

How to Set Up Duo Push (Recommended)

Duo Push is the fastest, most secure, and user-friendly method.

- 1. Download the Duo Mobile app (Available for free on iOS or Android)
- 2. Visit Nest or Workday to start the setup
- 3. Enter your login credentials (NetID & Password)
- 4. Choose "Duo Push" when asked for your preferred method
- 5. Scan the QR code with the Duo Mobile app when prompted
- 6. Set up an additional device or a hardware token! You can use a tablet or backup phone number in case your primary device is unavailable

Android Download



for assistance via email at itservicedesk@montclair.edu.

Helpful Tips

- Approve only what you expect: If you get a push you didn't request, deny it and report it immediately.
- Traveling? Use the Duo code in the mobile app if your device is offline.
- Lost or new phone? Check out our Q&A on the website. If you're stuck contact the IT Service Desk.

Need Help?

- IT Help Desk: itservicedesk@montclair.edu | 973-655-7971
- · Location: University Hall, 5th Floor

Pro Tip from the Cybersecurity Team

Aliens don't steal passwords—they just intercept weak MFA. Use Duo Push and stay in control.





