#### **CURRICULUM VITAE**

# Ronald Jay Werner-Wilson, Ph.D. Professor, Human Development and Family Science Department North Dakota State University June, 2025

#### **EDUCATION**

Ph.D. The University of Georgia, 1993.

Major: Child and Family Development with a Specialty in Marriage and

Family Therapy.

Dissertation: The Differential Treatment of Men and Women in Marriage

and Family Therapy. Major Professor: Dr. Sharon J. Price.

M.A. Georgia State University, 1990.

Major: Sociology.

Thesis Project: Are the Times A'Changin'? A Content Analysis of Rolling

Stone Magazine, 1968 and 1988. Major Professor: Dr. Paula L.

Dressel.

B.S. Georgia State University, 1988.

Major: Psychology, Minor: Sociology.

## **EMPLOYMENT HISTORY**

Professor and Dean College for Community Health

Montclair State University

Montclair, NJ

June 1, 2025 – present

Professor Human Development and Family Science

Department

North Dakota State University

Fargo, North Dakota

June 1, 2022 – May 15, 2025

Professor & Interim Dean College of Health and Human Sciences

North Dakota State University

Fargo, North Dakota

July 1, 2023 – June 30, 2024

Professor & Dean College of Human Sciences and Education

North Dakota State University

Fargo, North Dakota

June 1, 2022 – June 30, 2023

Professor Family Sciences Department

University of Kentucky Lexington, Kentucky

July 1, 2007 – May 31, 2022

Professor and Department Chair, Kathryn Louise Chellgren Endowed Professorship for Research Family Sciences Department University of Kentucky Lexington, Kentucky

July 1, 2007 – December 31, 2020

Assistant/Associate Professor

Department of Human Development and

Family Studies
Iowa State University

Ames, Iowa 1998-2007

**Assistant Professor** 

Department of Human Development and

Family Studies

Colorado State University Fort Collins, Colorado

1995-1998

**Assistant Professor** 

Department of Family and Consumer

Sciences

Western Michigan University

Kalamazoo, Michigan.

1993-1995

Research Consultant

Department of Sociology Georgia State University.

Atlanta, Georgia.

1990-1992

Computer Consultant

Department of Sociology Georgia State University

Atlanta, Georgia 1989-1990

Research Assistant

Department of Sociology Georgia State University.

Atlanta, Georgia. 1989-1990

Computer Programmer/

Operator

Babb and Associates Riverdale, Georgia.

1986-1990

Dean College for Community Health

Montclair State University

Montclair, NJ

June 1, 2025 – present

Interim Dean College of Health and Human Sciences

North Dakota State University

Fargo, North Dakota

July 1, 2023 – June 30, 2024

Dean College of Human Sciences and Education

North Dakota State University

Fargo, North Dakota

June 1, 2022 – June 30, 2023

Department Chairperson University of Kentucky

Department of Family Sciences

Lexington, Kentucky

July 1, 2007 – December 31, 2021

Director, Family Interaction Research Lab University of Kentucky

Lexington, Kentucky

2007-2022

Interim Director of Graduate Studies University of Kentucky

Department of Family Studies

Lexington, Kentucky

January, 2014-August, 2014

Director of Graduate Studies University of Kentucky

Department of Family Studies

Lexington, Kentucky

2008-2011

Marriage and Family Therapy Program

Director

University of Kentucky Lexington, Kentucky

2007-2016

Coordinator for Marriage and Family

Therapy Master's Program

Iowa State University

Ames, Iowa 1999-2007

Marriage and Family Therapy Program

Clinic Director

Iowa State University

Ames, Iowa 2000-2007

Marriage and Family Therapy Program

Clinic Director

Colorado State University Fort Collins, Colorado

1995-1998.

#### **FACULTY APPOINTMENTS**

Graduate Faculty Montclair State University

Montclair, NJ 2025-present

Graduate Faculty North Dakota State University

Fargo, ND 2022-2025.

Graduate Faculty University of Kentucky

Lexington, Kentucky

2007-2022.

Graduate Faculty Iowa State University

Ames, Iowa 1998-2007.

Graduate Faculty Colorado State University

Fort Collins, Colorado

1995-1998.

Graduate Faculty Western Michigan University

Kalamazoo, Michigan.

1993-1995.

#### HONORS AND AWARDS

| 2006 Iowa Association of School Board Better Boardsmanship Award. Io | wa |
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Association of School Boards, Des Moines Iowa.

Helen LeBaron Hilton Teaching Award. College of Family and

Consumer Sciences, Iowa State University.

2003 Certificate of Appreciation. United State Department of Agriculture.

"For significant and substantial contributions to the 'Extension Cares'

... for America's Children and Youth National Initiative."

1994 Western Michigan University Research Development Award.

1994 Departmental Merit Award, Western Michigan University.

Administrative Merit Award, Western Michigan University.
 College of Education Center Scholar, Center for Research on At-Risk Students, Western Michigan University.

The Student Research Scholarship Award in Marriage and Family Therapy, The Interdisciplinary Certificate Program in Marriage and Family Therapy, The University of Georgia.

#### **EDITORIAL SERVICE**

#### Guest Editor:

2008 Special Issue: Men in Family Therapy, Journal of Feminist Family Therapy, 20 (1).

# **Editorial Boards**:

1999-present Journal of Feminist Family Therapy 2003-2013 Contemporary Family Therapy 1999-2005 Journal of Youth and Adolescence

#### Ad Hoc Reviewer:

Contemporary Family Therapy
Family Relations
Family Science Review
Journal of the American Medical Women's Association
Journal of Family Issues
Journal of Marital and Family Therapy
Journal of Marriage and the Family

#### **PUBLICATIONS**

#### Published Journal Articles:

- Samuel, J. D., Farr, R. H., Werner-Wilson, R.J., & Fey, M. D. (2024). Beyond telling: A phenomenology of adoptive mothers' adoption communication openness with early adolescents. *Adoption Quarterly*, *1*–39. https://doi.org/10.1080/10926755.2024.2369981
- Elswick A, Werner-Wilson R, & Fallin-Bennett A. (2021). Voices of Hope: A Randomized Controlled Trial of a Peer-Delivered Telephone Recovery Support Program. *J Addict Sci* 7(1).
- Elswick, A., Fallin-Bennett, A., Ashford, K., & Werner-Wilson, R. J. (2018). Emerging adults and recovery capital: Barriers and facilitators to recovery. *Journal of Addictions Nursing*, 28 (2), 78-83.
- Gassova, Z. & Werner-Wilson, R. J. (2018). Characteristics of E-therapy Websites Involving Marriage and Family Therapists. *American Journal of Family Therapy*, 46 (1), 27-43.

- Kimberly, C., Clark, P., & Werner-Wilson, R. (2016). From research to practice: Increasing ability of practitioners to relate family-of-origin communicative techniques to current marital satisfaction. *Journal of Human Sciences & Extension*, 4, 51-69.
- Hawks, J. M., Parker, T. S., Werner-Wilson, R. J., Huff, N., & Lianekhammy, J. L. (2015). Adolescents' and parents' expression of empathy: A social neuroscience perspective. *Contemporary Family Therapy*, *37*, 142-152.
- Lianekhammy, J. & Werner-Wilson, R. J. (2015). Links to prosocial factors and alpha asymmetry in adolescents during violent and non-violent video game play. *Child Studies in Asia-Pacific Contexts*, *5*(2), 63-81.
- Ashurst, K. L., Smith, L. W., Little, C. A., Frey, L. M., Werner-Wilson, T. A., Stephenson, L., & Werner-Wilson, R. J. (2014). Perceived Outcomes of Military-Extension Adventure Camps for Military Personnel & Their Teenage Children. *American Journal of Family Therapy*, 42, 175-189.
- Kimberly, C. A., Werner-Wilson, R. J., Parker, T., & Lianekhammy, J. (2014). Alpha to Omega: A neurological analysis of marital conflict in a pilot study. *Contemporary Family Therapy*, 36, 83-92.
- Kimberly, C. A., Werner-Wilson, R.J., & Motes, Z. (2014). Brief report: Expanding the Brief Sexual Attitudes Scale. *Sexuality Research and Social Policy*, 11, 88-93.
- Huff, N., Werner-Wilson, R. J., & Kimberly, C. A. (2014). Electrical brain activity, family functioning, and parent-adolescent conflict communication. *Contemporary Family Therapy*, 36, 409-416.
- Kimberly, C. A., & Werner-Wilson, R.J. (2013). From John Lee to John Gottman: Recognizing intra- and interpersonal differences to promote marital satisfaction. *Journal of Human Sciences and Extension*, 1, 32-46.
- Wood, N. D., Werner-Wilson, R. J., Parker, T.S., & Perry, M.S. (2012). Exploring the Impact of Attachment Anxiety and Avoidance on the Perception of Couple Conflict. *Contemporary Family Therapy*, 34, 416-428.
- Frey, L. M., Blackburn, K., Werner-Wilson, R. J., Parker, T. S., & Wood, N. (2011). Posttraumatic stress disorder, attachment, and intimate partner violence in a military sample: A preliminary analysis. *Journal of Feminist Family Therapy*, 23, 218-230.
- Kimberly, C. Werner-Wilson, R. J., & Gnatuk, C. (2011). Impact of an Agent in a Cooperative Extension Program. Journal of Family & Consumer Sciences Education, 29, 1-11.
- Perry, M. S., & Werner-Wilson, R. J. (2011). Couples and Computer-Mediated Communication: A Closer Look at the Affordances and Use of the Channel. *Family and Consumer Sciences Research Journal*, 40, 120-134.
- Werner-Wilson, R. J., Lianekhammy, J., Frey, L. M., Parker, T. S., Wood, N., Kimberly, C., Perry, M. S., Blackburn, K., Smith, L., Terrana, K., Puckett, J., & Dalton, M. (2011). Alpha Asymmetry in Female Military Spouses. *Journal of Feminist Family Therapy, 23*, 202-217.
- Blumer, M. L. C. & Werner-Wilson, R. J. (2010). Leaving no girl behind: Clinical intervention effects on adolescent female "high risk" behaviors. *Journal of Feminist Family Therapy*, 22, 22-42.
- Werner-Wilson, R. J. & Winter, A. (2010). Do personal characteristics influence therapy drop out? *Contemporary Family Therapy*, 32, 375–382.
- Chapman, E. N. & Werner-Wilson, R. J. (2008). Does Positive Youth Development Predict Adolescent Attitudes about Sexuality? *Adolescence*, 43, 505-523.
- Turner, L. K. & Werner-Wilson, R. J. (2008). Phenomenological Experience of Girls in a Single-Sex Day Treatment Group. *Journal of Feminist Family Therapy*, 20, 220-250.

