

The background features a stylized mountain range. The upper portion consists of several overlapping, semi-transparent green triangles of varying shades, creating a layered effect. Below this, a horizontal band of bright orange and yellow color stretches across the width of the image, with a slightly textured, brush-like appearance. The bottom edge of the image is a dark, almost black, silhouette of a mountain range, mirroring the shapes of the green triangles above.

# Bhutan Trek 2012:

## Part 1- Arrival and City Visits

From Himalayan Highlands to Tropical Rainforest

# Our traveling group

Phulbul (driver), Anna Mazzaro, Dr. Helen Earles, Gregory Willis, Dr. Jacalyn Willis, Tshetshe (guide), Dr. Janet Powney





Landing in Paro International Airport  
There is one building with a small  
waiting room and several offices.



Dr. Earles has landed with Flat Stanley. The Drukair plane is on the runway. We stepped out of the plane into the cool crisp air of the Himalayan mountains.

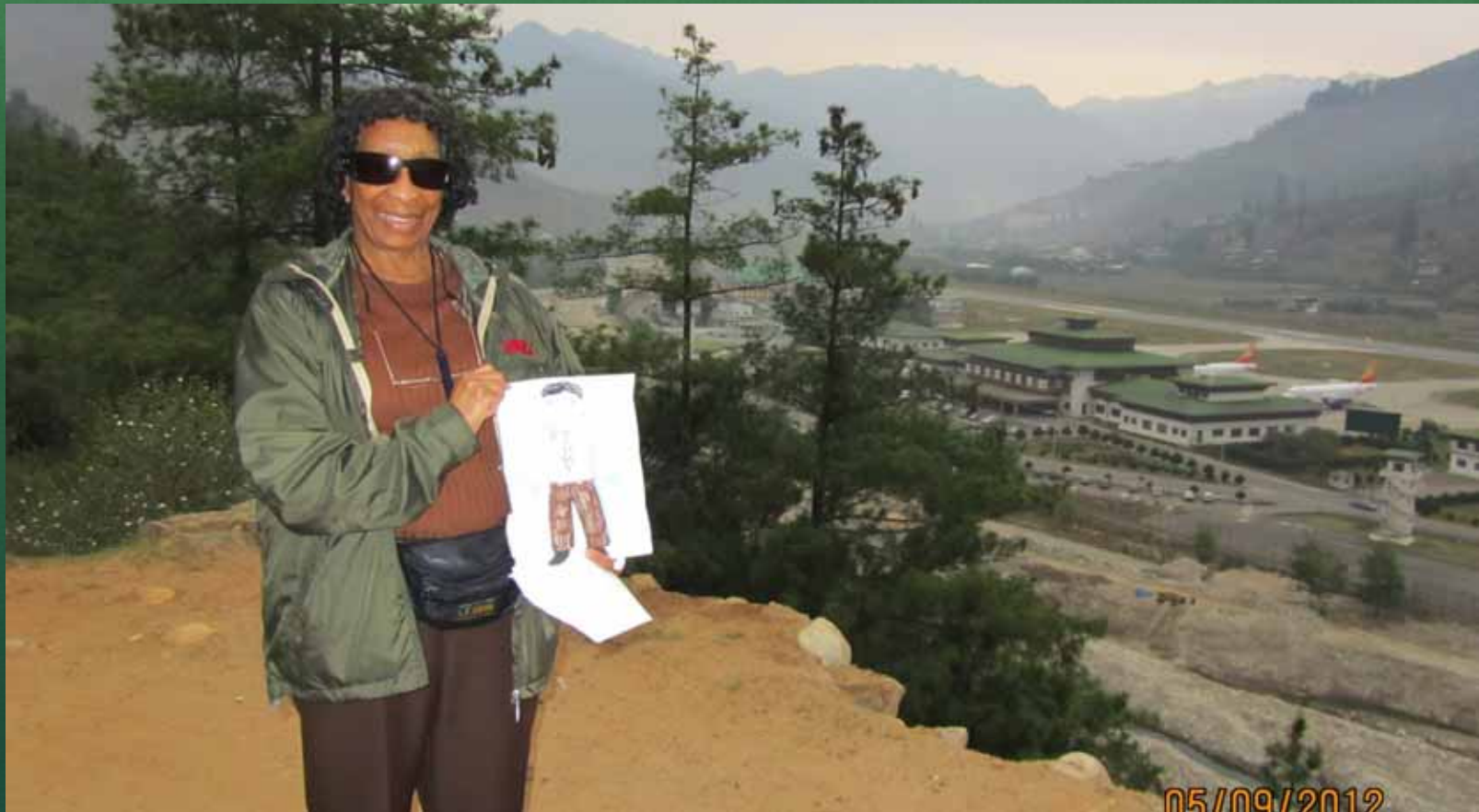


The snow-capped Himalayas are all  
around us.





# Dr. Earles introduces Flat Stanley at the overlook above the Paro Airport



# Paro is green with newly planted rice paddies





# Plowing a rice paddy: very muddy!





We arrive in Thimphu, the capital city. There are no traffic lights in all of Bhutan. Instead, at this busy intersection a police officer directs traffic.



Anna and Tshetshe check out the view from another overlook above the meeting of two rivers. Tshe tshe wears a gho.





In Thimphu, the capital city, we have lunch with friend Kay Dorji, who has lived here for 20 years.



Janet tries on some very valuable antique  
native jewelry in a shop in Thimphu





# The central market in the capital city, Thimphu



# Jackie buying limes for a refreshing juice drink.





Phulbul and daughter at her mother's  
fruit stand in the Thimphu central  
market.



# Fresh veggies for our meals.







See Part 2 for more about the  
wildlife and schools.