

Elizabeth S.M. Chan

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ACADEMIC APPOINTMENT

2025-Present **Montclair State University, Montclair, NJ**
Assistant Professor

EDUCATION

2023-2025 **Rutgers University, New Brunswick, NJ**
Center for Youth Social Emotional Wellness (CYSEW)
Post-Doctoral Fellow & Director of the CYSEW ADHD Clinic

2022-2023 **Kennedy Krieger Institute/Johns Hopkins Medicine, Baltimore, MD**
Pre-Doctoral Intern

2018-2023 **Florida State University, Tallahassee, FL**
Ph.D. in Clinical Psychology

2014-2016 **New York University, New York, NY**
M.A. in Counseling for Mental Health & Wellness

2008-2012 **Williams College, Williamstown, MA**
B.A. in Sociology

LICENSURE

New Jersey Licensed Clinical Psychologist, Conferred 09/2025

HONORS & AWARDS

2018-22 **Congress of Graduate Students Presentation Awards (x5)**
Florida State University (\$1000 total)

2018-21 **Graduate Research Development Awards (x5)**
Florida State University (\$2000 total)

2018 **Leslie N. Wilson-Delores Auzenne Award**
Florida State University, Faculty Nominated.

2014 **Steinhardt Student Achievement Award**
New York University, Faculty Nominated.

GRANT ACTIVITY

Intramural Grants Completed

Rutgers University Chan (PI) 2024

Center for Youth Social Emotional Wellness (CYSEW) Seed Fund

Project aim was to examine risk and protective factors for working adults with ADHD.

Total Award: \$3,000

New York University Chan (PI) 2015-16

Reading mindsets in school-aged children with ADHD

This study aimed to examine the relation between reading mindsets and aspects of reading abilities in school-aged children diagnosed with ADHD.

Total Award: \$1,000

Williams College Alumni Sponsored Grant Chan (PI) 2011

The structure and ethos of the Office of the Special Narcotics for the City of New York

This project utilized sociological qualitative methods to study a prosecutor-led drug rehabilitation program in New York.

Total Award: \$3,800

Unfunded Grants

NIH/NIMH K23: Mentored Patient-Oriented Research Career Development Award 2025

Chan (PI)

ADHD and Occupational Well-being: A Longitudinal & Pilot Intervention Study

IICF Northeast Associate Board Community Grant - Chan (PI) 2024

Low-Cost Mental Health Evaluations for the Tri-state Area

***Runner-Up**

COMPLETED RESEARCH SUPPORT

NIMH R61 MH131632-01 Langberg & Shepherd, D. (MPI)

Virtual Reality as a Novel Treatment to Improve the Academic Performance of Emerging Adults with ADHD

Role: Post-doctoral fellow

Total Award: \$3,115,797

IES R305A190222 (PI: Thomas Power, Ph.D.; Langberg Site-PI)

Evaluation of the Homework, Organization, and Planning Skills (HOPS) Program: A Conceptual Replication

Role: Intervention trainer/consultant

Total Award: \$3,950,738

NIH R01 MH115048 Kofler (PI)

Evaluating the Efficacy of Central Executive Training (CET) for Children with ADHD

Role: Evidence-based assessor

Total Award: \$1,921,041

NIH R34 MH102499 Kofler (PI)

Evaluating the Feasibility of Central Executive Training for Children with ADHD

Role: Evidence-based assessor

Total Award: \$668,414

Manton Foundation Gruen (PI)

New Haven Lexinome Project – Yale School of Medicine

Role: Research assistant

Total Award: \$5 million

PEER-REVIEWED PUBLICATIONS

*indicates undergraduate/graduate/post-baccalaureate mentee; + = co-first author

26. Green, C.D., **Chan, E.S.M.**, Langberg, J.M., & Becker, S.P. (accepted). Examining school climate in relation to sleep in adolescents with and without ADHD. *Sleep Health*.
25. **Chan, E.S.M.**, Green, C.D., Dvorsky, M.R., Steinberg, A.H., Becker, S.P., & Langberg, J.M. (2025) What dimensions of school climate promote adaptive functioning in adolescents with ADHD? A prospective longitudinal study. *Journal of Developmental Disabilities*.
<https://doi.org/10.1016/j.ridd.2024.104903>
24. **Chan, E.S.M.** & Langberg, J.M. (2024) Predicting occupational outcomes for individuals with ADHD: The role of hyperactivity/impulsivity and executive functioning. *Journal of Occupational Rehabilitation*. <https://doi.org/10.1007/s10926-024-10259-y>
23. Cole, A.M., **Chan, E.S.M.**, Gaye, F., Harmon, S.L., & Kofler, M.J. (2024). The role of working memory and organizational skills in academic functioning for children with ADHD. *Neuropsychology*.
22. **Chan, E.S.M.**, Dvorsky, M.R., Green, C.D., Breau, R.P., Becker, S.P., Langberg, J.M. (2024) Predictors and mechanisms of resilience for high school students with ADHD: A prospective longitudinal study. *Child Psychiatry & Human Development*.
<https://doi.org/10.1007/s10578-024-01704-3>
21. Kofler, M.J., Groves, N.B., **Chan, E.S.M.**, Marsh, C.L., Cole, A.M., Gaye, F., Cibrian, E., Tatsuki, M.O., & Singh, L.J. (2024). Working memory and inhibitory control deficits in children with ADHD: An experimental evaluation of competing model predictions. *Frontiers in Psychiatry*.
<https://doi.org/10.3389/fpsy.2024.1277583>

