T-BALL & SOCCER CLASSES
Ages 2-7 • Boys & Girls
MONTCLAIR
In association with Montclair State University Recreation

Soccer Squirts
USA’s Soccer Squirts is the perfect soccer class for boys and girls age 3 to 5. Often imitated, never duplicated; learn the game through a series of fun based games and scrimmages.

Each session focuses on maximizing participation and learning the fundamental skills of soccer through a variety of fun structured activities, all designed to stimulate a child’s imagination and develop motor skills.

Boundaries & Exploration • Movement with the ball
Control • Passing • Shooting

T-Ball Squirts
T-Ball Squirts is a great way to introduce your young sluggers to the exciting game of baseball and softball. Focus is on the fundamental skills of the game; hitting, throwing, catching and running the bases.

Using safe and developmentally appropriate equipment, core components of T-Ball are learned through a series of fun games and activities designed to reinforce fundamental skills and incorporate game situations.

Hitting • Running the bases • Fielding / Catching
Field Positioning • Team Work

Pre-Academy Soccer
ages 5-7
The path to becoming a real soccer player; Pre-Academy is the ideal step for players that have graduated United Soccer Academy’s Soccer Squirts.

Players are introduced to the basic techniques of dribbling, passing and shooting through structured exercises and fun, small-sided scrimmages. Classes are designed to provide a platform that teaches players the skills to progress on to our special soccer programs.

Dribbling • Turns & Moves • FootworX
Developmental Fours • Small-sided Games

Parent & Me: Soccer
The United Soccer Academy’s Parent & Me Soccer Squirts program is a fun and positive introduction to soccer for children aged 2 to 3.

With their parents participating by their side, children will learn the fundamental skills of soccer and develop motor skills through a program of structured activities, fun based games and scrimmages.

Movement & Balance • Spatial Awareness • Hand-eye Coordination
Motor Skills • Sport Specific Technique

SPRING 2014 LISTINGS
All programs take place at MSU Recreation Center

<table>
<thead>
<tr>
<th>Code</th>
<th>Day</th>
<th>Date</th>
<th>Time</th>
<th>Age</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>P520477</td>
<td>Sat</td>
<td>4/26–6/14</td>
<td>9:00 AM–9:50 AM</td>
<td>2 to 3</td>
<td>$130</td>
</tr>
<tr>
<td>SQ20478</td>
<td>Sat</td>
<td>4/26–6/14</td>
<td>10:00 AM–11:00 AM</td>
<td>3 to 5</td>
<td>$130</td>
</tr>
<tr>
<td>PA20918</td>
<td>Sat</td>
<td>4/26–6/14</td>
<td>11:00 AM–12:00 PM</td>
<td>5 to 7</td>
<td>$130</td>
</tr>
</tbody>
</table>

Please note there will be no class on 5/24 & 5/25

All classes listed take place INDOORS

On April 1 the cost of the classes will increase to $155
Please register early to avoid incurring the late fee.

EARLY BIRD 10% DISCOUNT:
Use coupon code PEB14
Valid until March 1: see online for terms & conditions