

**Montclair State University
College of the Arts**

CURRICULUM VITAE

PERSONAL DATA

Name: [Brian Abrams](#)

Department: *John J. Cali School of Music*

Tenure Date: *September 1, 2013*

Present academic rank: *Professor*

Initial date in present rank: *September 1, 2024*

HIGHER EDUCATION DEGREES

<u>Institution</u>	<u>Dates Attended</u>	<u>Degree and Major</u>	<u>Date Conferred</u>
Temple University	1997-2000	Ph.D., Health Studies	August 2000
Temple University	1995-1997	Master of Music Therapy	May 1997
SUNY, New Paltz	1993-1994	B.S., Music Therapy	May 1994
Vassar College	1985-1990	B.A., Cognitive Science	May 1990

Title of Dissertation

Defining Transpersonal Experiences of Guided Imagery and Music

TEACHING CAREER AT MONTCLAIR STATE

<u>Department</u>	<u>Rank/Role</u>	<u>Dates</u>
John J. Cali School of Music	Professor	2024-Present
John J. Cali School of Music	Associate Professor	2008-2024
John J. Cali School of Music	Graduate Program Coordinator of Music Therapy	2010-Present
John J. Cali School of Music	Undergraduate Program Coordinator of Music Therapy	2008-2022

TEACHING CAREER OUTSIDE MONTCLAIR STATE

<u>Institution</u>	<u>Department</u>	<u>Rank</u>	<u>Dates</u>
Immaculata University	Music	Assistant Professor	2004-2008
Utah State University	Music	Assistant Professor	2001-2004
Brooklyn College, City University of New York	Conservatory of Music	Adjunct Professor	2003-2013

PROFESSIONAL BACKGROUND

A. TEACHING EXPERIENCE

1. Recent¹ Teaching Experience at Montclair State University

UNDERGRADUATE COURSEWORK

MUTH 100: Introduction to Music Therapy Falls 2013-2021²
Spring 2023-Spring 2025³

An overview of the music therapy discipline and profession. Includes the opportunity to observe music therapy in a clinical setting.

MUTH 110: Therapy and Observation Skills for Music Therapy Fall 2016

An overview of the process of observation, assessment, treatment planning, implementation, and evaluation within the field of music therapy; introduction to theories of psychotherapy, with emphasis on how those theoretical perspectives influence all aspects of the music therapy planning and treatment process.

MUTH 307: Piano Improvisation for the Music Therapist Spring 2019

Improvisation in a variety of styles. Clinical adaptations.

MUTH 400: Music Therapy Training Group Fall 2014, Falls 2016-2024⁴

Exploration of group music process through participation in self-directed, experiential learning groups. Attention to dimensions of the process applicable to clinical music therapy work.

¹ Since Tenure (Fall 2013)

² Course delivered online/synchronously in Fall 2020 and 2021

³ Course delivered online/asynchronously in both Fall and Spring semesters since Spring 2023

⁴ Course delivered online/remotely in Fall 2020; Co-taught in Fall 2021

MUTH 115: Music Therapy Practicum I	Fall 2014
MUTH 363/415: Music Therapy Practicum V	Falls 2013-2016
MUTH 364/425: Music Therapy Practicum VI	Springs 2014, 2017

Completion of a music therapy fieldwork experience at an approved clinical site, accompanied by an ongoing clinical training seminar at Montclair State University.

MUTH 430: Guided Imagery and Music/Principles of Clinical Music Imaging	Springs 2016, 2017, 2020 ⁵ , 2022
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Introduction to clinical music imaging, in various settings, with various populations.

MUTH 465/495: Music Therapy Internship	Falls and Springs 2013-2025
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Completion of 1040 hours of clinical training as an intern at an approved music therapy clinical training program.

MUGN 100: Introduction to Music (Online)	Summers 2014-2025 Winters 2019-2025
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A guide to the understanding and enjoyment of western art music through study of its principal elements: Melody, rhythm, harmony, form. Comparisons to musics of other parts of the world. Discussion of the ways, implicit and explicit, in which art music can serve political or social purposes. Online delivery.

HLTH 347: Health Issues Forum—The Experience of the Arts in Healthcare (Hybrid)	Summers 2014-2015 Winters 2015-2016
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Opportunity to integrate key examples from the literature, direct experience at a major healthcare facility, and dialogue with peers, into an individualized learning experience concerning the role of the arts in healthcare. Learners produce a written, culminating project, synthesizing the learner's knowledge, understanding, and perspectives developed as a result of the course. Hybrid/distance-based delivery.

GRADUATE COURSEWORK

MUTH 510: Group Music Therapy Experience	Falls 2013, 2015, 2017, 2019, 2021 ⁶ , 2023
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Exploration of group music process through participation in self-directed, experiential learning groups. Attention to dimensions of the process applicable to clinical music therapy work.

⁵ Course delivered partially online/remotely in Spring 2020

⁶ Course co-taught in Fall 2021

MUTH 522: Clinical Improvisation

Springs 2014, 2016, 2018,
2020⁷, 2022, 2024

Introduction to the intermediate level music therapist to a critical review of clinical improvisation literature; invites experiential learning, and supervises the application of improvisation methods appropriate to one's area of clinical interest.

MUTH 523: Supervision and Teaching in Music Therapy

Falls 2018, 2020⁸, 2022, 2024

Introduction to theories, concepts, and styles of music therapy supervision and teaching; survey of issues related to music therapy supervision and teaching.

MUTH 524: Group Music Therapy

Springs 2017, 2019, 2021⁹,
2023, 2025

Theories and concepts of music therapy interventions with small groups in various therapy settings and within various therapeutic orientations; helps students effectively design and lead music therapy groups.

MUTH 525: Special Topics in Music Therapy—
Music, Health, and Justice

Summer 2017, 2023, 2025
(Hybrid)

Advanced study of topics on the intersections of music, human health, and social justice; exploration of the historical and political contexts of various cultures of music(s), including intensive study of one or more specific musical works, and elaboration upon the role of the work in expressing and/or promoting themes of human health and social justice (empowerment, affordance through redistribution of aesthetic/cultural capital, democratization, equality, stakeholder/citizenship, performing health and justice, musical events for revelation and dismantling of oppressive structures of privilege-based power, etc.); arts-based presentation of role of music in conveying or promoting social justice; proposed plan for applying knowledge gained for social impact.

MUTH 525: Special Topics in Music Therapy—
Humanistic-Existential Perspectives
on the Arts and Health

Summer 2018 (Online)

Advanced study on the nature of humanity, persons, human health, and the role of the arts in individual and collective human wellbeing, all through the framework of humanistic and existential perspectives; explore, understand, and engage in specific questions relevant to student relationships to the arts, and how those relationships inform students about their work and life; cultivate an engaged orientation to how existential and humanistic perspectives inform ways of understanding the human health implications of the arts.

⁷ Course delivered partially online/remotely in Spring 2020

⁸ Course delivered online/remotely in Fall 2020

⁹ Course delivered online/remotely in Spring 2021

MUTH 690: Culminating Graduate Project in Music Therapy

Falls and Springs 2018-2025
Summer 2019

Project featuring cultivation of advanced clinical skills and scholarly knowledge in music therapy, via individualized, supervised field experience with specified learning objectives; accompanied by academic writing on topic of learner's choice, relevant to field experience, incorporating one or more elements of the music therapy (or related) literature on a critical, in-depth level; includes guidance on supervisory and administrative roles of music therapists; minimum of 50 hours of on-site time, but may include more; project may be structured and arranged in accordance with guidelines for meeting specific qualifications beyond the basic level of professional practice; course instructor provides supervision in consultative form on a regular, arranged basis; completed project is presented to instructor and peers in arranged gathering at the conclusion of the semester.

MUTH 598: Music Therapy Thesis Seminar

Falls 2013, 2015-2016

Preparation of a thesis proposal for a research study in music therapy; opportunities for exchanging ideas about music therapy research topics, methods, designs, and other dimensions of a thesis.

MUTH 698: Music Therapy Master's Thesis

Falls and Spring 2013-2016

Independent, culminating graduate-level research project done under faculty advisement. Please note that the related course, MUTH 699, is taken as an extension of MUTH 698 when a student requires additional time to complete a given thesis project.

HLTH 577: Selected Topics in Health—
The Experience of the Arts in Healthcare (Hybrid)

Summers 2014-2015
Winters 2015-2016

Opportunity to integrate key examples from the literature, direct experience at a major healthcare facility, and dialogue with peers, into an individualized learning experience concerning the role of the arts in healthcare. Learners produce a written, culminating project, synthesizing the learner's knowledge, understanding, and perspectives developed as a result of the course. Hybrid/distance-based delivery.

TEACHING-RELATED ACTIVITY

2013-Present Graduate Culminating Project and Thesis Advising; Independent Study Advising

Guiding graduate students who are preparing and completing research for their culminating projects and master's theses; guiding independent study for components of graduate and undergraduate student learning/training pertinent to music therapy curricula

2013-2023 Academic Coordination of Clinical Supervision

Provided and/or oversaw clinical music therapy supervision to approximately 40-60 students per year. I am emphasizing a combination of practical skills and problem solving and self-inquiry. Each spring semester, I visit clinical training sites in order to observe students on-site. Since 2013 within this period,

I have worked (in a supervisory capacity) with a clinical associate, who manages matters of clinical placement, day-to-day communication with field supervisors, etc.

2019 Guest lecture on *Music and Exceptional Learners*, "Reflections of a Teacher" Series.
Montclair State University chapter of the National Association for Music Educators
(NAfME)

2013-2018 Master's Thesis Committees

I served as sponsor on various music therapy master's thesis committees (under MUTH 698), with studies featuring such topics as benefits of participating in an Asian music therapy student group, experiences of music therapists with psychiatric diagnoses, effects of therapeutic voice work on symptoms of asthma, developmental models of music therapy in cancer survivorship, effects of vocal toning on health, "brief" music therapy models, and music therapy intern experiences of client resistance; served as non-sponsor member of several other students' thesis committees (when not the instructor for MUTH 698).

2. Prior¹⁰ Teaching Experience at Montclair State University

UNDERGRADUATE COURSEWORK

MUTH 100: Introduction to Music Therapy

Falls 2009-2010, 2012
Springs 2009, 2012

Course description provided in foregoing section

MUTH 261: Observation and Therapy Skills for Music Therapy Falls 2008-2009

A survey of observing, measuring, and recording behavior in a music therapy setting; overview of planning for and observing music therapy sessions; basic principles of professional helping and therapeutic dynamics.

MUTH 306: Piano Accompaniment Techniques for the Music Therapist Fall 2010

Cultivation of basic skills in clinical piano accompaniment, across various styles and genres, for application in music therapy. Includes development of abilities in harmonization, playing by ear, and sight-reading (primarily from fake book formats).

MUTH 400: Music Therapy Training Group Falls 2009, 2011

Course description provided in the foregoing section.

MUTH 402: Guided Imagery and Music/Principles of Clinical Music Imaging

Course description provided in the foregoing section (under MUTH 430)

¹⁰Before Tenure (Fall 2008-Summer 2013)

MUTH 464: Psychological Foundations of Music II

Springs 2009, 2011¹¹, 2013

An examination of the core dimensions of music therapy research, as applicable to a range of clinical practices and populations. Emphasis upon critical understanding of examples from the music therapy research literature and their core components, including research problems/purposes/questions, research methods (including involvement of human participants, data sampling/collection, and data analysis), construction of findings, and clinical implications. Consideration of the significance of contrasting research paradigms, the role of theory and theory development, and ethical issues. Formulation of a scholarly research proposal.

MUTH 262: Music Therapy Practicum I

Falls 2008-2009

MUTH 263: Music Therapy Practicum II

Springs 2009-2010

MUTH 361: Music Therapy Practicum III

Fall 2010¹²

MUTH 362: Music Therapy Practicum IV

Spring 2011⁸

MUTH 363: Music Therapy Practicum V

Falls 2008, 2012

MUTH 364: Music Therapy Practicum VI

Springs 2012⁸-2013

Course descriptions provided in the foregoing section (under MUTH 115, etc.)

MUTH 465: Music Therapy Internship

Falls and Springs 2008-2013

Course description provided in the foregoing section

MUPR 400: Special Topics in Music—Functional Music Skills
for Therapy

Summer 2009

Cultivation of basic skills in specific areas, such as voice, guitar, piano, and clinical piano accompaniment, across various styles and genres, for application in music therapy. Includes development of abilities in harmonization, playing by ear, and sight-reading (primarily from fake book formats).

MUGN 100: Introduction to Music (Online)

Falls 2010-2012

Springs 2011-2012

Course description provided in the foregoing section

Summers 2011-2013

HLTH 347: Health Issues Forum—Topics in the Health Humanities:
Music, Health, and Humanity (Online)

Summer 2012

A survey of theory and practices that concern music, health, and humanity, under the larger, newly emerging, interdisciplinary area of the Health Humanities. Considerations of music for, in, and as health, substantiated by reviews of key examples from the literature, combined with documented field experiences. Online delivery.

¹¹ Course delivered partially online/remotely in Spring 2011

¹² Course delivered as independent study

GRADUATE COURSEWORK

MUTH 510: Group Music Therapy Experience Falls 2009, 2011

Course description provided in the foregoing section

MUTH 522: Clinical Improvisation Springs 2010, 2012

Course description provided in the foregoing section

MUTH 524: Group Music Therapy Spring 2013

Theories and concepts of music therapy interventions with small groups in various therapy settings and within various therapeutic orientations. Helps the student effectively design and lead music therapy groups.

MUTH 525: Special Topics in Music Therapy—
Dimensions of Culture-Centered Music Therapy Fall 2008

Advanced study of culture-centered music therapy theory, models, and methods. The course incorporates both lectures and experiential learning.

MUTH 598: Music Therapy Thesis Seminar Falls 2008, 2012

Course description provided in the foregoing section

MUTH 698: Music Therapy Master's Thesis Falls 2009-2010, 2012
Springs 2010-2013

Course description provided in the foregoing section

MUED 550: Music Education Techniques For
Children With Disabilities Summer 2013

Special education techniques as applied to music education; teaching music through movement and simple rhythm instruments. Covers all areas of a broad-based education program as it applies to K-12 populations with various disabilities.

TEACHING-RELATED ACTIVITY

2009-2013 Montclair State University, Master's Thesis Committees

2008-2013 Graduate Thesis Advising; Independent Study Advising

2008-2013 Academic Coordination of Clinical Supervision

2013 Pre-concert lecture on *Health Dialogues with the Brahms Requiem*

2011 Guest speaker, *Psychology Students' Club*

2010 Guest speaker, *Philosophy Club*

ACTIVITY RELATED TO INSTRUCTION, ADVISING, AND STUDENT SUPPORT

Community-Engaged Teaching and Learning (CETL) Fellows Program (Fellow, 2017-2018, 2018-2019)

This training provided topical learning in areas of community-engaged pedagogy, scholarship, and community partnership building.

Engaged Teaching Fellows Program (Fellow, 2011-2012; Mentor, 2012-2013, 2015-2016, 2016-2017, 2017-2018, 2019-2020)

This training under the auspices of the Montclair State Research Academy for University Learning, helps develop instructors' capacities to engender success among their students, by involving them as active learners in meaningful, intellectually and personally motivating ways. As part of this program, I have presented the results of applying these principles in my teaching at the May Montclair State University Showcases on University Learning and Teaching.

Empowering Online Teaching and Learning (Completed 2012)

Completed four-week pedagogical track of the Faculty Development Program offered through Montclair State University's Technology Training and Integration Department GLBTQ Safe Space Training (Completed 2012, Montclair State University)

Collaborative Institutional Training Initiative (CITI) (Completed 2012)

Completed online research ethics training modules required for conducting human participants research, for supervising student research involving human participants, and for serving on the Institutional Review Board. Previously completed "Human Participant Protections Education for Research Teams" in 2006.

