



## **Svetlana Shpiegel**

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### **EDUCATION**

- 2012** Ph.D., Rutgers, The State University of New Jersey; Social Work
- 2007** MSW, Ben-Gurion University of the Negev, Israel; Social Work  
Cum Laude
- 2005** BA, Ben-Gurion University of the Negev, Israel; Behavioral Sciences

### **RESEARCH INTERESTS**

Adolescents transitioning from foster care; early pregnancy and parenthood among child welfare-involved youth; child abuse and neglect; the impact of maltreatment and trauma on child and adolescent development; the intersection between substance use and child welfare involvement.

### **ACADEMIC POSITIONS**

- 2023-present** Professor, Department of Social Work and Child Advocacy, Montclair State University.
- 2017-2020** Associate Professor & Founding MSW Program Director, Department of Social Work and Child Advocacy, Montclair State University.  
Led the development, approval, and CSWE accreditation process of a Master of Social Work (MSW) program with a specialization in children, youth and families. Responsibilities included:
- Strategic leadership for program development and implementation activities, including curriculum development, student recruitment and marketing, advisory board activities, strategic planning, state approval processes, etc.
  - Prepare self-study materials for CSWE accreditation, coordinate and implement site visits, participate in other accreditation activities as necessary.



- Oversee student admission procedures and daily management of the MSW program, provide mentorship to new MSW faculty and adjunct instructors
- Successfully achieved CSWE accreditation for the program.

**2012-2017** Assistant Professor, Robert D. McCormick Center for Child Advocacy and Policy, Montclair State University

**2010 – 2012** Adjunct Professor, School of Social Work, Rutgers University

**2011 – 2012** Research Assistant/Program Associate, Center for Nonprofit Management and Governance, School of Social Work, Rutgers University

**2009 – 2011** Research Project Coordinator, School of Social Work, Rutgers University

**2006-2007** Research Project Coordinator, Regional Alcohol and Drug Abuse Resources (RADAR) Center, Ben-Gurion University of the Negev, Israel

### **RESEARCH AFFILIATIONS**

**2023-present** Affiliate Researcher, Transition Age Youth Research and Evaluation Hub, University of California-Berkley.

**2023-present** Affiliate Researcher, Center for Drug use and HIV Research (CDUHR), School of Global Public Health, New York University.

### **TEACHING EXPERIENCE**

**2012-present** *Department of Social Work and Child Advocacy, Montclair State University*

Human Behavior and the Social Environment (graduate)

Research and Evaluation (graduate, undergraduate)

Development and Trauma in Adolescence (graduate)

Child Welfare Policy (graduate)

Introduction to Social Work (undergraduate)

Child Abuse and Neglect (undergraduate)

Public Child Welfare (undergraduate)

Current Social Issues in Child Advocacy (undergraduate)

**2010-2012** *School of Social Work, Rutgers, The State University of New Jersey*

Research Methods I (undergraduate, graduate)

Research Methods II (graduate)



**PEER REVIEWED PUBLICATIONS**

- Shpiegel, S.,** Matsuzaka, S., Lytle, N., Kontoh, A.Y., & El Shahavy, O. (in press). Parental substance misuse and child welfare system involvement: Findings from a community sample of parents and primary caregivers. *Journal of Public Child Welfare*.
- Dworsky, **Shpiegel, S.,** & A., McCrae, J., & (in press). Child maltreatment among children in out-of-home care: Secondary analysis of NCANDS and AFCARS data. *Child Maltreatment*.
- Shpiegel, S.,** Zeitlin, W., Ludeke, R., & Okpych, N. (2025). Socioeconomic outcomes of sexual minority youth who have aged-out of foster care in California. *Child Abuse & Neglect*, 169(2), 107684.
- El-Shahawy, O., Fawole, A., Kang B.,...**Shpiegel, S.,** et al.. (2025). Acceptability of a telehealth smoking harm reduction intervention using e-cigarettes among cigarette smokers with opioid use disorder: A qualitative analysis. *Substance Use: Research and Treatment*, 19, 29768357251337050.
- Faulkner, M., Massey Combs, K., Dworsky, A., **Shpiegel, S.,** & Ethier, K. (2024). Cautions about research linking abortion restrictions to child maltreatment. *Child and Adolescent Social Work Journal*, 41(5), 659-665.
- Matsuzaka, S., Katz, C. C., Jamal, A., **Shpiegel, S.,** & Feliz, N. (2024). Reproductive justice for young Black women aging-out of foster care. *Journal of Public Child Welfare*, 18(2), 442-439.
- Sapiro, B., **Shpiegel, S.,** Ventola, M., & Ramirez Quiroz, S., Munyereyi, T., & Nwankwo, O. (2023). "It's just hard reaching out": Factors affecting help seeking behaviors among foster care alumni and other independent college students. *Journal of College Student Retention: Research, Theory and Practice*, 15210251231159642.
- Sapiro, B., **Shpiegel, S.,** Ventola, M., Munyereyi, T., & Nwankwo, O. (2023). "Trying to be positive in the face of the storm": The experiences of foster care alumni and other independent students during the COVID-19 pandemic. *Child and Family Social Work*, 28(2), 537-548.
- Aparicio, E.M., **Shpiegel, S.,** Martínez-García, G., Ventola, M., Jasczyński, M., Channell Doig, A., Sanchez, A., & Smith, R. Experiences of the COVID-19 pandemic among young parents in and transitioning from foster care: A participatory action PhotoVoice study (2023). *Children and Youth Services Review*, 148, 106872.
- Shpiegel, S.,** Dworsky, A., Day, A., Ludeke, R., & Ventola, M. Relationship between childbirth and access to postsecondary education among young women aging out of foster care (2023). *Child and Family Social Work*, 28(1), 147-159.