- Vogel, D. L., Werner-Wilson, R. J., Liang, K., Cutrona, C. E., Seeman, J. C., & Hackler, A. H. (2008). The relationship of physiological arousal with demand and withdraw behaviors: Examining the accuracy of the escape-conditioning hypothesis. *Sex Roles: A Journal of Research*, *59*, 871-879.
- Vogel, D. L., Murphy, M. J., Werner-Wilson, R. J., Cutrona, C. E., Bonett, D. B., & Seeman, J. (2007). Sex Differences in the Use of Demand and Withdraw Behavior in Marriage: Examining the Social Structure Hypothesis. *Journal of Counseling Psychology*.
- Murphy, M. J., Cheng, W-J., & Werner-Wilson, R. J. (2006). Exploring master therapists' use of power in conversation. *Contemporary Family Therapy*, 28, 475-484.
- Morrissey, K. M. & Werner-Wilson, R. J. (2005). The relationship between out-of-school activities and positive youth development: An investigation of the influences of communities and families. *Adolescence*, 40, 67-85.
- Thomas, S. E. G., Werner-Wilson, R. J., & Murphy, M. J. (2005). Influence of therapist and client behaviors on therapy alliance. *Contemporary Family Therapy*, 27, 19-45.
- Fitzharris, J. L. & Werner-Wilson, R. J. (2004). Multiple perspectives of parent-adolescent communication: Phenomenological description of a <u>Rashoman</u> effect. *American Journal of Family Therapy 32*, 273-288.
- Werner-Wilson, R. J., Fitzharris, J. L., & Morrissey, K. M. (2004). Adolescent and parent perceptions of media influence on adolescent sexuality. *Adolescence*, *39*, 303-313.
- Werner-Wilson, R. J., Murphy, M. J., & Fitzharris, J. L. (2004). Does therapist experience influence interruptions of women clients? *Journal of Feminist Family Therapy*, 16, 39-49.
- Werner-Wilson, R. J. & Davenport, B. R. (2003a). Distinguishing between conceptualizations of attachment: Clinical implications in marriage and family therapy. *Contemporary Family Therapy*, 25, 179-193.
- Werner-Wilson, R. J. & Davenport, B. R. (2003b). Theoretical purity versus theoretical layering in marriage and family therapy. *Contemporary Family Therapy*, 25, 77-88.
- Werner-Wilson, R. J., Michaels, M. L., Thomas, S. G., & Thiesen, A. M. (2003). Influence of therapist behaviors on therapeutic alliance. *Contemporary Family Therapy*, 25, 381-390.
- Holm, K. E., Werner-Wilson, R. J., Cook, A. S., & Berger, P. S. (2001). The association between emotion work balance and relationship satisfaction of couples seeking therapy. *The American Journal of Family Therapy, 29,* 193-205.
- Werner-Wilson, R. J. (2001). Experiential exercises in MFT training: Gender, power, and diversity. *Contemporary Family Therapy*, 23, 221-229.
- Werner-Wilson, R. J., & Fitzharris, J. L. (2001). How can mothers and fathers become involved in the sexuality education of adolescents? *Journal of HIV/AIDS Prevention and Education for Adolescents and Children, 4,* 49-59.
- Bernstein, J. B., Zimmerman, T. S., Werner-Wilson, R. J., & Vosburg, J. (2000). Preschool children's classification skills and a multi-cultural education intervention to promote acceptance of ethnic diversity. *Journal of Research in Childhood Education*, 14, 181-192.
- Bowling, S. M., & Werner-Wilson, R. J. (2000). Father-daughter relationships and adolescent female sexuality: Paternal qualities associated with responsible sexual behavior. *Journal of HIV/AIDS Prevention and Education for Adolescents and Children, 3 (4),* 1-28.
- Kessler, M. R. H., Werner-Wilson, R. J., Cook, A. S., & Berger, P. (2000). Emotion management of marriage and family therapists: How is it different for women and men? *The American Journal of Family Therapy, 28,* 243-253.

- Werner-Wilson, R. J., & Arbel, O. (2000). Assessment of interpersonal influences on adolescents: The parent and peer influence scale. *The American Journal of Family Therapy*, 28, 265-274.
- Werner-Wilson, R. J., Zimmerman, T. S., & Whalen, D. (2000). Resilient response to battering. *Contemporary Family Therapy*, 22, 161-188.
- Werner-Wilson, R. J., Zimmerman, T. S., Daniels-Carlson, K., & Bowling, S. (1999). Is therapeutic alliance influenced by a feminist approach to therapy? *Contemporary Family Therapy*, 21 545-550.
- Werner-Wilson, R. J., Zimmerman, T. S., & Price, S. J. (1999). Are goals and topics influenced by gender and modality in the initial marriage and family therapy session? *Journal of Marital and Family Therapy*, 25, 253-262.
- Werner-Wilson, R. J. (1998a). Are virgins at-risk for contracting HIV/AIDS? *Journal of HIV/AIDS Prevention and Education for Adolescents and Children, 2*, 63-71.
- Werner-Wilson, R. J. (1998b). Gender differences in adolescent sexual attitudes: The influence of individual and family factors. *Adolescence*, *33*, 519-531.
- Werner-Wilson, R. J., & Vosburg, J. (1998). How do contextual factors and gender differences influence college students' safer sex practices? *Journal of HIV/AIDS Prevention and Education for Adolescents and Children*, 2, 33-49.
- Werner-Wilson, R. J., Wahler, J., & Kreutzer, J. (1998). Independent and dependent variables in adolescent and young adult sexuality research: Conceptual and operational difficulties. *Journal of HIV/AIDS Prevention and Education for Adolescents and Children, 2,* 129-144.
- Carr, A. A., & Werner-Wilson, R. J. (1997). A model of parental participation: A secondary data analysis. *School Community Journal*, 7, 9-25.
- Werner-Wilson, R. J. (1997). Is therapeutic alliance influenced by gender in marriage and family therapy? *Journal of Feminist Family Therapy*, *9*, 3-16.
- Werner-Wilson, R. J., Price, S. J., Zimmerman, T. S., & Murphy, M. J. (1997). Client gender as a process variable in marriage and family therapy: Are women clients interrupted more than men clients? *Journal of Family Psychology*, 11, 373-377.
- Villarruel, F. A., Zawacki, K. G., Wilson, R. J., Sanchez, Y., Youatt, J. P., Perkins, D. F., Kostelnik, M. J., & McAdoo, H. P. (1996). Literature and resource review essay 1995: Twenty-seventh annual National Council on Family Relations media award competition. *Family Relations*, 45, 107-113.
- Villarruel, F. A., Gonzalez-Kruger, G., Perkins, D. F., Wilson, R. J., Youatt, J. P., Kostelnik, M. J., & Pace, K. (1995). Literature and resource review essay 1994 -- Twenty-sixth annual National Council on Family Relations media awards competition. *Family Relations*, 44, 110-115.
- LaRossa, R. E., Gordon, B. A., Wilson, R. J., Bairan, A., & Jaret, C. (1991). The fluctuating image of the 20th century American Father. *Journal of Marriage and the Family*, 53, 987-997.

# Journal Articles in Press

#### Journal Articles Submitted for Publication

Werner-Wilson, R. J. (2001). *Developmental-Systemic Family Therapy with Adolescents*. Binghampton, NY: Haworth Press.

# **Book Chapters**

- Werner-Wilson, R. J., & Pinkerton, K. M. (2015). Understanding treatment principles and approaches. In G. R. Adams & T. P. Gullotta (Eds.), *Handbook of adolescent behavioral problems: Evidence-based approaches to prevention and treatment* (2<sup>nd</sup> Ed., pp. 11-30). NY: Springer.
- Parker, T.S., Blackburn, K.M., Werner-Wilson, R.J. (2014). Electroencephalography in Marriage and Family Therapy research. In R.B. Miller and L.N. Johnson (Eds.), *Advanced methods in family therapy research: A focus on validity and change* (pp. 142-157). NY: Routledge.
- Werner-Wilson, R. J., Parker, T. S., & Lianekhammy, J. A. (2014). Mental health promotion in adolescents. In T. Gullotta & M. Bloom (Eds.), *Encyclopedia of primary prevention and health promotion* (2<sup>nd</sup> Ed., pp. 1333-1344). NY: Springer.
- Werner-Wilson, R. J., & Morrissey, K. M. (2005). Understanding treatment principles and approaches. In G. R. Adams & T. P. Gullotta (Eds.), *Handbook of adolescent behavioral problems: Evidence-based approaches to prevention and treatment* (pp. 79-100). NY: Springer.

