## NJ State Health Benefits Program (SHBP)

State and State College/University Employees

HorizonBlue.com/shbp 1-800-414-7427

2024

OVERVIEW







# At Horizon<sup>®</sup>, we're guiding members to achieve their best health.

For more than 90 years, Horizon has helped New Jersey residents get the most out of their health care coverage. As a leader in providing access to quality, affordable health plans, we offer an extensive provider network to ensure you're cared for whenever, wherever. We keep things simple – every New Jersey hospital is in our network. Plus, we provide tools and support that make navigating health care easier.

## Health and wellness for mind and body.

#### **Education Resources**

Get tips for healthier living with our wide range of online health education topics.

#### **Pregnancy Resources**

With personalized support, online tools and interactive resources for moms-to-be, PRECIOUS ADDITIONS® helps you through your pregnancy and beyond. It includes My Pregnancy Assistant, an online tool powered by WebMD®, which has useful videos, trackers and checklists.

#### Health Management Tools

Track your health securely and confidentially with *My Health Manager*, powered by WebMD.

- Digital coaching and customized tools to manage your health and track your progress
- Interactive, easy-to-use resources to identify health risks
- Weight tracker, calorie counter and nutrition help

#### HorizonbFit<sup>s™</sup>

Eligible SHBP members may receive a \$20 reward for every month they participate for at least 12 days a month by:

- Visiting a fitness facility
- Walking at least 10,000 steps
- Submitting at-home workouts using virtual HorizonbFit-at-home features
- Or completing any combination of the above

#### Wellness Discounts

With Blue365<sup>®</sup>, get weekly deals from top retailers delivered right to your inbox.

- Fitness memberships, special events and apparel
- Weight management programs and specialty food services
- Discounts on eye care, including frames, lenses and contacts

Learn more at HorizonBlue.com/shbp



## Achieve your best health and earn rewards.

The NJWELL program is a great way to make meaningful changes to your wellness habits with program enhancements for eligible members and their covered spouse/partner. NJWELL can help you achieve holistic well-being including:

- Physical fitness
- Emotional balance
- Preventive care
- Social connection
- Financial security

Learn more about NJWELL at <u>HorizonBlue.com/shbp/njwell</u> or visit the NJ Division of Pensions and Benefits website at <u>nj.gov/treasury/pensions</u>. You can earn \$250 or more in rewards\* each wellness year (November 1 to October 31).

NJWELL

Working for a Healthy New Jersey



### Our best coverage, for your best you.

#### **OMNIA**<sub>SM</sub> Health Plan

In addition to having some of our best benefits, our OMNIA Health Plan Option gives you the flexibility to choose from one of New Jersey's largest networks: 67,000+ local doctors, specialists and health professionals and 95 hospitals in 115 convenient locations across New Jersey and parts of Pennsylvania and Delaware.\* You also have worldwide access to more than 1.8 million providers in our BlueCard® PPO program.

To save even more, choose from more than 49,000 OMNIA Tier 1 doctors\* and some of the state's leading hospitals for lower copayments, lower out-of-pocket costs and no deductibles – all with no referrals and no need to choose a Primary Care Physician (PCP).

\*Based on Horizon provider network data as of 6/30/2023 and is subject to change.

#### **PPO Plans**

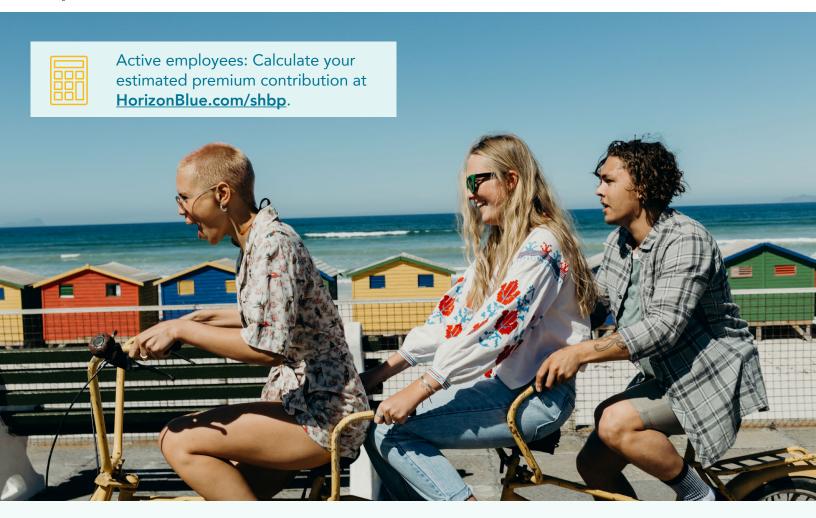
All of our PPO plans include:

- Care in network or out of network in New Jersey, nationwide and abroad
- No need to select a PCP
- No referrals necessary to see a specialist
- Lower out-of-pocket costs when using the Horizon Managed Care Network or the BlueCard PPO Network nationwide and Blue Cross Blue Shield Global® Core abroad

NJ DIRECT High Deductible Health Plans (HDHPs) combine a high deductible health plan with a health savings account (HSA). Eligible preventive services are covered at 100 percent if in network and do not have a deductible. You are responsible for eligible medical and prescription expenses, up to the deductible.