- King, B., **Shpiegel, S.**, Grinnell-Davis, C., & Smith, R. (2022). The importance of resources and relationships: An introduction to the special issue on expectant and parenting youth in foster care. *Child and Adolescent Social Work Journal*, 39, 651-656.
- Shpiegel, S.**, & Findley, P. Is the child welfare system prepared for an increase in children with type 1 diabetes? (2022). *Children and Youth Services Review*, 143, 106657.
- Schelbe, L., Dworsky, A., **Shpiegel, S.**, Eastman, A.L., Gieger, J., Garrido, M., & Desiderio, G. Promoting postsecondary educational success among young parents in and aging out of foster care (2022). *Child and Adolescent Social Work Journal*, 39, 763-775.
- Shpiegel, S.**, Aparicio, E.M., Ventola, M., Channell Doig, A., Jasczynski, M., Martinez-Garcia, G., Sanchez, A., & Smith, R., Sanchez, A., & Robinson, J. (2022). Experiences of young parents with foster care backgrounds during the COVID-19 pandemic. *Child Abuse and Neglect*, 131, 105527.
- Aparicio, E.M., **Shpiegel, S.**, Martinez-Garcia, G., Ventola, M., Jasczyński, M., Channell Doig, A., VanWert, S., Sanchez, A., & Smith, R. (2022). COVID-19 vaccination perspectives among young parents with foster care backgrounds. *Child and Adolescent Social Work Journal*, 39, 777-784.
- Shpiegel, S.**, Simmel, C., Sapiro, B., & Ramirez Quiroz, S. (2022). Resilient outcomes among youth leaving foster care: Evidence from the National Youth in Transition Database. *Journal of Public Child Welfare*, 16(4), 427-450.
- Shpiegel, S.**, Aparicio, E.M., Smith, R., Grinnell-Davis, C., & King, B. (2022). Early fatherhood and socioeconomic outcomes among young men transitioning from foster care in the United States. *Children and Youth Services Review*, 133, 106346.
- Shpiegel, S.**, Fleming, T., Mishraky, L., Van Wert, S., Goetz, B., Aparicio, E.M., & King, B. (2021). Factors associated with first and repeat births among females emancipating from foster care. *Children and Youth Services Review*, 125, 105977.
- Shpiegel, S.**, Aparicio, E., King, B., Prince, D., Lynch, J., & Ginnell-Davis, C. (2020). The functional patterns of adolescent mothers leaving foster care: Results from a cluster analysis. *Child and Family Social Work*, 25(2), 478-487.
- Aparicio, E., **Shpiegel, S.**, Bryn, K., & Grinnell-Davis, C. (2019). "My body is strong and amazing": Embodied experiences of pregnancy and birth among young women in foster care. *Children and Youth Services Review*, 98, 199-205.
- Shpiegel, S.**, & Cascardi, M. (2018). The impact of early childbirth on socioeconomic outcomes and risk indicators of females transitioning out of foster care. *Children and Youth Services Review*, 84, 1-8.



- Shpiegel, S.,** Sussman, S., Sherman, S., & El Shahawy, O. (2017). Smoking behaviors among adolescents in foster care: A gender-based analysis. *Substance Use and Misuse, 52*(11), 1469-1477.
- Shpiegel, S.,** Cascardi, M., & Dineen, M. (2017). A social ecology analysis of childbirth among females emancipating from foster care. *Journal of Adolescent Health, 60,* 563-569.
- Shpiegel, S.,** Lister, J., & Isralowitz, R. (2016). Relationships between delinquency and substance use among adolescents emancipating from foster care. *Journal of Social Work Practice in the Addictions, 16*(1-2), 113-131.
- Shpiegel, S.** (2016). Resilience among older adolescents in foster care: The impact of risk and protective factors. *International Journal of Mental Health and Addiction, 14,* 6-22.
- Shpiegel, S. & Simmel, C.** (2016). Functional outcomes among sexual minority youth emancipating from the child welfare system. *Children and Youth Services Review, 61,* 101-108.
- Shpiegel, S. & Ocasio, K.** (2015). Functioning patterns among older youth in foster care: Results from a cluster analysis. *Children and Youth Services Review, 58,* 227-235.
- Shpiegel, S. & Cascardi, M.** (2015). Adolescent parents in the first wave of the National Youth in Transition Database. *Journal of Public Child Welfare, 9*(3), 227-298.
- Cascardi, M., Brown, C., **Shpiegel, S.,** & Alvarez, A. (2015). Where have we been and where are we going? A holistic and interdisciplinary perspective on child advocacy. *Sage Open, 1-10.*
- Shpiegel, S.,** Simmel C., & Huang, C. (2013). Emotional maltreatment reports in children: The influence of state statutes and co-occurring maltreatment. *Journal of Aggression, Maltreatment and Trauma, 22*(6), 626-643.
- Simmel, C. & **Shpiegel, S.** (2013). Describing the context and nature of emotional maltreatment reports in children. *Children & Youth Services Review, 35*(4), 626-633.
- Simmel, C., **Shpiegel, S.,** & Murshid, S. (2012). Foster care alumni and funding for postsecondary education: Examining variation in state support. *Journal of Policy Practice, 12*(1), 43-61.
- Greenfield, E.A., & **Shpiegel, S.** (2012). Graduates' perspectives on a national specialized program in social work and aging. *Journal of Social Work Education, 48*(2), 285-305.
- Isralowitz, R., Reznik, A., & **Shpiegel, S.** (2010). Religious status and drug use behavior among former Soviet Union immigrants. *International Migration, 48*(3), 174-178.