20. **Chan, E.S.M.**, +Perkins, E.R.,+ Bertoldi, B.M., Lowman, K., Soto, E.F., Tuvblad, C., Oskarsson, S., Baker, L.A., & Patrick, C.J. (2024). Triarchic traits as risk versus protective factors for ADHD symptomatology: a prospective longitudinal investigation. *Development and Psychopathology*. doi:10.1017/S0954579423001608
19. Marsh, C.L., Harmon, S.L., Cho, S., **Chan, E.S.M.**, Gaye, F., DeGeorge, L., Black, K.E., Irwin Harper, L.N. & Kofler, M.J. (2023). Does anxiety exacerbate or protect against executive functioning deficits in pediatric attention-deficit/hyperactivity disorder? *Research in Child and Adolescent Psychopathology*. <https://doi.org/10.1007/s10567-018-0255-8>
18. **Chan, E.S.M.**, Barroso, C., Groves, N.B., Marsh, C.L., Black, K., Jaisle, E. & Kofler, M.J. (2023). A preliminary 'shortlist' of individual, family, and social-community assets to promote resilience in pediatric ADHD. *Research in Developmental Disabilities*. <https://doi.org/10.1016/j.ridd.2023.104568>
17. Gaye, F., Groves, N.B., **Chan, E.S.M.**, Cole, A.M., & Kofler, M. J. (2024). Which components of working memory are involved in math performance in children with and without ADHD? *Neuropsychology*. <https://doi.org/10.1037/neu0000920> ****Top 10 cited APA journal articles cited in 2024****
16. **Chan, E.S.M.**, Gaye, F., Cole, A.M., Singh, L.J., & Kofler, M.J. (2023). Central executive training for ADHD: Impact on organizational skills at home and school. A randomized controlled trial. *Neuropsychology*. <https://doi.org/10.1037/neu0000918>
15. **Chan, E.S.M.**, Shero, J.A., Hand, E.D., Cole, A.M., Gaye, F., Spiegel, J.A., & Kofler, M.J. (2023). Are reading interventions effective for children with ADHD? A meta-analysis. *Journal of Attention Disorders*. <https://doi.org/10.1177/10870547221130111>
14. Cole, A.M., **Chan, E.S.M.**, Gaye, F., Spiegel, J.A., Soto, E.F., & Kofler, M.J. (2022). Evaluating the simple view of reading for children with Attention-Deficit/Hyperactivity Disorder. *Journal of Educational Psychology*. <https://doi.org/10.1037/edu0000806>
13. Groves, N.B., **Chan, E.S.M.**, Marsh, C.L., Gaye, F., Jaisle, E.M., & Kofler, M.J. (2022). Does Central Executive Training (CET) and/or Inhibitory Control Training (ICT) Improve Emotion Regulation for Children with ADHD?. *Frontiers in Psychology*. <https://doi.org/10.3389/fpsy.2022.1034722>
12. **Chan, E.S.M.**+, Macias, M.*+, & Kofler, M.J. (2022). Does child anxiety exacerbate or protect against parent-child relationship difficulties in children with elevated ADHD symptoms? *Journal of Psychopathology and Behavioral Assessment*. <https://doi.org/10.1007/s10862-021-09922-y>
11. Condo, J.S.*., **Chan, E.S.M.**, & Kofler, M.J. (2022). Examining the effects of ADHD symptoms and parental involvement on children's academic achievement. *Research in Developmental Disabilities*. <https://doi.org/10.1016/j.ridd.2021.104156>

10. **Chan, E.S.M.**, Groves, N.B., Marsh, C.L., Miller, C.E., Richmond, K.P., & Kofler, M.J. (2022). Are there resilient children with ADHD? *Journal of Attention Disorders*.
<https://doi.org/10.1177/10870547211025629> ****Listed as top cited JAD article in past 3 years****
9. Singh, L.J., Gaye, F., Cole, A.M., **Chan, E.S.M.**, & Kofler, M.J. (2022). Central executive training for ADHD effects on academic achievement, productivity, and success in the classroom. *Neuropsychology*.
8. Soto, E.F., Irwin, L.N., **Chan, E.S.M.**, Spiegel, J.A., & Kofler, M.J. (2021). Executive functions and writing skills in children with and without ADHD. *Neuropsychology*.
<https://doi.org/10.1037/neu0000769>
7. Irwin, L.N., Soto, E.F., **Chan, E.S.M.**, Miller, C.E., Carrington-Forde, S., Groves, N.B., & Kofler, M.J. (2021). Activities of daily living and working memory in pediatric attention-deficit/hyperactivity disorder (ADHD). *Child Neuropsychology*.
<https://doi.org/10.1080/09297049.2020.1866521>
6. Kofler, M.J., Wells, E.L., Singh, L.J., Soto, E.F., Irwin, L.N., Groves, N.B., **Chan, E.S.M.**, Miller, C.E., Richmond, K.P., Schatschneider, C., & Lonigan, C.J. (2020). A randomized controlled trial of central executive training (CET) versus inhibitory control training (ICT) for ADHD. *Journal of Consulting and Clinical Psychology*. <https://doi.org/10.1037/ccp0000550>
5. Kofler, M.J., Groves, N.B., Singh, L.J., Soto, E.F., **Chan, E.S.M.**, Irwin, L.N., & Miller, C.E. (2020). Rethinking hyperactivity: Preliminary evidence for a cognitively-informed re-conceptualization of hyperactivity in pediatric ADHD. *Psychological Assessment*.
<https://doi.org/10.1037/pas0000856>
4. Kofler, M.J., Singh, L.J., Soto, E.F., **Chan, E.S.M.**, Miller, C.E., Harmon, S.L., & Spiegel, J.A. (2020). Working memory and short-term memory deficits in ADHD: A bifactor modeling approach. *Neuropsychology*. <https://doi.org/10.1037/neu0000641>
3. Fosco, W., Kofler, M., Groves, N.B., & **Chan, E.S.M.** (2020). What components of working memory aren't working in ADHD?. *Journal of Abnormal Child Psychology*, 1-14.
<https://doi.org/10.1007/s10802-020-00621-y>
2. Groves, N.B., Kofler, M.J., Wells, E.L., Day, T.N., & **Chan, E.S.M.** (2020). An examination of relations among working memory, ADHD symptoms, and emotion regulation. *Journal of Abnormal Child Psychology*, 1-13. <https://doi.org/10.1007/s10802-019-00612-8>
1. Chacko, A., Jensen, S.A., Sosa-Lowry, S., Cornwell, L., Chimiklis, A., **Chan, E.**, Lee, D., & Pulgarin, B. (2016). Engagement in behavioral parent training: review of the literature and implications for practice. *Clinical Child & Family Psychology Review*, 19, 204-215.
<https://doi.org/10.1007/s10567-016-0205-2>