#### **HMO Plans**

With our HMO plans, you have access to health care professionals and facilities in the Horizon Managed Care Network in New Jersey and parts of New York, Pennsylvania and Delaware. You select a licensed PCP from the Horizon Managed Care Network and your PCP will refer you to specialty care when needed. In addition, the Away From Home Care Program is available to eligible HMO members who are outside the State of New Jersey, like students living away from home, long-term travelers and families living apart.



#### 2024 NJ SHBP State and State College/University Employees **Plans for CWA and Union Negotiated Members**



Plans effective 1/1/2024 (effective 12/30/2023 for biweekly employees)

| HorizonBlue.com/shbp 1-800-414-SHBP (7427)                                       | OMNIA Tiered Network Option<br>OMNIA HEALTH PLAN |  |  |  |
|--|--|--|--|--|
|  |  |  |  |  |
|  | Tier 1   | Tier 2   |  |  |
| IN-NETWORK (IN)  |  |  |  |  |
| Service Area Available   | NJ only  | Nationwide   |  |  |
| Specialist Referral  | No referral required                             | No referral required   |  |  |
| Deductible <sup>2</sup>  |  |  |  |  |
| Individual   | \$0  | \$1,500  |  |  |
| Family   | \$0  | \$3,000  |  |  |
| Coinsurance  | 0%   | 20% after deductible   |  |  |
| Coinsurance Out-of-Pocket Maximum  |  |  |  |  |
| Individual   | Not applicable                                   | \$4,500  |  |  |
| Family   | Not applicable                                   | \$9,000  |  |  |
| Total Out-of-Pocket Maximum (Copay+Deductible+Coinsurance)                       |  |  |  |  |
| Individual   | \$2,500  | \$4,500  |  |  |
| Family   | \$5,000  | \$9,000  |  |  |
| HEALTH CARE SERVICES   |  |  |  |  |
| Primary Care Office Visit  | \$5  | \$20   |  |  |
| Annual Routine Physical (In-Network Only)  | \$0  | \$0  |  |  |
| Direct Primary Care (DPC) Doctors Office   | \$0  | \$0  |  |  |
| First Responders Doctors Office (FRDOCS)   | \$0  | \$0  |  |  |
| Horizon CareOnline (Telemedicine)  | Cost share may apply                             | Cost share may apply   |  |  |
| Specialist Office Visit  | \$20   | \$35   |  |  |
| Annual Routine Vision (In-Network Only)  | \$20   | \$35   |  |  |
| Chiropractic⁵  | \$20   | \$35   |  |  |
| Physical/Occupational/Speech Therapy <sup>6</sup>                                | \$20 office visit/\$20 outpatient facility       | \$35 office visit/<br>20% after deductible at an outpatient facility |  |  |
| DIAGNOSTIC LABORATORY7/RADIOLOGY/ADVANCED IMAG                                   | ING  |  |  |  |
| Outpatient Laboratory/Radiology/Advanced Imaging                                 | \$20   | 20% after deductible   |  |  |
| Freestanding Laboratory/Radiology/Advanced Imaging                               | \$0  | \$0  |  |  |
| EMERGENCY/URGENT MEDICAL SERVICES  |  |  |  |  |
| Urgent Care Center   | \$35   | \$50   |  |  |
| Emergency Room   | \$100  | \$100  |  |  |
| Ambulance  | \$0  | \$0  |  |  |
| OTHER SERVICES   |  |  |  |  |
| npatient Facility  | \$150 per admission <sup>9</sup>                 | 20% after deductible   |  |  |
| Outpatient Facility  | \$150  | 20% after deductible   |  |  |
| Outpatient Behavioral Health   | \$20   | \$35 office visit/<br>20% after deductible at an outpatient facility |  |  |
| Durable Medical Equipment (DME)  | \$0  | \$0  |  |  |
| OUT-OF-NETWORK (OON) <sup>10</sup>   |  |  |  |  |
| Deductible - Individual  |  |  |  |  |
| Deductible - Family  |  |  |  |  |
| Coinsurance after Deductible   |  |  |  |  |
| Out-of-Pocket Coinsurance Maximum - Individual                                   | No out   | -of-network benefits   |  |  |
| Out-of-Pocket Coinsurance Maximum - Family                                       |  |  |  |  |
| Inpatient Hospital Deductible  |  |  |  |  |
| 1 Hinh Deductible Health Plan, N.I. DIRECT HDI ow plan includes \$300 Health Sav |  |  |  |  |

1. High Deductible Health Plan. NJ DIRECT HDLow plan includes \$300 Health Savings Account funding by employer.

Deductible applies to all services that require a coinsurance.
 Includes eligible prescription cost share.

4. On select any other and a digit of the selection of the se

Laboratory services must be rendered by an in-network participating provider, with some exceptions based on medical policy.
 Lower copayment applies to children under 19 and physician referrals.
 \$150 per admission does not apply to inpatient childbirth, hospice or inpatient behavioral health/substance use disorder.