# Entries in Encyclopedia of Parenting Theory and Research

- Werner-Wilson, R. J., & Higgins-Kessler, M. R. (1999). Runaway children. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp. 370-372). Westport, CT: Greenwood Press.
- Werner-Wilson, R. J., & Higgins-Kessler, M. R. (1999). Scapegoating. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp. 234-235). Westport, CT: Greenwood Press.
- Werner-Wilson, R. J., & Murphy, M. J. (1999). Distancing strategies. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp. 374-376). Westport, CT: Greenwood Press.
- Werner-Wilson, R. J., & Murphy, M. J. (1999). Instrumental versus expressive functions. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp. 234-235). Westport, CT: Greenwood Press.
- Werner-Wilson, R. J., & Murphy, M. J. (1999). Marital boundaries. In C. A. Smith (Ed.), *The encyclopedia of parenting theory and research* (pp. 259-261). Westport, CT: Greenwood Press.

#### Reports

- Werner-Wilson, R.J. (2015). University of Kentucky Marriage and Family Therapy Program Self-Study. Submitted to the Commission on Accreditation for Marriage and Family Therapy, Alexandria, VA.
- Werner-Wilson, R.J. (2012). University of Kentucky Marriage and Family Therapy Program Self-Study. Submitted to the Commission on Accreditation for Marriage and Family Therapy, Alexandria, VA.

- Werner-Wilson, R. J., Vail, A., Wood, N., & Parker, T. (2011). Final Report for The UK/BHMP Cooperative Relationship to Establish a Pro-Marriage/Pro-Family Initiative among Central Kentucky's Communities and Institutions. Submitted to Health and Human Services -- Administration for Children & Families.
- Werner-Wilson, R. J. (2003). Annual Report for NC-1002 Multi-State Project. Submitted to CSREES, USDA.
- Werner-Wilson, R. J. (2002). Annual Report for NC-1002 Multi-State Project. Submitted to CSREES, USDA.
- Gaddis, S. R., & Werner-Wilson, R. J. (Autumn-Winter 2002). The adventure: One client's narrative about narrative therapy. *Resoundings: The newsletter of the family therapy association of south Australia*, pp. 10-15.
- Werner-Wilson, R. J. (2000). An Investigation of Staff Turnover and Morale at Assault Care Center Extending Shelter and Support (ACCESS). Prepared for the Board of Directors of ACCESS.
- Werner-Wilson, R. J. (1998). Final Report: A Telephone Survey of Psychotherapy Clients to Examine their Experience of Grievances. Prepared for the State of Colorado Grievance Board.
- Werner-Wilson, R. J. (1996, December). Clinical practice patterns of marriage and family therapists in Colorado: Client satisfaction and treatment outcome -- Part Three. *Colorado Association for Marriage and Family Therapy Newsletter*, 8 (4), 4.
- Werner-Wilson, R. J. (1996, September). Clinical practice patterns of marriage and family therapists in Colorado: Treatment and perceived competence Part two. *Colorado Association for Marriage and Family Therapy Newsletter*, 8 (3), 4.
- Werner-Wilson, R. J. (1996, June). Clinical practice patterns of marriage and family therapists in Colorado: Therapist and client profile -- Part one. *Colorado Association for Marriage and Family Therapy Newsletter*, 8 (2), 4.
- Werner-Wilson, R. J. (1996). Clinical practice patterns of marriage and family therapists in Colorado: A survey of therapists and their clients. Prepared for the Colorado Association for Marriage and Family Therapy.

#### **PRESENTATIONS**

#### **Invited Presentations**

Werner-Wilson, R. J. (2001, March). Developmental-systemic family therapy with adolescents. Iowa Association for Marriage and Family Therapy.

# Papers Presented at National Meetings:

- Armes, S. E., Seponski, D. M., Werner-Wilson, R. J., & Anderson, L. A. (2017). Therapist context and Compassion Fatigue: The mediating role of mindfulness. National Council on Family Relations Annual Conference. Orlando, FL.
- Armes, S., Tippett, K., & Werner-Wilson, R. J. (2015, September). Marital Satisfaction and PTSD Development Post-Deployment. American Association for Marriage and Family Therapy. Austin, Texas.

- Armes, S., & Werner-Wilson, R.J. (2014, November). The Role of Gender in the Development of Compassion Fatigue. National Council on Family Relations Annual Conference. Baltimore, MD.
- Gassova, Z., Werner-Wilson, T., & Werner-Wilson, R. J. (2014, October). Helping factors in filial therapy. American Association for Marriage and Family Therapy. Milwaukee, WI.
- Huff, N., & Werner-Wilson, R.J. (2014, November). Family Communication: An Intra- and Interpersonal Analysis. National Council on Family Relations Annual Conference. Baltimore, MD.
- Lianekhammy, J., & Werner-Wilson, R. J. (2014, November). The Influence of Video Games on Adolescent Brain Activity. National Council on Family Relations, Baltimore, MD.
- Hawks, J., Reed, K., Parker, T., Blackburn, K., Sitton, M., Nordquist, E., Werner-Wilson, R. J., & Wood, N. (2013, November). Inside the brain: Couples' affect, empathy, and frontal alpha asymmetry. National Council on Family Relations. San Antonio, Texas.
- Huff, N., Hendricks, K., & Werner-Wilson, R. J. (2013, November). Examining positive affect and communication trends in parent-adolescent conflict. National Council on Family Relations. San Antonio, Texas.
- Armes, S. A., Frey, L. M., Smith, L., Werner-Wilson, R. J., & Ashurst, K. (2013, October). Promoting communication between adolescents and their deployed parents. American Association for Marriage and Family Therapy. Portland, Oregon.
- Blackburn, K, Parker, T, Werner-Wilson, R. J., and Wood, N. (2013, October). Therapist brain activity and the therapeutic relationship. American Association for Marriage and Family Therapy. Portland, Oregon. American Association for Marriage and Family Therapy. Portland, Oregon.
- Hawks, J. M., Parker, T., Werner-Wilson, R.J., & Wood, N. D. (2013, October). Clients' experiences of spirituality in couple's therapy.
- Frey, L. M., & Werner-Wilson, R. J. (2012, November). Effect of Relational Factors on Attitudes Related to Suicide. National Council on Family Relations. Phoenix, Arizona.
- Kimberly, C., Werner-Wilson, R. J., Parker, T. S., Smith, D. R., Bradley, K. (2012, November). From Alpha to Omega: A Neurological Analysis of Marital Conflict. National Council on Family Relations. Phoenix, Arizona.
- Lianekhammy, J., & Werner-Wilson, R. J. (2012, November). Examination of Electrical Brain Activation in Three Different Video Game Experiences. National Council on Family Relations. Phoenix, Arizona.
- Perry, M. S., & Werner-Wilson, R. J. (2012, November). Use of Computer Mediated Communication in Romantic Relationships and Adult Attachment. National Council on Family Relations. Phoenix, Arizona.
- Wood, N. D., Werner-Wilson, R. J., Perry, M. S., & Parker, T. S. (2012, November). Exploring the Impact of Attachment on the Perception of Couples. National Council on Family Relations. Phoenix, Arizona.
- Bowling, J., Wood, N. D., Werner-Wilson, R. J., Parker, T. S., Perry, M., & Dalton, M. (2012, September). Exploring Family of Origin Experiences and Neural Activation. American Association for Marriage and Family Therapy. Charlotte, North Carolina.
- Frey, L. M., & Werner-Wilson, R. J. (2012, September). Moderating Effects of Attachment Style on Posttraumatic Stress Disorder. American Association for Marriage and Family Therapy. Charlotte, North Carolina.
- Hawks, J. M., Nordquist, E., Reed, K., Parker, T., Blackburn, K., Kimberly, C., Werner-Wilson, R. J., & Wood, N. D. (2012, September). Couple's Empathy and Mirrored Physiology:

