



B.S. Nutrition and Food Science: Applied Nutrition (NUFA)

Recommended Four-Year Plan (Effective Fall 2017)

This recommended four-year plan is provided as an **outline** for students to follow in order to complete their degree requirements within four years. This plan is a **recommendation** and students should only use it in consultation with their academic advisor. Students should be aware that this plan assumes that no developmental courses are required. If developmental courses are needed, students may have additional requirements to fulfill, which do not appear on the four-year plan.

First Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
ENWR105 College Writing I	3		ENWR106 College Writing II	3	
CMST101 Fund. Speech	3		CHEM113 Fundamentals of Chem (Gen Ed Interdisciplinary Studies)	4	
GNED199 New Student Seminar	1		World Literature/General Humanities	3	
NUFD130 Intro. Nut and Food Sci Prof	1		MATH 109 Intro to Statistics (Gen Ed Math)	3	
NUFD192 Nutrition (GenEd Nat Sci Lab)	4		NUFD153 Dyn of Food and Soc (Gen Ed Soc Science and World Cultures)	3	
NUFD150 Food Composition and Scientific Prep.	3				
Total:	15		Total:	16	

Second Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD285 Nutr in Chron Dis Prev	3		NUFD310 International Cultures and Cuisines	3	
NUFD388 Nutr Comm Fitness Prog	3		Minor Requirement (see Dept. list)	3	
NUFD240 Sanitation Management and Food Microbiology: Certification	1		BIOL111 Emerging Diseases	3	
NUFD282 Applied Nutrition in Life Cycle	3		World Language	3	
World Language	3		Physical Education	1	
			NUFD299 Prof Dev Careers Nutr Fd	2	
Total:	13		Total:	15	

Third Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
Minor Requirement (see Dept. list)	3		NUFD304 Introduction to Research	3	
NUFD394 Non Profit Mgt Nutr Fd	3		NUFD357 Experimental Food Science	3	
Fine and Performing Arts	3		NUFD395 Nutr Assess for Populations	3	
Minor Requirement (see Dept. list)	3		American/European History	3	
CMPT 109 Intro Computers (Gen Ed)	3		Minor Requirement (see Dept. List)	3	
Total:	15		Total:	15	

Fourth Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD412 Nutrition Education Techniques	3		NUFD410 Nutr Policy Advoc	3	
NUFD352 Organization/Management of Foodservice Systems	3		NUFD409 or COED401 Internship	4	
NUFA Required Elective	3		Minor Requirement (see Dept, list)	3	
Minor Requirement (see Dept. list)	3		Non-Western Cultural Perspective	3	
Philosophy/Religion	3		NUFD482 Nutrition Counseling	3	
Total:	15		Total:	16	

Total Required: 120 credits