#### 2024 NJ SHBP State and State College/University Employees **Plans for CWA and Union Negotiated Members**



Plans effective 1/1/2024 (effective 12/30/2023 for biweekly employees)

| HorizonBlue.com/shbp 1-800-414-SHBP (7427)                 | PPO Plan Options   |   |   |  |  |
|--|--|---|---|--|--|
|  | CWA UNITY DIRECT<br>NJ DIRECT<br>(employees hired prior to 7/1/19) | CWA UNITY DIRECT2019<br>NJ DIRECT2019<br>(new hires on or after 7/1/19) | NJ DIRECT HDLow <sup>1</sup>            |  |  |
| IN-NETWORK (IN)  |  |   |   |  |  |
| Service Area Available                                     | Nationwide   | Nationwide  | Nationwide                              |  |  |
| Specialist Referral  | No referral required   | No referral required  | No referral required                    |  |  |
| Deductible <sup>2</sup>                                    |  |   |   |  |  |
| Individual   | \$0  | \$100   | \$1,600/ <sup>3</sup>                   |  |  |
| Family   | \$0  | Not applicable  | \$3,200 <sup>3</sup>                    |  |  |
| Coinsurance  | 10%4   | 10% after deductible⁴   | 20% after deductible <sup>3</sup>       |  |  |
| Coinsurance Out-of-Pocket Maximum                          |  |   |   |  |  |
| Individual   | \$800  | \$800   | \$1,000                                 |  |  |
| Family   | \$2,000  | \$2,000   | \$2,000                                 |  |  |
| Total Out-of-Pocket Maximum (Copay+Deductible+Coinsurance) |  |   |   |  |  |
| Individual   | \$7,560  | \$7,560   | \$2,600 <sup>3</sup>                    |  |  |
| Family   | \$15,120   | \$15,120  | \$5,200 <sup>3</sup>                    |  |  |
| HEALTH CARE SERVICES                                       |  |   |   |  |  |
| Primary Care Office Visit                                  | \$15   | \$15  | 20% after deductible                    |  |  |
| Annual Routine Physical (In-Network Only)                  | \$0  | \$0   | \$0                                     |  |  |
| Direct Primary Care (DPC) Doctors Office                   | \$0  | \$0   | Not available                           |  |  |
| First Responders Doctors Office (FRDOCS)                   | \$0  | \$0   | \$0                                     |  |  |
| Horizon CareOnline (Telemedicine)                          | Cost share may apply   | Cost share may apply  | Cost share may apply                    |  |  |
| Specialist Office Visit                                    | \$30   | \$30  | 20% after deductible                    |  |  |
| Annual Routine Vision (In-Network Only)                    | \$30   | \$30  | 20% after deductible                    |  |  |
| Chiropractic <sup>5</sup>                                  | \$30   | \$30  | 20% after deductible                    |  |  |
| Physical/Occupational/Speech Therapy <sup>6</sup>          | \$30   | \$30  | 20% after deductible                    |  |  |
| DIAGNOSTIC LABORATORY7/RADIOLOGY/ADVANCED IMAGING          |  |   |   |  |  |
| Outpatient Laboratory/Radiology/Advanced Imaging           | \$0  | \$0   | 20% after deductible                    |  |  |
| Freestanding Laboratory/Radiology/Advanced Imaging         | \$0  | \$0   | 20% after deductible                    |  |  |
| EMERGENCY/URGENT MEDICAL SERVICES                          |  |   |   |  |  |
| Urgent Care Center   | \$45   | \$45  | 20% after deductible                    |  |  |
| Emergency Room   | \$150 <sup>8</sup>   | \$150 <sup>8</sup>  | 20% after deductible                    |  |  |
| Ambulance  | 10%  | 10% after deductible  | 20% after deductible                    |  |  |
| OTHER SERVICES   |  |   |   |  |  |
| Inpatient Facility   | \$0  | \$0   | 20% after deductible                    |  |  |
| Outpatient Facility  | \$0  | \$0   | 20% after deductible                    |  |  |
| Outpatient Behavioral Health                               | \$30   | \$30  | 20% after deductible                    |  |  |
| Durable Medical Equipment (DME)                            | 10%  | 10% after deductible  | 20% after deductible                    |  |  |
| OUT-OF-NETWORK (OON) <sup>10</sup>                         |  |   |   |  |  |
| Deductible - Individual                                    | \$400  | \$400   | See in-network deductible <sup>11</sup> |  |  |
| Deductible - Family  | \$1,000  | \$1,000   | See in-network deductible <sup>11</sup> |  |  |
| Coinsurance after Deductible                               | 30%  | 30%   | 40%                                     |  |  |
| Out-of-Pocket Coinsurance Maximum - Individual             | \$2,000  | \$2,000   | \$3,600                                 |  |  |
| Out-of-Pocket Coinsurance Maximum - Family                 | \$5,000  | \$5,000   | \$7,200                                 |  |  |
| Inpatient Hospital Deductible                              | \$500/stay   | \$500/stay  | Not applicable                          |  |  |

10. Out-of-network cost basis: CWA Unity DIRECT, CWA Unity DIRECT2019, NJ DIRECT and NJ DIRECT2019: 175% of CMS (Centers for Medicare & Medicaid Services) fee schedule. NJ DIRECT HD plans: 90th percentile of FAIR

Health national benchmark. All plans with an out-of-network benefit also have specified dollar limits for out-of-network chiropractic (\$35), physical therapy (\$52) and acupuncture (\$60). 11. Out-of-network deductible is combined with in-network deductible.

This is not a complete list of all covered services. Exclusions and limitations apply to some services. Visit <u>ni.gov/treasury/pensions/member-guidebooks.shtml</u> for more information. You can reference <u>HorizonBlue.com/shbp</u> to determine your premium contribution.