- A Pilot Study. American Association for Marriage and Family Therapy. Charlotte, North Carolina.
- Wood, N. D., Bowling, J. W., Werner-Wilson, R. J., Parker, T. S., & Perry, M. S. (2012, September). Perceiving Couples: Family of Origin and Attachment Effects. American Association for Marriage and Family Therapy. Charlotte, North Carolina.
- Blackburn, K. M., Frey, L. M., Werner-Wilson, R. J., Parker, T., & Wood, N. (2011, November). PTSD, Attachment, and IPV in a Military Sample: A Preliminary Analysis. National Council on Family Relations, Orlando, FL.
- Huff, N., & Werner-Wilson, R. J. (2011, November). Adolescent Attachment: Exploring Electrical Brain Activity and Family Interaction. National Council on Family Relations, Orlando, FL.
- Perry, M. S., & Werner-Wilson, R. J. (2011, November). Couples Use of Computer-Mediated Communication for Problem-solving. National Council on Family Relations, Orlando, FL.
- Stork-Hestad, N., Werner-Wilson, R. J., & Hans, J. (2011, November). Non-marital, Romantic Dissolution. National Council on Family Relations, Orlando, FL.
- Werner-Wilson, R. J., Lianekhammy, J., Frey, L. M., Wood, N., Parker, T., Kimberly, C., Perry, M., Blackburn, K., Smith, L., Terrana, K., Dalton, M., & Puckett, J. (2011, November). A Pilot Study Comparing Influence of Deployment on Military Families. National Council on Family Relations, Orlando, FL.
- Frey, L. M., Werner-Wilson, R. J., Perry, M. S., Parker, T., & Wood, N. (2011, September). Self-awareness of PTSD and relationship satisfaction. American Association for Marriage and Family Therapy. Fort Worth, Texas.
- Perry, M. S., Frey, L. M., Werner-Wilson, R. J., Wood, N. D., & Parker, T. P. (2011, September). Couples' communication behavior during military deployment. American Association for Marriage and Family Therapy. Fort Worth, Texas.
- Puckett, J., Parker, T., Blackburn, K., Wood, N., Werner-Wilson, R. J. (2011, September). Seeking help: effects of perceived demand-withdraw patterns. American Association for Marriage and Family Therapy. Fort Worth, Texas.
- Compton, L. S., Parker, T., & Werner-Wilson, R. J. (2010, September). Trauma Variables and Violence in Military Couples. American Association for Marriage and Family Therapy. Atlanta, GA.
- Werner-Wilson, R. J. & Perry. M. (2010, September). Mindfulness and Emotional Intelligence in Marital Therapy. American Association for Marriage and Family Therapy. Atlanta, GA.
- Werner-Wilson, R. J. (2010, November). Influences on Positive Sexual Attitudes of Adolescents. National Council on Family Relations. Minneapolis, MN.
- Kimberly, C., Werner-Wilson, R. J., Gnatuk, C., & Mimbs, C. (2009, November). Analyzing the Educator and Student Relationship in a Parent Education Program. National Council on Family Relations. San Francisco, CA.
- Perry, M. S., Wood, N. D., & Werner-Wilson, R. J. (2009, October). What predicts marital satisfaction for military couples? American Association for Marriage and Family Therapy. Sacramento, CA.
- Feldman, D. B., Whiting, J. B., & Werner-Wilson, R.J. (2008, October). Men's positionings within discourses of responsibility. American Association for Marriage and Family Therapy. Memphis, TN.

- Reeser, C. S. & Werner-Wilson, R. J. (2008, November). The life course lens—Birth cohort analyses of the baby boom generation. National Council on Family Relations. Little Rock, Arkansas.
- Werner-Wilson, R. J. & Winter, A. (2008, November). Do personal characteristics influence therapy drop out? American Association for Marriage and Family Therapy. Memphis, TN.
- Ryder, K. & Werner-Wilson, R. J. (2007, November). Physiological Response to Media. National Council on Family Relations Annual Meeting. Pittsburgh, PA.
- Hines, A. E., Murphy, M. J., Bergman, A. J., Werner-Wilson, R. J., & Vogel, D. L. (2007, October). Communication as power: Relationship to marital satisfaction. American Association for Marriage and Family Therapy. Long Beach, California.
- Cheon, H-S. & Werner-Wilson, R. J. (2006, October). Role Profiles: An alternative way of looking at personality in couple therapy. American Association for Marriage and Family Therapy. Austin, Texas.
- Dekkers, T. D., Werner-Wilson, R. J., Vogel, D. L., & Murphy. M. J. (2006). Investigation of sex differences during conflict resolution. American Association for Marriage and Family Therapy. Austin, Texas.
- Chapman, E. N. & Werner-Wilson, R.J. (2005, November). Adolescent Sexuality and Positive Youth Development. National Council on Family Relations Annual Meeting. Phoenix, Arizona.
- Werner-Wilson, R. J., Murphy, M. J., Cheng, W., Heiberger, A., Rice, M., & Green, M. S. (2005, October). Do Personological Factors Influence Therapy Alliance? American Association for Marriage and Family Therapy. Kansas City, Missouri.
- Werner-Wilson, R. J. & Rice, M. (2004, November). Effect of Gender Socialization, Communication, and Support on Adolescent Self-Esteem. National Council on Family Relations Annual Meeting. Orlando, Florida.
- Murphy, M. J., Cheng, W., Werner-Wilson, R. J. (2004, September). Exploring Master Therapists' Use of Power in Conversation. American Association for Marriage and Family Therapy. Atlanta, Georgia.
- Thomas, S. E. G., Werner-Wilson, R. J., &. Murphy, M. J. (2004, September). Influence of therapist and client behavior on therapy alliance. American Association for Marriage and Family Therapy. Atlanta, Georgia.
- Morrissey, K. M., Werner-Wilson, R. J., & Chapman, E. (2003, November). The relationship between out-of-school activities and positive youth development: An investigation of the influence of families and communities. National Council on Family Relations Annual Meeting. Rochester, Vancouver.
- Werner-Wilson, R. J., Michaels, M. L., Gellhaus, S. E., & Thiesen, A. M. (2002, November). Influence of therapist behaviors on therapeutic alliance. American Association for Marriage and Family Therapy. Cincinnati. Ohio.
- Werner-Wilson, R. J. & Davenport, B. (2001, November). Theoretical purity versus theoretical layering in marriage and family therapy. National Council on Family Relations Annual Meeting. Rochester, New York.
- Fitzharris, J. L. & Werner-Wilson, R. J. (2000, November). Talking to adolescents about sex: dilemmas and recommendations. National Council on Family Relations Annual Meeting, Minneapolis, Minnesota.
- Werner-Wilson, R. J. & Fitzharris, J. L. (2000, November). Adolescent and parent perceptions of media influence on adolescent sexuality. National Council on Family Relations Annual Meeting, Minneapolis, Minnesota.

- Werner-Wilson, R. J. (2000, October). Attachment in adolescence. American Family Therapy Academy Fifth Clinical Research Conference. Niagra-on-the-Lake, Canada.
- Wozny, D. A., Enders, L. E., Werner-Wilson, R. J., Milagros T. Masini, Brant, R. R., Marrs, R.
  W. (1999, November). Development and validation of an observational measure of therapy collaboration. National Council on Family Relations Annual Meeting. Irvine, California.
- Werner-Wilson, R. J., Enders, L. E., Masini, M. T., & Brant, R. R. (1999, October). Influence of therapist experience on therapy process. American Association for Marriage and Family Therapy. Chicago, Illinois.
- Wozny, D. A., Enders, L. E., Werner-Wilson, R. J., & Marrs, R. (1999, October). Interactional reciprocity in marriage and family therapy. American Association for Marriage and Family Therapy. Chicago, Illinois.
- Bowling, S. M. & Werner-Wilson, R. J. (1998, November). How does the relationship between fathers and daughters influence the sexual behavior and attitudes of heterosexual adolescent females? National Council on Family Relations Annual Meeting. Milwaukee, Wisconsin.
- Gaddis, S. R., Werner-Wilson, R. J., & Zimmerman, T. S. (1998, November). One client's narrative about narrative therapy. National Council on Family Relations Annual Meeting. Milwaukee, Wisconsin.
- Holm, K. E., Werner-Wilson, R. J., Cook, A. S., & Berger, P. S. (1998, November). The effect of emotion work inequality on relationship satisfaction. National Council on Family Relations Annual Meeting. Milwaukee, Wisconsin.
- Vosburg, J. N., Zimmerman, T. S., & Werner-Wilson, R. J. (1998, November). A preschool intervention to promote acceptance of diverse family forms. National Council on Family Relations Annual Meeting. Milwaukee, Wisconsin.
- Werner-Wilson, R. J., Zimmerman, T. S., Daniels-Carlson, K. A., & Bowling, S. M. (1998, November). Is therapeutic alliance influenced by a feminist approach to therapy? National Council on Family Relations Annual Meeting. Milwaukee, Wisconsin.
- Werner-Wilson, R. J. & Zimmerman, T. S. (1998, October). Tactics to enhance training experience of students in MFT programs. American Association for Marriage and Family Therapy. Dallas, Texas.
- Werner-Wilson, R. J. (1998, February/March). HIV/AIDS Risk Assessment of Virgins. Society for Research on Adolescence Biennial Meeting. San Diego, California.
- Werner-Wilson, R. J. (1988, January). Developmental aspects of adolescence which influence therapy. Colorado Association for Marriage and Family Therapy Annual Meeting. Denver, Colorado.
- Werner-Wilson, R. J., & Coughlin-Smith, S. (1997, November). How can mothers and fathers become involved in the sexuality education of adolescents in a diverse and changing world? National Council on Family Relations Annual Meeting. Arlington, Virginia.
- Higgins, M. R., Cook, A. S., Werner-Wilson, R. J., & Berger, P. S. (1997, November). The effect of emotion management performances on the work and marital satisfaction of marriage and family therapists. National Council on Family Relations Annual Meeting. Arlington, Virginia.
- Higgins, M. R., Werner-Wilson, R. J., Cook, A. S., & Berger, P. S. (1997, September). How does emotion management influence marriage and family therapists? American Association for Marriage and Family Therapy. Atlanta, Georgia.