B. OTHER EXPERIENCE/EXPERIENCE OUTSIDE MONTCLAIR STATE

1. Teaching Experience Outside Montclair State University

IMMACULATA UNIVERSITY, FALL 2004-SUMMER 2008

Undergraduate

- Orientation to Music Therapy
- Music Therapy Foundations
- Music Therapy Principles II: Medical
- Music Therapy Principles III: Psychotherapeutic
- Music and Rehabilitation

- Topics in Music Therapy
- Practicum/Preclinical Practice in Music Therapy
- Music Therapy Internship
- Music for Mainstreamed Classes
- Music for Exceptional Learners
- Independent Studies (Clinical Work/Music Therapy Advocacy)
- Clinical Supervision (Academic)

Graduate

- Music Therapy Foundations
- Principles and Theories of Music Therapy
- Medical Principles of Music Therapy
- Psychotherapeutic Principles of Music Therapy
- Dimensions of Psychodynamic Music Psychotherapy
- Dimensions of Culture-Centered Music Therapy
- Sound, Music, and Health
- Neurobehavioral Foundations of Music Therapy
- Designing Music Experiences for Therapy
- Music Therapy Thesis/Culminating Project
- Music Therapy Internship
- Advanced Music Therapy Practicum
- Advanced Music Therapy Internship
- Independent Studies (Clinical Work/Music Therapy Advocacy)
- Clinical Supervision (Academic)

UTAH STATE UNIVERSITY, FALL 2001-SUMMER 2004

Undergraduate

- Introduction to Music Therapy
- Introduction to Observation and Behavior Methods in Music Therapy
- Music Therapy Methods and Materials
- Music Therapy With Adult Populations
- Clinical and Professional Issues in Music Therapy
- Psychology of Music I/Foundations of Music Experience and Behavior
- Psychology of Music II/Quantitative Research in Music Therapy
- Music Therapy Practicum
- Clinical Internship in Music Therapy
- Private Instruction in Piano as a Second Instrument
- Private Instruction in Guitar as a Second Instrument
- Music Therapy Senior Honors Project
- Special Topics in Music Therapy
- Independent Studies (Clinical Work)
- Clinical Supervision (Academic and On-Site)

CONSERVATORY OF MUSIC, BROOKLYN COLLEGE, CITY UNIVERSITY OF NEW YORK,
2003-2013

Undergraduate/Graduate

- Music in Special Education

2. Related Instructional Activity Outside Montclair State University

THESIS/DISSERTATION COMMITTEES

2023 University of Melbourne, Australia, International Doctoral Dissertation Examiner

Served as a doctoral dissertation examiner for a Ph.D. candidate studying experiences of adults living with adversity-based mental health challenges who participated in an online community music therapy program. [Honorarium provided]

2022 University of Melbourne, Australia, International Doctoral Student Consultant

Served as a consultant to dialogue with and offer feedback to a student from the University of Melbourne who was completing Ph.D. research on music therapy for children with trauma.

2019-2020 University of Toronto, Canada, Ph.D. Committee

Served as an external reader for a Ph.D. candidate's committee, on the topic of music in medical assistance in dying. [Honorarium provided]

2014-2016 Pacifica Graduate Institute, Ph.D. Committee

Served as an external reader for a Ph.D. candidate's committee, in the capacity of specialist on depth-oriented music psychotherapy, central to the student's dissertation topic. [Honorarium provided]

2012-2017 California Institute for Integral Studies, Ph.D. Committee

Served as an external member of a Ph.D. candidate's committee, in the capacity of specialist on music therapy and the integral psychology theory of Ken Wilber, central to the student's dissertation topic. [Honorarium provided]

2012-2016 St. Mary-of-the-Woods College, Master's Thesis Committees

Served as an external member of three different thesis committees for graduate students at Saint Mary-of-the-Woods College, Indiana. [Honorarium provided]

2015 Doctoral Student Faculty Mentor (Liaison to Drexel University)

Served as mentor to doctoral student completing an academic practicum experience (observing and learning from professional, academic music therapy faculty), as part of the curriculum of the Creative Arts Therapy program at Drexel University

2008-2009 Immaculata University, Doctoral Committee

As an external member of a Psy.D. candidate's committee, I served in the capacity of specialist on the integral psychology theory of Ken Wilber, which was central to the student's dissertation topic. Dissertation topic concerned assessing developmental levels of consciousness as a basis for characterizing and selecting treatment modalities for specific psychopathology. Intended impact was development of new perspectives on psychopathological assessment and treatment for the field of psychology and related fields. [Honorarium provided]

2006-2007 Union Institute & University, Graduate College, Doctoral Committees

I served in the capacity of reader and reviewer of Learner's Comprehensive Degree Plans (Individualized Curricula that Learners of the Union Institute construct for themselves) and Projects Demonstrating Excellence (Doctoral Dissertations). Essentially, my role has been to offer constructive feedback on drafts of program degree plans and dissertations. Courses of study and topics have included Community Music Therapy as a Model for Conflict Resolution (2006), Effects of Music-Assisted Relaxation and Imagery on Health-Related Outcomes in Cardiac Rehabilitation (2007), and Therapeutic Attunement: Embodied Transcendent Experience Explored through Sound and Rhythmic Improvisation (2007). Impact has been the facilitation of each Learner's completion of their studies at a level of rigor that will contribute meaningfully to the continued growth and development of their respective disciplines. [Honorarium provided]

2005 Aalborg University (Denmark), Ph.D. Examining Committee

Served on the Ph.D. examining committee for an Aalborg University candidate's dissertation defense on the topic of Guided Imagery and Music in Treating Persons with Cancer.

2004-2008 Immaculata University, Thesis/Culminating Project Committees

Guided a number of theses and culminating projects for graduate music therapy students; several of these specifically concerned proposals for new music therapy services within the greater community.

COMPREHENSIVE EXAMINATION COMMITTEES

2004-2008 Immaculata University

Designed and graded discipline-specific (music therapy) graduate comprehensive examinations

3. Professional Education Courses Delivered

- Abrams, B., & Clarkson, A. (2024, April). Engaging with Songs for Self-Care in Music Therapy Student Supervision. Continuing music therapy education course facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association (Online).
- Abrams, B. (2022, April). *Song Odyssey as Relational Group Process*. Continuing music therapy education course facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Harrisburg, Pennsylvania. [Honorarium provided]
- Abrams, B. (2021, May). *Song Odyssey in group music therapy*. Continuing music therapy education course facilitated at the spring meeting of the Utah Association of Music Therapists, Online. [Honorarium provided]
- Abrams, B. (2014-2016). *Music and neurodiversity*. Annual educational workshops provided to members of the New Jersey Symphony Orchestra, Newark, New Jersey. One meeting was co-facilitated with a graduate student from Montclair State. [Honorarium provided]
- Abrams, B., & Clarkson, A. (2013-2022). *Continuing education workshops for Montclair State University music therapy field supervisors*. Continuing music therapy education mini-course co-facilitated (on an ongoing annual basis) at Montclair State University, Montclair, New Jersey.
- Viega, M., & Abrams, B. (2020, June-July). *Digital Technology and Advanced Music Therapy Practice*. Continuing music therapy education course co-facilitated online at Montclair State University, Montclair, New Jersey. [Proceeds were allocated to fund student honoraria for research project]
- Kim, S-A., Harris, B., Abrams, B., Kowski, J., Morse, A., & Gonsalves-Schimpf, M. (2019, March). *Analytical Music Therapy (AMT) in Contemporary Times: The Legacy of Priestley and Scheiby*. Pre-conference institute co-facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Reston, Virginia. [Honorarium provided]
- Abrams, B. (2018, November). *Music and exceptional learners: Theoretical and practical dimensions as informed by music therapy*. Continuing education experience facilitated for teachers of the Parsippany school district, Parsippany, New Jersey. [Honorarium provided]
- Scheiby, B. B., Abrams, B., Kim, S-A, Cooper, M. (2016, November). *Analytical Music Therapy (AMT) treatment, supervision, and training*. Pre-conference institute co-facilitated at the annual conference of the American Music Therapy Association, Sandusky, Ohio.
- Abrams, B. (2015, March). *Cultivating clinical musicianship in music therapy: Moving beyond functional skills*. Continuing music therapy education course facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Ocean City, Maryland.
- Ventre, M., & Abrams, B. (2014, January-May). *The Bonny Method of Guided Imagery and Music Level I training*. Professional institute training course co-facilitated at Montclair State University, Montclair, New Jersey.

Abrams, B. (2014, April). *Perspectives on the therapeutic relationship & evidence-based practice in music therapy*. Continuing music therapy education course facilitated at the spring meeting of the Utah Association of Music Therapists, Primary Children's Medical Center, Salt Lake City, Utah.

Abrams, B. (2011, March). *Being musical in music therapy, beyond Sound?* Segment of *Music-Centered Theory and Practice: Musical Dimensions of Process and Relationship in Music Therapy*—a pre-conference institute co-facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Saratoga Springs, New York.

Abrams, B., Bradt, J., Dileo, C., & Stige, B. (2008, March). *Principles and perspectives of evidence-based practice in music therapy*. Continuing music therapy education course co-facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Cherry Hill, New Jersey.

Abrams, B. & Abrams, J. (2003, March). *Developing the musical self of the music therapist*. Continuing music therapy education course co-facilitated at the annual conference of the Western Region of the American Music Therapy Association, San Diego, California.

Abrams, B., Cook, M., Goldberg, F., Hesser, B., Kasayka, R., McKinney, C., Meadows, A., Pickett, E., Sonnen, C., & Ventre, M. E. (1999, November). *Guided Imagery and Music and its relationship to music, imagery, and altered states work*. Continuing music therapy education course co-facilitated at the ninth World Congress of Music Therapy, Washington, D. C.

C. EDUCATIONAL PHILOSOPHY

I believe that higher education is the sacred endeavor of sharing oneself skillfully and sensitively, through discipline-specific expertise, in the interest of inspiring others to excel as professionals and persons. For me, the central purpose of higher education is direct participation in the future enrichment of humanity and the human condition, by cultivating values rooted in creativity and imagination, ongoing discovery, multi-perspective thought and dialogue, diversity of persons and ideas, ethical conscientiousness, equity, and socially responsible action. As an educator serving the State of New Jersey, I believe that I am responsible for assigning special consideration to how my effectiveness as a teacher impacts the welfare and enrichment of the New Jersey community, while simultaneously considering the impact of my work on a more global level.

D. OTHER PROFESSIONAL ACTIVITY

1. Certifications/Licenses

<u>Title</u>	<u>Dates Maintained</u>
Music Therapist – Board Certified (CBMT Number 04648)	1996-Present
Licensed Creative Arts Therapist New York (Number 000624)	2006-Present
Analytical Music Therapist	2013-Present

Fellow, Association for Music and Imagery

1999-Present

Licensed Professional Counselor Pennsylvania (Inactive/Number PC002555)

2002-Present

2. Specialized Training

Analytical Music Therapy (AMT) (Completed 2013)

Analytical Music Therapy (AMT) is a form of music psychotherapy (developed by British music therapist Mary Priestley) rooted in improvisational music making. I studied AMT beginning in 2003. In 2011-2012, my training in the method was funded (virtually in its entirety) by a Montclair State Career Development grant. My training in AMT has provided me with a set of very useful, illuminating theoretical principles and clinical examples that have enriched both my scholarship and teaching.

Guided Imagery and Music (GIM) (Completed 1999)

Guided Imagery and Music (GIM) is a method of music psychotherapy, created by music therapist Helen Bonny, that involves listening to selections of classical music in a relaxed state while dialoguing with a guide, in order to explore and work through various life issues. I studied GIM (beginning in 1996) in order to practice the method in professional work with clients. Later, I began to take principles of the method (as well as clinical examples) into the music therapy classroom, and presently continue to do so.

Mandala Assessment (MARI) (Completed 1998)

The Mandala Assessment and Research Instrument (MARI), originally developed by art therapist Joan Kellogg, utilizes the process of freely drawn color images on paper with a circular frame form, as an integral part of assessing, tracking, and processing client work in therapy. I studied MARI beginning in 1997. I have utilized MARI primarily in conjunction with Guided Imagery and Music.

3. Clinical Work Experience

2004-Present Music Psychotherapy and Supervision Practice

I have provided music psychotherapy to adult clients with various health concerns and self-development goals, along with professional music therapy supervision, on an individual basis. Since 2008, I have offered these services under the auspices of the Preparatory Center for the Arts/Extension Division of the John. J Cali School of Music/Montclair State University (2008-2014), via private practice setting in New York City (2014-2019), and remotely via private telehealth practice (2020-present). In this work, I employ Analytical Music Therapy (a form of music psychotherapy, developed by British music therapist Mary Priestley, rooted in improvisational music-making), Guided Imagery and Music (a form of music psychotherapy involving imaging to classical music in non-ordinary states), and other music psychotherapy methods, as well as a variety of approaches to professional music therapy supervision.

2010-2011 Music Therapist, Trinitas Regional Medical Center (Comprehensive Cancer Center),
Elizabeth, New Jersey

Served as Music Therapist, on a per-diem basis, at Trinitas Comprehensive Cancer Center (a division of Trinitas Regional Medical Center), Elizabeth, New Jersey. At this rapidly expanding cancer treatment center, I helped implement a music therapy program by providing music therapy services to patients, and by providing opportunities for on-site, clinical supervision to music therapy students. In addition, I helped provide some more general opportunities for community engagement by music students at Trinitas. Since the inception of the program at Trinitas, numerous students have provided music at patient care and related events there. I am continuing to explore opportunities for training and research there.

2008 Visiting Music Therapy Clinician, Inglis House, Philadelphia, Pennsylvania

Provided an eight-week course of resource-oriented classical music listening experiences for adults with physical disabilities.

2005 Creative Arts Therapy Team, Hurricane Katrina Relief Project, Wanamaker School,
Philadelphia, Pennsylvania

Provided music therapy services, on a pro bono basis, to members of the community displaced by Hurricane Katrina.

2001-2004 Music Therapy Clinical Consultant, Family Institute of Northern Utah, Logan, Utah

Provided services to children and adults from homes where domestic violence had occurred; met with members of staff to discuss and develop programs; co-constructed a song with group adults in a psycho-educational "parenting" program dedicated collectively to their children—song was later shared (with the composers' permission) within the greater community, including in the music therapy classroom and in a number of scholarly conference presentations.

2000-2001 Music Therapist, Beth Israel Medical Center, New York, New York

Provided music therapy services to neonatal, pediatric, and adult populations in medical inpatient and outpatient settings, within a music therapy program of international prestige; provided on-site, clinical supervision to music therapy interns.

2000-2001 Music Therapist/Rehabilitation Counselor, North Central Bronx Hospital, Bronx, New
York

Provided music therapy services to acute, adult psychiatric population; provided on-site, clinical supervision to music therapy students.

2000 Assistant Chief of Rehabilitative Creative Arts Therapy Services, Girard Medical Center, Philadelphia, Pennsylvania

Provided music therapy services to acute psychiatric, substance dependent, and forensic adult populations; provided on-site, clinical supervision to members of creative arts therapy staff.

1997-1999 Director of Music Therapy, University of Pennsylvania Cancer Center, Philadelphia, Pennsylvania

Instituted a music therapy program at nationally-acclaimed Cancer Center; provided music therapy services to in-patients and out-patients; provided on-site, clinical supervision to music therapy students.

1996-1998 Music Therapist/Behavioral Medicine Specialist, Greater Philadelphia Medical Centers, Philadelphia, Pennsylvania

Provided music therapy/behavioral medicine services (e.g., music-assisted biofeedback) to adults with physical injuries, chronic pain, and post-traumatic stress.

1996-1997 Music Therapist, The Kardon Institute of the Arts, Philadelphia, Pennsylvania

Provided music therapy services to adults and children with developmental, physical, sensory, communication, and psychiatric disabilities; provided on-site, clinical supervision to music therapy students.

4. Professional Consultation

2013-2019 Associate, Developmental Health Music Services, LLC.

The mission of Developmental Health Music Services, LLC is to help people with Neurodevelopmental Disorders and other developmental challenges engage in essential social interactions and life processes through services including unparalleled developmental relationship-based music therapy interventions.

2014 Rater, The Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND), Molloy College, Rockville Centre, New York

Served as part of a team of consultants using the IMCAP-ND to rate video-recorded music therapy clinical vignettes in order to help test the inter-rater reliability of the instrument. [Honorarium provided]

2013 Reviewer, Music Therapy: An Art Beyond Words (Rev. ed.), Routledge

Served as a consultant, asked to provide advisory input and critical feedback for a revised edition of an existing (original) edition of the text, Music Therapy: An Art Beyond Words (L. Bunt).

2012-2013 Reviewer, Anthology on Music and Health Narratives, Center for Music and Health at the Academy of Music, Oslo, Norway

Served as one of several consultants, asked to provide advisory input and critical feedback for a number of contributions to a collection of works on music and health in Norway.