Isralowitz, R., **Shpiegel, S.**, Reznik, A., & Layton, A. (2009). Ethiopian youth in Israel: Gender-related alcohol use and related problem behavior. *Drugs: Education, Prevention, and Policy*, 16 (3), 273-278.

Isralowitz, R., **Shpiegel, S.**, Reznik, A., Borkin, S., & Snir, Y. (2009). Late life alcohol use and gender differences among former Soviet Union immigrants. *Journal of Ethnicity in Substance Abuse*, 8(2), 201-205.

### **MANUSCRIPTS UNDER REVIEW**

Katz, C., Jackson, S., Dworsky, A.,.....**Shpiegel, S.**, et al. (accepted). The Transition-Age Youth Special Interest Group (TAY-SIG): The establishment and activities of a US-based network of child welfare researchers. *Families in Society*.

### **INVITED ENCYCLOPEDIA CHAPTERS**

Simmel, C. & **Shpiegel, S.** (2020). Child Neglect and Emotional Maltreatment. In E. J. Mullen (Ed.). *Oxford Bibliographies in Social Work*. New York, NY: Oxford University Press.

### **HONORS AND AWARDS**

- 2025-2026** *New Jersey Department of Children and Families*. New Jersey Task Force on Child Abuse and Neglect, Staffing and Oversight Review Subcommittee - Consultation, Quantitative & Qualitative Review, and Training. (2025-2026). Award Amount: \$766,648 (Contract PI: Wendy Zeitlin; Contract Co-PIs: Svetlana Shpiegel, Emily Douglas)
- 2024-2025** *Spencer Foundation*. "Vision Grant - Transforming four-year colleges and universities to promote academic success for parenting undergraduate students". (Co-PI with Elizabeth Aparicio, University of Maryland) (amount: \$75,000)
- 2022-2024** *Vital Strategies*. "Center for Harm Reduction Education, Training and Research in Northern New Jersey" (PI) (amount: \$250,000).
- 2023-2024** *University of California-Berkley*. "Differences in socioeconomic outcomes between heterosexual and sexual minority youth transitioning from foster care (PI) (amount: \$14,614).
- 2022-2024** *US DHHS Administration for Children and Families, Office of Planning, Research and Evaluation (OPRE)*. "Child Maltreatment among Children in Out of Home Care: Secondary Analysis of NCANDS and AFCARS data" (Co-I with Amy Dworsky, Chapin Hall, PI) (amount: \$99,997; MSU portion \$9,962)
- 2021-2022** *Center for the Study of Social Policy*. "Evaluation of the Pregnancy Prevention and Parenting Support Learning and Action Network (PPPS-LAN)" (PI) (amount: \$19,678)



- 2020-2021**     *The Annie E. Casey Foundation.* “The impact of the Covid-19 pandemic on expectant and parenting foster youth” (Co-PI with Elizabeth Aparicio, University of Maryland) (amount: \$75,000)
- 2020-2021**     *The Annie E. Casey Foundation.* “Repeat childbirth among females emancipating from foster care” (PI). (amount: \$15,431).
- Spring, 2017**     *Montclair State University, Dean’s Recognition Award for Service.* Award granted for leadership in the development of social work curricula, including the Master of Social Work (MSW) program and the Minor in Social Work.
- Spring 2016**     *Montclair State University, Summer Proposal Development Award:* “Repeat childbirth among adolescent females emancipating from foster care: Prevalence rates and socio-demographic correlates” (amount: \$2,000)
- Fall 2014**     *Montclair State University, Global Education Center Grants:* “Promoting international collaborations between Ben Gurion University of the Negev in Israel and Montclair State University” (amount: \$2,500)
- May 2013**     *Rutgers University,* Dean’s Dissertation Award, Honorable Mention, School of Social Work
- May 2012**     *Rutgers University,* Outstanding Doctoral Student Instructor Award, School of Social Work
- June 2011**     *Cornell University,* Summer Research Institute Trainee, National Data Archive on Child Abuse and Neglect, (NDACAN)
- June 2010**     *Rutgers University,* Pre-dissertation award to attend a 5-day workshop on Structural Equation Modeling (SEM), University of North Carolina, Chapel Hill
- May 2010**     *Rutgers University,* “Pass with Honors” on the PhD Qualifying Exam, School of Social Work