- Werner-Wilson, R., J., & Vosburg, J. (1996, November). Contextual factors and gender differences in college students' safe sex practices. National Council on Family Relations Annual Meeting. Kansas City, Missouri.
- Zimmerman, T. S., Werner-Wilson, R. J., & Haddock, S. (1996, October). Where is gender in MFT training programs? American Association for Marriage and Family Therapy Annual Meeting. Toronto, Ontario, Canada
- Saunders, A. L., & Werner-Wilson, R. J. (1995, November). The effect of traditional ideology and a traditional division of labor on marital quality. National Council on Family Relations Annual Meeting. Portland, Oregon.
- Werner-Wilson, R. J. (1995, November). Predictors of adolescent sexual attitudes: The influence of individual and family factors. National Council on Family Relations Annual Meeting. Portland, Oregon.
- Werner-Wilson, R. J. (1995, November). Client gender and the working alliance. American Association for Marriage and Family Therapy Annual Meeting. Baltimore, Maryland.
- Cook, L. F., & Wilson, R. J. (1994, November). Cohabitation and marital satisfaction: The influence of contextual variables. National Council on Family Relations Annual Meeting. Minneapolis, Minnesota.
- Wilson, R. J. (1994, November). Secondary data analysis: An efficient, cost-effective resource for students and new professionals. National Council on Family Relations Annual Meeting. Minneapolis, Minnesota.
- Wilson, R. J., Price, S. J., Edens, J., & Smith, A. M. (1994, November). Differential treatment of men and women in marriage and family therapy. National Council on Family Relations Annual Meeting. Minneapolis, Minnesota.
- Gale, J., Dotson, D., Nagireddy, C., Lindsey, E., & Wilson, R. J. (1993, October). Conversation analysis (CA): A method of self-supervision. American Association for Marriage and Family Therapy Annual Meeting. Anaheim, California.
- Long, J., Lindsey, E., Manders, J., Dotson, D., & Wilson, R. J. (1993, October). Training marriage and family therapists to work with gay and lesbian couples and families. American Association for Marriage and Family Therapy Annual Meeting. Anaheim, California.
- Stewart, S. P., Malone, D. M., Gavidia-Payne, S., & Wilson, R. J. (1992, May). The role of family therapist in serving families with a member with a developmental disability. American Association on Mental Retardation Annual Meeting. New Orleans, Louisiana.

# Papers Presented at Regional Meetings:

- Werner-Wilson, R. J. (2002, October). Iowa State University NC-1002 Annual Report. NC-1002: How Do Structured Out-Of-School Experiences Contribute To Positive Youth Development? Annual Meeting. Kansas City, Missouri.
- Wilson, R. J. (1995, April). Social justice in marriage and family therapy. Southern Sociological Society Annual Meeting. Atlanta, Georgia.
- Wilson, R. J., & Dannison, L. (1994, February). An empirical test of a "classic" theoretical model of parent-child relations. Southeastern Council on Family Relations Annual Meeting. Atlanta, Georgia.
- Wilson, R. J., & Price, S. J. (1994, February). Procedures to enhance reliability in marriage and family therapy process research. Southeastern Council on Family Relations Annual Meeting. Atlanta, Georgia.

- Abshire, C. R., & Wilson, R. J. (1992, April). The influence of perpetrator-victim relationship on suicidal thoughts and behaviors in sexually abused adolescents. Southeastern Symposium Annual Meeting. Virginia Polytech Institute and State University.
- Wilson, R. J., Abshire, C. R., & Walters, L. H. (1992, April). Runaway vs. non-runaway youth: Physical abuse variables. Southeastern Symposium Annual Meeting. Virginia Polytech Institute and State University.
- Wilson, R. J. (1990, March). Are the times a'changin'? A content analysis of <u>Rolling Stone</u> magazine, 1968 and 1988. Southern Sociological Society Annual Meeting. Louisville, Kentucky.

# Papers Presented at State or Local Meetings

- Werner-Wilson, R. J. (2000, August). Attachment in adolescence. Iowa Family and Consumer Sciences Educators Association, Des Moines, Iowa.
- Werner-Wilson, R. J. (1998, January). Developmental aspects of adolescence which influence therapy. Colorado Association for Marriage and Family Therapy. Denver, Colorado.
- Higgins, M. R., & Werner-Wilson, R. J. (1997, May). What is emotion work? How does it influence couples and families? Colorado Association for Marriage and Family Therapy. Denver, Colorado.
- Wilson, R. J., & Werner, T. A. (1995a, February). Attacking Family Violence: Scope of the Problem. Michigan Council on Family Relations, East Lansing, Michigan.
- Wilson, R. J., & Werner, T. A. (1995b, February). Attacking Family Violence: Intervention. Michigan Council on Family Relations, East Lansing, Michigan.
- Wilson, R. J. (1994, March). Significant contextual variables associated with violence. The Western Michigan Psychological Association. Kalamazoo, Michigan.
- Wilson, R. J., & Cook, L. F. (1994, March). Cohabitation and divorce: What is the link? College of Education Research Convocation. Western Michigan University, Kalamazoo, Michigan.

#### RESEARCH

#### Current Research

Relationship between physiological arousal, electrical brain activity, and family interactions.

Variables that influence adolescent sexual behavior. Research focuses on contextual variables such as peer and family relationships; family variables include quality of parent-adolescent relationship, family stressors, physical abuse, sexual abuse, emotional abuse.

Gender, agenda, and marital therapy. Process research utilizes self-report assessment devices and observational coding of marital and family therapy sessions to examine the negotiation of therapeutic goals during the initial stages of therapy.

Factors associated with positive youth development.

#### Research Interests

2011

**Assessment Coordinator** 

Adolescent Sexuality
Gender and Power
Gender and Therapy
Positive Youth Development

#### **GRANTS AND CONTRACTS**

#### Grants and Contracts Funded

2024 P.I. Essentia Health Clinical Teaching Program Essentia Health, \$149,324 2024 P.I. Clinical Pharmacy Teaching Program Sanford Health, \$85,970 2023 P.I. Lake Region Clinical Pharmacy Teaching Program Lake Region Healthcare Corporation, \$165,027. 2023 P.I. Sanford Health Imagenetics Program Sanford Health, \$86,060. 2016 **Assessment Coordinator** Evaluation of Military-Extension Adventure Camps Grant (IRB # 11-0357-F4S; K. Ashurst, Grant P.I.). \$11,106. 2015 **Assessment Coordinator** Evaluation of Military-Extension Adventure Camps Grant (IRB # 11-0357-F4S; K. Ashurst, Grant P.I.). \$11,106. 2014 **Assessment Coordinator** Evaluation of Military-Extension Adventure Camps Grant (IRB # 11-0357-F4S; K. Ashurst, Grant P.I.). \$11,106. 2013 **Assessment Coordinator** Evaluation of Military-Extension Adventure Camps Grant (IRB # 11-0357-F4S; K. Ashurst, Grant P.I.). \$11,106. 2012 **Assessment Coordinator** Evaluation of Military-Extension Adventure Camps Grant (IRB # 11-0357-F4S; K. Ashurst, Grant P.I.). \$11,106.

Evaluation of Military-Extension Adventure Camps Grant (IRB # 11-0357-F4S; K. Ashurst, Grant P.I.). \$11,106.

# 2009 Principal Investigator

Werner-Wilson, R. J., Vail, A., Wood, N., & Parker, T. The UK/BHMP Cooperative Relationship to Establish a Pro-Marriage/Pro-Family Initiative among Central Kentucky's Communities and Institutions. Kentucky Health Services Cabinet, \$142,378.

#### 2008 Principal Investigator

Werner-Wilson, R. J., Vail, A., & Wood, N. The UK/BHMP Cooperative Relationship to Establish a Pro-Marriage/Pro-Family Initiative among Central Kentucky's Communities and Institutions. Kentucky Health Services Cabinet, \$225,882.

# 2007 Co-Principal Investigator

Vail, A., Bradford, K., Forgue, R., & Werner-Wilson, R. J. The UK/BHMP Cooperative Relationship to Establish a Pro-Marriage/Pro-Family Initiative among Central Kentucky's Communities and Institutions. Kentucky Health Services Cabinet, \$333,334.

#### 2007 Principal Contract Officer

Obtained contract with Youth and Shelter Services, Ames, Iowa to provide a one-fourth time clinical graduate assistant to their program. \$23,027.04.

#### 2007 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State University from the Government of the Student Body, Iowa State University, \$66,624.60.

#### 2007 Principal Contract Officer

Obtained contract with Youth and Shelter Services, Ames, Iowa to provide a one-fourth time clinical graduate assistant to their program. \$3,949.00.

# 2006 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State University from the Government of the Student Body, Iowa State University, \$61,246.94.

#### 2006 Principal Contract Officer

Obtained contract with Youth and Shelter Services, Ames, Iowa to provide a one-fourth time clinical graduate assistant to their program. \$6,944.45.

#### 2005 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State

University from the Government of the Student Body, Iowa State University, \$54,839.10.

# 2004 Principal Contract Officer

Obtained contract with Youth and Shelter Services, Ames, Iowa to provide a one-fourth time clinical graduate assistant to their program. \$9,496.00.

#### 2004 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State University from the Government of the Student Body, Iowa State University, \$46,062.33.

## 2003 Principal Contract Officer

Obtained contract with Passages Program at Youth and Shelter Services, Ames, Iowa to provide a one-fourth time clinical graduate assistant to their program. \$9,329.00

# 2003 Principal Contract Officer

Obtained contract with Transitional Living Program at Youth and Shelter Services, Ames, Iowa to provide a one-fourth time clinical graduate assistant to their program. \$9,329.00

# 2003 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State University from the Government of the Student Body, Iowa State University, \$44,741.58.