2012 Evaluator, Music Therapy Research (2nd ed.), Barcelona Publishers

Served as one of several evaluators of an existing edition (2nd) of the text, Music Therapy Research (B. L. Wheeler, Ed.), providing feedback to the editor and publisher for consideration about a revised edition (3rd). [Honorarium provided]

2012 Reviewer, Book Proposal, Routledge

Served as one of several reviewers for a new book proposal on “Deepening Music Therapy Practice: The Use of the Transpersonal Model in Music Therapy,” submitted to Routledge for consideration. [Honorarium provided]

2011 Advisory Group on Deconstruction of Working Definition of Music Therapy

Served as one member of a group dialoguing about virtues and aspects to consider for further development of the working definition of Music Therapy from the 2nd edition of Defining Music Therapy (Bruscia, 1998), in partial preparation for a forthcoming 3rd edition.

2009-2010 Elizabeth Seton Pediatric Center Advisory Committee, New York, New York

Served on a team of advisors, sharing insight and guidance regarding an international symposium on disorders of consciousness, facilitated by the Pediatric Center. The advisory committee discussed such matters as advertising, exhibitors, and scholarships.

2008-2010 Music Therapy Consultant, Bryn Mawr Cancer Center, Bryn Mawr, Pennsylvania

Provided periodic workshops, demonstrations, and educational sessions as part of advancing music therapy in cancer care.

2008-2010 Technical Advisor, Listening is Healing program, Morristown, New Jersey

Shared informed perspectives and relevant literature (including materials authored by me), remaining “on call” to contribute to the growth of a program designed to bring live music listening opportunities to persons compromised by medical conditions. The program centrally featured the work of Colonial Symphony, in partnership with the New Jersey Youth Symphony.

2007-2008 Music Therapy Consultant, Lankenau Hospital Cancer Center, Wynnewood, Pennsylvania

Provided periodic workshops, demonstrations, and educational sessions as part of advancing music therapy in cancer care.

2005-2008 Consulting Faculty, Anna Maria College Institute for Music and Consciousness

I was listed among the consulting faculty of Anna Maria College Institute for Music and Consciousness from its inception in 2005, until 2008, due to my expertise in the psychotherapeutic applications of Music and Imagery. In my capacity as a faculty member of the Institute, I provided guidance to students preparing to study Music and Imagery as part of their advanced training in music therapy. The impact of this consultation was the enrichment in the advanced skills of music therapy clinicians, who have gone on to serve their public utilizing these skills, as well as their field by presenting publicly on topics incorporating dimensions of these skills. I was not paid directly by the Institute for services rendered.

SCHOLARLY AND CREATIVE ACTIVITY

A. PUBLICATIONS

1. Recent¹³ Publications/Creative Works

MULTI-AUTHOR BOOKS

Colonialism and Music Therapy Interlocutors (CAMTI) Collective. (2022). *Colonialism and music therapy*. Barcelona Publishers. E-ISBN: 9781945411762

This text authored by the Colonialism and Music Therapy Interlocutors (CAMTI) Collective (54 co-authors, in total) features numerous perspectives on the intersections of colonialism and the practices/profession of music therapy, including perspectives on de-colonizing practices and post-colonial thinking relative to the work. The CAMTI Collective is committed to engaging in open dialogue or conversation about issues of coloniality in music therapy, and framing this text as collectively co-authored (versus the more conventional “edited”) acknowledges a collaborative effort and honors all authors as co-creators, and represents a conscious intention of valuing all members equally for our contribution to the work as a whole. The principal writing I contributed was a chapter in Part III (Reimagining Music Therapy Education, Theory, and Research), entitled, Imagining Postcolonial Music Therapy Education (pp. 515-544) co-authored with fellow interlocutor, Dr. Adenike Webb, consisting of a fantasy dialogue with a fictitious, archetypal wisdom figure (“Wise Mother”), designed to interrogate and explore approaches to dismantling the structures of colonialism embedded in music therapy education practices and curricula.

Crawford, P., Brown, B., Baker, C., Tischler, V., & Abrams, B. (2015). *Health humanities*. Hampshire, United Kingdom: Palgrave-Macmillan. ISBN 9781137282606; E-ISBN 9781137282613

¹³ Since Tenure (2013)

This multi-author text (five total authors—four from the United Kingdom, and one from the United States), provides an introduction and overview on a number of key areas within the emerging, interdisciplinary paradigm of the health humanities.

BOOK CHAPTERS

Abrams, B. (2025). Locating music therapy practice within theoretical perspectives. In Viega, Dos Santos, & Wheeler (Eds.), *Music therapy handbook* (2nd ed.; chapter 7). Guilford Publications. ISBN 9781462556922

This chapter features a framework for locating the practice of music therapy within an array of theoretical positions. Selected metatheoretical dimensions, core components of practice, and principal contexts for music therapy are considered across all of their various permutations.

Abrams, B. (2025). Undergraduate music therapy education in the United States: Imagining the future. In S. C. Gardstrom & C. Belt (Eds.), *Music therapy educators: Roles, responsibilities, and resources* (chapter 25). Barcelona Publishers. ISBN 978-1-945411-89-2 / E-ISBN 978-1-945411-90-8

This chapter is an exploration of several possible futures of undergraduate music therapy education, specifically in the United States. This exploration includes a consideration of music therapy practice itself, as well as a consideration of how future undergraduate music therapy education might pivot and adapt in response to prevailing U.S. sociocultural conditions.

Abrams, B. (2022). Because you are you (vignette). In G. Beresin, *Music* (Chapter 3: Who benefits? Stories of music enhancing personal and professional well-being). Series on Arts for Health. Emerald Publishing. ISBN 9781838673161 / E-ISBN 9781838673154

This vignette, as part of a chapter featuring different forms of music for promoting health and wellbeing, features work with different members of families who have experienced domestic violence.

Abrams, B. (2020). Musical composition and vocal expression. In P. Crawford, B. Brown, & A. Charise (Eds.), *Companion for health humanities* (pp. 389-396). Oxfordshire, United Kingdom: Taylor & Francis/Routledge. ISBN 9781138579903; E-ISBN 9780429469060

This chapter examines extant literature, along with an applied example of how musical composition, voice, and vocal expression play a role in promoting health and wellbeing in various contexts.

Abrams, B. (2019). Transpersonal dimensions of the Bonny Method of Guided Imagery and Music (BMGIM). In D. Grocke (Ed.), *Guided Imagery and Music: The Bonny Method and beyond* (2nd ed., pp. 383-397). Dallas, TX: Barcelona Publishers. ISBN 9781945411403; E-ISBN 9781945411410

This chapter represents a newly constructed version of a chapter on transpersonal (i.e., spiritual) ways of experiencing the Bonny Method of Guided Imagery and Music (imaginative listening to music while dialoguing with a trained guide).

Abrams, B. (2018). [Autobiography]. In J. Mahoney (Ed.), *The lives of music therapists: Profiles in creativity* (Vol. 3; pp. 19-32). Dallas, TX: Barcelona Publishers. E-ISBN 9781945411229

This chapter is an invited, personal and professional narrative of my life context as a music therapist, including my philosophical, theoretical, and clinical orientation to the profession.

Abrams, B. (2016). Evaluating interpretivist research. In B. L. Wheeler & K. M. Murphy (Eds.), *Introduction to music therapy research* (Chapter 18), Dallas, TX: Barcelona Publishers. ISBN 9781945411120; E-ISBN 9781945411137

Abrams, B. (2016). Evaluating interpretivist research. In B. L. Wheeler & K. M. Murphy (Eds.), *Music therapy research* (3rd ed.; Chapter 66), Dallas, TX: Barcelona Publishers. ISBN 9781937440886; E-ISBN 9781937440893

Abrams, B. (2016). Personal construct psychology and the repertory grid technique. In B. L. Wheeler & K. M. Murphy (Eds.), *Music therapy research* (3rd ed.; pp. 550-557). Dallas, TX: Barcelona Publishers. ISBN 9781937440886; E-ISBN 9781937440893

The above three chapters represent reorganized, revised versions of those included in the 2nd edition of this text.

Abrams, B. (2015). In Time of Daffodils. In C. A. Lee, A. Berends, & S. Pun (Eds.), *Composition and improvisation resources for music therapists* (pp. 43-48). Dallas, TX: Barcelona Publishers. ISBN 9781937440787

This book chapter features a choral music composition set to a poem of E. E. Cummings, as employed in a cancer care setting.

Abrams, B. (2015). Swimming with the tides: A woman's struggle to navigate the turbulent waters of cancer through the Bonny Method of Guided Imagery and Music. In C. Dileo (Ed.), *Case reports in advanced medical music therapy* (pp. 138-148). Jeffrey Books. ISBN 9780977027828

This book chapter provides a case narrative on the role of one form of music therapy for a woman with stage one breast cancer.

Abrams, B. (2015). Humanistic approaches. In B. Wheeler (Ed.), *Music therapy handbook* (pp. 148-160). New York: Guilford Press. ISBN 9781462529728

This book chapter provides an historical and theoretical overview of the humanistic perspective in music therapy, supported by case material as a living example of how this perspective manifests in clinical music therapy work.

Abrams, B. (2013). “Guided Imagery and Music, Bonny Method of,” “humanistic (person-centered) music therapy (HMT),” “music,” “music therapy,” and “Priestley, Mary.” In K. Kirkland (Ed.), *International Dictionary of Music Therapy* (pp. 54-55; p. 61; pp. 79-80; p. 83; p. 102). New York: Routledge. ISBN 9780415809412

Several entries in an international resource for understanding music therapy terminology.

Abrams, B. (2013). A perspective on the role of personal therapy in Analytical Music Therapy training. In K. E. Bruscia (Ed.), *Self-experiences in music therapy education, training, and supervision* (pp. 304-314). Gilsum, NH: Barcelona Publishers. E-ISBN 9781937440435

This chapter details the critical role of personal therapeutic work as part of the larger process of undergoing training in the music therapy model, Analytical Music Therapy, both from general and direct, first-person perspectives.

ARTICLES IN REFEREED JOURNALS ([R] indicates *refereed* work, within this section and elsewhere)

Abrams, B. (2021). Encountering transgenerational trauma through analytical music therapy. *Nordic Journal of Music Therapy*, 30(3). 197-218.
<https://www.tandfonline.com/doi/full/10.1080/08098131.2020.1853801> [R]

This article is a first-person study on experiences of ancestral trauma, transmitted down multiple generations via various mechanisms, manifesting in the music and other therapeutic processes within Analytical Music Therapy. The Nordic Journal of Music Therapy, a peer-reviewed periodical of Taylor & Francis, carries a 2022 impact factor of 1.6 (according to <https://www.tandfonline.com/action/journalInformation?show=journalMetrics&journalCode=rnjm20>).

Abrams, B. (2018). Understanding humanistic dimensions of music therapy: Editorial introduction. *Music Therapy Perspectives*, 36(2), 139–143. <https://doi.org/10.1093/mtp/miy019> [R]

This article serves as an introduction to a “special focus” issue of Music Therapy Perspectives, which I was invited to guest edit, in 2018. The article articulates a theoretical framework for an existentially-informed, humanity-centered understanding of music therapy I have been developing for a number of years, and serves not only as a basis for many aspects of the articles written by the various contributors to the issue, but also for other scholarship that I have planned to develop, based upon the ideas articulated in this article. I presented the core concepts from this article at an international conference (ninth Nordic Music Therapy Congress, Stockholm, Sweden), accompanied by a panel of the “special focus” article contributors. Music Therapy Perspectives, one of the two principal, refereed periodicals of the American Music Therapy Association, carries a 2022-2023 impact factor of 1.02 (according to <https://www.resurchify.com/impact/details/21100211114>).

Abrams, B. (2016). Development and evaluation of the Transpersonal Depth-Guided Imagery and Music (TD-GIM) inventory. *Nordic Journal of Music Therapy*, 25(1), 32-56.
<https://doi.org/10.1080/08098131.2015.1008557> [R]

This article is a research report of a study in which practitioners of the Bonny Method of Guided Imagery and Music (a form of music psychotherapy involving listening to classical music in a non-ordinary state of consciousness) were asked to undergo an online survey evaluating the extent to which experiences of their own (as clients) were transpersonal, according to a set of criteria derived from the findings of my dissertation (Abrams, 2001) and subsequently published research (Abrams, 2002). The Nordic Journal of Music Therapy, a peer-reviewed periodical of Taylor & Francis, carries a 2022 impact factor of 1.6 (according to <https://www.tandfonline.com/action/journalInformation?show=journalMetrics&journalCode=rnjm20>).

OTHER RECENT PUBLICATIONS

- *Forewords*

Abrams, B. (2020). Foreword. In K. Aigen (Ed.), *The music therapy writings of Benedikte B. Scheiby* (pp. xi-xii). Barcelona Publishers. ISBN 9781945411557; E-ISBN 9781945411564

Foreword, consisting of personal and professional reflections upon a collection of the written works of Benedikte B. Scheiby, as curated by Dr. Kenneth Aigen

Abrams, B. (2013). Foreword. In J. A. Carpenle, *The Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND): A clinical manual* (pp. xiii-xvi). North Baldwin, New York: Regina Publishers. ISBN 978098917900; E-ISBN 9780989179010

Foreword chapter in a clinical manual by Dr. John Carpenle, highlighting the value of his work and its contributions to the music therapy assessment literature this manual represents

- *Book Review*

Abrams, B. (2021). Book Review [The use of voice in music therapy]. *Nordic Journal of Music Therapy*. <https://doi.org/10.1080/08098131.2021.1877184> [R]

- *Editorial*

Abrams, B. (2016). Research featuring aesthetics, emotion, and the creative process. *Nordic Journal of Music Therapy*, 25 (3), 213-215.
<https://doi.org/10.1080/08098131.2016.1180041>

- *Missive*

Abrams, B. (2015). Letter to the editor. *Music Therapy Perspectives*, 33(2), 202-203.
<https://doi.org/10.1093/mtp/miv026>


Response to article by Dr. Kenneth Aigen, supporting a critical perspective on the conventional assumptions of evidence-based practice in music therapy, and adding my own theoretical ideas

on the topic based upon a prior article on an integral view of evidence-based music therapy practice

- *Online Columns*

Abrams, B. (2014). McMusicTherapy McMarketing: Reflections upon the promotion of music therapy services in an increasingly commercial economic climate. *Voices: A World Forum for Music Therapy*. <https://doi.org/10.15845/voices.v14i2.776>

Notably, a response piece was written by Kerry L. Hryniw Byers in 2020 as a “Reflections on Practice” feature in Voices (Vol. 10, No. 3), entitled Considering Abrams’ “McMusicTherapy McMarketing” article: A personal reflection.
<https://voices.no/index.php/voices/article/view/3028>

 *Voices Interview with Kerry L. Hryniw Byers featuring Dr. Brian Abrams*

Abrams, B. (2013). A contentious elephant in the music therapy room: Daring to consider the ethics of religion in music therapy practice. *Voices: A World Forum for Music Therapy*. <https://voices.no/community/index.html?q=fortnightly-columns%252F2013-contentious-elephant-music-therapy-room-daring-consider-ethics-religion-mus>

2. Work Accepted for Publication/Exhibition/Performance/Distribution

MANUSCRIPT OF INVITED BOOK CHAPTERS ACCEPTED

3. Work in Progress

BOOK MANUSCRIPT IN PREPARATION

Abrams, B. (Under Contract/In Preparation). *The humanity of music therapy*.

This text will feature an expanded, metatheoretical perspective of music therapy discipline as a health humanity, in which music is understood as a way of being, beyond physical sound, inextricably rooted in human relationship. Currently planned publication in 2026.

RESEARCH PROJECT IN PLANNING

Developing a Prototype of an Audiovisual Digital Interface for Representing Experiences of Pain

This team collaboration between Montclair State and Rutgers Medical School (Newark, NJ)—will develop a working prototype of an audio-visual, “game-like” digital user interface for representing experiences of pain. This arts-oriented user interface, while intuitive for the user, will generate a quantitative “signature” of multiple, numerical scales. This interface will allow users to represent their pain experiences in ways that everyday language, simple pain scales (e.g., 1-10), or even established pain assessment inventories cannot achieve at the same level of analogical depth, nuance, or authenticity. This interface may hold numerous implications for pain communication, empathy by others, diagnostic insight, medical treatment, and other clinical benefits, such as the possibility for creatively,

imaginatively, and relationally interacting with the pain representations, as a means of identifying pain management and coping strategies (presumably, within the context of a therapeutic relationship with a creative arts therapist, such as art or music therapist). There will also be significant implications for researching human experiences of pain, given both the qualitative, arts-oriented dimensions, along with the mathematical scale data the interface will generate.