### **PRESENTATIONS AT PROFESSIONAL CONFERENCES**

- Shpiegel, S., & Ast, R.** (January, 2026). Beliefs and opinions about the state child welfare system in a community sample of parents and primary caregivers. *Society for Social Work and Research*, Washington, DC.
- Sapiro, B., Shpiegel, S., Lytle, N., Matsuzaka, S., Difilippo, M., Kontoh, A., Woodhull, I., Hartle, M., & Elikplim, C.** (January 2026). “Half of the time it’s them that makes me wanna go get a drink”: Perceptions of child welfare involvement among parents with substance use disorder. *Society for Social Work and Research*, Washington, DC.



Aparicio, E., Peters, C., Marin Gutierrez, F.X., Max, J., Schelbe, L., & **Shpiegel, S.** (January, 2026). Transforming higher education to support student-parents. *Society for Social Work and Research*, Washington, DC.

Peters, C., **Shpiegel, S.** Schelbe, L., Max, J., Johnson, A., & Aparicio, E. (January, 2026). Exploring the impact of a multisite student-parent advisory board across campus communities: An Ethnographic Case Study. *Society for Social Work and Research*, Washington, DC.

Zeitlin, W., **Shpiegel, S.**, & Nee, T. (January, 2026). Maternal verbal functioning, intimate partner violence, and social-emotional well-being in elementary-aged children. *Society for Social Work and Research*, Washington, DC.

Zeitlin, W., **Shpiegel, S.**, & Nee, T. (November, 2025). The kids are alright: The relationship between maternal verbal functioning and social-emotional wellbeing in elementary-aged children. *American Public Health Association*, Washington, DC.

Peters, C., **Shpiegel, S.**, Aparicio, A., Schelbe, L., & Max, J. (October, 2025). Student-parents: Strengths, challenges, and potential interventions. *Healthy Teen Network's 45<sup>th</sup> Annual National Conference*, Atlanta, GA.

**Shpiegel, S.**, Kontoh, A., & Collins, J. (April, 2025). Non-stigmatizing and trauma-informed approaches for working with parents affected by substance misuse. *Child Welfare League of America*, Washington, DC.

**Shpiegel, S.**, Lister, J., Murillo, M., Munyereryi, T., Collins, J., Kontoh, A., Levine, V., & El Shahawy, O. (January, 2025). Prenatal use of medications for opioid use disorder and the risk of child welfare involvement: Analysis of the State Child Abuse and Neglect Policies (SCAN) database. *Society for Social Work and Research*, Seattle, WA.

**Shpiegel, S.**, Zeitlin, W., Ludeke, R., & Okpych, N. (January, 2025). Socioeconomic outcomes of non-heterosexual youth who have aged-out of foster care in California. *Society for Social Work and Research*, Seattle, WA.

Dworsky, A., McCrae, J., & **Shpiegel, S.** (January, 2025). Child maltreatment among children in out-of-home care: Secondary analysis of NCANDS and AFCARS data. *Society for Social Work and Research*, Seattle, WA.

Ludeke, L., **Shpiegel, S.**, Zeitlin, W., & Okpych, N. (October, 2024). Socioeconomic outcomes of sexual minority youth who have aged out of foster care in California. *American Public Health Association*, Minneapolis, MN.

**Shpiegel, S.** (January, 2024). Adolescent childbirth among girls in foster care in the United States: Trends based on three cohorts of the National Youth in Transition Database. *Society for Social Work and Research*, Washington, DC.



Catz, C., Jackson, S., Cheatham, L., Dworsky, A., Geiger, J., Harty, J., Johnson, R., Okpych., N., Powers, J., Salazar, A., **Shpiegel, S.**, Taussig, H., & Courtney, M. (September, 2023). The Transition Age Youth Special Interest Group (TAY-SIG): The establishment and activities of US-based network of child welfare researchers. *The European Scientific Association on Residential and Family Care for Children and Adolescents (EuSARF)*, Brighton, UK.

Matsuzaka, S., & **Shpiegel, S.** (May 2023). Reproductive justice for young women aging-out of foster care. *National Association of Social Workers-New Jersey (NASW-NJ) Annual Conference*, Atlantic City, NJ.

**Shpiegel, S.** & Aparicio, E.M. (January 2023). The link between incarceration and fatherhood among young men transitioning from foster care. *Society for Social Work and Research*, Phoenix, AZ.

**Shpiegel, S.**, Sapiro, B., Ventola, V., & Ramirez Quiroz, S. (January, 2022). The experiences of foster care alumni and other independent students during the COVID-19 pandemic. *Society for Social Work and Research*, Washington, DC.