Horizon Dental Choice plan available. Please visit HorizonBlue.com/shbp.

Retirees: Please visit **in gov/treasury/pensions** for information regarding available retiree plans. This document is for informational purposes only and does not constitute a binding agreement. The information provided by this document is not intended to replace or modify the terms, conditions, limitations and exclusions contained within health plans issued or administered by Horizon. In the event of a conflict between the information contained in this document and your plan documents, your plan documents shall control.

#### 2024 NJ SHBP State and State College/University Employees Plans for CWA and Union Negotiated Members



Plans effective 1/1/2024 (effective 12/30/2023 for biweekly employees)

| HorizonBlue.com/shbp 1-800-414-SHBP (7427)  | PPO Plan Options                             | HMO Option                             |
|---|--|--|
|   | NJ DIRECT HDHigh                             | HORIZON HMO                            |
| IN-NETWORK (IN)   |  |  |
| Service Area Available  | Nationwide                                   | NJ and contiguous counties             |
| Specialist Referral   | No referral required                         | Referral required                      |
| Deductible <sup>2</sup>   |  |  |
| Individual  | \$4,100 <sup>3</sup>                         | See DME                                |
| Family  | \$8,200 <sup>3</sup>                         | See DME                                |
| Coinsurance   | 20% after deductible <sup>3</sup>            | 0%                                     |
| Coinsurance Out-of-Pocket Maximum   |  |  |
| Individual  | \$1,000                                      | Not applicable                         |
| Family  | \$1,000<br>\$2,000                           | Not applicable                         |
| Total Out-of-Pocket Maximum (Copay+Deductible+Coinsurance)                            | \$2,000                                      | Not applicable                         |
| Individual  | \$5,100 <sup>3</sup>                         | \$7,560                                |
| Family  | \$10,200 <sup>3</sup>                        | \$15,120                               |
| HEALTH CARE SERVICES  | \$10,200*                                    | \$15,120                               |
| Primary Care Office Visit   | 20% after deductible                         | \$15                                   |
| -   |  | \$15                                   |
| Annual Routine Physical (In-Network Only)<br>Direct Primary Care (DPC) Doctors Office | \$0<br>Not available                         | \$0<br>Not available                   |
| First Responders Doctors Office (FRDOCS)  | \$0  | \$0                                    |
|   |  |  |
| Horizon CareOnline (Telemedicine)   | Cost share may apply<br>20% after deductible | Cost share may apply                   |
| Specialist Office Visit   |  | \$30                                   |
| Annual Routine Vision (In-Network Only)   | 20% after deductible                         | \$30                                   |
| Chiropractic⁵   | 20% after deductible                         | \$30                                   |
| Physical/Occupational/Speech Therapy <sup>6</sup>                                     | 20% after deductible                         | \$30                                   |
| DIAGNOSTIC LABORATORY7/RADIOLOGY/ADVANCED IMAGING                                     |  |  |
| Outpatient Laboratory/Radiology/Advanced Imaging                                      | 20% after deductible                         | \$0                                    |
| Freestanding Laboratory/Radiology/Advanced Imaging                                    | 20% after deductible                         | \$0                                    |
| EMERGENCY/URGENT MEDICAL SERVICES   |  |  |
| Urgent Care Center  | 20% after deductible                         | \$45                                   |
| Emergency Room  | 20% after deductible                         | \$100 <sup>8</sup>                     |
| Ambulance   | 20% after deductible                         | \$0                                    |
| OTHER SERVICES  |  |  |
| Inpatient Facility  | 20% after deductible                         | \$0                                    |
| Outpatient Facility   | 20% after deductible                         | \$0                                    |
| Outpatient Behavioral Health  | 20% after deductible                         | \$30                                   |
| Durable Medical Equipment (DME)   | 20% after deductible                         | \$100 deductible, then covered in full |
| OUT-OF-NETWORK (OON) <sup>10</sup>  |  |  |
| Deductible - Individual   | See in-network deductible <sup>11</sup>      |  |
| Deductible - Family   | See in-network deductible <sup>11</sup>      |  |
| Coinsurance after Deductible  | 40%  | No out-of-network benefits             |
| Out-of-Pocket Coinsurance Maximum - Individual  | \$6,100                                      | No out-of-network benefits             |
| Out-of-Pocket Coinsurance Maximum - Family  | \$12,200                                     |  |
| Inpatient Hospital Deductible   | Not applicable                               |  |

#### 2024 NJ SHBP State and State College/University Employees **Plans for All Other State Members**



Plans effective 1/1/2024 (effective 12/30/2023 for biweekly employees)