BOOK CHAPTERS

1. Chacko, A., **Chan, E.**, Goss, K. (2018). Treatment Planning. In E. Bratten, B. Willoughby (Eds). *The Sage Encyclopedia of Intellectual and Developmental Disorders*. New York, NY: Sage.

MANUSCRIPTS UNDER PEER-REVIEW

*indicates undergraduate/graduate/post-baccalaureate mentee

6. Green, C.D., **Chan, E.S.M.**, Dvorsky, M.R., Baron, O., Langberg, J.M., & S.P., Becker. (under review) *Cultivating Strengths: The importance of extracurricular activities participation on psychological well-being and social functioning in adolescents with ADHD.*
5. **Chan, E.S.M.**, Langberg, J.M., *Frontale, S.R., & Baker, S. (revise & resubmit) *Vocational identity and occupational well-being in ADHD: the role of hyperactivity and executive functioning.*
4. **Chan, E.S.M.**, Swarbrick, M., *Frontale, S.R., Baker, S., Green, C.D., & Langberg, J.M. (under review) *Workplace and social support as predictors of job Satisfaction, motivation, and income in ADHD.*
3. Jamalinabijan, F., Cuber, I., Costa, M., Gonçalves de Souza, J., Córdova, G., **Chan, E.**, Langberg, J., Fritz, T., & Shepherd, D. (revise & resubmit). *Screenshot-based, point-of-performance feedback is feasible and helpful for improving the on-task time of students with ADHD*
2. Green, C.D., **Chan, E.S.M.**, Padgett, S. Peugh, J.L., Dvorsky, M., Langberg, J.M., & Becker, S.P. (under review). *Unlocking the power of neighborhood collective efficacy: How race and ADHD shape youth outcomes.*
1. da Costa, M., **Chan, E.**, Shepherd, D., Fritz, T., Langberg, J., Jamalinabijan, F., & Cuber, I. (under review). *Towards Ecological Validity on Assessing ADHD Symptoms using Automatically Collected, Real World Computer Activity Data. Transactions on Computer-Human Interaction.*

MANUSCRIPTS IN-PREPARATION

*indicates undergraduate/graduate/post-baccalaureate mentee

3. **Chan, E.S.M.**, da Costa, M., Fritz, T., *Frontale, S. Jamalinabijan, F., Cuber, I. Shepherd, D., & Langberg, J. (in preparation) *Enhancing Academic Engagement in College Students with ADHD: A Randomized Controlled Trial of a Virtual Reality Study Aid.*
2. **Chan, E.S.M.**, *Applebaum, J., Breaux, R., Capps, E.R., Dvorsky, Green, C.D., M.R., Becker, S.P., & Langberg, J.M. (in preparation). *Variability in teacher-reported academic motivation in children with and without ADHD.*
1. **Chan, E.S.M.**, Clarke, E.B., *Applebaum, J., & *Moran, J. (in preparation) *Indicators of quality of life and well-being among adults with ADHD: A review paper.*

CHAired PEER-REVIEWED SESSIONS & SYMPOSIUMS

+ = co-chair

3. **Chan, E.S.M.** +Clarke, E.B., Bui, H., Canu, W., Gurba, A., Merritt-Gawe, K. & Singer, H. (2025) *Navigating the Transition to Adulthood: Behavioral Interventions and Contextual Supports for ADHD and Autism Across the Lifespan.* Symposium accepted at the 57th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.

2. **Chan, E.S.M.**, Langberg, J.M., Fabiano, G.A., Lerner, M.D., & Manente, C.J. (2024). *Neurodiversity and work*. Clinical round table accepted at the 58th Association for Behavioral and Cognitive Therapies (ABCT) conference, Philadelphia, PA. ***ADHD SIG sponsored***
1. **Chan, E.S.M.**, Dvorsky, M.R., Smith, Z.R., Oddo, L.E., & Langberg, J.M. (2023) *Pathways to wellbeing for adolescents with ADHD*. Symposium accepted at the 57th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.