Aparicio, E., **Shpiegel, S.**, Martínez-García, G., Ventola, M., Jasczyński, M., Channell Doig, A., Sanchez, A., WanVert, S., & Smith, R. (January, 2022). "I have not gotten a break since COVID hit": A multi-method qualitative study exploring the experiences of the COVID-19 pandemic among parenting foster youth. *Society for Social Work and Research*, Washington, DC.

**Shpiegel, S.**, Fleming, T., Mishraky, L., Van Wert, S., Goertz, B., Aparicio, E.M., Finigan-Carr, N., King, B. (July, 2020). Repeat childbirth among females emancipating from foster care: An examination of socioeconomic outcomes at age 21. *Society for Prevention Research*, Washington DC (online format due to COVID-19).

**Shpiegel, S.**, Simmel, C., Sapiro, B., & Lynch, J. (January, 2020). Resilience among youths leaving foster care: Evidence from the National Youth in Transition Database. *Society for Social Work and Research*, Washington, DC.

Yu, M., Lynch, J., Simmel, C., & **Shpiegel, S.** (January, 2020). Defining child neglect: A scoping review of perceptions, trends and risk factors in different cultural groups. *Society for Social Work and Research*, Washington, DC.

**Shpiegel, S.**, King, B., Aparicio, E., & Grinnell-Davis, C. (January, 2019). The relationship between disconnection from school and employment and early parenthood among foster youth. *Society for Social Work and Research*, San Francisco, CA.

**Shpiegel, S.**, Lister, J., Karl, M., & Ludeke, R. (January, 2018). Risk factors for suicidal ideation and attempts among adolescents in foster care. *Society for Social Work and Research*, Washington, DC.



**Shpiegel, S.,** King, B., Aparicio, E., Smith, R., & Grinnell-Davis, C. (January, 2018). Early parenthood among males emancipating from foster care: Findings from the National Youth in Transition Database. *Society for Social Work and Research*, Washington, DC.

King, B., Aparicio, E., Dworsky, A., Massey, K., **Shpiegel, S.,** Grinnell-Davis, C., Smith, R., Prince, D., Faulkner, M., & Lane Eastman, A. (January, 2018). Early pregnancy and parenting among foster youth: A national discussion to inform research, practice and policy. *Society for Social Work and Research*, Washington, DC.

**Shpiegel, S.,** Vietze, P. & Galasyuk, I. (March, 2017). Young children with disabilities in the United States foster care system. *International Convention of Psychological Science*, Vienna Austria.

**Shpiegel, S.,** Aparicio, E., Grinnell-Davis, C., & Prince, D. (January, 2017). Sexual risk behaviors among adolescents in foster care: The impact of sexual orientation. *Society for Social Work and Research*, New Orleans, LA.

Aparicio, A., **Shpiegel, S.,** & Grinnell-Davis, C. (January, 2017). “My body is strong and amazing”: An interpretive phenomenological analysis of embodied experience of pregnancy and birth among foster youth. *Society for Social Work and Research*, New Orleans, LA.

Grinnell-Davis, C., Aparicio, A., & **Shpiegel, S.** (January, 2017). Parenting attitudes among maltreated youth: Implications for prevention strategies. *Society for Social Work and Research*, New Orleans, LA.

**Shpiegel, S.** (July, 2016). Resilient functioning among adolescents emancipating from foster care: Evidence from the National Youth in Transition Database. *International Family Violence and Child Victimization Research Conference*, Portsmouth, NH.

**Shpiegel, S.** & Cascardi, M. (April, 2016). Predictors of early parenthood among youth emancipating from foster care: The impact of prior childbirth and risky behaviors. *Society for Research on Adolescence*, Baltimore, MD.

**Shpiegel, S.,** Lister, J., & Isralowitz, R. (January, 2016). The predictive role of delinquency to future substance use among youth aging-out of foster care. *Society for Social Work and Research*, Washington, DC.

**Shpiegel, S.** & Simmel, C. (January, 2016). Sexual minority youth emancipating from foster care: An examination of outcomes at age 19. *Society for Social Work and Research*, Washington, DC.

**Shpiegel, S.** & Simmel, C. (September, 2015). Risky sexual behaviors among youth aging-out of foster care: A gender-based analysis. *14th ISPCAN European Regional Conference on Child Abuse and Neglect*, Bucharest, Romania.



**Shpiegel, S.** & Ocasio, K. (July, 2015). Patterns of functioning among older youth in foster care: A cluster analysis. *The American Professional Society on the Abuse of Children (APSAC) 23<sup>rd</sup> Annual Colloquium*, Boston, MA

**Shpiegel, S.** & Cascardi, M. (July, 2014). Characteristics of adolescent parents emancipating from foster care. *International Family Violence and Child Victimization Research Conference*, Portsmouth, NH.

Cascardi, M. Brown, C., **Shpiegel, S.** & Alvarez, A., & Garcia-Reid, P. (July, 2014). Protect, Promote, Connect: Multidisciplinary integration in the field of child advocacy. *International Family Violence and Child Victimization Research Conference*, Portsmouth, NH.

