

Red Hawk Frenzy

Spring 2021: April & May

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
| <p>25.</p>  | <p>26.</p>  | <p>27. Studio DIY: Summer Themed Snow Globes Now through Saturday, May 11 9.am. - 4 p.m., Drop In Center</p> | <p>28. Earth Day Extravaganza 2:30-4:30 p.m., SC Quad Virtual Pictionary 3-4 p.m., Zoom Spring Tie Dye 3:30-5 p.m. Machuga Courtyard Intercollegiate Bingo Night 8:30-9:45 p.m., Zoom</p>  | <p>29. Baseball vs. William Paterson 3:30 p.m., Yogi Berra Stadium Trivia Night: Criminal Minds 8 p.m. SC Ballrooms & Online</p>  | <p>30. Drop In Hike: Mills Reservation 3-5 p.m., Starts at SRC Spring Craft Night 6-8 p.m., SC Ballrooms Dive In Cartoons 7-9 p.m., SRC Pool Red Bulls II Game 7 p.m., MSU Soccer Park</p>  | <p>1. Softball vs. Rowan University 1 p.m. & 3 p.m. MSU Softball Stadium</p>  |
| <p>2.</p>  | <p>3. Spring Week: Paper Lanterns & More 12-3 p.m. SC Ballrooms & Quad Paddle Board Yoga 3:30-4:30 p.m. & 5-6 p.m. SRC Pool Spring Week: Bonsai Tree Kits 7-9 p.m. SC Ballrooms</p>  | <p>4. Spring Week: Stuff-A-Plush 12 p.m., SC Ballrooms Rec Nights - Archery Tag: Balloon Burst 6-8 p.m., SRC Lawn Spring Week: African Dance Lesson 8-10 p.m. SC Ballrooms & Online</p> | <p>5. Spring Week: Airbrushes & Ices 1:30-5 p.m., SC Quad 90's Jeopardy Night 7-8 p.m., Zoom Spring Week: Silent Disco, 7-10 p.m., SC Quad Intercollegiate Game Show Event 8:30-9:45 p.m. Zoom</p>  | <p>6. World's Fair Day 12-3 p.m., SC Quad Global Trivia 3 p.m., Zoom Spring Week: Tye Dye 7 p.m., SC Quad</p>  | <p>7. Spring Week: Campus Carnival 5-10 p.m., SC Quad Red Bulls II Game 7 p.m., MSU Soccer Park</p>  | <p>8. Uptown Montclair Bike Trip 11 a.m. - 3 p.m. Starts at the SRC</p>  |
| <p>9. Campus Rec Trivia Challenge: Beach Tips 12 p.m. - May 10, 12 p.m., Kahoot</p>  | <p>10.</p>  | <p>11. Kahoot Trivia Challenge 12 p.m., Online</p> | <p>12. Self Care Grab 'n Go 2-4 p.m., SRC Lobby</p>  | <p>13. Trivia Night: Marvel 8 p.m., SC Ballrooms & Online</p>  | <p>14. Crafts on the Quad 12-3 p.m., SC Quad Drop In Hike: Mills Reservation 3-5 p.m., Starts at SRC SLAM Concert Details coming soon! Red Bulls II Game 7 p.m., MSU Soccer Park</p>  | <p>15. Drugstore Makeup Starter Kit 1 p.m., Online</p>  |
| <p>16. Relay for Life 2 p.m., Online</p>  | <p>17.</p>  | <p>18. Rec Nights - Hats All Folks 6-8 p.m., SRC Multipurpose Room 2</p> | <p>19.</p>  | <p>20.</p>  | <p>21.</p>  | <p>22.</p> |

Additional Information

Weekly Events



Friday Fire Pit
Every Friday until May 7
6-8 p.m., SRC Back Patio



Weekly Wellness Group
Every Friday until May 14
2-2:45 p.m., Zoom



Basketball
Every Monday, Thursday & Saturday
until May 15
Mon & Thurs: 10 a.m. - 2 p.m., SRC
Sat: 12-4 p.m., SRC



Self Care Sunday
Every Sunday until May 16
All Day, CSI Instagram



Mindfulness Meditation,
Every Monday until May 17
1-2 p.m., Zoom



Flag Football & Soccer
Every Wednesday until May 19
7-10 p.m., DioGuardi Field



Thriving on Thursdays
Every Thursday in May
All Day, Campus Rec Instagram



Volleyball
Every Wednesday & Friday until May 21
11 a.m. - 2 p.m., SRC

Key

SC: Student Center
SRC: Student Recreation Center

Please refer to the icons to see when the weekly events are happening on the calendar!

On-going Events

Campus REcycling
April 1-30
SRC, Lobby

Campus Rec Run Series:
"Feel The Earth" 2 Mile Run/Walk
April 19-30, Virtual

Campus Rec Run Series:
"Sprint Into Summer" 3 Mile Run/Walk
May 1-21, Virtual

Free Group Exercise Classes
Now through Friday, May 14
Virtual & In-Person, Various Times
New Incentive Program!
Participate for your chance to win a Yeti Tumbler!

Studio DIY: Summer Themed Snow Globes
Now through Saturday, May 11
9 a.m. - 4 p.m., Drop In Center

Snack Bar at Montclair State Arena,
Every Day until 9 p.m.
Don't forget! You can ice skate for free
at all public skating sessions.

Spring Involvement Fair
Now through Friday, May 21
Watch on your own time!

Follow Us!

Athletics: @msuredhawks
Campus Recreation: @msucampusrec
Center for Student Involvement: @msucsi
Commuter Life: @msucommutes
Dining Services: @eatatmontclair
Health Promotion: @msu_healthpromotion
Residence Life: @montclairstatereslife
Student Communications: @redhawklife

Shopper Shuttle is BACK!

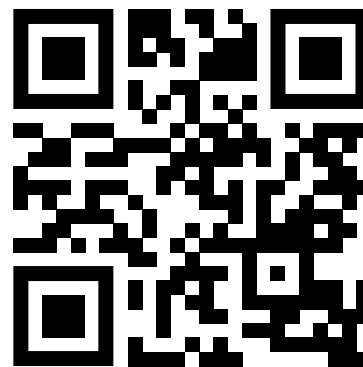
Wednesdays and Fridays now through May 14 from the Red Hawk Deck to Target and Stop and Shop! All COVID safety policies and procedures will be in place.

Contact Shuttle Services at shuttle@montclair.edu if you should have any questions.

The Food Trucks are Coming!

Keep an eye out via your Montclair State email and social media to find out when and where. More details coming soon.

We hope you like tacos!



Find Out More!

Get the most up-to-date details online:
montclair.edu/red-hawk-frenzy