4. Previous¹⁴ Publications/Creative Works

MONOGRAPH (EDITED VOLUME)

Abrams, B. (Ed.). (2004). *Qualitative inquiries in music therapy: A monograph series. Volume 1*. Gilsum, NH: Barcelona Publishers. ISSN: 1559-7326;
https://barcelonapublishers.com/resources/QIMTV1/QIMTV1Front_Matter_Editor_Introduction.pdf

Qualitative Inquiries in Music Therapy is a monograph series, created by Kenneth Bruscia (a leading scholar in the field of music therapy) in response to the need for a suitable venue for qualitative music therapy research. As Editor of Volume 1 (inaugural volume) of the series, I was given the honor of working closely with a number of contributors, including several who authored groundbreaking, “classic” qualitative research articles from a period in the historical development of music therapy when qualitative research was not yet generally recognized as a valid form of inquiry within the field. When published, the impact of this volume was the public introduction of a new forum for an important dimension of scholarly work in music therapy. I am also incorporating this volume into a music therapy research course at Montclair State University.

BOOK CHAPTERS

Abrams, B. (2012). A relationship-based theory of music therapy: Understanding processes and goals as being-together-musically. In K. E. Bruscia (Ed.), *Readings on music therapy theory* (pp. 58-76). Gilsum, NH: Barcelona Publishers. E-ISBN 9781937440145

This chapter proposes a model and theory of music therapy based upon an understanding of the work as a temporal-aesthetic way of being-together for the purpose of promoting health, indigenous to the field of music therapy. I have presented various aspects of this theoretical information in classes I have taught, as well as at professional conferences and invited speaking engagements, internationally.

Abrams, B. (2007). The use of Improvisation Assessment Profiles (IAPs) and RepGrid in microanalysis of clinical music improvisation. In T. Wosch & T. Wigram (Eds.), *Microanalysis in music therapy* (pp. 92-103 and web resources). London: Jessica Kingsley Publishers. ISBN 9781843104698

This chapter proposes the utilization of a specialized data analysis instrument in order to integrate elements of a system of music therapy assessment based upon musical improvisation (developed by acclaimed music therapy scholar Kenneth Bruscia in the 1980s). Not only can this interface help reveal embedded patterns and meanings in the music on a moment-to-moment basis (microanalysis), but it also

¹⁴ Prior to Tenure (2013)

frames the predominantly qualitative IAPs in a new light that is potentially conducive to quantitative rigors of conventional evidence-based health care practice.

Abrams, B. (2005). Evaluating qualitative music therapy research. In B. L. Wheeler (Ed.), *Music therapy research* (2nd ed.; pp. 246-258). Gilsum, NH: Barcelona Publishers. ISBN 9781891278266

Abrams, B., & Meadows, A. (2005). Personal construct psychology and the repertory grid technique. In B. L. Wheeler (Ed.), *Music therapy research* (2nd ed.; pp. 472-486). Gilsum, NH: Barcelona Publishers. ISBN 9781891278266

The two chapters above (one written myself, one written collaboratively) were included in the drastically revised, second edition of what is known worldwide as the definitive text on music therapy research. The first offers a summary and conceptual model for the various ways in which qualitative music therapy research may be held to standards of integrity and rigor; the second summarizes and contextualizes applications of a specialized data analysis instrument, as can be applied to clinical music therapy research.

Abrams, B., & Kasayka, R. (2005). Music imaging for persons at the end of life. In C. Dileo & J. V. Loewy (Eds.), *Music therapy at the end of life* (pp. 159-170). Cherry Hill, NJ: Jeffrey Books. ISBN 9780977027804

I was invited to write this chapter collaboratively with a long-time practitioner and scholar of music therapy and music imaging methods, specifically around using music to meet the needs of persons at the end of life. The irony of Dr. Kasayka's death shortly after the publication of this chapter underscored the significance of the chapter for the music therapy (and extended) community.

Abrams, B. (2002). Methods of analyzing music programs used in the Bonny Method. In K. E. Bruscia & D. E. Grocke (Eds.), *Guided Imagery and Music: The Bonny Method and beyond* (pp. 317-335). Gilsum, NH: Barcelona Publishers. ISBN 9781891278129; E-ISBN 9781891278655

Abrams, B. (2002). Transpersonal dimensions of the Bonny Method. In K. E. Bruscia & D. E. Grocke (Eds.), *Guided Imagery and Music: The Bonny Method and beyond* (pp. 339-358). Gilsum, NH: Barcelona Publishers. ISBN 9781891278129; E-ISBN 9781891278655

I was invited to write the two foregoing chapters for inclusion in the only textbook devoted exclusively to the history, forms, and applications of the Bonny Method of Guided Imagery and Music (imaginative listening to music while dialoguing with a trained guide). The first provides guidelines on ways of understanding the music selected for use in the Bonny Method; the second on transpersonal (i.e., spiritual) ways of experiencing the Bonny Method (based upon my doctoral dissertation). The impact of these chapters has included their citation in subsequent literature on related topics.

Abrams, B., Dassler, A., Lee, S., Loewy, J., Silverman, F., & Telsey, A. (2000). Instituting music therapy in the NICU: A team centered approach. In J. V. Loewy (Ed.), *Music Therapy in the neonatal intensive care unit* (pp. 21-37). New York: Beth Israel Medical Center. ISBN 9780980135510

This chapter involved the interdisciplinary collaboration among various health care professionals at Beth Israel Medical Center (a facility known internationally for its excellence and innovation in medical music therapy), concerning music therapy for infants in neonatal intensive care units. In part, the impact of this chapter was the presentation of its contents in a well-attended, multi-disciplinary colloquium on music therapy in neonatal intensive care, with implications for new directions in applications such as these.

REFEREED PUBLICATIONS

Abrams, B. (2011). Understanding music as a temporal-aesthetic way of being: Implications for a general theory of music therapy. *Arts in Psychotherapy*, 38(2), 114-119. <https://doi.org/10.1016/j.aip.2011.02.001> [R]

This article provides a conceptual framework for understanding music as a particular way of being-in-time, beyond physical sound, potentially reconciling some of the dichotomies between the foundations of music experience and the foundations of human health (both in terms of the processes that promote it and the goals that demonstrate it). This article has provided ideas that are currently being incorporated into a number of writings and music therapy courses, particularly where the philosophy and psychology of music are involved. One pragmatic example is the incorporation of this understanding of music into a monograph by Dr. John Carpentre (Molloy College) on his Individual Music-Centered Assessment Profile, an emerging system of music therapy assessment, specifically designed for work with children with neurodevelopmental disabilities. The Arts in Psychotherapy, a peer-reviewed periodical of Elsevier, carries a 2022-2023 impact factor of 1.87 (according to <https://www.resurhify.com/impact/details/12054>).

Abrams, B. (2010). Evidence-based music therapy practice: An integral understanding. *Journal of Music Therapy*, 47(4), 351-379. <https://doi.org/10.1093/jmt/47.4.351> [R]

This article addresses an understanding of what counts as “evidence” in music therapy from four distinct paradigmatic perspectives; a working definition of evidence-based music therapy practice is offered, and clinical examples are provided to illustrate each perspective. This article has been cited in peer-reviewed publications such as McFerran & Campbell (2012): Music therapists’ use of interviews to evaluate group programmes with young people: Integrating Wilber’s quadrant perspectives (Nordic Journal of Music Therapy) and in Wheeler, Sokhadze, Baruth, Behrens, & Quinn (2011): Musically induced emotions: Subjective measures of arousal and valence (Music and Medicine). I, along with a number of colleagues in the music therapy field, have also incorporated it into various music therapy courses, particularly where evidence-based practice and research are featured. The Journal of Music Therapy, one of the two principal, refereed periodicals of the American Music Therapy Association, carries a 2021 impact factor of 2.645 (according to <https://academic.oup.com/jmt/pages/About>).

Abrams, B. (2010). Exploring a perspective on the nature of music and health as they relate to the Bonny Method: A response to Summer’s (1992) “Music: The Aesthetic Elixir.” *Voices: A World Forum for Music Therapy*, 10(3). <https://voices.no/index.php/voices/article/view/1883/1648> [R]

This article offers an expanded perspective on the principles of the Bonny Method as presented by Summer, particularly with respect to a way of understanding music beyond the limits of its

manifestations in physical sound. I have witnessed this article appearing in several open-access journal indexes online, and have engaged in numerous, scholarly communications concerning the content of this article (e.g., at professional conferences). Voices: A World Forum for Music Therapy includes an online, refereed journal, among its various resources.

Abrams, B. (2002). Definitions of transpersonal BMGIM experience. *Nordic Journal of Music Therapy*, 11(2), 103-126. <https://doi.org/10.1080/08098130209478054> [R]

This article, derived from my doctoral dissertation study, addresses the question of defining a particularly elusive and ineffable dimension of music therapy: The transpersonal experiences that occur specifically within the context of the Bonny Method of Guided Imagery and Music (a form of music psychotherapy involving listening to selections of classical music in non-ordinary states of consciousness while dialoguing with a trained guide)

Abrams, B. (2001). Music, cancer, and immunity. *Clinical Journal of Oncology Nursing*, 5(5), 222-224. ISSN 1092-1095/1538-067X; PMID 11899768 [R]

This article addresses the connection between music experience and immunological health represented a scholarly link between music therapy and nursing in the service of caring for persons with cancer, while contributing to highlighting the field of music therapy within the context of a mainstream health care profession

OTHER PUBLICATIONS

- *Book Reviews*

Abrams, B. (2009). Book Review [Music and life in the Field of Play: An anthology]. *Journal of Music Therapy*, 46(2), 173-177. <https://doi.org/10.1093/jmt/46.2.173>

Abrams, B. (2008). Book Review [Music as therapy: A dialogical perspective]. *Music Therapy Perspectives*, 26(2), 132-134. <https://doi.org/10.1093/mt/26.2.132>

Abrams, B. (2006). Book Review [Case study designs in music therapy]. *British Journal of Music Therapy*, 20(2), 136-138. <https://doi.org/10.1177/135945750602000209>

Abrams, B. (2006). Book Review [Sounding the self: Analogy in improvisational music therapy]. *Nordic Journal of Music Therapy*. Published online [site not available]

Abrams, B. (2003). Book Review [A comprehensive guide to music therapy: Theory, clinical practice, research and training]. *Music Therapy Perspectives*, 21, 51-52. <https://doi.org/10.1093/mt/21.1.51>

- *Professional Reports*

Abrams, B. (2011). Dedication of the David Ott Laboratory for Music and Health at Montclair State University. *Music Therapy Matters*, 13(4), 6.

Abrams, B. (2007). The State of Music Therapy in the Mid-Atlantic Region of the United States. *Voices: A World Forum for Music Therapy*, released December 4 online at https://voices.no/community/index.html?q=country%252Fmonthusa_december2007

- *Magazine Article*

Abrams, B. (2008). Music as therapy. *Coping with Cancer Magazine*, 22(5), 22.

- *Online Columns*

Abrams, B. (2012). Does it really work? *Voices: A World Forum for Music Therapy*. <https://voices.no/community/index.html?q=fortnightly-columns%252F2012-does-it-really-work>

Abrams, B. (2011). The end of music. *Voices: A World Forum for Music Therapy*. <https://voices.no/community/index.html?q=fortnightly-columns%252F2011-end-music>

Abrams, B. (2010). Musical therapy? *Voices: A World Forum for Music Therapy*. <https://voices.no/community/index.html?q=colabrams050410>

- *Online Blog Entries*

Abrams, B. (2012). Montclair State University Hosts The Second International Health Humanities Conference: Music, Health, and Humanity Conference. *Creative Research Center Guest Blog*. Posted September 8, 2012, online at <https://www.montclair.edu/creative-research-center/2012/09/08/montclair-state-university-hosts-the-second-international-health-humanities-conference-music-health-and-humanity-by-brian-abrams-conference-chair/>

Abrams, B. (2012). Ways of thinking musically in music therapy. *Dr. John Carpenter's Developmental Music Health Blog*. Retrieved July 25, 2012, from <http://drjohnmtbc.wordpress.com/2012/02/09/dr-brian-abrams-discussing-thoughts-on-ways-of-thinking-musically-in-music-therapy/>

- *Online Encyclopedia*

Health humanities. (n.d.). In *Wikipedia*. Retrieved January 19, 2015, from http://en.wikipedia.org/wiki/Health_humanities (I provided the initial entry in 2010, to which I have provided periodic updates).

- *Published Dissertation*

Abrams, B. (2001). Defining transpersonal experiences of Guided Imagery and Music (GIM)

(Doctoral dissertation, Temple University, 2000). *Dissertation Abstracts International-A*, 61(10), 3817. (UMI No. 9990288) Available from ProQuest Dissertations & Theses Global. (304636489). ISBN 9780599968967. Document retrieval URL (Montclair State login required)
<http://ezproxy.montclair.edu:2048/login?url=https://www-proquest-com.ezproxy.montclair.edu/dissertations-theses/defining-transpersonal-experiences-guided-imagery/docview/304636489/se-2?accountid=12536>

B. OTHER EVIDENCE OF SCHOLARLY OR CREATIVE ACTIVITY

1. Invited Presentations

GUEST LECTURES DELIVERED

2024 Schwob School of Music, Columbus State University, Columbus, Georgia

I was invited to serve as a consultant to the Healing Notes program team, to guide students of the School of Music on providing live music in healthcare spaces. [Honorarium provided]

2024 Graduate School of Public Health & Health Policy, City University of New York

I was invited to provide a remote (Zoom) presentation consisting of a brief introduction to the definition and historical context of music therapy as a practice and profession, video examples of music therapy in action with a range of communities, and several hands-on, interactive/live examples of experiences that will provide attendees a sense of what engagement in music therapy might be like. Time for conversation was included.

2022 & 2023 Appalachian State University, Boone, North Carolina

I was invited to serve as a guest lecturer on the topic, Analytical Music Therapy for members of an Advanced Improvisation Course. [Honorarium provided]

2016-2022 Shenandoah University, Winchester, Virginia

I have been invited to serve periodically as a guest lecturer (in person and via remote technology) for graduate music therapy students, on various topics, such as clinical music improvisation, music therapy theory, and clinical music therapy supervision. [Honoraria provided]

2012-2022 California State University at Northridge

I have been invited to serve periodically as a guest lecturer (via remote technology) for undergraduate music therapy students, on topics such as transpersonal dimensions of music therapy. [Honoraria provided, for select lectures]

2022 Melbourne Conservatorium of Music, University of Melbourne, Melbourne, Australia

I was invited to serve as a guest lecturer/interview respondent on the topic, Music Therapy and Humanism in an introductory music therapy course

2021 Yenepoya University, Mangalore, India

I was invited to serve as a guest lecturer on the topic, Music Therapy: Insights from the West, for members of the allied healthcare community in Mangalore, India. The presentation included (a) a brief history of the music therapy field from a western/US-based perspective, (b) a general overview of western music therapy theory and practice, (c) video examples of music therapy practices, and (d) perspectives and dialogue about the topic of bridging musical cultures and expanding pathways for more inclusive international study of music therapy.

2010-2020 Molloy College, Rockville Centre, New York

I was invited to serve periodically as a guest lecturer (in person and via remote technology) for undergraduate and graduate music therapy students, on various topics such as Humanistic Music Psychotherapy, Song Exploration, and Analytical Music Therapy. [Honoraria provided, for select lectures]

2020 Centro Biomédico da Música/São José dos Campos, São Paulo, Brazil

I was invited to serve as a guest lecturer for the music therapy community of Centro Biomédico da Música - São José dos Campos, São Paulo, Brazil, on the topic of Analytical Music Therapy, delivered over the course of several days. [Honorarium provided]

2019 Rutgers University, New Brunswick, New Jersey

I was invited to serve as a guest lecturer for the Rutgers University chapter of the National Association for Music Educators (NAfME) on the topic of Music Therapy.

2018 Slippery Rock University, Slippery Rock, Pennsylvania

I was invited to serve as a guest lecturer (via Skype) for graduate students on the topic, Music and Imagery in Medical Contexts as an Advanced Music Therapy Practice.

2017 Nagoya College of Music, Nagoya, Japan

I was invited to serve as a guest lecturer on the topic, A Relationship-Based Theory of Music Therapy: Understanding Processes and Goals as Being-Together-Musically. [Honorarium provided]

2017 Hudson Valley Guild of Mental Health Professionals, Kingston, New York

I was invited to serve as a guest lecturer on the topic, The Role of Music Therapy as Part of a Community Stakeholdership Model of Mental Health Care.