Alvarez, A. & **Shpiegel, S.** (July, 2014). Cyber-bullying or freedom of speech? An examination of today's school-related First Amendment issues through an LGBTQ lens. *National Organization of Forensic Social Work Annual Conference*, New York, NY.

**Shpiegel, S.** (2013, October). Examining the phenomenon of resilience among youth emancipating from foster care. *Council on Social Work Education Annual Program Meeting*, Dallas, TX.

Sinha, J.W., Germak, A.L., Quincy, R., & **Shpiegel, S.** (2012, November). How social work schools build critical leadership capacity in nonprofit human services. *Council on Social Work Education Annual Program Meeting*, Washington, DC.

**Shpiegel, S.** & Quincy, R. (2011, October). Designing and implementing programs to support youth transitioning out of care. *Opening Doors: Partnerships for Prevention and Healing*, New Jersey Task Force on Child Abuse and Neglect, New Brunswick, NJ.

Murshid, S., Simmel, C., & **Shpiegel, S.** (2011, April). Child and infant mortality in Bangladesh: A problem for the uneducated poor. *Society for Research in Child Development*, Montreal, Canada.

Morton, C.M., & **Shpiegel, S.** (2011, January). Academic performance among former foster youth: The importance of neighborhood. *Society for Social Work and Research*, Tampa, FL.

**Shpiegel, S.** (2010, October). Statutory definitions of emotional maltreatment and substantiation rates across the United States. *Council on Social Work Education Annual Program Meeting*, Portland, OR.

Staats, A.F., & **Shpiegel, S.** (2010, October). Contact with independent living service providers and outcomes of emancipated foster youth. *Council on Social Work Education Annual Program Meeting*, Portland, OR.



**Shpiegel, S., & Morton, C.M.** (2009, November). The effects of neighborhood residence on college performance among former foster youth. *Council on Social Work Education Annual Program Meeting*, San Antonio, TX.

Morton, C.M., **Shpiegel, S.**, & Staats, A. (2008, November). Linking patterns of service utilization to outcomes for former foster youth. *Council on Social Work Education Annual Program Meeting*, Philadelphia, PA.

Morton, C. M. & **Shpiegel, S.** (2008, June). Patterns of service utilization among former foster youth. *Fordham University Council on Applied Psychometrics*, Bronx, NY.

### **INVITED TALKS, PRESENTATIONS, AND MEETINGS (SELECT)**

**Shpiegel, S.** (September, 2025). Perceptions of child welfare involvement among parents receiving substance use treatment in New Jersey. Invited talk for the New Jersey's Department of Children and Families, Grand Rounds Research Talks.

**Shpiegel, S.** (May, 2024). Helping young parents reach their full potential: Lessons from current research and a call for systems change. Keynote lecture for Prevent Child Abuse-New Jersey.

Lister, J., **Shpiegel, S.**, & Ingemi, Q. (April, 2024). Breaking the cycle in Salem county: Substance use and its generational impact. Presented for Salem Health and Wellness Foundation, New Jersey.

**Shpiegel., S.** (July 2023). Measuring resilience over time among young adults with foster care experience. Podcast recorded for the Institute for Research on Poverty, University of Wisconsin-Madison.

**Shpiegel, S.**, Aparicio, E., & Dworsky, A. (February, 2023). State of research on young parents transitioning from foster care in the United States. Presented for Children's Social Care Research and Development Centre (CASCADE), Cadriiff University, United Kingdom.

Courtney, M., Dworsky, A., Farrel, A., & **Shpiegel, S.** (November, 2022). Supporting transition-age youth in care: What does the evidence say? Presented for Achieving Success: Empowering transition-age young adults, Youth Villages.

Aparicio, E., & **Shpiegel, S.** (August, 2022). "It was hard to connect": Experiences of education during the COVID-19 pandemic among young parents with foster care backgrounds. Presented for the National Research Collaborative for Foster Alumni and Higher Education (NRC-FAHE).

**Shpiegel, S.**, Youngmin Y., & Drake, B. (2022, February). Panel discussion on publishing with NDACAN data. Presented for the National Data Archive on Child Abuse and Neglect.



**Shpiegel, S.,** Aparicio, E.M. & Sanchez, A. (2021, June). Five ways the COVID-19 pandemic affected young parents with foster care histories. Annie E. Casey Foundation; Baltimore, MD.

Aparicio, E.M., **Shpiegel, S.,** Sanchez, A., & Jackson, D. (2021, May). COVID-19 vaccine attitudes among parenting foster care alumni: A call to action. Presented for ReSHAPING and Healthy Teen Network; Baltimore, MD.

Aparicio, E.M. & **Shpiegel, S.** (2021, March). Storms and blossoms: Impact of the COVID-19 pandemic on parenting foster youth. Presented for the Annie E. Casey Foundation; Baltimore, MD.