PEER-REVIEWED ORAL PRESENTATIONS

*indicates undergraduate/graduate mentee

11. **Chan, E.S.M.** & Langberg, J.M. (2026) *Expanding access to ADHD evaluations in higher education: a virtual and digitized model for university training clinics*. Symposium presentation accepted at the American Professional Society of ADHD & Related Disorders.
10. **Chan, E.S.M.** (2025). *Improving workplace success in ADHD: a discussion on vocational identity and contextual supports for intervention*. ADHD Special Interest Group Table Talk Discussion at the 58th Association for Behavioral and Cognitive Therapies (ABCT) conference, Philadelphia, PA.
9. **Chan, E.S.M.**, Langberg, J.M., Shimoni, N., Ogunnaya, Z., Baker, S., & *Frontale, S. (2025). *A holistic model of ADHD care: Mental health evaluations as a tool for empowering college students to engage with support services*. Presentation at the New Jersey Higher Education Mental Health Summit.
8. **Chan, E.S.M.** & Green, C.D., (2024) *Towards a strength-based approach to the study and treatment of ADHD: A discussion on emerging evidence, challenges, and future directions*. ADHD Special Interest Group Table Talk Discussion at the 58th Association for Behavioral and Cognitive Therapies (ABCT) conference, Philadelphia, PA.
7. Langberg, J.M., **Chan, E.S.M.**, Dvorsky, M.R. (2024). Adapting evidence-based ADHD interventions for the digital era. In J. Mitchell (Chair). *School Interventions in the Digital Era*. Symposium presentation at the American Professional Society of ADHD and Related Disorders (APSARD) annual conference, Orlando, FL.
6. Dvorsky, M.R., **Chan, E.S.M.**, Shi, Q., Steinberg, A.H., Becker, S.P., & Langberg, J.M. (2023). *Early social and emotional predictors of individual differences in wellbeing in late adolescence among youth with and without ADHD*. Symposium presentation the 57th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.
5. **Chan, E.S.M.**, Dvorsky, M.R., Green, C., Steinberg, A.H., Becker, S.P., & Langberg, J.M. (2023) *Dimensions of school climate and psychological wellbeing for adolescents with and without ADHD: a longitudinal study*. Symposium presentation the 57th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.

4. *Condo, J., **Chan, E.S.M.**, & Kofler, M.J. (2021, April). *Does parental involvement moderate the relation between ADHD symptoms to academic achievement?* Paper presentation at Florida State University's annual Undergraduate Research Day Conference, Virtual Convention.
**** Howard Baker Award for Best Thesis/Paper at FSU Undergraduate Research Day 2021**
3. **Chan, E.S.M.**, Shero, J.A., Hand, E.D., Cole, A.M, Gaye, F. & Kofler., M.J. (2020, November). *Are reading interventions effective for children with ADHD? A meta-analysis.* Paper presentation at the ADHD Special Interest Group at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Convention.
2. **Chan, E.S.M.**, Soto, E.F., Singh, L.J., Groves, N.B., Marsh, C.L., & Kofler, M.J. (2020, September). *Identifying barriers and promoting access to psychological research clinics for diverse populations during COVID-19.* Round table at the Diversity & Inclusion in Research & Teaching (DIRECTO) Annual Symposium on Diversity & Inclusion at Florida State University, Tallahassee, FL.
1. **Chan, E.** & Chacko, A. (2015, November). *Examining the relationship between reading mindsets and reading abilities in school-aged children with attention-deficit/hyperactivity disorder as a potential intervention target.* Presentation at the ADHD Special Interest Group – Association for Behavioral and Cognitive Therapies (ABCT) conference, Chicago, IL.

PEER-REVIEWED POSTER PRESENTATIONS

*indicates undergraduate/graduate mentee

27. *Applebaum, J., **Chan, E.S.M.**, Capps, R.E., Dvorsky,, M., Becker, S., & Langberg, J. (2025, November) *Intra-individual variability in teacher-reported academic motivation among adolescents with and without ADHD.* Poster at the 59th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.
26. *Frontale, S.R., **Chan, E.S.M.**, & Langberg, J. (2025). Poster at the 59th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.
25. Tatsuki, M. O., Cho, S., Cibrian, E., Bullard, C., Patron, B., **Chan, E.S.M.**, Kofler, M. J. (May 1-3, 2025). *Quantifying the Parent-Child ADHD Symptom-Level Similarity: Extending the Similarity-Fit Hypothesis* [Poster submitted]. Poster at the 59th Association for Behavioral and Cognitive Therapies (ABCT) conference, Seattle, WA.
24. Green, C. D., **Chan., E.S.**, Dvorsky, M.R., & Becker, S.P. *The Role of Extracurricular Participation in Relation to Psychological Well-being and Social Functioning in Adolescents with ADHD.* Poster accepted to the 2025 American Professional Society of ADHD and Related Disorders (APSARD) Conference, San Diego, CA.
23. **Chan, E.S.M.**, Groves, N.B., Marsh, C.L., Black, K., Jaisle, E. & Kofler, M.J. (2022, November). *ADHD and Resilience.* Poster presentation at the 56th Association for Behavioral and Cognitive Therapies (ABCT) conference, New York, NY.

