interacted with customers, handled register transactions and recognized for excellence in service
- Handled stocking of inventory and answered customer's questions regarding products

## ACTIVITIES AND VOLUNTEER EXPERIENCE

Sigma Alpha Lambda National Leadership and Honors Organization

2022 - Present

Juvenile Diabetes Research Foundation, Annual Walk-a-Thon

2021 - 2022

## SKILLS

Computer Skills: Microsoft Office Suite, Mac OS, Google Suite

**Robert Orell**

1 Normal Avenue, Montclair, NJ 07043

973-655-0000

[rorell@gmail.com](mailto:rorell@gmail.com)

---

**Education and Certifications****Montclair State University**, Montclair, NJ

BA in Physical Education expected May 2024

- GPA 3.8, Dean's List

Will qualify for NJ Certificate of Eligibility with Advanced Standing, Health and Physical Education P – 12, June 2024

**Teaching Experience***Student Teacher*, **John L. Costley Middle School**, East Orange, NJ 1/2024 – Present

- Adapt and teach daily instruction to grades 6 through 8 to meet the needs of each individual learner
- Develop and introduce successful health lesson including hands-on activities to engage children
- Teach various fitness-based lessons incorporating warm-up exercises and sports games
- Organize field day activities including working with teachers on activity schedule for the day
- Incorporate iPad technology into lessons to motivate children to participate and have fun
- Assess children's progress, provided feedback and assisted with report card preparation
- Attend faculty meetings and communicated with teachers and parents to address concerns

*Fieldwork*, **Harrison Elementary School**, Livingston, NJ 9/2023 – 12/2023

- Observed Pre K through 6<sup>th</sup> grade and assisted teacher with daily lessons
- Planned creative and fun lessons in accordance with common core guidelines
- Assisted with assessment of students and learned techniques to apply to different learning styles

**Coaching/Related Experience***Assistant Coach*, **Bloomfield Recreational Baseball**, Bloomfield, NJ 8/2022 – Present

- Teach children ages 7 and 8 basic baseball skills and techniques including warm up exercises
- Prepare game and practice schedules and advise team members and parents of the season's agenda
- Received recognition award from parents and children for dedication to coaching the team
- Assessed and treated minor injuries utilizing knowledge of first aid

*Fitness Trainer*, **New York Sports Club**, Clifton, NJ 5/2021 – 07/2022

- Developed strength and conditioning and warm up exercises for one on one training sessions
- Greeted new clients and provided tour of facility and information on personal training programs
- Participated in membership sales events and informed potential customers about membership benefits

**Other Work Experience***Sales Associate*, **Sports Authority**, Clifton, NJ 12/2020 – 05/2021

- Provided customers with information on various sports equipment, clothing and accessories
- Recognized for excellence in providing customer service and received "Employee of the Month" award
- Handled register transactions, restocking of inventory and phone inquiries

**Certifications and Professional Development**

American Council on Exercise Personal Trainer

New Jersey Harassment, Intimidation and Bullying Prevention Program

CPR, First Aid