



### B.S. Nutrition and Food Sciences: Dietetics (NUFD)

Recommended Four-Year Plan (Fall 2017)

This recommended four year plan is provided as an **outline** for students to follow in order to complete their degree requirements within four years. This plan is a **recommendation** and students should only use it in consultation with their academic advisor. Students should be aware that this plan assumes that no developmental courses are required. If developmental courses are needed, students may have additional requirements to fulfill which do not appear on the four year plan.

#### First Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
ENWR105 College Writing I	3		ENWR106 College Writing II	3	
PSYC101 General Psychology (Gen ED Electives)	3		MATH109 Statistics	3	
GNED199 New Student Seminar	1		CMST101 Fund. Speech	3	
NUFD130 Intro. Nut and Food Sci Prof	1		NUFD153 Dyn of Food and Soc (GenEd Soc Science and World Cultures)	3	
NUFD192 Nutrition with Laboratory (Gen ED Natural Science Lab)	4		CHEM113 Fund of Chemistry (GenEd Interdisciplinary Studies)	4	
NUFD150 Food Comp and Scientific Prep.	3				
<b>Total:</b>	<b>15</b>		<b>Total:</b>	<b>16</b>	

#### Second Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
CHEM130 Fund. Organic Chemistry (Gen Ed Nat/Phys Lab Sci)	4		ECON101 or ECON102 Macro or Micro Economics	3	
NUFD240 Sanit Mgt & Food Micr -Cert	1		Gen ED Computer Science	3	
NUFD255 Meal Design and Management	4		BIOL243 Human Anatomy and Physiology	4	
NUFD282 Applied Nutrition in Life	3		CHEM270 Biochemistry	5	
NUFD304 Introduction to Research	3				
<b>Total:</b>	<b>15</b>		<b>Total:</b>	<b>15</b>	

#### Third Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
Gen ED Philosophical/Religious Perspectives	3		BIOL254 Applied Microbiology	3	
NUFD253 Quantity Food Purch and Prod	3		Gen ED World Languages	3	
Gen ED World Languages	3		Gen ED Great Works and Their Influence	3	
NUFD292 Applied Community Nutrition	3		NUFD350 Quantity Food Lab	3	
NUFD382 Advanced Nutrition	4		NUFD352 Organization/& Management of Foodservice Systems	3	
<b>Total:</b>	<b>16</b>		<b>Total:</b>	<b>15</b>	

#### Fourth Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD357 Experimental Food Science	3		NUFD488 Medical Nutrition Therapy	4	
NUFD412 Nutrition Education Techniques	3		NUFD499 Medical Nutrition Applications	3	
NUFD490 Nutrition and Food Science Professional Seminar	1		NUFD482 Nutrition Counseling	3	
Gen ED Global Cultural Perspectives	3		Gen ED Physical Education	1	
Gen ED American and European History	3		Gen ED Fine and Performing Arts	3	
Free Elective	1				
<b>Total:</b>	<b>14</b>		<b>Total:</b>	<b>14</b>	

**Total Required: 120 credits**