# 2003 Co-Principal Investigator:

Physiological Effects of Marital Conflict. College of Liberal Arts and Sciences Faculty Development Grant, Iowa State University. \$17,992.

## 2002 Co-Principal Investigator:

*Physiological Effects of Marital Conflict.* National Institute of Mental Health B/START Program (Grant Number 1R03MH068289-01), \$73,000.

#### 2002 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State University from the Government of the Student Body, Iowa State University, \$45,879.00.

2002 Principal Investigator:

How Do Structured Out-Of-School Experiences Contribute To Positive Youth Development? Obtained \$6,800 from the College of Family and Consumer Sciences and \$4,000 in matching funds from the Agricultural Experiment Station, Iowa State University, Ames, Iowa.

2001 Principal Contract Officer

Obtained contract to provide clinical services to students at Iowa State University from the Government of the Student Body, Iowa State University, \$21,876.93.

1997 Principal Investigator:

A Telephone Survey of Psychotherapy Clients to Examine Their Experience of Grievances. State of Colorado Mental Health Grievance Board, \$8,500.

1996 Co-Principal Investigator:

*The Family Diversity Project.* College of Applied Human Sciences Mini-Grant, Colorado State University, \$385.

1996 Principal Investigator:

Process Research at Multiple Marriage and Family Therapy Program Sites. College of Applied Human Sciences Mini-Grant, Colorado State University, \$450.

1995 Co-Principal Investigator:

Developing a Qualitative Research Lab: Studying Therapy Process. Career Enhancement Fund, Colorado State University, \$4,100.

1995 Co-Principal Investigator:

What Factors Facilitate a Resilient Response to Domestic Violence? Faculty Research Grant Program, Colorado State University, \$4,230.

1994 Co-Contributor:

The Center for Research on Teaching and Learning for At-Risk Students. Funded by Western Michigan University Centers Excellence Competition, Kalamazoo, Michigan. \$175,000

1994 Principal Investigator:

Influence of Parent Values and Quality of Parent-Adolescent Relationship on Adolescent Sexual Behavior. The Faculty Research and Creative Activities Support Fund. Western Michigan University, Kalamazoo, Michigan. \$5,000.

1994 Principal Investigator:

Parent Influence on Adolescent Condom Use. The Research Development Award Program. Western Michigan University, Kalamazoo, Michigan.

1994 Principal Investigator:

Adolescent Sexual Behavior Contributes to Academic Participation and Success. Awarded by the Center Scholars Program sponsored by the Center for Research on At-Risk Students. College of Education, Western Michigan University.

1993 Principal Investigator:

Differential Treatment and Experiences of Men and Women in Marriage and Family Therapy. New Faculty Research Grant. Western Michigan University, Kalamazoo, Michigan. \$3,300.

1993 Principal Investigator:

Meta-Analysis of Adolescent Sexuality. College of Education Mini-Grant. Western Michigan University, Kalamazoo, Michigan. \$790.

1993 Principal Investigator:

Differential Treatment of Men and Women in Marriage and Family Therapy. Doctoral research grant. McPhaul Marriage and Family Therapy Clinic, The University of Georgia, Athens, Georgia. \$150.

#### Grants and Contracts Submitted (Pending)

#### CLINICAL EXPERIENCE

#### **Private Practice**

Ames, Iowa, 1998-2007. Fort Collins, Colorado, 1995-1998. Colorado License # 374. Kalamazoo, Michigan, 1993-1995.

#### Externships

The Link Counseling Center, Atlanta, Georgia, 1992-1993.

#### <u>Internships</u>

McPhaul Marriage and Family Therapy Clinic, The University of Georgia, 1991-1992.

# **INSTRUCTION**

# Courses Taught

| UK  | FAM 686         | Theory and Methods in Marriage and Family Therapy       |
|-----|-----------------|---------------------------------------------------------|
| UK  | FAM 752         | Seminar in Family Theory Construction                   |
| UK  | FAM 785         | Professional Development Seminar                        |
| UK  | FAM 787         | Practicum                                               |
| ISU | HDFS 502        | Theories of Human Development and Family Studies        |
| ISU | HDFS 511        | Family Theory                                           |
| ISU | HDFS 571        | Marital Therapy                                         |
| ISU | <b>HDFS 578</b> | Models of Marriage and Family Therapy                   |
| ISU | HDFS 586        | Sex Therapy                                             |
| ISU | HDFS 591-M      | MFT Practicum                                           |
| ISU | HDFS 616/660    | Research Issues in Family Measurement                   |
| ISU | HDFS 616F       | Systemic and Relational Perspectives on Psychopathology |
| ISU | <b>HDFS 672</b> | Intergenerational and Experiential Family Therapy       |
| CSU | HD 311          | Adolescence                                             |
| CSU | HD 321          | Marriage and Family Relationships                       |
| CSU | HD 524          | Family Theory                                           |
| CSU | HD600C          | Integration of Couple and Sex Therapy                   |
| CSU | HD 624          | Skills & Techniques in Family Therapy                   |
| CSU | HD644           | Foundations in Family Therapy                           |
| CSU | HD 686C         | MFT Clinical Supervision                                |
| CSU | HD 686CV        | MFT Clinic Pre-Practicum                                |
| CSU | HD 687C         | MFT Internship                                          |
| WMU | HNRS 490        | Human Sexuality                                         |
| WMU | CECP 686        | Family Interaction and Therapy                          |
| WMU | CRT 210         | Introduction to Human Sexuality                         |
| WMU | CRT 215         | Adolescent Development                                  |
| WMU | CRT 318         | Intimate Relationships                                  |
| WMU | CRT 318         | Intimate Relationships, Lee Honors College              |
| WMU | HNRS 490        | Human Sexuality, Lee Honors College                     |
| WMU | CRT 652         | Family Violence                                         |
| WMU | VE 514          | The Adolescent Learner                                  |
| UGA | CFD 393         | Interpersonal Relationships                             |
| UGA | CFD 470         | Adolescents in Families                                 |

# **Teaching Interests**

Adolescence

Gender

Family Therapy
Family Theory
Research Methodology

# **Doctoral Students Advised**

2020 Elswick, Alex. Voices of Hope: A Randomized Controlled Trial of a Peer-Delivered Telephone Recovery. University of Kentucky. 2016 Jackson, Kristyn M. Secrecy in the Context of Romantic Relationships. University of Kentucky. 2016 Mains, Mark A. Hosting an International Exchange Youth: The Influence on the Family. University of Kentucky. 2015 Hawks, Jillian. Exploring the Therapeutic Alliance with Adolescents and their Caregivers: A Qualitative Approach. University of Kentucky. 2015 Yelland, Erin. Sex, Dementia, and Long-Term Care: Public Perspectives. University of Kentucky. (co-major professor) 2014 Lianekhammy, Joanne. The Influence of Video Games on Adolescent Brain Activity. University of Kentucky. 2013 Huff, Nichole. Positive affect, hemispheric lateralization, and relational problem solving: A mixed-methods exploration of parent-adolescent communication. University of Kentucky. 2012 Kimberly, Claire E. Three studies to investigate biopsychosocial influences on marital conflict. University of Kentucky. 2011 Bradley, Linda A. Inter-Generational and Intra-Generational Analysis of the Interactions Between Financial Socialization, Family Composition, and Financial Outcomes. University of Kentucky. 2011 Shipley, Ahlishia J. A Lesson Learned: Intimate Relationship Experiences among Black Collegiate Women. University of Kentucky. 2010 Blevins, Stephanie S. Program Evaluation: A Study of the Impact of a Workforce Preparation Program. University of Kentucky. 2009 Reeser, Cynthia S. A birth cohort analysis of the baby boom generation. University of Kentucky. 2007 Bair, Scott Eugene. Predicting Therapy Working Alliance through Client Adult Attachment and Client Perceptions of Therapist behaviors. Iowa State University. 2007

Cheon, Hee-Sun. Role Profiles: An alternative look at personality in couples

therapy. Iowa State University. (Co-major professor).

- 2004 Nieminen, Wayne L. The Meaning, Experience and Ecology of African Christian Marriages and Familial Relationships A Phenomenological Study at Makumira University College, Tanzania. Iowa State University.
- 2004 Harkness, Daniel James. *Use of the Oral History Interview to Assess Communication and Marital Satisfaction in Later-Life Couples*. Iowa State University.
- 2004 Erickson, Martin J. Parents' Relationships with and Parenting of their Adolescents following the Anasazi Foundation Experience. Iowa State University. (Co-major professor.)
- Turner, Lue Kirsten. I Found my Insides: Giving Voice to the Adolescent Experience of a Gender-Specific Treatment Program. Iowa State University.
- Wozny, Darren Anthony. *How dual-earner adoptive couples distribute family labor responsibilities in special-needs adoption*<sup>1</sup>. Iowa State University. (Comajor professor.)