| HorizonBlue.com/shbp 1-800-414-SHBP (7427)             | OMNIA Tiered                                   | d Network Option  | PPO Plan Options      |   |
|--|--|---|-----------------------|---|
|  | OMNIA H  | OMNIA HEALTH PLAN   |                       | NJ DIRECT2019<br>(new hires on or after 7/1/19) |
|  | Tier 1   | Tier 2  |                       |   |
| IN-NETWORK (IN)  |  |   |                       |   |
| Service Area Available                                 | NJ only  | Nationwide  | Nationwide            | Nationwide                                      |
| Specialist Referral                                    | No referral required                           | No referral required  | No referral required  | No referral required                            |
| Deductible <sup>2</sup>                                |  |   |                       |   |
| Individual   | \$0  | \$1,500   | \$0                   | \$100   |
| Family   | \$0  | \$3,000   | \$0                   | Not applicable                                  |
| Coinsurance  | 0%   | 20% after deductible  | 10%4 <sup>3</sup>     | 10% after deductible <sup>4</sup>               |
| Coinsurance Out-of-Pocket Maximum                      |  |   |                       |   |
| Individual   | Not applicable                                 | \$4,500   | \$800                 | \$800   |
| Family   | Not applicable                                 | \$9,000   | \$2,000               | \$2,000   |
| Total Out-of-Pocket Maximum (Copay+Deductible+Coinsur  | ance)  |   |                       |   |
| Individual   | \$2,500  | \$4,500   | \$7,560               | \$7,560   |
| Family   | \$5,000  | \$9,000   | \$15,120              | \$15,120  |
| HEALTH CARE SERVICES                                   |  |   |                       |   |
| Primary Care Office Visit                              | \$5  | \$20  | \$15                  | \$15  |
| Annual Routine Physical (In-Network Only)              | \$0  | \$0   | \$0                   | \$0   |
| Direct Primary Care (DPC) Doctors Office               | \$0  | \$0   | \$0                   | \$0   |
| First Responders Doctors Office (FRDOCS)               | \$0  | \$0   | \$0                   | \$0   |
| Horizon CareOnline (Telemedicine)                      | Cost share may apply                           | Cost share may apply  | Cost share may apply  | Cost share may apply                            |
| Specialist Office Visit                                | \$20   | \$35  | \$30                  | \$30  |
| Annual Routine Vision (In-Network Only)                | \$20   | \$35  | \$30                  | \$30  |
| Chiropractic <sup>6</sup>                              | \$20   | \$35  | \$30                  | \$30  |
| Physical/Occupational/Speech Therapy <sup>7</sup>      | \$20 office visit/<br>\$20 outpatient facility | \$35 office visit/<br>20% after deductible at<br>an outpatient facility | \$30                  | \$30  |
| DIAGNOSTIC LABORATORY <sup>8</sup> /RADIOLOGY/ADVANCED | IMAGING  |   |                       |   |
| Outpatient Laboratory/Radiology/Advanced Imaging       | \$20   | 20% after deductible  | \$0                   | \$0   |
| Freestanding Laboratory/Radiology/Advanced Imaging     | \$0  | \$0   | \$0                   | \$0   |
| EMERGENCY/URGENT MEDICAL SERVICES                      |  |   |                       |   |
| Urgent Care Center                                     | \$35   | \$50  | \$45                  | \$45  |
| Emergency Room   | \$100  | \$100   | \$150°                | \$150°  |
| Ambulance  | \$0  | \$0   | 10%                   | 10% after deductible                            |
| OTHER SERVICES   |  |   |                       |   |
| Inpatient Facility                                     | \$150 per admission <sup>10</sup>              | 20% after deductible  | \$0                   | \$0   |
| Outpatient Facility                                    | \$150  | 20% after deductible  | \$0                   | \$0   |
| Outpatient Behavioral Health                           | \$20   | \$35 office visit/<br>20% after deductible at<br>an outpatient facility | \$30                  | \$30  |
| Durable Medical Equipment (DME)                        | \$0  | \$0   | 10%                   | 10% after deductible                            |
| OUT-OF-NETWORK (OON) <sup>11</sup>                     |  |   |                       |   |
| Deductible - Individual                                |  |   | \$400                 | \$400   |
| Deductible - Family                                    |  |   | \$1,000               | \$1,000   |
| Coinsurance after Deductible                           |  |   | 30%                   | 30%   |
| Out-of-Pocket Coinsurance Maximum - Individual         | No out-of-r                                    | No out-of-network benefits  |                       | \$2,000   |
| Out-of-Pocket Coinsurance Maximum - Family             |  |   |                       | \$5,000   |
| Inpatient Hospital Deductible                          |  |   | \$5,000<br>\$500/stay | \$500/stay                                      |
|  |  |   |                       | +000,000y                                       |

High Deductible Health Plan. NJ DIRECT HDLow plan includes \$300 Health Savings Account funding by employer.
 Deductible applies to all services that require a coinsurance.
 Includes eligible prescription cost share.

4. On select services (durable medical equipment, prosthetics, orthotics, oxygen, private duty nursing, ambulance).

4. Un select services (durable medical equipment, prostnetics, ornotics, oxygen, private duty hursing, ambulance).
5. Under age 26.
6. Chiropractic: Horizon HMO: 20 visits per calendar year. OMNIA Health Plan: 25 visits per calendar year. All other plans: 30 visits per calendar year.
7. Physical, occupational and speech therapy: OMNIA Health Plan: 30 visit maximum each per calendar year. Horizon HMO: 60 visit combined maximum per calendar year. All other plans based on medical necessity.
8. Laboratory services must be rendered by an in-network participating provider, with some exceptions based on medical policy.
9. Lower copayment applies to children under 19 and physician referrals.