2012-2016 State University of New York at New Paltz

In 2012 (via Skype), 2013, 2014, 2015, and 2016, I was invited to serve as a guest lecturer for music therapy students on the topic of Analytical Music Therapy, as part of a course on Foundations of Music Therapy. [Honorarium provided in 2014, 2015, and 2016]

2016 Lincoln Center Local Screenings at Montclair Public Library, Montclair, New Jersey

I was invited to serve as a guest lecturer as part of the Lincoln Center Local Screenings series, on the topic, Music and Emotion as Mutual, Living Metaphors: Relevance to Film Score.

2011-2016 New Jersey School of Medicine (Rutgers University)

I have been invited, on an annual basis, to serve as a guest lecturer for medical students. There, I have presented on scientific, artistic, and theoretical dimensions of Music Therapy, as part of the Medical School's Integrative, Complementary, and Alternative Medicine program. [Honorarium provided]

2013, 2015 Elizabeth Seton Pediatric Center, Yonkers, New York

I was invited as a guest speaker to present at grand rounds on understanding music as a health humanity in medical care contexts (2013) and on the role of arts-based community self-care in medical settings (2015). [Honorarium provided]

2015 Conservatory "Luisa D'Annunzio," Pescara, Italy

I was invited as a guest speaker to present a master class on humanities-based music therapy and Analytical Music Therapy. [Honorarium provided]

2015 Milan Conservatory, Milan, Italy

I was invited as a guest speaker to present an introduction to music therapy, as it pertains to the relationship between the arts and health. I offered this lecture under the auspices of a Global Education grant and support from the College of the Arts and John J. Cali School of Music, at Montclair State University.

2015 Texas Woman's University, Denton, Texas

I was invited to serve as a guest lecturer (distance-based, via Skype) for graduate students in a music therapy philosophy and theory course, on the topic of humanistic dimensions of music therapy.

- 2014 St. Mary-of-the-Woods College, Indiana
- I was invited to serve as a guest instructor for a six-hour workshop on understanding music therapy as a health humanity across evidence-based practices of music therapy assessment, treatment planning, and research. [Honorarium provided]*
- 2013 Guayaquil, Ecuador
- I was invited to present lectures at numerous venues, in order to promote the development of the music therapy profession in Ecuador. As a part of this guest visit, I have initiated work with key officials in Ecuador (including a meeting with the Governor of the Provincial Government of Guayas), both for professional advocacy and for creating future opportunities for collaborative exchanges between Montclair State University and one or more academic/health institutions in Ecuador.*
- 2013 Norwegian Academy of Music, Oslo, Norway
- I was invited to present on understanding music therapy as a health humanity, to students. [Honorarium provided]*
- 2013 Grieg Academy of Music, Bergen, Norway
- I was invited to present to students on understanding music therapy as a health humanity. [Honorarium provided]*
- 2013 Radford University, Virginia
- I was invited to serve as a Guest Lecturer, for undergraduate students, graduate students, area professionals, and faculty of the Music Department and Music Therapy Program. I presented a Lecture and a two-day workshop on understanding music therapy as a health humanity in music therapy assessment, treatment planning, and evidence-based practice. [Honorarium provided]*
- 2012 Shanghai Conservatory, China
- I was invited to serve as a guest lecturer for music therapy students on the topic of music therapy, cancer care, and quality of life.*
- 2012 Fudan University, Shanghai, China
- I was invited to serve as a guest lecturer for students and faculty. There, I presented an introduction to the Health Humanities and to Music Therapy.*
- 2011 St. Thomas Aquinas College, Sparkill, New York

I was invited to serve as guest lecturer on music therapy, as part of an Introduction to Art Therapy course. [Honarium provided]

2011 Dankook University, Jukjeon, South Korea

I was invited to serve as a guest lecturer for students and faculty attending the summer program. There, I presented an Introduction to the Health Humanities and to Music Therapy. I offered this lecture under the auspices of a grant from Montclair State University.

2010 Maryville University, St. Louis, Missouri

I was invited to serve as a guest lecturer for undergraduate music therapy students on Ways of Being With Clients in Music Therapy Through Music. [Honarium provided]

2009 California State University at Northridge

I was invited to serve as a guest lecturer for undergraduate music therapy students on the topic of Humanistic Music Therapy. [Honarium provided]

2006-2009 West Chester University, West Chester, Pennsylvania

I was invited to serve as a guest lecturer for an Introduction to Music Therapy mini-course at an annual Seminar in Counseling Excellence, primarily for the benefit of graduate-level counseling students, and with the intended impact of providing a perspective on the role of music therapy in interdisciplinary relationship to other helping fields, such as counseling. [Honarium provided]

2005 University of Aalborg (Denmark), Department of Music and Music Therapy

I was invited to serve as a guest lecturer in several graduate music therapy courses at an award-winning, prestigious European training program, and one of a small number of Ph.D. programs in music therapy worldwide. Impact has included enriched globalization of music therapy scholarship across certain domains of knowledge, as well as increased exchange of ideas on music therapy theory, practice, and research, across international perspectives. [Honarium provided]

CONFERENCE PANELS AND ROUNDTABLES

Hadley, S., Norris, M., Webb, A., Moonga, N., Leonard, H., Roestenburg, W., Bhatia, A., Zambonini, J. P., Low, M., Oosthuizen, H., Hoskyns, S., Baines, S., Abrams, B., & Crooke A. (2020, July). *Colonialism and music therapy*. Panel co-facilitated at the sixteenth World Congress of Music Therapy, Pretoria, South Africa.

Abrams, B., Ansdell, G., Hadley, S., Hinman, M., Lagasse, B., Moore, K. S., & Stige, B.,

- Thomas N., & Viegas, M. (2018, August). *Perspectives on humanistic music therapy*. Roundtable co-presented at the ninth Nordic Music Therapy Congress, Stockholm, Sweden.
- Abrams, B., & Whitehead-Pleaux, A. (2018, June). *Music and pain: Moving forward with research, policy and program development*. Roundtable discussion co-facilitated at the symposium, Music and Health Exchange: Crossroads of Music and Medicine, Berklee Music and Health Institute, Berklee College of Music, Boston, Massachusetts.
- Abrams, B., Bosco, F., & Hesser, B. (2018, May). *Salient aspects of music psychotherapy practices in treating trauma: GIM, Bodywork & Priestley - case exploration*. An expert panel co-facilitated at the conference on Trauma Theory and Treatment: Somatosensorial Implications of Resilience, ICAHN School of Medicine at Mount Sinai, Mount Sinai-Beth Israel Medical Center, New York. [Honorarium provided and donated]
- Abrams, B., & Marain, D. (2016, October). *Music therapy*. A panel co-facilitated at Healing Arts Coalition Conference: Telling Your Story Through the Arts, Atlantic Health System, Montclair Art Museum, Montclair, New Jersey.
- Wilson, M., Abrams, B., & Lemesianou, C. (2016, April). Opportunities at the intersection of arts and health: A panel discussion and networking event co-facilitated at Montclair State University, Montclair, New Jersey.
- Abrams, B., Murphy, K., O'Grady, K., Potvin, N., & Young, L. (2015, November). *Music therapy goals can be understood musically, too!* Panel discussion co-facilitated at the annual conference of the American Music Therapy Association, Kansas City, Missouri.
- Gold, C., Abrams, B., Elefant, C., Gilbertson, S., Kim, J., & Wennström, S. (2014, July). *The art of scientific writing: Preparing manuscripts and surviving peer review*. Roundtable discussion co-facilitated at the fourteenth World Congress of Music Therapy, Krems an der Donau, Austria.
- Clarkson, A., Mulchahy, K., and Abrams, B. (2013, October). *Discussant panel for "The universality of music: A music-centered assessment profile for neurodevelopmental disorders"* co-facilitated at the Annual Interdisciplinary Council on Development and Learning (ICDL) Conference, Montclair State University, New Jersey.
- Aigen, K., Nolan, P., & Abrams, B. (2012, October). *The impact of Nordoff-Robbins Music Therapy: A panel discussion from various perspectives*. Panel discussion co-facilitated at the annual conference of the American Music Therapy Association, St. Charles, Illinois.
- Abrams, B., & Marain, D. L. (2009, November). *The music man: Unique roles, experiences, and issues of the male music therapist: The dialogue continues*. Roundtable discussion facilitated at the annual conference of the American Music Therapy Association, San Diego, California.

- Abrams, B., & Marain, D. L. (2008, November). *The music man: Unique roles, experiences, and issues of the male music therapist: The dialogue continues*. Roundtable discussion facilitated at the annual conference of the American Music Therapy Association, St. Louis, Missouri.
- Abrams, B., & Marain, D. L. (2007, November). *The music man: Unique roles, experiences, and issues of the male music therapist: The dialogue continues*. Roundtable discussion facilitated at the annual conference of the American Music Therapy Association, Louisville, Kentucky.
- Abrams, B., Charnitski, C., & Papa, J. (2007, January). Ethical concerns in human research. Roundtable discussion facilitated at *Research: Teaching, Technology, & Integrity*, a faculty development conference of the Southeastern Pennsylvania Consortium for Higher Education, Philadelphia, Pennsylvania.
- Abrams, B., & Marain, D. L. (2006, November). *The music man: Unique roles, experiences, and issues of the male music therapist: The dialogue continues*. Roundtable discussion facilitated at the annual conference of the American Music Therapy Association, Kansas City, Missouri.
- Abrams, B., Marain, D. L., & Stewart, A. A. (2005, November). *The music man: Unique roles, experiences, and issues of the male music therapist: The dialogue continues*. Roundtable discussion facilitated at the annual conference of the American Music Therapy Association, Orlando, Florida.
- Marain, D. L., & Abrams, B. (2004, November). *The music man: Unique roles, experiences, and issues of the male music therapist*. Roundtable discussion facilitated at the annual conference of the American Music Therapy Association, Austin, Texas.
- Abrams, B. (2004, October). *Learning through the human encounter: The value of phenomenology*. Visiting scholar on panel at Immaculata University, Immaculata, Pennsylvania.
- Abrams, B. (2003, May). *Criteria for evaluation of qualitative music therapy research*. Panel discussion at plenary session of the fourth Nordic Music Therapy Conference, Bergen, Norway.

PANELS HOSTED

A Conversation on Inclusion of Musics of India in US Music Therapy Degree Program Curricula, Featuring Kamala Sankara (February 15, 2022)

As part of the Cali School of Music's *Immersive Residency Programs* 2021-2022, this panel featured an open conversation about each panelist's background/story and experience thus far as a music therapist. The conversation included considerations about the role of Indian Musics, and the problems encountered when seeking to include Indian

Musics in US Music Therapy training programs—as well as what US Music Therapy education may do moving forward to address those barriers and to become more inclusive.

Exploring Being Deaf and the Role of Music in Human Creative Expression and Wellbeing: A Panel Conversation Featuring Dame Evelyn Glennie and Faculty of Montclair State University (March 2, 2022)

As part of the Cali School of Music's *Immersive Residency Programs 2021-2022*, this conversation explored the roles of: Music in understanding being deaf as an experience and Being Deaf as an identity and culture; Music experience as it relates to audiological health; Music as a way of hearing and listening—and of being, communicating, and relating—beyond conventional, aural, sound perception; and Deaf music experience as a human creative expression for emotional, existential, and community well-being.

INVITED WORKSHOPS

Abrams, B. (2012, May). *Transpersonal dimensions of music therapy*. Keynote workshop provided at the third International Forum for Music Therapy, Central Conservatory, Beijing, China. [Honorarium provided]

Abrams, B. (2012, January). *Musica Humana: When music breaks the sound barrier in music therapy*. Keynote workshop provided at the annual state conference of the Oregon Association for Music Therapy, Portland, Oregon. [Honorarium provided]

Abrams, B. (2010, April). *Music therapy*. Workshop facilitated at the second annual Complementary Alternative Medicine Conference, Main Line Health, Rosemont, Pennsylvania. [Honorarium provided]

Abrams, B. (2008, September). *Music therapy*. Workshop facilitated at the third biennial Focus on Integrative Medicine & Wellness: Relax, Renew, Restore; Abramson Cancer Center, University of Pennsylvania, Philadelphia, Pennsylvania.

Abrams, B. (2008, February). *Music, cancer, and health*. Workshop facilitated at the Leukemia & Lymphoma Society and Fox Chase Virtua Health Cancer Program, Voorhees, New Jersey.

Abrams, B. (2007, March). *MAR-AMTA and me: Goal setting for the region*. Workshop facilitated at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Ocean City, Maryland.

Abrams, B. (2006, September). *Care for the caregiver: Music for managing stress*. Workshop facilitated at Holcomb Behavioral Health Systems, Exton, Pennsylvania.

Abrams, B., Ollerton, T., Davis, J., & Droubay, S. (2003, September). *Family portrait: The use of music therapy in treatment of domestic violence*. Workshop facilitated at the Utah

Domestic Violence Advisory Council, annual Treatment Providers Conference, Ogden, Utah.

2. Abstracts and Papers Contributed at Professional Meetings

REFEREED ABSTRACTS PUBLISHED IN CONFERENCE PROCEEDINGS

- Abrams, B., & Viega, M. (2020). *Understanding transgenerational trauma and grief through digitally remixing music of the Holocaust* [Abstract]. Proceedings of the sixteenth World Congress of Music Therapy. Pretoria, South Africa (Online). [R]
- Webb, A., & Abrams, B. (2020). *Imagining the decolonization of music therapy education* [Abstract]. Proceedings of the sixteenth World Congress of Music Therapy. Pretoria, South Africa (Online). [R]
- Abrams, B. (2017). *Exploring an integral understanding of evidence-based music therapy practice* [Abstract]. Proceedings of the fifteenth World Congress of Music Therapy, Tsukuba, Japan. [R]
- Murphy, K. M., & Abrams, B. (2017). *Song exploration* [Abstract]. Proceedings of the fifteenth World Congress of Music Therapy, Tsukuba, Japan. [R]
- Ikuno-Yamamoto, R., Abrams, B., McFerran, K., Okazako-Sakaue, K., Stige, B., Miyake, H., Gilbertson, S., & Matsumoto, K. (2017). *Knowing/communicating the clinical process in music therapy practice*[Abstract]. Proceedings of the fifteenth World Congress of Music Therapy, Tsukuba, Japan. [R]
- Lin, Y., & Abrams, B. (2014). *Benefits of an Asian music therapy student group: Multiple perspectives* [Abstract]. Proceedings of the fourteenth World Congress of Music Therapy, Krems an der Donau, Austria. [R]
- Abrams, B., & Oswanski, L. (2014). *Understanding support musically and relationally in cancer groups: Initial findings and reflections* [Abstract]. Proceedings of the fourteenth World Congress of Music Therapy, Krems an der Donau, Austria. [R]
- Abrams, B. (2011). *Understanding music as a way of being-together in music therapy* [Abstract]. Proceedings of the thirteenth World Congress of Music Therapy, Seoul, South Korea. [R]
- Abrams, B. (2011). *Analytical Music Therapy as a way of being-together for health* [Abstract]. Proceedings of the third International Music Therapy Research Conference, Wilfred-Laurier University, Waterloo, Ontario, Canada. [R]
- Abrams, B. (2010). *A humanistic perspective on the discourse of evidence-based practice in the mental health literature: The case of psychiatric music therapy* [Public Presentation]. Proceedings of the first International Health Humanities Conference, University of Nottingham, United Kingdom. [R]

CONFERENCE PAPERS

- *Humanism, Arts, and Health*

Abrams, B. (2017, June). *A humanistic perspective on Analytical Music Therapy*. Paper presented at conference, Analytical Music Therapy - Past, Present, and Future -Understanding the Model as Music-Centered, Molloy College, Rockville Centre, New York.

Abrams, B. (2012, May). *Understanding music therapy as a health humanity*. Paper presented as a conference speaker at the third International Forum for Music Therapy, Central Conservatory, Beijing, China.

Abrams, B. (2012, March). *Musica Humana: When music breaks the sound barrier in music therapy*. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Timonium, Maryland.

Abrams, B. (2012, March). *Music therapy as a health humanity*. Paper presented as featured guest at an interdisciplinary seminar, Exeter University, United Kingdom.

Abrams, B. (2012, March). *Why “it” doesn’t work, and why we do: Understanding music therapy as a health humanity*. Keynote paper presented at Music Therapies and Interventions for Health Workshop, University of Nottingham, United Kingdom.