22. **Chan, E.S.M.**, Gaye, F., Cole, A.M., Singh, L.J., & Kofler, M.J. (2022, November). Central executive and inhibitory control training effects for ADHD-related organizational impairments. Poster presentation at the 56th Association for Behavioral and Cognitive Therapies (ABCT) conference, New York, NY.
21. Groves, N.B., **Chan, E.S.M.**, Marsh, C.L., Gaye, F., Jaisle, E.M., & Kofler, M.J. (2022, November). Does Central Executive Training (CET) and/or Inhibitory Control Training (ICT) Improve Emotion Regulation for Children with ADHD?. Poster presentation at the 56th Association for Behavioral and Cognitive Therapies (ABCT) conference, New York, NY.
20. Gaye, F., Singh, L.J., **Chan, E.S.M.**, Cole, A.M., & Kofler, M.J. (2022, February). *Central executive training for ADHD effects on academic achievement, productivity, and success in the classroom*. Poster presentation accepted at the International Neuropsychological Society (INS) annual meeting, Virtual Convention.
19. Cole, A.M., Soto, E.F., Spiegel, J. A., **Chan, E.S.M.**, Gaye, F., & Kofler, M.J. (2022, February). *Evaluating the simple view of reading in children with ADHD*. Poster presentation accepted at the meeting of International Neuropsychological Society (INS), Virtual Convention.
18. **Chan, E.S.M.**, Perkins, E.R., Bertoldi, B.M., Lowman, K., Tuvblad, C., Baker, L.A., & Patrick, C.J. *Trait disinhibition, boldness, and meanness as risk and protective factors to later Antisocial Personality and ADHD problems for youth with ADHD symptoms: a triarchic psychopathy model approach*. (2021, November). Poster presentation accepted at the Association for Behavioral and Cognitive Therapies (ABCT) conference, Virtual Convention.
17. Gaye, F., Groves, N.B., **Chan, E.S.M.**, Cole, A.M., & Kofler, M.J. (2021, November). *Which components of working memory are involved in math performance in children with and without ADHD?* Poster presentation accepted at the Association for Behavioral and Cognitive Therapies (ABCT) conference, Virtual Convention.
16. *Macias, M., **Chan, E.S.M.**, & Kofler, M.J. *Association between child's ADHD symptoms and parent-child relationship as moderated by child's anxiety symptoms*. (2021, November). Poster presentation at the Association for Psychological Science, Virtual Convention.
15. **Chan, E.S.M.**, Kofler, M.J., Groves, N.B., Marsh, C.L., Miller, C.E., & Richmond, K.P. (2021, April) *ADHD and resilience: examining profiles of resilient children with and without ADHD*. Poster presentation at the Society for Research in Child Development (SRCD) Biennial Meeting, Virtual Convention.
14. **Chan, E.S.M.**, Shero, J.A., Hand, E.D., Condo, J.S.*, Macias, M.*, & Kofler., M.J. (2021, April). *A meta-analytic review of reading intervention treatment effects for ADHD*. Poster presentation at the Society for Research in Child Development (SRCD) Biennial Meeting, Virtual Convention.

13. Groves, N.B., Janakiraman, R., Soto, E.F., Singh, L.J., Marsh, C.L., Miller, C.E., Wells, E.L., **Chan, E.S.M.**, Schafer, K.M., Jeon, M., Kofler, M.J., & Joiner, T.E. (2021, April). *An examination of symptom clusters that predict suicidal ideation in school-aged children*. Poster presentation at the Society for Research in Child Development (SRCD) Biennial Meeting, Virtual Convention.
12. *Condo, J.S., **Chan, E.S.M.**, Harvey, T.K., & Kofler, M.J. (2020, November). *Examining the differential effect of parental involvement to inattention and hyperactivity-impulsivity symptoms on academic achievement for children with ADHD*. Poster presentation at the ADHD Special Interest Group at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Convention.
11. Soto, E. F., Irwin, L.N., **Chan, E. S. M.**, Spiegel, J.A., Gaye, F., Cole, A., & Kofler, M. J. (2020, November). *Do teacher rated child ADHD symptoms conditionally effect the relationship between child executive functioning and writing abilities?* Poster presentation at the 54th Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Virtual Convention.
10. Marsh, C.L., Soto, E.F., Groves, N.B., **Chan, E.S.M.**, Irwin, L.N., & Kofler, M. J. (2020, November). *Does anxiety moderate the relationship between executive functioning and pediatric attention-deficit/hyperactivity disorder?* Poster presentation at the annual Association for Behavioral and Cognitive Therapies (ABCT) conference, Virtual Convention.
9. Miller, C.E., Soto, E.F., Groves, N.B., **Chan, E.S.M.**, Wells, E.L., & Kofler, M. J. (2020, November). *Parent and teacher reported social strengths in ADHD and autism spectrum disorder*. Poster presentation at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Virtual Convention.
8. Irwin, L.N., Soto, E.F., **Chan, E.S.M.**, Groves, N.B., Miller, C.E., Carrington, S., & Kofler, M.J. (2020, February). *Activities of daily living in pediatric attention-deficit/hyperactivity disorder: Associations with working memory*. Poster presentation at the International Neuropsychological Society 48th Annual Meeting, Denver, CO.
7. Richmond, K.P., Soto E.F., **Chan, E.S.M.**, Marsh, C.L., Miller, C.E., & Kofler, M.J. (2020). *Examining the associations among social skills, ADHD symptoms, and academic performance in children*. Poster at the 2020 Annual Meeting of the American Professional Society of ADHD and Related Disorders (APSARD, September), Washington, D.C.
6. **Chan, E.S.M.**, Kofler, M.J., Groves, N.B., Miller, C.E., & Richmond, K. (2019, November). *Are there resilient children with ADHD*. Poster presentation at the ADHD Special Interest Group at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
5. Groves, N. B., Soto, E. F., **Chan, E.S.M.**, Irwin, L.N., Miller, C.E., Singh, L.J., & Kofler, M.J. (2019, November). *Rethinking hyperactivity: Preliminary evidence for a cognitively-informed re-*

conceptualization of hyperactivity in pediatric ADHD. Poster presentation at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