#### 2024 NJ SHBP State and State College/University Employees

#### **Plans for All Other State Members**

Plans effective 1/1/2024 (effective 12/30/2023 for biweekly employees)



| HorizonBlue.com/shbp 1-800-414-SHBP (7427)  | <u>.com/shbp</u> 1-800-414-SHBP (7427) PPO Pla |                      |                         |  |
|---|--|----------------------|-------------------------|--|
|   | NJ DIRECT15                                    | NJ DIRECT1525        | NJ DIRECT2030           |  |
|   |  |                      |                         |  |
| N-NETWORK (IN)  |  |                      |                         |  |
| Service Area Available  | Nationwide                                     | Nationwide           | Nationwide              |  |
| Specialist Referral   | No referral required                           | No referral required | No referral required    |  |
| Deductible <sup>1</sup>   |  |                      |                         |  |
| Individual  | \$0  | \$0                  | \$0                     |  |
| Family  | \$0  | \$0                  | \$0                     |  |
| Coinsurance   | 10% <sup>4</sup>                               | 10%4                 | 10%4                    |  |
| Coinsurance Out-of-Pocket Maximum   |  |                      |                         |  |
| Individual  | \$400  | \$400                | \$800                   |  |
| Family  | \$1,000  | \$1,000              | \$2,000                 |  |
| otal Out-of-Pocket Maximum (Copay+Deductible+Coinsura                                     | ance)  |                      |                         |  |
| Individual  | \$7,560  | \$7,560              | \$7,560                 |  |
| Family  | \$15,120                                       | \$15,120             | \$15,120                |  |
| HEALTH CARE SERVICES  |  |                      |                         |  |
| Primary Care Office Visit   | \$15   | \$15                 | \$20                    |  |
| Annual Routine Physical (In-Network Only)   | \$0  | \$0                  | \$0                     |  |
| Direct Primary Care (DPC) Doctors Office  | \$0  | \$0                  | \$0                     |  |
| First Responders Doctors Office (FRDOCS)  | \$0  | \$0                  | \$0                     |  |
| Horizon CareOnline (Telemedicine)   | Cost share may apply                           | Cost share may apply | Cost share may apply    |  |
| pecialist Office Visit  | \$15   | \$25                 | \$30/adult, \$20/child⁵ |  |
| Annual Routine Vision (In-Network Only)   | \$15   | \$25                 | \$30/adult, \$20/child⁵ |  |
| Chiropractic⁵   | \$15   | \$25                 | \$30/adult, \$20/child⁵ |  |
| Physical/Occupational/Speech Therapy <sup>7</sup>   | \$15   | \$25                 | \$30/adult, \$20/child⁵ |  |
| DIAGNOSTIC LABORATORY <sup>8</sup> /RADIOLOGY/ADVANCED I                                  | MAGING   |                      |                         |  |
| Dutpatient Laboratory/Radiology/Advanced Imaging  | \$0  | \$0                  | \$0                     |  |
| Freestanding Laboratory/Radiology/Advanced Imaging  | \$0  | \$0                  | \$0                     |  |
| EMERGENCY/URGENT MEDICAL SERVICES   |  |                      |                         |  |
| Jrgent Care Center  | \$15   | \$25                 | \$30/adult, \$20/child⁵ |  |
| Emergency Room  | \$100°   | \$100°               | \$125                   |  |
| Ambulance   | 10%  | 10%                  | 10%                     |  |
| OTHER SERVICES  |  |                      |                         |  |
| npatient Facility   | \$0  | \$0                  | \$0                     |  |
| Dutpatient Facility   | \$0  | \$0                  | \$0                     |  |
| Dutpatient Behavioral Health  | \$15   | \$25                 | \$30/adult, \$20/child⁵ |  |
| Durable Medical Equipment (DME)   | 10%  | 10%                  | 10%                     |  |
| DUT-OF-NETWORK (OON) <sup>11</sup>  |  |                      |                         |  |
| Deductible - Individual   | \$100  | \$100                | \$200                   |  |
| Deductible - Family   | \$250  | \$250                | \$500                   |  |
| Coinsurance after Deductible  | 30%  | 30%                  | 30%                     |  |
| Dut-of-Pocket Coinsurance Maximum - Individual  | \$2,000  | \$2,000              | \$5,000                 |  |
| Dut-of-Pocket Coinsurance Maximum - Individual Dut-of-Pocket Coinsurance Maximum - Family | \$2,000  | \$5,000              | \$12,500                |  |
|   |  | ·                    |                         |  |
| Inpatient Hospital Deductible   | \$200/stay                                     | \$200/stay           | \$500/stay              |  |

10. \$150 per admission does not apply to inpatient childbirth, hospice or inpatient behavioral health/substance use disorder.

11. Out-of-network cost basis: NJ DIRECT and NJ DIRECT2019: 175% of CMS (Centers for Medicare & Medicaid Services) fee schedule. 90th percentile of FAIR Health national for all other health plans with an out-of-network benefit. All plans with an out-of-network benefit also have specified dollar limits for out-of-network chiropractic (\$35), physical therapy (\$52) and acupuncture (\$60).

12. Out-of-network deductible is combined with in-network deductible.

This is not a complete list of all covered services. Exclusions and limitations apply to some services. Visit <u>nj.gov/treasury/pensions/member-guidebooks.shtml</u> for more information. Horizon Dental Choice plan available. Please visit <u>HorizonBlue.com/shbp</u>.