Abrams, B. (2011, November). *Musica Humana: When music breaks the sound barrier in music therapy*. Paper presented at the annual conference of the American Music Therapy Association, Atlanta, Georgia.

Abrams, B. (2011, November). *Expressive therapies as ways of being human*. Paper presented at the second international expressive therapies summit, New York, New York.

Abrams, B. (2011, July). *Understanding music as a way of being-together in music therapy*. Paper presented at the thirteenth World Congress of Music Therapy, Seoul, South Korea.

Abrams, B. (2011, May). *Analytical Music Therapy as a way of being-together for health*. Sub-Keynote Paper presented at the third International Music Therapy Research Conference—Improvisation: Exploring the art & Science of Clinical Practice. Laurier Centre for Music Therapy Research, Wilfrid-Laurier University, Waterloo, Ontario, Canada.

Abrams, B. (2011, April). *Understanding the value of relationship-based therapies from a health humanities perspective*. Featured guest paper presented at The Other Side of the Coin: Artistic and Humanistic Evidence in Relationship-Based Therapy Work, Molloy College, Rockville Centre, New York.

Abrams, B. (2011, March). *Analytical music therapy as a way of being-together*. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Saratoga Springs, New York.

Abrams, B. (2011, February). *Understanding music therapy as a health humanity*. Paper presented at the annual conference of the Arts and Quality of Life Research Center, Temple University, Philadelphia, Pennsylvania.

Abrams, B. (2010, November). *Analytical music therapy as a way of being-together*. Paper presented at the annual conference of the American Music Therapy Association, Cleveland, Ohio.

Abrams, B. (2010, November). *Understanding the expressive arts therapies as health humanities*. Paper presented at the first International Expressive Therapies Summit, New York, New York.

Abrams, B. (2010, August). *A humanistic perspective on the discourse of evidence-based practice in the mental health literature: The case of psychiatric music therapy*. Paper presented at the first International Health Humanities Conference (conference theme of Madness and Literature), University of Nottingham, United Kingdom.

Abrams, B. (2010, April). Evidence-based health care practice in cultural discourse: The juxtaposition of scientific and artistic paradigms of 'evidence' for the creative arts therapies. Paper presented at *Medical Humanities: Health and Disease in Culture Area* for the annual meeting of the Popular Culture Association/American Culture Association, St. Louis, Missouri.

Abrams, B. (2010, March). *Evidence-based practice: A humanistic perspective*. Paper presented at the annual conference the New England Region of the American Music Therapy Association, Westbrook, Connecticut.

Abrams, B. (2009, November). *Evidence-based practice: A humanistic perspective*. Paper presented at the annual conference of the American Music Therapy Association, San Diego, California.

Abrams, B. (2009, March). *Evidence-based practice: A humanistic perspective*. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Richmond, Virginia.

- *Music Therapy for Persons with Medical Illness and at End of Life*

Abrams, B., & Oswanski, L. (2014, July). *Understanding support musically and relationally in cancer groups: Initial findings and reflections*. Paper presented at the fourteenth World Congress of Music Therapy, Krems an der Donau, Austria.

Abrams, B. (2014, April). *Understanding relational support musically in cancer care groups:*

Initial findings and reflections. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Buffalo, New York.

Abrams, B., & Oswanski, L. (2013, November). *Understanding relational support musically in cancer care groups: Initial findings and reflections.* Paper presented at the annual conference of the American Music Therapy Association, Jacksonville, Florida.

Abrams, B. (2007, June). *Music therapy, cancer survivorship, and quality of life.* Paper presented at the annual Cancer Survivorship Conference of the Wellness Community, Philadelphia, Pennsylvania.

Abrams, B., & Kasayka, R. (2004, March). *The use of music and imagery for persons in end-of-life care.* Paper presented at the symposium on Music Therapy at the End of Life. Beth Israel Medical Center, New York, New York.

Abrams, B. (2002, November). *The unique role of music therapy in the neonatal intensive care unit (NICU).* Paper presented at the annual conference of the American Music Therapy Association, Atlanta, Georgia.

Abrams, B. (2002, April). *Music therapy for infants in the neonatal intensive care unit (NICU): A consideration of the music.* Paper presented at the annual conference of the Western Region of the American Music Therapy Association, Portland, Oregon.

Abrams, B., & Loewy, J. (2001, October). *Treating persons with sickle cell disease through music therapy and medicine.* Paper presented at the annual conference of the American Music Therapy Association, Pasadena, California.

Abrams, B., Dassler, A., Lee, S., Loewy, J., Silverman, F., & Telsey, A. (2000, December). *Instituting music therapy in the NICU: A team-centered approach.* Panel co-presented at the colloquium on Music Therapy in the Neonatal Intensive Care Unit, Beth Israel Medical Center, New York, New York.

Abrams, B. (2000, March). *Music therapy in cancer care.* Paper presented at the annual Cancer Control Conference of Christiana Care Health System, Newark, Delaware.

Abrams, B. (2000, January). *Music therapy in cancer care.* Paper presented at the conference of the New Mexico chapter of the Oncology Nursing Society, Albuquerque, New Mexico.

Abrams, B. (1999, November). *Music therapy in cancer care.* Paper presented at the annual fall Institute of the Oncology Nursing Society, Salt Lake City, Utah.

Abrams, B. (1999, July). *Music therapy and Ehlers-Danlos Syndrome.* Paper presented at the annual learning conference of the Ehlers-Danlos National Foundation, Philadelphia, Pennsylvania.

Abrams, B., Burns, D., & Logan, H. B. (1999, June). *Guided Imagery and Music in cancer care.*

Paper presented at the annual conference of the Association for Music and Imagery, Chicago, Illinois.

Abrams, B., & Logan, H. B. (1998, November). *Experiences of music therapists using the Bonny Method of Guided Imagery and Music in oncology*. Paper presented at the annual conference of the American Music Therapy Association, Cleveland, Ohio.

Abrams, B. (1998, October). *Uses of music and imagery for individuals with physical illness*. Paper presented at the annual conference on Applied Communication, Edinboro University of Pennsylvania, Erie, Pennsylvania.

Abrams, B., & Dileo, C. (1998, April). *Beyond words: Music in cancer care*. Paper presented at the annual Radiation Nursing Conference of Fox Chase Cancer Center, Philadelphia, Pennsylvania.

- *Applications of Music Therapy for Trauma*

Abrams, B. (2023, October). *Encountering transgenerational trauma through Analytical Music Therapy*. Paper presented at Symposium on Analytical Music Therapy: Current Developments in Analytical Music Therapy. New York University, New York. [Honorarium provided]

Abrams, B. (2021, April). *Encountering transgenerational trauma through Analytical Music Therapy*. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association (Online).

Abrams, B. (2020, November). *Encountering transgenerational trauma through Analytical Music Therapy*. Paper presented at the annual conference of the American Music Therapy Association (Online).

Abrams, B., & Viega, M. (2020, July). *Understanding transgenerational trauma and grief through digitally remixing music of the Holocaust*. Paper co-presented at the sixteenth World Congress of Music Therapy. Pretoria, South Africa (Online).

Abrams, B., & Viega, M. (2020, June). *Understanding transgenerational trauma and grief through digitally remixing music of the Holocaust*. Paper co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association (Online).

Abrams, B., & Viega, M. (2019, November). *Understanding transgenerational trauma and grief through digitally remixing music of the Holocaust*. Paper co-presented at the annual conference of the American Music Therapy Association, Minneapolis, Minnesota.

Abrams, B. (2014, September). *The role of arts-based manifestations of physiological and psycho-emotional traumas*. Paper presented at the third International Health Humanities Conference (conference theme of Trauma Textualities), University of Nottingham, United Kingdom.

Kingdom.

Abrams, B., Brooks, D. M., Loewy, J. V., Nolan, P., & Wineberg, C. C. (2006, November). *Using music to bridge community in the aftermath of Hurricane Katrina*. Panel co-presented at the annual conference of the American Music Therapy Association, Kansas City, Missouri.

Abrams, B., Davis, J., & Ollerton, T. (2003, November). *Family portrait: The use of music therapy in the treatment of domestic violence*. Paper presented at the annual conference of the American Music Therapy Association, Minneapolis, Minnesota.

Abrams, B. (2002, September). *Music therapy in treatment for domestic violence*. Paper presented at the Utah Domestic Violence Advisory Council annual Treatment Providers Conference, Provo, Utah.

- *Various Approaches to the Practice of Music Therapy and Related Fields*

Viega, M., & Abrams, B. (2019, March). Archetypes as Ways of Understanding Clinical Process in Music Psychotherapy: Practical Applications. Paper co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Reston, Virginia.

Winter, T., Magee, W., & Abrams, B. (2018, April). *Defining evidence based practice from multiple perspectives*. Paper co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Pittsburgh, Pennsylvania.

Zarate, R., Viega, M., Aigen, K., and Abrams, B. (2017, November). *Perspectives and possibilities: A creative, critical conversation on aesthetics and music therapy*!Panel co-presented (via Skype) at the annual conference of the American Music Therapy Association, St. Louis, Missouri.

Abrams, B. (2017, July). *Exploring an integral understanding of evidence-based music therapy practice*. Paper presented at the fifteenth World Congress of Music Therapy, Tsukuba, Japan.

Murphy, K. M., & Abrams, B. (2017, July). *Song exploration*. Paper presented at the fifteenth World Congress of Music Therapy, Tsukuba, Japan.

Ikuno-Yamamoto, R., Abrams, B., McFerran, K., Okazako-Sakaue, K., Stige, B., Miyake, H., Gilbertson, S., & Matsumoto, K. (2017, July). *Knowing/communicating the clinical process in music therapy practice*. Panel co-presented at the fifteenth World Congress of Music Therapy, Tsukuba, Japan.

Murphy, K. M., & Abrams, B. (2016, November). *Music-centered song exploration: An alternative to lyric analysis in music therapy*. Paper presented at the annual conference of the American Music Therapy Association, Sandusky, Ohio.

- Abrams, B. (2016, May). *The role of activist education*. Paper presented at the seventh annual teaching and learning showcase, Montclair State University, New Jersey.
- Abrams, B. (2016, March). *Exploring an integral understanding of evidence-based music therapy practice*. Paper co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Harrisburg, Pennsylvania.
- Abrams, B. (2013, October). *Understanding our clients as only music therapists can: Principles of music-centered, relationship-based music therapy assessment*. Paper presented at conference, considering musical dimensions in relationship-based work: New directions in music therapy treatment planning, Molloy College, East Farmingdale, New York. [Honarium provided]
- Abrams, B. (2013, May). *Learner-centered assessment*. Paper presented at the fourth annual teaching and learning showcase, Montclair State University, New Jersey.
- Abrams, B. (2013, March). *Transpersonal foundations of music therapy*. Keynote paper presented at third conference for the Nordic Network for Research (Theme of Existential Health), Oslo, Norway
- Carpente, J., & Abrams, B. (2012, March). *Musical goals are clinical goals: How music domain areas embody conventional domain areas*. Paper co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Timonium, Maryland.
- Abrams, B. (2012, January). *Evidence-based practice in music therapy: An integral perspective*. Keynote paper presented at the annual state conference of the Oregon Association for Music Therapy, Portland, Oregon. [Honarium provided]
- Abrams, B. (2005, November). *Song exploration: Deepening and expanding the music experience in lyric analysis*. Paper presented at the annual conference of the American Music Therapy Association, Orlando, Florida.
- Abrams, B. (2005, May). *Improvisational Life Portrait as a form of music psychotherapy: A phenomenological-existential perspective*. Paper presented at the international symposium on music psychotherapy, Laurier Centre for Music Therapy Research, Wilfrid-Laurier University, Waterloo, Ontario, Canada.
- Abrams, B. (2004, December). *Multi-sensory approaches for motivating exceptional learners*. Paper presented at the annual winter conference of the New York State School Music Association, Rochester, New York.
- Abrams, B. (2004, November). *An introduction to Improvisational Life Portrait (ILP)*. Paper presented at the annual conference of the American Music Therapy Association, Austin, Texas.

Abrams, B. (2004, April). *Song exploration: Deepening and expanding the music experience in lyric analysis*. Paper presented at the annual conference of the Western Region of the American Music Therapy Association, Scottsdale, Arizona.

Abrams, B. (2004, March). *Unanswered questions: Transpersonal dimensions of music imaging*. Paper presented at the Bonny Foundation Symposium, Vero Beach, Florida.

Abrams, B. (2000, November). *Defining transpersonal experiences of Guided Imagery and Music (GIM)*. Paper presented at the annual conference of the American Music Therapy Association, St. Louis, Missouri.

- *Music Therapy Research and Related Topics*

Bose, M., Gainor, K., Abrams, B., & Wissner, R. (2018, May). *Pedagogical research: The role of the Institutional Review Board (IRB) in studying one's own teaching*. Panel co-presented at the ninth annual teaching and learning showcase, Montclair State University, New Jersey.

Abrams, B. (2015, June). *Development and evaluation of the Transpersonal Depth-Guided Imagery and Music inventory (TD-GIM)*. Paper presented at the First International Transpersonal Festival, Centro d'Ompio, Pratolungo, Italy.

Abrams, B. (2013, April). *Development and evaluation of the Transpersonal Depth-Guided Imagery and Music inventory (TD-GIM)*. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Scranton, Pennsylvania.

Abrams, B. (2012, October). *Development and evaluation of the Transpersonal Depth-Guided Imagery and Music inventory (TD-GIM)*. Paper presented at the annual conference of the American Music Therapy Association, St. Charles, Illinois.

Abrams, B. (2007, November). *Improvisation Assessment Profiles and RepGrid in the microanalysis of clinical music improvisation*. Paper presented at the annual conference of the American Music Therapy Association, Louisville, Kentucky.

Abrams, B. (2005, November). *Evaluating qualitative research*. Paper presented at the annual conference of the American Music Therapy Association, Orlando, Florida.

Abrams, B. (2005, July). *Evaluating qualitative music therapy research*. Paper presented at the eleventh World Congress of Music Therapy, Brisbane, Australia.

Abrams, B. (2005, March). *Evaluating qualitative music therapy research*. Paper presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Garden City (Long Island), New York.

Abrams, B. (2002, July). *Applications of the RepGrid technique in music therapy research*. Paper presented at the tenth World Congress of Music Therapy, Oxford, England.

Abrams, B. (2001, July). *Applications of the Repertory Grid technique in Guided Imagery and Music research*. Paper presented at the annual conference of the Association for Music and Imagery, Bowen Island, British Columbia, Canada.

- *Professional and Pedagogical Issues in Music Therapy*

Webb, A., & Abrams, B. (2020, July). *Imagining the decolonization of Music therapy education*. Paper co-presented at the sixteenth World Congress of Music Therapy, Pretoria, South Africa (Online).

Webb, A., & Abrams, B. (2019, November). *Exploring the decolonization of music therapy education: An imaginative dialogue*. Paper co-presented at the annual conference of the American Music Therapy Association, Minneapolis, Minnesota.

Abbott, E., Abrams, B., Allen, J., Hunt, A., Jackson, N., & Murphy, K. M. (2018, April). *Assessing students' readiness to enter the professional world*. Panel co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Pittsburgh, Pennsylvania.

Abrams, B. (2014, November). *Cultivating clinical musicianship in music therapy: Moving beyond functional skills*. Paper presented at the annual conference of the American Music Therapy Association, Louisville, Kentucky.

Carpente, J., Abrams, B., Gadberry, A. L., Hancock, M., Lucente, J., Neal, J. P., and Rafieyan, R. (2012, March). *Public relations in the MAR: Orchestrating an ensemble of voices for advocacy and leadership in our region*. Panel co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Timonium, Maryland.

Abrams, B. (2011, October). *Music, imagination, and the aesthetics of transition*. Keynote paper presented at the eighth annual Passages conference (Molloy College, Rockville Centre, New York), Mid-Atlantic Region of the American Music Therapy Association.

Abrams, B., Hunter, B. C., Murphy, K., & Rohrbacher, M. (2008, November). *Where are we going? Future directions in music therapy*. Panel co-presented at the annual conference of the American Music Therapy Association, St. Louis, Missouri.

Hunter, B. C., Abrams, B., Dileo, C., & Rohrbacher, M. (2008, March). *Where are we going? Future directions in music therapy*. Panel co-presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Cherry Hill, New Jersey.

