



B.S. Nutrition and Food Sciences: Dietetics (NUFD)

Recommended Four-Year Plan (Fall 2014)

This recommended four year plan is provided as an **outline** for you to follow in order to plan of degree completion within four years. This plan is a **recommendation** and not intended to serve as a substitute for meeting, and checking your selections, with your academic advisor. Please note that this plan assumes that no developmental courses are required. If you are required to take developmental courses you will need to adjust the plan below, and should again consult with your academic advisor to do so.

First Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
ENWR105 College Writing I	3		ENWR106 College Writing II	3	
PSYC101 General Psychology I	3		ECON101 (Macro) or ECON102 (Micro)	3	
NUFD130 Intro. Nutand Food Sci Prof	1		CMST101 Fund. Speech	3	
GNED199 New Student Seminar	1		NUFD153 Dyn of Food and Soc (GenEd Soc Science; World Cultures Requirement)	3	
NUFD192 Nutrition with Laboratory (GenEd Scientific Issues)	4		CHEM113 Fund of Chemistry	4	
NUFD150 Food Comp and Scientific Prep.	3				
Total:	15		Total:	16	

Second Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
MATH109 Statistics	3		NUFD304 Introduction to Research	3	
NUFD255 Meal Design and Management	4		NUFD240 Sanit Mgt & Food Micr -Cert	1	
NUFD282 Applied Nutrition in Life Cyc	3		BIOL243 Human Anatomy and Physiology	4	
CHEM130 Fund. Organic Chemistry (Gen Ed Nat/Phys Lab Sci)	4		CHEM270 Biochemistry	5	
			NUFD 292: Applied Community Nutr	3	
Total:	14		Total:	16	

Third Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
Philosophy/Religion	3		NUFD412 Nutrition Education Techniques	3	
NUFD253 Quantity Food Purch and Prod	3		BIOL254 Applied Microbiology	3	
World Languages	3		World Languages	3	
NUFD382 Advanced Nutrition	4		World Literature/General Humanities	3	
CMPT 109 (Gen ED Computer Science)	3		NUFD350 Quantity Food Lab	3	
Total:	16		Total:	15	

Fourth Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD357 Experimental Food Science	3		NUFD490 Nutrition and Food Sciences Professional Seminar	1	
NUFD482 Nutrition Counseling	3		NUFD488 Medical Nutrition Therapy	4	
Physical Education	1		NUFD499 Medical Nutr Applications	2	
Non-Western Cultural Perspective	3		Fine and Performing Arts	3	
NUFD352 Organization/& Management of Foodservice Systems	3		American/European History	3	
Free Elective	3				
Total:	16		Total:	13	

Total Required: 121 credits