# Master's Degree Students Advised

- 2020 M.S. Otto, Kristie. Does Parental Stress Influence Parent-Child Sexual Communication? University of Kentucky.
- 2019 M.S. Cornu, Matthew. *Caregivers of Parents with Alzheimer's Disease: Quality of Life, Perspectives, and Family Dynamics*. University of Kentucky. (Co-major professor).
- 2019 M.S. Mortis, Bailey. The Effects of Parental Divorce and Remarriage on Emerging Adult's Romantic Attachment Styles. University of Kentucky.
- 2019 M.S. Samuel, Jane D. A Phenomenology of Adoptive Parents' Adoption Communication Openness with Early Adolescents. University of Kentucky.
- 2018 M.S. Glenn, Stephanie. The Impact of Father Absence on Age of Sexual Activity and Current Levels of Attachment and Stress Among Young Females. University of Kentucky.
- 2018 M.S. Kaiser, Ellen. *The Association Between Smartphone Usage and Emotional Intelligence on Romantic Relationship Satisfaction Among Young Adults*. University of Kentucky.
- 2018 M.S. Sitton, Michael S. "Dad, do You Want to Play With Me?" The Impact of Fathers Who Make Time for Play. University of Kentucky.

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<sup>&</sup>lt;sup>1</sup> Received the Iowa State University Research Excellence Award.

- 2017 M.S. Elswick, Alex. *Emerging Adults and Recovery Capital: Barriers and Facilitators to Recovery.* University of Kentucky.
- 2017 M.S. Hannan, Joseph. Formative Evaluation of a Family Cooperation Board Game. University of Kentucky.
- 2017 M.S. Jansen, Kayla. Extended Family Relationships: How They Impact the Mental Health of Young Adults. University of Kentucky.
- 2016 M.S. Gassova, Zuzana. *Characteristics and Ethics of E-Therapy Websites with Marriage and Family Therapists.* University of Kentucky.
- 2016 M.S. King, Jessica. *How Therapists Use Mindfulness for Trauma Work*. University of Kentucky.
- 2016 M.S. Norwick, Jillian. Don't Have Sex, You'll Get Pregnant and Die!": Female University Students' Experiences with Abstinence-Only Education. University of Kentucky.
- 2015 M.S. Aiello, Erin. How do Perceived Gender Roles Effect the Number of Attempted Medical Interventions of Infertile Couples? University of Kentucky.
- 2015 M.S. Jenkins, Toby. *Husband's Response to Infidelity*. University of Kentucky.
- 2015 M.S. Jury, Katherine Hahn. *Ambiguous Loss in Adult Adoptees*. University of Kentucky.
- 2015 M.S. Stillwell, Marla C. Cultivating Partnerships Between Community Leaders and Service Agencies to Provide Support for Military Families. University of Kentucky.
- 2014 M.S. Armes, Stephanie. *The Mindfully Attached Therapist: Factors that Predict and Prevent the Development of Compassion Fatigue*. University of Kentucky.
- 2014 M.S. Gresham, Haley A. *Practice Patterns of Equine Assisted Psychotherapists*. University of Kentucky.
- 2012 M.S. Little, Christina A. *The Presence of Family Boundary Ambiguity in Partners Of Deployed Military Personnel*. University of Kentucky.
- 2011 M.S. Compton, Laura. *Knowledge and Acknowledgement of Posttraumatic Stress Disorder and Effects on Military Couples*. University of Kentucky.
- 2011 M.S. Flannery, Sarah M. *An Evaluation of "The Home is Where the Health Is" Project.* University of Kentucky.

- 2011 M.S. Smith, Lauren. A Qualitative Inquiry into Understanding the Experience of Wilderness Family Therapists. University of Kentucky.
- 2010 M.S. Stork-Hestad. *A Non-Marital, Romantic Relationship Dissolution Study.* University of Kentucky.
- 2010 M.S. Garrett, Nicole D. Same Baby, Different Time: A Description of the Transition to Parenthood in Graduate School. University of Kentucky.
- 2010 M.S. Perry, Martha S. Face To Face Versus Computer-Mediated Communication: Couples Satisfaction And Experience Across Conditions. University of Kentucky.
- 2009 M.S. Kimberly, Claire. *Analyzing the Educator and Student Relationship in a Parent Education Program.* University of Kentucky.
- 2009 M.S. Martinez, Lesley Katherine. How do females and male caregivers influence the development of their adolescent children's coping styles? University of Kentucky.
- 2009 M.S. Palagyi, Laurie A. Equine Assisted Psychotherapy: Profiling Characteristics of Mental Health Clinicians. University of Kentucky.
- 2008 M.S. Arnold, Amy Laura. Socioeconomic Status Extremes: An Investigation of Parenting Practices. University of Kentucky.
- 2008 M.S. Kelsey Ryder. *Influence of Media on Physiological Arousal*. Iowa State University.
- 2006 M.S. Abbie Leigh Heiberger. *The Influence of Personal Characteristics on Drop Out from Therapy.* Iowa State University.
- 2006 M.F.C.S. Lynn Ansel Conner. *Embedded Batterer Education Programs for Latinos*. Iowa State University.
- 2004 M.S. Erin Noelle Chapman. Adolescent Sexuality and Positive Youth Development: The Influence of Youth Extracurricular Activity Participation on Attitudes Regarding Sex. Iowa State University.
- 2004 M.S. Jane Erica Anderson. Sex Role Identification And The Demand Withdraw Pattern On Early Romantic Relationships. Iowa State University.
- 2004 M.S. Amanda Kay Pipal. *Perceptions of Online Romantic Relationships on Committed Face to Face Relationships*. Iowa State University.

- 2003 M.S. Kathleen M. Morrissey. *The Relationship Between Out-of-School Activities* and Positive Youth Development: An Investigation of Community Opportunities and Attitudes Toward Community. Iowa State University. (Co-major professor.)
- 2003 M.S. Sarah Gellhaus Thomas. *Connecting Couple Negativity, the Active Therapist, and the Therapeutic Alliance*. Iowa State University.
- 2002 M.F.C.S. Amanda J. Kirk. Multi-Systemic Perspective on Adolescent Sexuality. Iowa State University.
- 2002 M.S. Wendy Patricia Kovacs. *Origins of externalization: The relationship between maternal depression and knowledge of child development, and problem behaviors in children.* Iowa State University. (Co-major professor.)
- M.F.C.S. Mandy Livingston. Medical family therapy: An ecosystemic approach to marriage and family therapists working with multidisciplinary health care professionals in the medical field. Iowa State University.
- M.S. Jennifer Lynn Fitzharris. *The roles of parental involvement and parent-adolescent communication in adolescent sexuality.* Iowa State University.
- 1998 M.S. Stephanie M. Bowling. How does the relationship between fathers and daughters influence the sexual behavior and attitudes of heterosexual adolescent females? Colorado State University.
- 1998 M.S. Kathrine Daniels Carlson. *An Investigation of the relation between self-esteem, emotion work, and couple satisfaction.* Colorado State University.
- 1998 M.S. Kristen E. Holm. *The effect of emotion work balance on relationship satisfaction of couples seeking therapy.* Colorado State University.
- M.S. Stephen Richard Gaddis. *The adventure: One client's narrative about narrative therapy*. Colorado State University.
- 1998 M.S. Jill Nuechterlein Vosburg. Young children's concepts of the family and strategies to promote acceptance of diverse family forms. Colorado State University. (Co-major professor.)
- 1997 M.S. Jeffrey T. Bernstein. *Preschool children's classification skills and a multicultural education intervention to promote acceptance of ethnic diversity*. Colorado State University. (Co-major professor.)
- M.S. Tahnee S. Bowman. *Independent living programs in the foster care system according to emancipated young adults.* Colorado State University.
- 1996 M.S. Timothy S. Nelson. *Personological and relational correlates of therapeutic alliance*. Colorado State University. (Co-major professor.)

#### PROFESSIONAL ORGANIZATIONS

#### Membership in Professional Organizations

American Association for Marriage and Family Therapy – Clinical Member and Approved Supervisor

American Family Therapy Academy National Council on Family Relations Society for Research on Adolescence

# Membership in Honor Societies

The Honor Society of Phi Kappa Phi, The University of Georgia Chapter, The University of Georgia.

The Honor Society of Alpha Kappa Delta, Georgia State University.

#### SERVICE ACTIVITIES

#### External Reviewer for Promotion and Tenure Evaluations

Linville, Deanna (2017). External reviewer to evaluate appointment for promotion from Associate Professor to Professor at the University of Oregon in the Couples and Family Therapy Program.

Blumer, Markie (2015). External reviewer to evaluate promotion to Professor in the Human Development and Family Studies Department at the University of Wisconsin-Stout.

Allen, Kim (2013). External reviewer for promotion to Associate Professor with tenure for the NC State University Department of 4-H Youth Development and Family and Consumer Sciences.

Allgood, Scott (2012). External reviewer to evaluate promotion to Professor for Department of Family Consumer and Human Development in the Emma Eccles Jones College of Education and Human Services at Utah State University.

Craft, Shonda (2012). External reviewer to evaluate promotion from Assistant Professor to Associate Professor with tenure at the University of Minnesota in the Department of Family Social Science.

Baptist, Joyce (2011). External reviewer to evaluate appointment for Associate Professor with tenure in Marriage and Family Therapy at Kansas State University.

Linville, Deanna (2011). External reviewer to evaluate appointment for promotion from Assistant Professor to Associate Professor with tenure at the University of Oregon in the Couples and Family Therapy Program.

Pernice-Duca, Francesca (2011). External reviewer to evaluate appointment for promotion from Assistant Professor to Associate Professor with tenure at Wayne State University in the Educational Psychology Program.

Parra-Cardona, Ruben (2010). External reviewer to evaluate appointment for promotion from Assistant Professor to Associate Professor with tenure at Michigan State University in the Department of Human Development and Family Studies.