Retirees: Please visit **nj.gov/treasury/pensions** for information regarding available retiree plans. This document is for informational purposes only and does not constitute a binding agreement. The information provided by this document is not intended to replace or modify the terms, conditions, limitations and exclusions contained within health plans issued or administered by Horizon. In the event of a conflict between the information contained in this document and your plan documents, your plan documents shall control.

### 2024 NJ SHBP State and State College/University Employees

#### Plans for All Other State Members

Plans effective 1/1/2024 (effective 12/30/2023 for biweekly employees)



| HorizonBlue.com/shbp 1-800-414-SHBP (7427)             | PPO Plan Options  |   |   | HMO Option                                |  |
|--|---|---|---|---|--|
|  | NJ DIRECT2035   | NJ DIRECT HDLow <sup>1</sup>            | NJ DIRECT HDHigh                        | HORIZON HMO                               |  |
| IN-NETWORK (IN)  |   |   |   |   |  |
| Service Area Available                                 | Nationwide  | Nationwide                              | Nationwide                              | NJ and contiguous counties                |  |
| Specialist Referral                                    | No referral required  | No referral required                    | No referral required                    | Referral required                         |  |
|  | No reienai required   | No referrar required                    | No referrar required                    | Referrar required                         |  |
| Individual   | \$200   | \$1,600 <sup>3</sup>                    | \$4,100 <sup>3</sup>                    | See DME                                   |  |
|  | \$500   | \$3,200 <sup>3</sup>                    | \$4,100*<br>\$8,200 <sup>3</sup>        | See DME                                   |  |
| Family<br>Coinsurance                                  | 20% after deductible  | 20% after deductible <sup>3</sup>       | 20% after deductible <sup>3</sup>       | 0%  |  |
|  | 20% after deductible  | 20% after deductible*                   | 20% after deductible*                   | 0%  |  |
| Coinsurance Out-of-Pocket Maximum                      | ¢2.000  | ¢1.000                                  | ¢1.000                                  | Nat anglisahla                            |  |
| Individual   | \$2,000   | \$1,000                                 | \$1,000                                 | Not applicable                            |  |
|  | \$5,000   | \$2,000                                 | \$2,000                                 | Not applicable                            |  |
| Total Out-of-Pocket Maximum (Copay+Deductible+Coinsu   |   |   |   |   |  |
| Individual   | \$7,560   | \$2,600 <sup>3</sup>                    | \$5,100 <sup>3</sup>                    | \$7,560                                   |  |
| Family   | \$15,120  | \$5,200 <sup>3</sup>                    | \$10,200 <sup>3</sup>                   | \$15,120                                  |  |
| HEALTH CARE SERVICES                                   |   |   |   |   |  |
| Primary Care Office Visit                              | \$20  | 20% after deductible                    | 20% after deductible                    | \$15                                      |  |
| Annual Routine Physical (In-Network Only)              | \$0   | \$0                                     | \$0                                     | \$0                                       |  |
| Direct Primary Care (DPC) Doctors Office               | \$0   | Not available                           | Not available                           | Not available                             |  |
| First Responders Doctors Office (FRDOCS)               | \$0   | \$0                                     | \$0                                     | \$0                                       |  |
| Horizon CareOnline (Telemedicine)                      | Cost share may apply  | Cost share may apply                    | Cost share may apply                    | Cost share may apply                      |  |
| Specialist Office Visit                                | \$35  | 20% after deductible                    | 20% after deductible                    | \$30                                      |  |
| Annual Routine Vision (In-Network Only)                | \$35  | 20% after deductible                    | 20% after deductible                    | \$30                                      |  |
| Chiropractic⁵  | \$35  | 20% after deductible                    | 20% after deductible                    | \$30                                      |  |
| Physical/Occupational/Speech Therapy <sup>7</sup>      | \$35 office visit/<br>20% after deductible at<br>an outpatient facility | 20% after deductible                    | 20% after deductible                    | \$30                                      |  |
| DIAGNOSTIC LABORATORY <sup>8</sup> /RADIOLOGY/ADVANCED | IMAGING   |   |   |   |  |
| Outpatient Laboratory/Radiology/Advanced Imaging       | 20% after deductible  | 20% after deductible                    | 20% after deductible                    | \$0                                       |  |
| Freestanding Laboratory/Radiology/Advanced Imaging     | 20% after deductible  | 20% after deductible                    | 20% after deductible                    | \$0                                       |  |
| EMERGENCY/URGENT MEDICAL SERVICES                      |   |   |   |   |  |
| Urgent Care Center                                     | \$35  | 20% after deductible                    | 20% after deductible                    | \$45                                      |  |
| Emergency Room   | \$300   | 20% after deductible                    | 20% after deductible                    | \$100 <sup>9</sup>                        |  |
| Ambulance  | 20% after deductible  | 20% after deductible                    | 20% after deductible                    | \$0                                       |  |
| OTHER SERVICES   |   |   |   |   |  |
| Inpatient Facility                                     | 20% after deductible  | 20% after deductible                    | 20% after deductible                    | \$0                                       |  |
| Outpatient Facility                                    | 20% after deductible  | 20% after deductible                    | 20% after deductible                    | \$0                                       |  |
| Outpatient Behavioral Health                           | \$35 office visit/<br>20% after deductible at<br>an outpatient facility | 20% after deductible                    | 20% after deductible                    | \$30                                      |  |
| Durable Medical Equipment (DME)                        | 20% after deductible  | 20% after deductible                    | 20% after deductible                    | \$100 deductible,<br>then covered in full |  |
| OUT-OF-NETWORK (OON) <sup>11</sup>                     |   |   |   |   |  |
| Deductible - Individual                                | \$800   | See in-network deductible <sup>12</sup> | See in-network deductible <sup>12</sup> |   |  |
| Deductible - Family                                    | \$2,000   | See in-network deductible <sup>12</sup> | See in-network deductible <sup>12</sup> |   |  |
| Coinsurance after Deductible                           | 40%   | 40%                                     | 40%                                     | No out-of-network<br>benefits             |  |
| Out-of-Pocket Coinsurance Maximum - Individual         | \$6,500   | \$3,600                                 | \$6,100                                 |   |  |
| Out-of-Pocket Coinsurance Maximum - Family             | \$13,000  | \$7,200                                 | \$12,200                                |   |  |
| Inpatient Hospital Deductible                          | \$600/stay  | Not applicable                          | Not applicable                          |   |  |