4. Miller, C.E., Soto, E.F., Groves, N.B., **Chan, E.S.M.**, Wells, E.L., & Kofler, M.J. (2019, November). *Social skills acquisition and performance problems in ADHD and Autism Spectrum Disorder*. Poster presentation at the 53rd Annual Convention of the Association of Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
3. **Chan, E.**, Frijters, J., & Bosson-Heenan, J. (2018, November). *Inattention and hyperactivity-impulsivity symptoms and their relation to single-word reading and reading comprehension*. Poster presentation at the 52nd Annual Convention of the Association for Behavioral and Cognitive Behavioral Therapies Convention, Washington, DC.
2. Chimilkis, A., Feirsen, N. Darl, **Chan, E.**, Lee, D., Pulgarin, B., Chacko, A., Wymbs, B.T., & Wymbs, F. (2015, November) *Characteristics of parents of children with ADHD who never-attend, drop-out, and complete behavioral parent training*. Poster presentation at the Association for Behavioral and Cognitive Behavioral Therapies Convention (Chicago, IL).
1. Chimiklis, A., Marks, D., Bedard, A.C., Feirsen, N., Uderman, J., Andersen, L., Cornwell, M., Rajwan, E., Zwilling, A., **Chan, E.**, Lee, D., Pulgarin, B., Forgarty, K., Goss, K., & Chacko, A. (2015, November) *Working memory as a moderator of outcomes in Cogmed working memory for youth with attention-deficit/hyperactivity disorder*. Poster presentation at the Association for Behavioral and Cognitive Behavioral Therapy (Chicago, IL).

RESEARCH MENTORSHIP

2025	<p>Dissertation Statistics Consultant for Kierra Pean, Clinical Psy.D. Rutgers University</p> <ul style="list-style-type: none"> Provided statistical and methodological consult for dissertation writing and presentation on applying DBT skills to emotion regulation in ADHD
2023-2024	<p>Research advisor for Lucy Ray, Science Research in High School Program, University at Albany, Hudson Falls, NY (virtual)</p> <ul style="list-style-type: none"> Approached as field expert to advise research project examining ADHD, academics, and hyperactivity towards thesis and local/regional science symposiums Program sponsored by the University at Albany for advanced high school students interested in pursuing college-level research
2020-2021	<p>Honor thesis co-mentor for Jaida Condo, Undergraduate Student, FSU, Tallahassee, FL</p> <p><i>Current Status:</i> A.T. Still University School of Osteopathic Medicine</p> <ul style="list-style-type: none"> Mentored towards successful peer-reviewed publication in <i>Research in Developmental Disabilities</i> & poster at Association for Behavioral & Cognitive Therapies Mentee awarded 1st place (\$300) at the Howard Baker Research Talk & Manuscript at the Florida State Undergraduate Research Day Conference

2020-
2021 **Honors thesis co-mentor for Mariafernanda Macias, Undergraduate Student, FSU, Tallahassee, FL**
Current Status: Catholic University's Clinical Psychology Ph.D. program
Mentored towards successful peer-reviewed publication in *Journal of Psychopathology and Behavioral Assessment* & poster at Society for Research in Child Development (virtual)

CLINICAL SUPERVISION & ADMINISTRATION

2023-
2025 **Inaugural Director, Center for Youth Social Emotional Wellness (CYSEW), ADHD Clinic, Rutgers University**

Piscataway, NJ

- Developed and launched practicum with Dr. Joshua Langberg
- Directly supervised 10 Psy.D. trainees in ADHD assessment, research diagnostic evaluations, and group intervention
- Tracked and managed training benchmarks of over 30 GSAPP students
- Supervised trainees in writing integrated assessment reports (over 30 reports supervised) and treatment (supervised 5 grad students/post-bachs)

2022-
2023 **Behavioral Psychology Doctoral Intern, Kennedy Krieger Institute/Johns Hopkins Medicine**

Baltimore, MD

- Provided peer supervision on case conceptualization, assessment of function of behaviors, treatment progress and obstacles to treatment

2020-
2022 **Psychological Trainee (Assessment), FSU Children's Learning Clinic, Tallahassee, FL**

- Trained and co-supervised junior graduate students on comprehensive psychoeducational and neurocognitive assessments

ADDITIONAL CLINICAL EXPERIENCE

2022-
2023 **Kennedy Krieger Institute/Johns Hopkins Medicine,**

Baltimore, MD

- Provided evidence-based and applied behavior analytic focused intensive, outpatient parent-based intervention, assessment, and consult to address child and pre-teen(ages 2-12) disruptive/aggressive behaviors

