



B.S. Nutrition and Food Sciences: Applied (NUFA)

Recommended Four-Year Plan (Fall 2014)

This recommended four year plan is provided as an **outline** for you to follow in order to plan of degree completion within four years. This plan is a **recommendation** and not intended to serve as a substitute for meeting, and checking your selections, with your academic advisor. Please note that this plan assumes that no developmental courses are required. If you are required to take developmental courses you will need to adjust the plan below, and should again consult with your academic advisor to do so.

First Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
ENWR105 College Writing I	3		ENWR106 College Writing II	3	
CHEM113 Fund of Chemistry	4		ECON101 Appld Macroeconomics	3	
NUFD130 Intro. Nut and Food Sci Prof	1		CHEM130 Fund. Organic Chemistry	4	
GNED199 New Student Seminar	1		CMST101 Fund. Speech	3	
NUFD192 Nutrition with Lab (GenEd Scientific Issues)	4		NUFD153 Dyn of Food and Society (Gen Ed Soc Sci; World Cultures Requirement)	3	
NUFD150 Principles of Food Prep.	3				
Total:	16		Total:	16	

Second Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD395 App Nutr for Populations	3		NUFD392 Food Systems	3	
BIOL111 Emerging Diseases	3		American/European History	3	
NUFD282 Applied Nutrition in Life Cyc	3		MATH109 Statistics	3	
NUFD240 Sanitation Management and Food Microbiology: Certification	1		NUFD352 Org/Mgmt Food Svc	3	
NUFD110 International Cuisine	3		Minor requirement (select minor)	3	
HLTH102 Intro to Public Health	3				
Total	16		Total:	15	

Third Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD304 Introduction to Research	3		COED401 or NUFD409 Internship or Cooperative Ed	4	
Fine and Performing Arts	3		NUFD357 Experimental Food Science	3	
Non-Western Cultural Perspective	3		World Literature/General Humanities	3	
Minor requirement (select minor)	3		Minor requirement (select minor)	3	
Minor requirement (select minor)	3		Minor requirement (select minor)	3	
Total:	15		Total:	16	

Fourth Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD412 Nutrition Education Techniques	3		NUFD490 Nutrition and Food Sciences Professional Seminar	1	
NUFD456 Research in Foods	3		Philosophy/Religion	3	
World Language I	3		CSIT100 Intro to Computer Science	3	
NUFD482 Nutrition Counseling	3		World Language II	3	
Minor requirement (select minor)	3		Physical Education	1	
			Free Elective	1	
Total:	15		Total:	12	

Total Required: 121 credits