



B.S. Nutrition and Food Sciences: General (NUFG)

Recommended Four-Year Plan (Fall 2012)

This recommended four year plan is provided as an **outline** for students to follow in order to complete their degree requirements within four years. This plan is a **recommendation** and students should only use it in consultation with their academic advisor. Students should be aware that this plan assumes that no developmental courses are required. If developmental courses are needed, students may have additional requirements to fulfill which do not appear on the four year plan.

First Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
ENWR105 College Writing I	3		ENWR106 College Writing II	3	
CHEM113 Fund of Chemistry	4		ECON101 or ECON102 Macro or Micro Economics	3	
NUFD130 Intro. Nut and Food Sci Prof	1		CHEM130 Fund. Organic Chemistry	4	
GNED199 New Student Seminar	1		CMST101 Fund. Speech	3	
NUFD192 Nutrition with Lab (GenEd Scientific Issues)	4		NUFD153 Dyn of Food and Society (Gen Ed Soc Sci; World Cultures Requirement)	3	
NUFD150 Principles of Food Prep.	3				
Total:	16		Total:	16	

Second Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD255 Meal Design and Management	3		ENWR210 News Reporting	3	
BIOL254 Applied Microbiology	3		NUFD253 Quantity Food Purch and Prod	3	
NUFD282 Applied Nutrition in Life	4		American/European History	3	
NUFD240 Sanitation Management and Food Microbiology: Certification	1		MATH Gen Ed (see list)	3	
Free Elective	3		Free Elective	3	
Total:	14		Total:	15	

Third Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD304 Introduction to Research	3		COED401 Cooperative Ed. Experience	4	
NUFD 350 Quantity Food Lab	3		NUFD357 Experimental Food Science	3	
NUFD or HLTH Elective (300-400 level)	3		NUFD or HLTH Elective (300-400 level)	3	
Fine and Performing Arts	3		World Literature/General Humanities	3	
Free Elective	3		Free Elective	3	
Total:	15		Total:	16	

Fourth Year

Fall Semester	HRS	✓	Spring Semester	HRS	✓
NUFD412 Nutrition Education Techniques	3		NUFD490 Nutrition and Food Sciences Professional Seminar	1	
NUFD or HLTH Elective (300-400 level)	3		Philosophy/Religion	3	
Non-Western Cultural Perspective	3		CMPT 109 (Gen Ed Computer Science)	3	
World Language	3		World Language	3	
Free Elective	3		Physical Education	1	
			Free Elective	3	
Total:	15		Total:	14	

Total Required: 121 credits