Smith, R., Fleming, T., Ross, L., Jelks, M., Jelks, D., Webb, A., Zou-Capuzzi, S., & **Shpiegel, S.** (May, 2021). Supporting and engaging young parents: Child welfare & foster care roundtable. New Beginnings: The 22<sup>nd</sup> Annual Families and Fathers Conference International Experience, Los Angeles, CA.

**Shpiegel, S.** (April, 2021). Perspectives on prevention science. Presented for Prevent Child Abuse-New Jersey.

Van Wert, S., Goetz, B., **Shpiegel, S.,** Fleming, T., & Mishraky, L., (October, 2020). Research innovations, new findings, and practice implications for supporting young mothers in foster care. Presented for the Center for the Study of Social Policy and the Annie E. Casey Foundation.

**Shpiegel, S.** (October, 2020). Increasing access to postsecondary education for expectant and parenting foster youth: A call to action. Presented for the National Research Collaborative for Foster Alumni and Higher Education (NRC-FAHE).

Brunelle, A., Faulkner, M., Fleming, T., Primus, L., **Shpiegel, S.,** Smith, R.L. (June, 2019). Leveraging existing data to set an equity agenda for expectant and parenting youth. Presented for the Jim Casey Youth Opportunities Initiative 2019 National Convening, The Annie E. Casey Foundation.

Fleming, T., & **Shpiegel, S.** (March, 2019). Using data to disrupt the cycle of generational child welfare involvement. Presented for Child Trends and The Annie E. Casey Foundation.

**Shpiegel, S.** (September, 2018). Publishing research on foster youth using the National Youth in Transition Database. Presented for the National Data Archive on Child Abuse and Neglect, Bronfenbrenner Center for Translational Research, College of Human Ecology, Cornell University.

**Shpiegel, S.** (March, 2018). Pregnant and parenting youth in the foster care system. Presented for employees of the New Jersey Department of Children and Families enrolled in the Adolescent Advocacy Post BA Certificate, Montclair State University.



**Shpiegel, S.** (October, 2016). Preparedness for independent living among adolescents leaving residential placements and foster families in the United States. State Center for Promotion of Family Education: Faith. Hope. Love, Moscow, Russia.

**Shpiegel, S.** (June, 2016). Sexual minority youth emancipating from foster care: Challenges and opportunities during the period of transition to adulthood. Invited webinar for Practice and Research Together (PART), Toronto, Canada.

## **REPORTS**

**Shpiegel, S., & Dworsky, A.** (2022). Pregnancy Prevention and Parenting Support Learning and Action Network (PPPS-LAN) continuous quality improvement process: A final report. Report submitted to the Center for the Study of Social Policy and the Annie E. Casey Foundation.

**Shpiegel, S., Day, A., & Dworsky, A.** (2021). Postsecondary education among young parents aging out of foster care. College Promise.  
[https://static1.squarespace.com/static/5e44327a52b88927aaecabd/t/6058fe908f623a3e13377f84/1616445075138/\\_Foster\\_Student+Parent+Policy+Brief.pdf](https://static1.squarespace.com/static/5e44327a52b88927aaecabd/t/6058fe908f623a3e13377f84/1616445075138/_Foster_Student+Parent+Policy+Brief.pdf)

**Shpiegel, S., & Aparicio E.M.** (2021). Experiences of parenting foster care alumni during the COVID-19 pandemic. Final report submitted to Annie E. Casey Foundation.

Aparicio E.M. & **Shpiegel, S.** (2021). Photovoice: A primer. Annie E. Casey Foundation.

**Shpiegel, S., & Aparicio, A.** (2021). Perspectives of foster care alumni on COVID-19 vaccination: Key findings and a call to action. Brief report prepared for the Annie E. Casey Foundation.

**Shpiegel, S., Sapiro, B., Ventola, M., & Ramire-Quiroz, S.** (2021). Red Hawk Fellows program evaluation: Final report. Prepared for the Office of the Dean of Students, Montclair State University.

**Shpiegel, S., Zeitlin, W., Forneza, B., Dixon, L. & Sapiro, B.** (2020). Benchmark III (self-study, part III) submitted to the Council on Social Work Education (CSWE) as part of the accreditation of the Master of Social Work (MSW) program, Department of Social Work and Child Advocacy, Montclair State University.

**Shpiegel, S., Zeitlin, W., Forneza, B., Dixon, L.** (2019). Benchmark II (self-study, part II) submitted to the Council on Social Work Education (CSWE) as part of the accreditation of the Master of Social Work (MSW) program, Department of Social Work and Child Advocacy, Montclair State University.



**Shpiegel, S.** (2018). Benchmark I (self-study, part I) submitted to the Council on Social Work Education (CSWE) as part of the accreditation of the Master of Social Work (MSW) program, Department of Social Work and Child Advocacy, Montclair State University.

Quincy, R., **Shpiegel, S.**, Hixon, T., Lu, B., & Ludeke, R. (2013). *New Jersey nonprofit organizations: History and current status*. Report prepared for the Center for Nonprofit Management and Governance, School of Social Work, Rutgers University.

Simmel, C., Forenza, B., & **Shpiegel, S.** (2012). *Summary report of the 2011 Summer Housing and Internship Program (SHIP)*. Report prepared for New Jersey's Department of Children and Families.