## With Horizon health plans, we've got you covered.

#### Well Care and Preventive Care

Services such as an annual physical and gynecological exam, well baby/child medical care, immunizations and an annual vision exam are covered when using a participating doctor.

#### Behavioral Health and Substance Use Disorder

We empower our members to achieve their best physical and mental health. Our care team will work with you, your family, caregivers and doctors to make sure you are getting the treatment and support you need in the most appropriate setting. Telehealth and virtual programs are available.

#### **In-Network Laboratories**

Our members have access to in-network lab services. You can use Quest Diagnostics<sup>™</sup> (Quest) or LabCorp for blood tests and other lab services. Our networks also include a number of other participating labs that provide specialized lab services.

#### **Prescription Drug Coverage**

Prescription drug coverage is available to all SHBP and SEHBP members. To learn more, refer to the Prescription Drug Plan information on the NJ Division of Pensions and Benefits website at <u>nj.gov/treasury/pensions</u>.

#### **Health Programs**

These programs can help you take control of your health and provide support for managing the challenges of living with conditions such as diabetes, hypertension, back and joint pain, and weight management issues with our partners HingeHealth and Wondr<sup>™</sup>.

#### Learn more at HorizonBlue.com/shbp





## Making good health care more convenient.

#### **Direct Primary Care (DPC)**

Eligible members get unlimited access to personalized care with no copays. Simply choose a DPC doctor from Everside Health or Sanitas Medical Center for you and your covered dependents.

If you are eligible for NJWELL, your DPC provider will credit a well visit and follow-up office visit as a completed health screening.

#### First Responders Program

If you are an eligible first responder, you and your covered family members can receive care at a First Responders Doctors Office (FRDOCS) with no cost share.

#### **Retail Health Clinics**

These clinics treat common health issues such as colds or seasonal allergies.

- On-site board-certified nurse practitioners can diagnose and treat conditions and prescribe medications.
- Sites include MinuteClinics® at select CVS/ pharmacy® locations.

#### Telemedicine

Telemedicine is available at the touch of a button through the Horizon Blue app for eligible members. And depending on your doctor's preferences, you can also use telemedicine via video, chat or phone.

#### **Immunizations**

Getting vaccinated is more convenient with more participating pharmacies – view our list at HorizonBlue.com/shbpflu.

- Vaccines these pharmacies administer include flu, COVID-19, shingles, hepatitis A and B, pneumococcal and human papillomavirus (HPV).
- Medical claims are automatically submitted for you.

#### **Urgent Care Centers**

Urgent care centers provide immediate medical care as an alternative to visiting the Emergency Room (ER). They treat wounds, sprains and other conditions that need immediate attention, but are not life-threatening.

- HMO members require a referral to go to a Horizon urgent care center.
- All members are responsible for applicable copayments/coinsurance.
- Routine office visits are not covered at urgent care centers.

## **Connect to care, benefits** and support anytime.

#### With the Horizon Blue app, you can:

- Get help with appointment scheduling
- Get quick claim status updates
- Video chat with doctors
- View and print member ID Cards
- Locate in-network doctors

Need help registering for our Horizon Blue app or our secure member website? Call the eService Help Desk at **1-888-777-5075** weekdays from 7 a.m. to 6 p.m., ET.



**Text GetApp** to **422-272** for your free Horizon Blue download.\*



\*There is no charge to download the Horizon Blue app, but rates from your wireless provider may apply.

### Here when you need us most.

Visit us online at <u>HorizonBlue.com/shbp</u>. Chat with us online. Contact us toll free at **1-800-414-SHBP (7427)**.



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Everside Health and Sanitas Medical Center are independent companies that support Horizon in providing comprehensive primary care, urgent care and preventive care services to eligible SHBP and SEHBP members. Hinge Health is a health care provider that has contracted with Horizon to provide digital exercise therapy programs to eligible SHBP and SEHBP members. Hinge Health is independent from and not affiliated with Horizon. The State of New Jersey contracts with Wondr<sup>™</sup> Health to provide weight management services to eligible SHBP and SEHBP members. Wondr Health is independent from and not affiliated with Horizon. Minute Clinic®and CVS are independent from and not affiliated with Horizon.

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Spanish (Español): Para ayuda en español, Ilame al 1-866-660-6528 (TTY 711). Chinese (中文): 如需中文協助, 請致電 1-866-660-6528 (TTY 711).