2018-
2022 **Psychological Trainee (Assessment), FSU Children's Learning Clinic, Tallahassee, FL**

- Administered, wrote comprehensive clinical reports, and provided feedback based on psychodiagnostics, IQ, academic, and neuropsychological evaluations for children and families with ADHD

2021-
2022 **Psychological Trainee, FSU Anxiety and Behavioral Health Clinic,**

Tallahassee, FL

- Provided evidence-based diagnostic assessment and individual therapy for adolescents with primary anxiety symptoms

- 2020-
2021 **Pre-doctoral Psychology Extern, Apalachee Center, Tallahassee, FL**
Supervisor: Mark Reeves, Ph.D.
- Provided outpatient and inpatient individual and group therapy for children, adolescents, and adult clients experiencing and/or struggling with chronic and severe mental illness
- 2019-
2021 **Psychological Trainee (Therapy & Assessment), FSU Psychology Clinic, Tallahassee, FL**
Supervisor: Therese Skubic Kemper, Ph.D.
- Provided evidence-based therapy, including behavioral parent training, CBT, exposures, social skills training, emotion regulation awareness/skills training, and trauma-informed care for children, adolescent, and adult clients
- 2021 **Psychological Trainee, FSU Public Interest Law Center & FSU Psychology Clinic, Tallahassee, FL**
Supervisor: Therese Skubic Kemper, Ph.D.
- Conducted a pro bono psychological evaluation for legal requirements for the U-visa application for immigration relief due to domestic abuse
- 2019 **Group Therapist, FSU Multidisciplinary Evaluation and Consulting Center, Tallahassee Florida**
- Planned and co-led weekly evidence-based PEERS curriculum social skills treatment with adolescents with autism spectrum disorder and their families
- 2015-
2016 **Clinical Intern (24 hours/week), Mental Health Association – Adolescent Skills Center (ASC), Bronx, NY**
- Provided weekly individual and group counseling for youth (ages 16-21) at a General Education Development (GED) and special education (District 75) therapeutic program for youth with emotional and behavioral difficulties
 - Served as case manager to caseload of 10 students providing service planning, referrals, vocational skills training, and documentation of service
- 2016
-2017 **Clinical Research Assistant, Yale School of Medicine, New Haven, CT**
- Administered over 250 academic (e.g., Woodcock Johnson, CTOPP, GORT) and neurocognitive (e.g., NEPSY, WISC) batteries in the school-setting
- 2015 **Clinical Volunteer, Mount Sinai Child & Family Institute - Comprehensive Adolescent Rehabilitation and Education Service (CARES), New York, NY**
- Provided therapeutic support for adolescents at an outpatient therapeutic educational program for teens w/ academic difficulties related to emotional/behavioral difficulties

TEACHING

- | | |
|----------------|--|
| 2025 | Instructor of Record, Montclair State University, Montclair, NJ
<i>Course: Introduction to Psychology</i> <ul style="list-style-type: none"> ▪ Course instructor for 120 freshmen/sophomores on foundational understanding of human behavior, cognition, and psychological principles. |
| 2022 | Departmental Assistant, Florida State University, Tallahassee, FL <ul style="list-style-type: none"> ▪ Designed and created course materials (e.g., videos, worksheets) to supplement undergraduate courses in statistics, introduction to clinical and counseling psychology, and careers in psychology. |
| 2021 &
2022 | Lead Lab Instructor, Florida State University, Tallahassee, FL
<i>Course: Cognitive Assessment</i> (3 semesters, 9-13 graduate students per semester) <ul style="list-style-type: none"> ▪ Taught graduate students how to administer, score, interpret, and integrate findings from cognitive/intellectual assessments into oral and written formats ▪ Supervised graduate students on administration of learned assessments (e.g., KTEA, NEPSY, WISC) to volunteer participants ▪ Evaluated and provided feedback on test administration and report writing |
| 2021 &
2022 | Invited Guest Lecturer on ADHD, Florida State University, Tallahassee, FL
<i>Course: Cognitive Assessment (Graduate Course)</i> <ul style="list-style-type: none"> ▪ Designed and presented 2-hour, interactive lecture on the assessment, treatment, and study of ADHD to graduate students. |
| 2019 | Invited Guest Lecturer, Florida State University, Tallahassee, FL
<i>Course: Introduction to Child Psychopathology</i> (Undergraduate course) <ul style="list-style-type: none"> ▪ Invited guest lecturer for undergraduate course Abnormal Child Psychopathology. |
| 2019-
2020 | Teaching Assistant, Florida State University, Tallahassee, FL
<i>Course: Careers in Psychology</i> (2 semesters, 200 undergraduate students per semester) <ul style="list-style-type: none"> ▪ Graded course assignments, secondary point-of-contact with students, and assisted instructor of record on all relevant course materials. |

SERVICE & LEADERSHIP

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|----------------|---|
| 2025 | Montclair State University Adjunct Reviewer Committee
Provide class observation, recommendations, and report on teaching of adjuncts and Ph.D.-level instructors. |
| 2024 &
2025 | Rutgers Neurodiversity Task Force
Planning committee for 2024 Rutgers Neurodiversity Summit. |
| 2024 | Rutgers Center for Youth Social Emotional Wellness Summit Taskforce
Planning committed for 2024 CYSEW Youth Mental Health Equity Summit. |