Abrams, B. (2007, March). *An orientation and update on the Pennsylvania LPC License*. Paper

presented at the annual conference of the Mid-Atlantic Region of the American Music Therapy Association, Ocean City, Maryland.

Abrams, B., & Abrams, J. (2003, November). *Developing the musical self of the music therapist*. Paper presented at the annual conference of the American Music Therapy Association, Minneapolis, Minnesota.

Abrams, B., & Abrams, J. (2002, November). *Developing the musical self of the music therapy student*. Paper presented at the annual conference of the American Music Therapy Association, Atlanta, Georgia.

Abrams, B., Borling, J., Meadows, A., & Muller, B. J. (1998, November). *Men's experiences in the Bonny Method of Guided Imagery and Music: Exploring the dynamics of the male guide*. Panel co-presented at the annual conference of the American Music Therapy Association, Cleveland, Ohio.

- *Arts-Based and Experiential Pedagogy*

Abrams, B. (2017, May). *Role of Arts-Based Pedagogy For Understanding Diversity Across the Curriculum*. Paper presented at the eighth annual teaching and learning showcase, Montclair State University, New Jersey.

Abrams, B., & Lin, Y. (2014). *Benefits of an Asian music therapy student group: Multiple perspectives*. Paper presented at the fourteenth World Congress of Music Therapy, Krems an der Donau, Austria.

Abrams, B. (2012, August). *Considerations about online learning in the health humanities: Lessons from the pilot offering of Music, Health, and Humanity*. Paper presented at the second International Health Humanities Conference, Montclair State University, Montclair, New Jersey.

Abrams, B. (2012, June). *Considerations about engaged learning in arts-based, online contexts*. Plenary paper presented at the Summer Institute for Hybrid and Online Learning, Montclair State University, Montclair, New Jersey.

Abrams, B. (2012, May). *Considerations about engaged learning in arts-based, online contexts*. Plenary paper presented at the third annual University Learning and Teaching Showcase, Montclair State University, Montclair, New Jersey.

Abrams, B. (2011, May). *Through the fire: Struggles, barriers and creative forces in student-centered experiential learning*. Paper presented at the second annual University Learning and Teaching Showcase, Montclair State University, Montclair, New Jersey.

3. Other Creative Work and/or Scholarly Activity

CONFERENCE POSTERS

Abrams, B. (2012, October). *Recent presentations on music therapy in China: Paving the way for growing international collaborations*. Poster presented at the annual conference of the American Music Therapy Association, St. Charles, Illinois.

MUSIC COMPOSITIONS

- *Formal Works*

1999 *In Time of Daffodils*, for unaccompanied choir (setting of poem by E. E. Cummings). Published in 2015, in C. A. Lee, A. Berends, & S. Pun (Eds.), *Composition and improvisation resources for music therapists* (pp. 43-48). Dallas, TX: Barcelona Publishers.

Work first performed at annual Memorial Service on October 20, 1999, University of Pennsylvania Cancer Center (a community-based extension of the music therapy program there)

1995 *Sweetness*, for mezzo-soprano, guitar, and string quartet; arrangement of words and melody by Sharisa Joy

Work performed by Hudson Valley Philharmonic at Potential Unlimited (a community-based concert featuring artists with developmental disabilities) on April 23 and 25, 1995, Bardovan Theater, Poughkeepsie, New York

1994 *Kyrie*, for unaccompanied choir

Work read by Temple University Choir.

1993 *Penny Candy*, for mezzo-soprano and piano, on poem by Lawrence Ferlinghetti

Work performed at Spring 1994 recital, State University of New York - The College at New Paltz

- *Original Songs*

2007 *Neoplastic Blues*

Song performed in June 2007 at the annual Cancer Survivorship Conference of the Wellness Community, Philadelphia, Pennsylvania; in February 2008 at the Leukemia & Lymphoma Society and Fox Chase Virtua Health Cancer Program, Voorhees, New Jersey; and in July 2008 at the Seminar in Counseling Excellence, West Chester University, West Chester, Pennsylvania. I have also used this song periodically in classes.

1998 *Kira's Voice; Light the Way*

Above two pieces were songs written for, and performed at, a candlelight vigil for a cure, held on September 25, 1998, University of Pennsylvania Cancer Center (a community-based extension of the music therapy program there)

1998 *Music is Our Medicine*

1998 *Psychoneuroimmunology*

Above two pieces written for, and performed at, Radiation/Oncology Conference on April 24, 1998, Fox Chase Cancer Center, Philadelphia, Pennsylvania (for public education about music therapy in cancer care); I have also used the latter song in classes (for a humorous approach to instruction on a complex principle of physiology)

GRANTS

A. GRANTS FUNDED

1. As Faculty at Montclair State University

2019 Summer Grant Proposal Development Award, Montclair State University, \$1,800 (30% of \$6,000 Total, Shared with Colleague), Applied Funds During Summer 2019

Awarded for preparing an external grant with a team of colleagues, including music therapy faculty member Michael Viega (Principal Investigator), to develop a digital music pain assessment application that would provide musical soundscapes representing pain experiences, and to facilitate interactive, therapeutic songwriting interventions. Grant application has been subsequently submitted to the National Institutes of Health, under the R15 category.

2018 Career Development Grant, Montclair State University, \$4,500, Applied Funds During Summer 2018

Awarded for acquiring the foundations of utilizing electronic music technology for performative analysis of data in arts-based research. Applied skills in the initial analysis of video recordings of participants in a joint study with Music Therapist Leah Oswanski of Atlantic Health (Morristown Hospital, Morristown, NJ), with the objective of understanding the dynamics of support in a group of women with cancer, from a music-based perspective.

2017 Global Education Grant, Montclair State University, \$1,311.66, Applied Funds During Summer 2017

Awarded for developing faculty exchange programs with Nagoya and Tokai Universities, Japan. This initiative involved exploring the development of international partnerships between Montclair State University's music therapy program and two programs in Japan. Various meetings and conversations occurred among Yuji Igari, Coordinator of Music Therapy Course and Lecturer, Nagoya College of Music; Dr. Rika Ikuno, Lecturer & Supervisor on Music

Therapy, Tokai University; and myself. These conversations are ongoing with specific plans for exchange processes in progress.

- 2013-2016 International Creative Practice as Mutual Recovery Program (United States Team Member), Arts & Humanities Research Council/Research Councils United Kingdom, £1.5 Million (United Kingdom)

This externally-funded, international pilot project, led by Dr. Paul Crawford of the University of Nottingham, with United States Team led by Dr. Gene Beresin (a prominent US psychiatrist at Harvard/Massachusetts General Hospital), explored ramifications of creative practices (e.g., art therapies) as part of systemic mental health promoting processes, across various communities. I served as part of the US team, and have integrated findings into a number of publications and presentations.

- 2014 Career Development Grant, Montclair State University, \$7,272, Applied Funds During Summer 2014

Awarded for deepening an orientation to the arts and health at Montclair State, as part of ongoing collaborations with Atlantic Health System from the perspective of humanities-based music therapy, and the health-promoting significance of clinical musicianship

- 2014 Global Education Grant, Montclair State University, \$800, Applied Funds During Summer 2014

Awarded for presenting a paper on present findings from a study on Understanding Support Musically and Relationally in Cancer Care Groups

- 2011 Separately Budgeted Research Grant, Montclair State University, \$2,000, Applied Funds During Summer-Fall 2011

Awarded for the design of a study investigating the role of relationship in music-centered support groups for cancer survivors

- 2011 Career Development Grant, Montclair State University, \$6,560, Applied Funds During Summer 2011

Awarded for the development of a humanities-based perspective on music psychotherapy

- 2010 Global Education Grant, Montclair State University, \$2,600, Applied Funds During Summer 2011

Awarded for the development of an international, institutional affiliation with South Korean university around the Health Humanities

2. While Serving on Faculty at Other Universities

- 2007 Professional Development Grant, Immaculata University
- Awarded for participation in Analytical Music Therapy training, with expectation of integrating into teaching any relevant resources resulting from the training*
- 2006 Professional Development Grant, Immaculata University
- Awarded grant to attend, present at, and report upon the national music therapy conference. Expectation was to integrate any relevant resources resulting from attendance into teaching.*
- 2005 Professional Development Grant, Immaculata University
- Awarded grant to attend, present at, and report upon, and integrate any relevant resources, resulting from attendance, into teaching.*
- 2005 Curriculum Development Grant, Immaculata University
- Awarded grant to create a series of courses, as part of reconstructing both undergraduate and graduate music therapy curricula*
- 2005 Globalization Grant, Southeastern Pennsylvania Consortium for Higher Education
- Awarded grant to attend, present at, and report upon World Congress of Music Therapy, Brisbane, Australia. Expectation was to integrate any relevant resources, resulting from attendance, into teaching.*
- 2004 Professional Development Grant, Immaculata University
- Awarded grant to attend, present at, and report on the national music therapy conference. Expectation was to integrate any relevant resources, resulting from attendance, into teaching.*
- 2002 Utah State University, New Faculty Research Grant
- Awarded grant to develop and evaluate Improvisational Life Portrait, a means of facilitating personal conveyance of life stories through extemporaneous music making, for use in clinical contexts. Method was developed successfully, as was some initial investigation into its efficacy. Project was not completed as originally planned, due to a combination of obtaining larger quantities of data than initially anticipated, and accepting a new faculty position at Immaculata University.*
- 2002 Utah State University, Marie Eccles Caine Foundation Grant
- Grant awarded to build pedagogical resources within the music therapy program; funds were allocated primarily for purchase of musical instruments*

B. GRANT PROPOSALS SUBMITTED

2019-Present Exploring the Validity of Creating the Digital Music Application Pain Profile (DMAPP) for Use in the Assessment of Chronic Pain. National Institutes of Health (R15)

Application with a multidisciplinary team of colleagues to develop a digital music pain assessment application that would provide musical soundscapes representing pain experiences, and to facilitate interactive, therapeutic songwriting interventions. Initial feedback received from reviewers; revisions in process.

2013 Small Business Innovation Research, National Institutes of Health

Sought an externally funded, pilot investigation of an artificial intelligence music composition technology for use in music therapy for persons experiencing chronic pain, through a Small Business Innovation Research (SBIR) award, under the National Institutes of Health (NIH). Total requested was \$49,512.00; duration was to be six months (SBIR Phase I). The project, due to individual circumstances for team members, has been placed on hold indefinitely.

PROFESSIONAL AWARDS

A. FELLOWSHIPS

1997 Temple University, University Fellowship

Completed my doctorate under the auspices of a merit-based fellowship that provided tuition remission, stipend, and teaching assistantship opportunities

B. HONORS and AWARDS

2020 Service Award, Mid-Atlantic Region of the American Music Therapy Association

2013 Nomination, Outstanding Advising Award, Montclair State University

2008 Nomination, Lindback Distinguished Teaching Award, Immaculata University (withdrawn from contention due to acceptance of position at Montclair State University for fall 2008)

2007 Pi Kappa Lambda National Music Honor Society (Delta Psi Chapter), Immaculata University

2005 Who's Who Among America's Teachers (9thed.)

UNIVERSITY, COLLEGE, DEPARTMENT, AND COMMUNITY SERVICE

A. SERVICE TO MONTCLAIR STATE UNIVERSITY

2024-Present	SEEDS Advisory Board (2024-2027 Term)
2023-Present	University-Wide Academic Assessment Committee
2021-Present	Autism Interdisciplinary Group
2018-2024	<i>Resource Faculty</i> , New Faculty Program
2019-2022	Blue Ribbon Task Force on the University Liberal Core
2009-2021	Institutional Review Board (Vice-Chair, 2013-2018; Alternate 2018-2021)
2015-2020	University Senate (Academic Affairs Council, 2016-2020; Committee on Policies, 2017-2018)
2016-2017	Faculty Development Advisory Board
2013-2015	<i>Co-Chair</i> , Academic Technology Committee, Learning Management System

B. SERVICE TO THE COLLEGE OF THE ARTS

2016-2020 2022-2023	College Research Committee
2013-2015	Montclair State University Team, Arts and Health Partnership and Curriculum Development, Atlantic Health System and Montclair State University (includes Arts and Health Certificate curriculum task force)
2014-2015	College of the Arts Entrepreneurship Task Force
2012-2013 2009-2013	College Career Development Committee Marshal, convocations and commencement exercises, as representative of the College of the Arts (served in 2009, 2010, 2012, and 2013)

C. SERVICE TO THE JOHN J. CALI SCHOOL OF MUSIC

2023-Present	Academic Assessment Committee
2023-Present 2018-2019	Bylaws Committee
2022-Present	Faculty Range Adjustment Committee
2008-Present	<i>Faculty Advisor/Co-Advisor</i> , Music Therapy Student Organization

2017-2022	Faculty Self-Assessment Committee (Appointed or Individually Invited)
2010-2022	Curriculum Committee
2018-2020	Personnel Advisory Committee
2019-2020	Theory/Composition Faculty Search Committee
2018-2019	Faculty Advisory Committee
2018	Diversity Committee (Co-Founder)
2017-2018	Music Therapy Search Committee (Chair)
2011-2012	Scheduling Committee
2010-2011	Awards Committee
2009-2011	Student Concerns Committee
2009-2011	Scholarship and Enrollment Management Committee
2010	Search Committee (Secretary)
2009-2010	Strategic Planning Committee

D. ACADEMIC SERVICE PRIOR TO HIRE AT MONTCLAIR STATE UNIVERSITY

1. University Level, Immaculata University

2005-2008	Research Ethics Review Board (Chair, 2007-2008; Co-Chair, 2006-2007; Member, 2005-2006)
2004-2008	<i>Director</i> , Music Therapy Programs

2. University Level, Utah State University

2003	<i>Guest Speaker</i> , Music and Diversity, Student Residence,
2003	<i>Co-Leader</i> , Student Counseling Group, Counseling Center,

3. College Level, Immaculata University

2005-2006	<i>Mentor</i> , College of Undergraduate Studies
2004-2008	Graduate Academic Policy Committee

4. Department Level, Immaculata University

2006	Music Therapy Faculty Search Committee
2005-2008	<i>Moderator</i> , University Chorale
2004-2008	<i>Faculty Advisor</i> , Immaculata University Association of Music Therapy Students

5. Department Level, Utah State University

2002-2004	<i>Faculty Advisor</i> , Music Therapy Student Association
2001-2004	<i>Academic Advisor</i> , Music Therapy Majors
2001-2004	Music Curriculum Committee
2002-2003	Music Awards Committee
2002-2003	Music Faculty Search Committee

E. SERVICE OFF-CAMPUS

1. Scholarly Service to Profession

PERSONNEL REVIEW

2024	External Reviewer, Promotion Committee, Purdue University Fort Wayne (Fort Wayne, Indiana)
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I served as an external member of a committee evaluating a colleague's application for promotion to Clinical Associate Professor in Music.

ACADEMIC PROGRAM REVIEW

2022	External Reviewer, Wilfrid Laurier University (Waterloo, Ontario, Canada)
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I served as an external member of the cyclical quality assurance review process at Wilfrid Laurier's Music Therapy program. This comprehensive review occurred over the course of several days, on a remote basis, and culminated in a written appraisal report including recommendations. [Honorarium provided]

PROFESSIONAL CONFERENCES

- *Conference Chairing, Organizing, and Production*

2012 Second International *Health Humanities* Conference: *Music, Health, and Humanity* (Montclair State University, New Jersey)

I served as chair and principal organizer of this conference—the first of its kind in North America, and the second of its kind in the world. The conference featured a multi-perspective, international exploration of important questions addressing ways of understanding and applying the relationships between music and health, in the service of humankind.

- *Conference Program Committees*

2015 Scientific Committee for international music therapy conference, Higher Education in Music Therapy in Europe

2009 National Conference Program Committee, American Music Therapy Association

- *Conference Presiding*

2008 *Presider*, fifth annual Passages conference (Immaculata University, Immaculata, Pennsylvania), Mid-Atlantic Region of the American Music Therapy Association

2005 *Presider*, second annual Passages conference (Drexel University, Philadelphia, Pennsylvania), Mid-Atlantic Region of the American Music Therapy Association

2005 *Session Chair*, eleventh World Congress of Music Therapy, Brisbane, Australia

EDITORSHIPS, PEER REVIEWING, AND OTHER ACTIVITY RELATED TO SCHOLARLY PUBLICATION

2021 *Mentor*, Journal of Music Therapy Justice and Equity Mentorship Program

I served as a mentor within a special program established in conjunction with the Journal of Music Therapy designed to encourage and support emerging scholars interested in contributing peer-reviewed literature focused upon justice and equity.

