

We are excited to announce Livongo for Diabetes, a new benefit being offered at no cost to you. The Livongo for Diabetes Program makes living with diabetes easier by providing you with a connected meter, unlimited strips, and coaching.

Eligible Members: The program is offered at no cost to active employees and non-Medicare retirees with diabetes who are covered through the State Health Benefits Program (SHBP) and School Employees' Health Benefits Program (SEHBP) plans.

Benefits of the program include:

- **More Than a Standard Meter:** The Livongo meter is connected and provides real-time tips and automatically uploads your blood glucose readings, making log books a thing of the past.
- **Unlimited Strips at No Cost to You:** Get as many strips and lancets as you need with no hidden costs. When you are about to run out, Livongo ships more supplies, right to your door.
- **Coaching Anytime and Anywhere:** The Livongo coaches are Certified Diabetes Educators who are available anytime via phone, text, and our mobile app to give you guidance on your nutrition and lifestyle questions.



To learn more or join Livongo, visit: join.livongo.com/SHBP-SEHBP/now

We are continually looking for ways to add programs that will enhance our benefits and help maintain and improve your health and the health of your family members. If you have any questions about this program, please visit the Livongo website or call Livongo Member Support at (800) 945-4355 and mention registration code **SHBP-SEHBP**.

El programa Livongo está disponible en Español: Cuando se registre, usted seteará el idioma de preferencia y luego el medidor y el programa estarán en Español.

Para registrarse en Español, por favor llame al (800) 945-4355 o visite bienvenido.livongo.com/SHBP-SEHBP