- 2024 **Society of Clinical Child & Adolescent Psychology's Mentorship Program**
Mentor graduate students towards enhancing their professional development and connections to the clinical child and adolescent psychology community.
- 2023 **Rutgers Disabilities Awareness Month Task Force**
Planning committee for 2024 Disability Awareness Month. Coordinating panel on access to evaluation and comprehensive service provision for college students with executive function difficulties.
- 2022 &
2023 **Association of Behavioral & Cognitive Therapies 56th & 57th Annual Conference, ADHD Special Interest Group, Pre-Con Planning Committee**
Assist with planning programming and speaker(s) for day-long pre-conference on the study and treatment of ADHD.
- 2020-
2022 **Cofounder, FSU Diversity Reading Group for Clinical Practice**
Facilitated discussions and curated articles for a graduate-student reading group regarding issues of cultural competence and humility in evidence-based practice.
- 2018-
2021 **Founding Clinical Psychology Representative, FSU Diversity in Psychology Organization of Graduate Students (DPOGS)**
Co-founded and organized annual diverse speaker series, biennial undergraduate workshop series, and townhalls to promote diversity and inclusion in psychology.

INVITED KEYNOTES & WORKSHOPS

- **Workshop on ACCESS: An Organizational Skills and CBT Treatment for ADHD.** (2025). Workshop for Rutgers Counseling, Alcohol and Other Drug Assistance Program & Psychiatric Services staff, faculty, and clinical interns.
- **Lessons from ADHD Research: Implications for Graduate Student Well-Being & Productivity.** (2025). Keynote and workshop for faculty and students at Auburn University.
- **Foundations of Comprehensive ADHD Assessment.** (2023, 2024). Workshop for graduate level trainees towards conducting gold-standard ADHD evaluations at Rutgers University.

COMMUNITY PRESENTATIONS

- **Demystifying Mental Health Evaluations for Undergraduate and Graduate School.** (2024). Rutgers University for Disabilities Awareness Month, Rutgers University, Virtual.
- **A developmental psychopathology framework to the study and treatment of ADHD.** (2023). Invited presenter, Florida State University, Virtual.
- **Applying to graduate school in clinical psychology.** (2021). Invited co-presenter, Bethune-Cookman University, Virtual.
- **"Promoting protective factors that lead to resilience following trauma: Applications with youth and adults emerging from COVID" with Dr. Mabelle Thompson.** (2021). Talk co-organizer, DPOGS Diverse Speaker Series Talk at Florida State University, Virtual.
- **Brown Bag Talk: Tips for Working with Children.** (2021). Co-presenter, Apalachee Center, Virtual.

- **“Bridging the Gaps between Diversity and Inclusion: Personal, Professional, and Pedagogical Insights” with Dr. Billy Close.** (2020). Talk co-organizer, DPOGS Diverse Speaker Series Talk at Florida State University, Virtual.
- **“Navigating the Terrains of Academia: Black Male Scholastic Development in Gray Spaces” with Dr. Novell E. Tani.** (2020). Talk co-organizer, DPOGS Diverse Speaker Series Talk at Florida State University.
- **Applying to Graduate School.** (2019 & 2021). Co-organizer/Panelist, Florida State University.
- **Townhall on Race and Ethnicity in Psychology.** (2020). Co-facilitator, Florida State University, Virtual.
- **“Addressing Reading through Research and Partnership” by Dr. Nicole Patton Terry.** (2019). Co-Organizer, DPOGS Diverse Speaker Series Talk at Florida State University.

CLINICAL CERTIFICATIONS

- Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) Research Certificate
- New York State Office of Children and Family Services Mandated Reporter
- Trauma-Focused Cognitive Behavioral Training (child- and family-therapy oriented)

MEDIA

- Peer support, Positive Mindset Predict Resilience in ADHD Teens: Study. (ADDitude). <https://www.additudemag.com/how-to-build-resilience-children-teens-adhd-study/?srsltid=AfmBOorJFnBemMpFxUQu4NCrX3nHxqcCEMvjZ0IfgKUxv5VBa5AAzaHB>
- ACCESS Connects with University Community to Offer Comprehensive ADHD Services to Students: <https://studentaffairs.rutgers.edu/news/access-connects-university-community-offer-comprehensive-adhd-services-students>

PROFESSIONAL AFFILIATIONS

- American Professional Society of ADHD and Related Disorders (2025-Present)
- Association of Behavioral & Cognitive Therapies (2018-2019, 2023-Present)
- Society of Clinical Child & Adolescent Psychology (2019-2023)

AD HOC INVITED JOURNAL REVIEWS

- Research on Child and Adolescent Psychopathology (2023-Present, 7)
- Journal of Attention Disorders (2024-Present, 11)
- Journal of Child Psychology & Psychiatry (2024-Present, 2)
- Scientific Reports (2025, 1)
- Child Psychiatry & Human Development (2025, 2)
- School Mental Health (2025, 1)
- Journal of Developmental & Behavioral Pediatrics (2024-Present, 2)
- Comprehensive Psychiatry (2023, 1)
- Frontiers in Psychology (2023, 1)
- Learning Disabilities: A Contemporary Journal (2022, 1)
- European Child & Adolescent Psychiatry (2025, 2)
- Borderline Personality Disorder and Emotion Dysregulation (2024, 1)
- Child and Adolescent Psychiatry and Mental Health (1)

- Psychological Trauma: Theory, Research, Practice, and Policy (2025, 1)
- Journal of Child and Family Studies (2023-Present, 3)