

College of Education & Human Services

Family Science & Human Development



**Interesting Facts About St. Patrick's Day**


1. The first St. Patrick's Day in the United States was held in Boston in 1737.
2. The color of St. Patrick's Day was originally blue.
3. Legend says that each leaf of the clover has a meaning: hope, faith, love, & luck.
4. There are 34.7 million U.S. residents with Irish ancestry. This number is more than seven times the population of Ireland itself.
5. The real St. Patrick wasn't Irish.

**HELP CELEBRATE  
INTERNATIONAL WOMEN'S  
DAY- MARCH 8, 2020!**


<https://www.internationalwomensday.com/>

**SUMMER 2020  
REGISTRATION IS  
NOW OPEN!**

**KEEP AN EYE OUT FOR  
THE FALL 2020  
SCHEDULE WITHIN THE  
NEXT FEW WEEKS!**

**HAVE A WONDERFUL &  
RELAXING SPRING  
RECESS!**   
March 9- March 15

**We Can Do It!** **Did You Know?...**



1. Women make up 75% of the world's workforce.
2. Women work two-thirds of the world's working hours.
3. Women produce the majority of the world's food.
4. Women earn only 10% of the world's income.
5. Women own less than 1% of the world's property.



## Faculty Spotlight

**Dr. Olena Nesteruk**

**Faculty Member Since 2007**

**Main Research Area:** Immigrant & transnational families over time & across generations

**Courses Taught:** Family Development Over Life Course, Immigrant Families, Family Stress Management, Introduction to Family Science & Human Development, Internship in FSHD, Diversity & Dynamics in Immigrant Families, Family Theories

**Fun Fact:** Dr. Nesteruk speaks four languages! She loves to spend time with her family, read a good book, enjoy a cup of tea, work on a counted cross-stitch embroidery, & hiking (although not all at the same time!)



**“If I were to give an advice to students of FSHD, it would be to see the world. Your U.S. passport gives you an amazing privilege of visa-free travel to most of the countries around the world. Leave where you live; experience a different life and gain a new perspective—you will never regret it.”**

Find us on LinkedIn!

<https://www.linkedin.com/in/family-science-human-development-496484197/>



Feeling stressed during midterms?

Drop into the Health Promotion Center during the week for daily workshops & events!



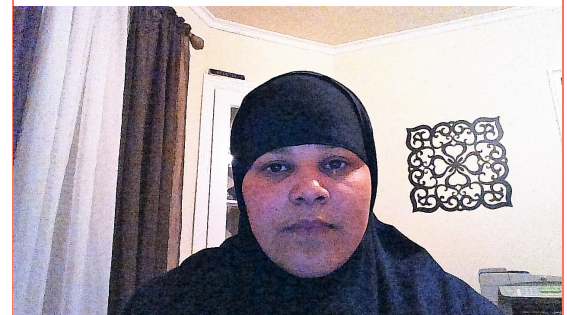
## Alumni Spotlight

**Bernadette A. Land**

Undergraduate Degree in Family Science & Human Development w/ Concentration in Child Advocacy (2018)

**Her Story:** While starting her career as a Licensed Cosmetologist & continuing on many different professional paths, Bernadette has helped service the elderly population. While raising a family of four, Bernadette made the to return to school for a degree that provides a better platform to help service all areas of her community.

Bernadette is now the Volunteer Coordinator at Compassus Hospice. She continues to work with the FSHD & PD programs at MSU, in supporting the seniors through an internship at Compassus. She recently partnered with the One-Stop (CWEP) program in helping unemployed residents of the community build up their resumes. Bernadette has also started a relationship with the Woman's Rights Center in Englewood where she supports the women in building up their professional skills.



**“It is never too late to strive for better!”**

Interested in part-time work? Check out the new job board in Canvas!