2019 *Reviewer*, Music and Medicine

Music and Medicine is an interdisciplinary journal and an integrative forum for clinical practice and research related to music interventions and applications of clinical music strategies in medicine. Peer reviewed issues offer original articles, case studies, editorial commentaries, and interviews from clinical medicine, the neurosciences, behavioral sciences, nursing, and social work that translate music, music psychology, music cognition, music neurology, and music therapy into scientifically valid clinical applications.

2005-2019 Editorial Team (*Associate Editor*, 2013-2019; *Advisory Editorial Board*, 2011-2013),

Nordic Journal of Music Therapy

The Nordic Journal of Music Therapy is regarded as one of the world's foremost contemporary publications on the music therapy discipline. Articles embrace a wide spectrum of paradigms and worldviews, with an emphasis on dimensions such as emerging theories, novel approaches to practice, new modes of inquiry, multiculturalism, and international perspectives. As an Associate Editor, I coordinated the process of peer review for articles within my purview. As a member of the Advisory Editorial Board, I served as an "ambassador" for the journal by soliciting high quality manuscripts from the reputable authors; by encouraging citation, readership and subscription; and by generally helping to shape and develop the journal. As an editorial reviewer, I was invited periodically by the Chief Editor to review several specific manuscript submissions featuring aspects that fall within my most prominent scholarly strengths and interests. The impact of my work with the Nordic Journal of Music Therapy has been the promotion of scholarly excellence ensured by the rigors of area-specific peer review, as well as promotion of high-quality, international publication.

2018 Guest Editor, Music Therapy Perspectives

Music Therapy Perspectives is one of two scholarly journals published by the American Music Therapy Association, the professional association of the music therapy field in the United States. My role as guest editor was to coordinate a "special focus" issue featuring Humanistic Music Therapy, including the peer-review process. The resulting five articles represented a diversity of contemporary understandings concerning the role of humanism in music therapy—from neuroscience, to technology, to psychotherapy, to critical theory.

2010-2013 Co-Editor, Voices (North American Region)

Voices: A World Forum for Music Therapy, is an international, peer-reviewed, open-access journal and online community for music therapy. The journal publishes accessible texts in a range of genres and the forum publishes fortnightly columns, a series on music therapy around the world, and moderated and un-moderated discussions. The Voices website also includes resources such as links to teaching courses, associations, and upcoming events. The mission of Voices is to build bridges between various cultures, disciplines, and practice fields concerned with relationships between music and health. As a co-editor, I solicited and reviewed manuscripts, contributed essays annually to an online column, and helped advance the general mission of the forum.

2012 Reviewer, Journal of Language and Culture

I served as a reviewer for the manuscript, "A case study on selected terms used to describe women in selected Malaysian hip hop lyrics."

2012 Reviewer, Journal of Psychology and Psychotherapy

I served as a reviewer for the manuscript, “Musical attitudes and correlations with mental health in a sample of musicians, non-musicians and immigrants: A pilot study. Implications for music therapy.”

2004-2016 *Editorial Review Board, Qualitative Inquiries in Music Therapy*

Qualitative Inquiries in Music Therapy is a monograph series dedicated to qualitative research in music therapy. This series was created by Ken Bruscia (a leading scholar in the field of music therapy) through his own company, Barcelona Publishers, in response to the need for a suitable venue for qualitative music therapy research. As a member of the Editorial Review Board, I have been responsible for upholding the high standards of rigor that define the monograph, while offering constructive critique of manuscript submissions to potential contributors. The intended impact of serving in this capacity is to encourage the development of qualitative music therapy literature resources that are vibrant and diverse.

2003-2008 *Editorial Committee, Music Therapy Perspectives*

Music Therapy Perspectives is one of two scholarly journals published by the American Music Therapy Association, the professional association of the music therapy field in the United States. My role as a member of the Editorial Committee was to review manuscripts submitted for publication, according to the purpose, mission, and standards of excellence at the foundation of the journal. The intended impact of serving in this capacity was to support the proliferation of meaningful and relevant music therapy literature, intended for audiences both within and outside of the field of music therapy.

2003-2004 *Editor, Bonny Method Resources (Newsletter)*

Bonny Method Resources is the newsletter of the Association for Music and Imagery

SERVICE TO PROFESSION AS PROFESSIONAL ADVOCACY AND PUBLIC MEDIA ACTIVITY

2022 Guest interview on *Humanism and Strengths-Based Thinking* as part of the continuing music therapy education course, *Becoming a Music-Centered Therapist: Thinking and Doing*, by Suzanne Sorel, held virtually via the Annual Symposium of the American Music Therapy Association, November 14, 2022

2021 *Creative Peacemeal* interview with Tammy Takaishi featuring Dr. Brian Abrams (recorded audio interview and podcast via Creative Peacemeal, March 15, 2021 (Season 1, Episode 13), at <https://creativepeacemeal.buzzsprout.com/1488151/8142440-dr-brian-abrams-music-therapist>

2021 *Voices* interview with Kerry L. Hryniw Byers featuring Dr. Brian Abrams (recorded video interview and podcast via Voices: A World Forum for Music Therapy, January 26, 2021, at <https://www.youtube.com/watch?v=vnRCHlnUbGU>)

- 2018 *Music Therapy Perspectives special focus: Music therapy and humanism* (live video presentation and podcast via the American Music Therapy Association Research Facebook page, September 4, 2018, at <https://www.facebook.com/1047170001/videos/10215396723645100/>)
- 2018 *Act 2: Older Students discover new joys and passions through lifelong learning* (quotation by Marilyn Joyce Lehren, published in *Montclair: The Magazine of Montclair State University*, Spring/Summer, 2018, pp. 19-20)
- 2016 *Music therapy goals from musical perspective* (Interview along with Kathleen Murphy, Noah Potvin, and Laurel Young, on AMTA.Pro, a podcast of the American Music Therapy Association, at <https://amtapro.musictherapy.org/?p=1574>)
- 2015 *Music therapy: More powerful than you might expect* (Epoch Times, December 9, 2015, at <https://www.theepochtimes.com/health/music-therapy-more-powerful-than-you-might-expect-1915139>)
- 2015 *More honest than words* (quotation by Damian Fowler published in *Listen: Life with Music and Culture*, Volume 7, Number 1, Spring, 2015, pp. 17-19)
- 2013 *Music therapy: Psychodynamic and humanistic approaches* (recorded interview with Blythe LaGasse, October 7, 2013, for future educational use at Colorado State University)
- 2013 *Music therapy in Ecuador* (Radio interview, Guayaquil, Ecuador, September, 2013)
- 2013 *¿Qué es la musicoterapia? ("What is music therapy?")* (Video blog interview, Guayaquil, Ecuador, September, 2013, at http://www.youtube.com/watch?v=2D_zaQ6wHqw, from approximately 5:00 to 15:00)
- 2013 *How Music Can Be Used for Therapy* (*Montclair Patch*, March 9, 2013, at <http://montclair.patch.com/groups/editors-picks/p/how-music-can-be-used-for-therapy>)
- 2012 *Institute for Music and Neurologic Function Open House* (*Inside News, Employee Newsletter of the Beth Abraham Family of Health Services*, Winter 2011/2012, page 3)
- 2010 *Interview with Dr. Brian Abrams* (*Music Therapy Research Blog* interview by Andrew Knight and Blythe Lagasse, September 29, 2010)
- 2010 *Developing a Humanistic Perspective on Music Therapy* (*The Music Therapy Show* interview by Janice Harris, May 7, 2010)
- 2009 *The Keys to Connecting* (selected quotes included in article by Ellen Chase, published in the *Star-Ledger*, New Jersey, March 17, 2009)

- 2007 *Invited by Music: Explorations in Consciousness* (documentary film written by Marilyn Clark and edited by Gordon Glover, on behalf of the Bonny Institute, Baltimore, Maryland, July 2007)
- 2003 *New Wave Coming in Music Therapy* (interview by Alan Edwards, published in the Deseret Morning News, Salt Lake City, Utah, April, 2003, Internet document)
- 2003 *A Friend Often Forgotten* (article by Jesse Coleman, published in the Daily Herald, Utah, February 23, 2003, Internet document)
- 2002 *Utah's Only Music Therapy Program Stays Elsewhere* (interview by Laura Cantera, published in The Daily Universe, Brigham Young University, September, 2002, pp. 10-11)
- 2001 *New Professor Brings Fresh Ideas* (interview by Hilary Ingoldsby, published in The Statesman, Utah State University, September, 2001)
- 2001 *Wisdom Television* (appearance and interview in a series featuring Integrative Medicine at Beth Israel Medical Center's Center for Health and Healing, New York, February, 2001)
- 2001 *HealthWatch, CBS Evening News* (appearance in a story by Jim Axelrod featuring applications of complementary therapeutic modalities in surgical medicine; shown working with a patient pre- and post-surgically, New York, January, 2001)
- 1999 *Making Miracles: Music Therapy Brings Healing* (interview by Susan Cort Johnson, published in Patient Education Management, University of Pennsylvania, June, 1999, pp. 63-66)
- 1999 *The Music Man: The University of Pennsylvania Cancer Center's Brian Abrams Uses Music Therapy to Enhance the Well-Being of Cancer Patients* (interview by Linda B. Randolph, published in Penn Health Magazine, University of Pennsylvania, April, 1999, pp. 4-5)
- 1999 *Staff Q&A: Brian Abrams, Director, Music Therapy Program at the Cancer Center* (interview by Sono Motoyama, published in the University of Pennsylvania Current, University of Pennsylvania, October, 1999, p. 8)
- 1998 *Music Therapy Shows a Variety of Benefits for Cancer Patients* (interview by American Cancer Society Staff, published in the American Cancer Society E-Magazine, October, 1998)

PROFESSIONAL ACTIVITIES AND MEMBERSHIPS

A. PROFESSIONAL MEMBERSHIPS

<u>Organization</u>	<u>Dates</u>
American Music Therapy Association (Previously National Association for Music Therapy, Prior to 1998) Member #M06913	1993-Present
New Jersey Association for Music Therapy	2008-Present
Association for Music and Imagery	1999-Present
Centre for Social Futures at the Institute of Mental Health, University of Nottingham, UK <i>Associate Member</i>	2013-Present
Institute of Mental Health, University of Nottingham, UK <i>Professional Fellow</i>	2013-Present
Member, International Advisory Board International Health Humanities Network	2011-2013
American Counseling Association	2005-2009

B. ELECTED OFFICES AND APPOINTED POSITIONS HELD – INTERNATIONAL LEVEL

<u>Organization</u>	<u>Dates</u>
International Association for Analytical Music Therapy <i>Co-Founding Board Member</i>	2018-Present (Vice-President, 2018-2023)

C. ELECTED OFFICES AND APPOINTED POSITIONS HELD – NATIONAL LEVEL

<u>Organization</u>	<u>Dates</u>
American Music Therapy Association <i>Assembly of Delegates</i>	2006-2017; 2020-Present Elected to Serve Through 2025
American Music Therapy Association <i>Board Representative, Alternate</i>	2020-2023
Music Therapy Faculty Forum Steering Committee <i>Member</i>	2018-2019

American Music Therapy Association <i>Speaker, Assembly of Delegates; Executive Committee</i>	2012-2013
American Music Therapy Association <i>National Music Therapy Registry Work Group</i>	2012-2013
American Music Therapy Association <i>Audit Committee</i>	2012-2013
American Music Therapy Association <i>Board Representative</i>	2010-2013
American Music Therapy Association <i>Financial Advisory Committee</i>	2010-2013
American Music Therapy Association <i>Chair, Music Therapy Definition Work Group</i>	2010-2011
American Music Therapy Association <i>Editorial Selection Process Work Group</i>	2010
American Music Therapy Association <i>Consulting Member, Code of Ethics Work Group</i>	2010
American Music Therapy Association <i>Regional Dues Work Group</i>	2010
American Music Therapy Association <i>Professional Journal Editorship Work Group</i>	2009
Certification Board for Music Therapists <i>Continuing Education Committee</i>	2003-2009
American Music Therapy Association <i>Task Force on Levels of Practice</i>	2002-2003

D. ELECTED OFFICES AND APPOINTED POSITIONS HELD – REGIONAL LEVEL

<u>Organization</u>	<u>Dates</u>
Mid-Atlantic Region of the American Music Therapy Association <i>Constitution & Bylaws Revision Committee Consulting Member</i>	2011-2013

Mid-Atlantic Region of the
American Music Therapy Association
Public Relations Committee

2011-2013

Mid-Atlantic Region of the
American Music Therapy Association
Finance Committee

2009-2011

Mid-Atlantic Region of the
American Music Therapy Association
Constitution and Bylaws Revision Committee

2009-2011

Mid-Atlantic Region of the
American Music Therapy Association
Policy Work Group

2009-2011

Mid-Atlantic Region of the
American Music Therapy Association
Chair, Nominating Committee

2009-2011

Mid-Atlantic Region of the
American Music Therapy Association
Chair, National Services Council of the Region

2009-2011

Mid-Atlantic Region of the
American Music Therapy Association
Immediate Past-President

2009-2011

Mid-Atlantic Region of the
American Music Therapy Association
Executive Board

2005-2011

Mid-Atlantic Region of the
American Music Therapy Association
President

2007-2009

Pennsylvania State Task Force
on Occupational Regulation
Chair

2006-2007

Mid-Atlantic Region of the
American Music Therapy Association
President-Elect

2005-2007

Mid-Atlantic Region of the

2005-2007

American Music Therapy Association
Membership Advocacy Committee

Mid-Atlantic Region of the
American Music Therapy Association
Public Relations Committee 2005-2007

Mid-Atlantic Region of the
American Music Therapy Association
Nominating Committee 2005-2007

Mid-Atlantic Region of the
American Music Therapy Association
*Chair, Constitution and Bylaws
Revisions Committee* 2005-2007

Mid-Atlantic Region of the
American Music Therapy Association
Financial Advisory Committee 2005-2007

E. APPOINTED POSITIONS HELD – STATE LEVEL

<u>Organization</u>	<u>Dates</u>
New Jersey State Board for Creative Arts and Activities Therapies (Appointed by Governor Phil Murphy) <i>Vice-Chair</i>	2022-Present
<i>Member</i>	2021-Present
New Jersey State Task Force For Occupational Regulation <i>Consulting Member</i>	2013-Present
New Jersey Association for Music Therapy <i>Member, Nominating Committee</i>	2019
New Jersey State Task Force For Occupational Regulation <i>Code of Ethics Work Group</i>	2010
New Jersey State Task Force For Occupational Regulation <i>New Jersey Advisory Council</i>	2007-2010
New Jersey State Task Force	2009

For Occupational Regulation
New Jersey Music Therapy
Licensure Work Group

Faculty Signature

Date

Brian Abrams: Self-Statement

I, Brian Abrams (*pronouns: he, him, his*), am a nondisabled, principally neuro-typical (with certain undiagnosed, likely/self-identified neuro-atypicalities), white-skinned, hetero cis-man in my 50s. I speak only English fluently. I was born in Brooklyn, New York, and have also lived in California, Utah, Pennsylvania, and New Jersey, where I currently reside with my life partner (in marriage) and my one adult child. I am a lifelong citizen of the United States. I identify as nonreligious, but as ethnically and culturally Jewish. I received my undergraduate degrees from a small, liberal arts college, as well as from a larger, public, state university, and my graduate degrees from a large, urban university. I have been a board-certified music therapist since 1996, and academic faculty in music therapy since 2001. I am a tenured professor at a public, state university. My family income and general resources are sufficient for me to maintain a safe and stable home in a New Jersey suburb close to New York City. I consider my theoretical orientation to therapy as centrally rooted in arts-centered, psychodynamic, humanistic, post-humanist, and existential perspectives.

I respectfully acknowledge the Traditional Custodians of the land on which I live and work, and pay my respects to Elders, past, present, and emerging. I understand that I benefit from unearned power and privilege rooted in the historical oppression, marginalization, and minoritization of those identifying as BIPOC, women, LGBTQIA2S+, disabled, and/or neurodivergent. I acknowledge that it is my ethical responsibility as a therapist, musician, educator, citizen, and person to aspire to allyship where I can be of support and/or service, and to engage in intersectional anti-oppressive practices of cultural responsiveness and humility that engender diversity, equity, and inclusion in both my professional and my personal life. This specifically includes contributing whatever efforts I may to cultural reparations, such as the rightful redistribution of artistic and other social capital misappropriated through inequitable systems and structures.