



# Master of Education in Teaching for Equity and Justice

## *Nutrition and Exercise Science Specialization*

Our **M.Ed. in Teaching for Equity and Justice program** is unique in that, while core courses focus on traditional areas of interest for all educators (e.g. curriculum, teaching and learning, assessment, and teacher research), each of these topics is explored through a lens of equity and social justice in education. The program incorporates a specialization in a number of Montclair's existing programs, with both online and in-person coursework modalities. Those who have completed or are currently enrolled in one of the certificate or certification programs listed below at Montclair in the past five years may have up to 18 credits apply toward completion of the program.

### **Nutrition and Exercise Science (Certificate)**

This program is designed to develop and enhance competencies necessary for creating applied nutrition and exercise programs for clients interested in wellness and weight management. Students are required to take two courses from each of the content areas, yielding a total of 12 semester hours. Both theoretical and practical approaches are emphasized throughout the program.

### **What You'll Gain:**

- Integrated knowledge of health, wellness, and education
- Skills to promote equity through health education in school settings
- Evidence-based strategies for engaging diverse student populations in physical

*\*F1/J1 visa seeking students are not eligible for this program.*

### **Career Opportunities:**

- Director of School Wellness Programs
- Health Curriculum Coordinator
- K-12 Health and Physical Education Supervisor
- Community Wellness Director
- Public Health Education Strategist
- Health Policy Analyst
- Consultant in Youth Health Education

### **Admission Requirements:**

- Bachelor's degree in any discipline
- Must be an experienced practitioner in the field of education (minimum of three years)

**START YOUR APPLICATION**

### **Program Questions?**

Contact: Douglas Larkin, Ph.D.  
Graduate Program Coordinator  
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### **Application Questions?**

Contact: Alexandra Moore  
Assistant Director of Graduate Recruitment  
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