Perosa, Linda (2010). External reviewer to evaluate promotion to Professor for the University of Akron in Counselor Education and Supervision.

Goff, Briana Nelson (2008). External reviewer to evaluate promotion to Professor for Kansas State University School of Family Studies and Human Services.

Ward, L. Monique (2007). External reviewer to evaluate appointment for Associate Professor with tenure in the Department of Psychology at the University of California, Berkeley.

Johnson, Lee (2006). External reviewer for promotion to Associate Professor with tenure for the University of Georgia Department of Child and Family Studies.

# Departmental Committees/Activities

Member, Faculty Advisory Committee, Department of Human Development and Family Studies, Iowa State University, 2006-2007

Member, Program Review Task Force, Department of Human Development and Family Studies, Iowa State University, 2003-2004.

Member, Ad-Hoc Committee for Graduate Outcomes Assessment. Human Development and Family Studies, Iowa State 2003.

Member, Graduate Student Recruitment and Review Committee, Department of Human Development and Family Studies, Iowa State University, 1999-2006.

Member, Faculty Search Committee for Marriage and Family Therapy Specialization, 2000-2001.

Coordinate development of an M.S. Specialization in Marriage and Family Therapy.

Develop and Maintain MFT Program and MFT Clinic Home Pages on the World Wide Web, Iowa State University, 1998-present.

Member, Search Committee for Unit Head, Department of Human Development and Family Studies, Colorado State University, 1998.

Member, Graduate Committee, Department of Human Development and Family Studies, Colorado State University, 1997-1998.

Develop and Maintain HDFS Department and MFT Program Home Pages on the World Wide Web, Colorado State University, 1995-1998.

MFT Faculty Representative for collaborative program between the Family Intervention and Assessment Program, the HDFS Department Early Childhood Center, and the HDFS Department Marriage and Family Therapy Program, 1996-1997.

Faculty Advisor, Family Studies Student Organization, CRT Department, Western Michigan University, 1993-1995.

Member, Promotion Committee, CRT Department, Western Michigan University, 1994-1995.

Member, Public Relations and Social Committee, CRT Department, Western Michigan University, 1994-1995.

Member, Co-Initiated Proposal to Change Name of Department from Consumer Resources and Technology to Family and Consumer Sciences. Proposal unanimously approved by the department. Author of proposal submitted to curriculum committee. CRT Department, Western Michigan University, 1994.

Member, Workload Subcommittee for Policy/Executive Committee, CRT Department, Western Michigan University, 1993-1994.

Member, AAMFT Self Study for Accreditation, Department of Child and Family Development, The University of Georgia, 1991-1992.

Student Representative, Faculty Committee, Department of Child and Family Development, The University of Georgia, 1991-1992.

Student Representative, Clinical Faculty Committee, Department of Child and Family Development, The University of Georgia, 1991-1992.

<u>President, Alpha Kappa Delta</u>, Department of Sociology, Georgia State University, 1989-1990.

# College Committees/Activities

Chair, Associate Dean for Research Search Committee, College of Agriculture, University of Kentucky. 2014.

Chair, Nutrition and Food Science Chair Search Committee, College of Agriculture, University of Kentucky. 2012.

Chair, Plant and Soil Sciences Chair Search Committee, College of Agriculture, University of Kentucky. 2009.

Member, College of Family and Consumer Sciences Faculty Review Committee, Iowa State University, 2003-2005.

Member, College of Applied Human Sciences Technology Fee Committee, College of Applied Human Sciences, Colorado State University, 1995-1998.

Member, CRT/CECP Initiative to Develop an Interdepartmental Program in Marriage and Family Therapy Education, College of Education, Western Michigan University, 1993-1995.

Member, College of Education Research and Development Advisory Committee, College of Education, Western Michigan University, 1993-1995.

Presentation, Secondary Data Analysis: An Efficient, Cost-Effective Approach to Data Analysis and Theory Building. Research Colloquia for College of Education, Western Michigan University, April, 1994.

Presentation, Men and Women in Marriage and Family Therapy. Research Colloquia for College of Education, Western Michigan University, October, 1993.

#### Service to University

Member, Sexual Misconduct Appeals Board, University of Kentucky. 2017-2018, 2018-2019, 2019-2020.

Member, University of Kentucky Diversity, Equity, and Inclusion (DEI) Workstream to Identify Strategies to Recruit and Retain Diverse Faculty and Staff. 2020.

Trainer, University of Kentucky Unconscious Bias Training Committee for Managing Bias in the Faculty Search Process. 2016-2017.

Member, Department of Educational, School, and Counseling Psychology Review Committee, University of Kentucky, 2016-2017.

Member, University of Kentucky Fulbright Review Committee. 2014.

Member, Provost's Council on Metrics to Assess Budget Model. 2012-2013.

Member, University of Kentucky Council of Endowed Professors and Chairs. 2009-2011.

Member, Provost's Learning Improvements Award Committee, University of Kentucky, 2009.

Member, Graduate Council, Iowa State University, 2005-2007

Member, University Discipline Committee, Colorado State University, 1995-1998.

Member, Flood Interview Team, Colorado State University, 1997.

Member, Marriage and Family Therapy Education Task Force, Western Michigan University, 1993-1995.

Member, Southwest Michigan AIDS Quilt Project (SMAQP) Education Subcommittee, Western Michigan University, 1994-1995.

Presentation, Preparation and Application for Graduate School. Presentation to Family Studies Student Organization, Western Michigan University, February, 1994.

#### Other Service

Director, Ames Community School District School Board, Ames, Iowa, 2005-2007 (President of the school board from 2005-2007).

Vice President, Bethany Manor Board of Directors, Story City, Iowa 2003-2004.

Member, Bethany Manor Board of Directors, Story City, Iowa, 2001-2004.

Treasurer, Iowa Association for Marriage and Family Therapy Board, 1999-2000.

Treasurer, Colorado Association for Marriage and Family Therapy Board, 1997-1998.

Member, Assessment Subcommittee, American Association for Marriage and Family Therapy Research Consortium, 1997-2000.

Member, Colorado Grievance Board Advisory Committee, Denver, Colorado, 1996-1997.

Participant, Item-Writing Workshop for Marriage and Family Therapy National Licensing Exam, 1996.

Board of Directors, Michigan Council on Family Relations, 1994-1995.

Member of Task Force, Family and Community Violence. Western Michigan Psychological Association, 1993-1994.

#### **OTHER PROFESSIONAL ACTIVITIES:**

Werner-Wilson, (October, 1999). Attachment in Family Therapy with Adolescents. Presented as part of training program for Youth and Shelter Services, Ames, Iowa.

Participant (Invitation-Only), American Association for Marriage and Family Therapy Research Conference. Chicago, Illinois, July, 1999.

Werner-Wilson, (February, 1999). Developmental Aspects of Adolescents that Influence Family Therapy. Presented as part of training program for Youth and Shelter Services, Ames, Iowa.

Werner-Wilson (February, 1998). Gender and Conversation in Marriage and Family Therapy. Guest lecture for Dr. Toni S. Zimmerman, Psychology of Women.

Werner-Wilson (December, 1997). Talking to teens about sex. Seminar presented on behalf of CSU MFT Clinic as part of a program entitled "Understanding Your Adolescent."

Werner-Wilson (December, 1997). The influence of adolescent egocentrism on parentteen relationships. Seminar presented on behalf of CSU MFT Clinic as part of a program entitled "Understanding Your Adolescent."

Werner-Wilson (August, 1997). Introduction to clinical services at the CSU MFT Clinic. CSU Apartment Life, Fort Collins, Colorado.

Werner-Wilson (May, 1997). Systemic and developmental influences on adolescents. Guest lecture for Dr. Robert T. Williams, Educational Psychology.

Werner-Wilson (August, 1996). Introduction to clinical services at the CSU MFT Clinic. CSU Apartment Life, Fort Collins, Colorado.

Werner-Wilson (March, 1996). Adolescent sexuality. Presentation for Human Resource Development Program, Hewlett Packard Corporation, Fort Collins.

Zimmerman, T. S., MacPhee, D., Werner-Wilson, R. J., & Haddock, Shelly (February, 1996). Families . . . new perspectives. for "Women at Noon" sponsored by CSU Women's Studies and Programs.

Werner-Wilson (December, 1995). Gender in marriage and family therapy. Guest lecture for Dr. Silvia Canetto, Psychology of Gender.

- Wilson, R. J., & Werner, T. A. (February, 1995). Attacking Violence: Recommendations for Prevention and Intervention. Michigan Council on Family Relations. East Lansing, Michigan. February, 1995.
- Wilson, R. J. (May, 1994). Moderator, Discussion Panel on Racism. Prince of Peace Lutheran Church. Portage, Michigan.
- Wilson, R. J. (March, 1994). Facilitator, Violence: Our Community Concern and Response. Western Michigan Psychological Association. Kalamazoo, Michigan.
- Wilson, R. J. (November, 1993). Guest Speaker, The Practical Aspects of Family Therapy. Kalamazoo Area Association for Counseling and Development. Kalamazoo, Michigan.
- Wilson, R. J. (November, 1993). Guest Speaker, Human Sexuality. Prince of Peace Lutheran Church. Portage Michigan.
- Wilson, R. J. (March, 1990). Discussant, Citizens' organizations: Agents for change. Southern Sociological Society annual meeting. Louisville, Kentucky.