**Shpiegel, S.** (2011). *The New Jersey Women and AIDS Network (NJWAN): Summary of findings from a needs assessment*. Prepared for the New Jersey Women and AIDS Network.

Simmel, C., **Shpiegel, S.**, & Murshid, S. (2011). *Survey of the Project MYSELF and SHIP programs at Transitions for Youth: Reflections from program participants and Support Coaches (2010-2011)*. Report prepared for New Jersey's Department of Children and Families.

## **CURRICULUM DEVELOPMENT**

**2022-2023** Developed and launched a graduate certificate titled "Harm Reduction Approaches to Substance Use", Department of Social Work and Child Advocacy, Montclair State University. Courses developed:

- Harm Reduction Interventions in the Management of Substance Use and Misuse
- Engaging Individuals Affected by Substance Use and Misuse

**2016-2018** Developed courses for a Master of Social Work (MSW) program, Department of Social Work and Child Advocacy, Montclair State University

- Human Behavior and the Social Environment
- Field Education Seminar I
- Field Education Seminar II
- Field Education Seminar III
- Field Education Seminar IV

**2017-2018** Co-developed or made substantial revisions to courses for a Master of Social Work (MSW) program, Department of Social Work and Child Advocacy, Montclair State University

- Social Work Assessment and Diagnosis (co-developed)
- Diversity, Oppression and Social Justice (co-developed)
- Research and Evaluation (co-developed)



- Development and Trauma in Adolescence (revised)
- Child Abuse and Neglect (revised)

**2014-2015** Developed courses for an undergraduate Minor in Social Work, Department of Social Work and Child Advocacy, Montclair State University

- Introduction to Social Work
- Helping and Engagement Skills
- Social Welfare Policy and Services
- Seminar in Social Work

### **SERVICE ACTIVITIES (EXTERNAL)**

**2025-present** Member of the Subcommittee on the Safety of Children of the New Jersey Task Force on Child Abuse and Neglect Department of Children and Families, New Jersey.

**2024-present** Member of the New Jersey Department of Children and Families (DCF) Ground Rounds Steering Committee.

**2018-present** Board Member, NDACAN National Advisory Board; National Data Archive on Child Abuse and Neglect, Cornell University.

**2016-present** Research on Sexual Health and Adolescent Parenting in Out-of-Home Environments (ReShaping) Network (founding member). Supported by the Annie E. Casey Foundation and the Healthy Teen Network.  
<https://www.healthyteennetwork.org/reshaping/>

**2022-2023** Member of the NASW-NJ ASWB Taskforce on Social Work Licensure Exam.

**2022-2024** Member of the Passaic County Overdose Fatality Review Team.

**2016-2024** Member of the Prevention Committee of the New Jersey Task Force on Child Abuse and Neglect Department of Children and Families, New Jersey.

**2011-present** Grant Reviewer, Administration for Children and Families, Children's Bureau.

**2021-2022** Guest Editor, Special Issue on Expectant and Parenting Youth in Foster Care, *Child and Adolescent Social Work Journal*.

**2021-2022** Member of the School Linked Services Stakeholders Workgroup, Department of Children and Families, New Jersey.

**2019-2020** Faculty consultant, Pregnancy Prevention and Parenting Support Virtual Resource Center, Center for the Study of Social Policy, Washington DC.



**2018-2019** Member, Expectant and Parenting (EPY) Youth in Foster Care Data Workgroup, The Jim Casey Youth Opportunities Initiative, Annie E. Casey Foundation.

**SERVICE ACTIVITIES (UNIVERSITY)**

**2025-2026** Chair of the Search Committee for an MSW Program Director, Department of Social Work and Child Advocacy, Montclair State University.

**2024-2025** Chair of the Tenure and Promotion Committee, Department of Social Work and Child Advocacy, Montclair State University.

**2023-2024** Chair of the Tenure and Promotion Committee, Department of Social Work and Child Advocacy, Montclair State University.

**2022-2023** Member of the MSU Taskforce for Student Success, Montclair State University.

**2022-2023** Member of the Sabbatical Review Committee, Department of Social Work and Child Advocacy, Montclair State University.

**2021-2022** Member of the Tenure and Promotion Committee, Department of Social Work and Child Advocacy, Montclair State University.

**2021-2022** Member of the Search Committee for a Tenure Track Position at the Department of Social Work and Child Advocacy, Montclair State University.

**2017-2020** Chair of a Community Advisory Board for the MSW Program.

**2017-2020** Member of the Graduate Council, Montclair State University.

**2019-2020** Member of the Search Committee for a Department Chair position, Department of Social Work and Child Advocacy, Montclair State University.

**2019-2020** Member of the Search Committee for an MSW Program Director position, Department of Social Work and Child Advocacy, Montclair State University.

**2017-2019** Chair of the Tenure and Promotion Committee, Department of Social Work and Child Advocacy, Montclair State University.

**July 2019** Chair of the Search Committee for a Clinical Specialist position (non-tenure track), Department of Social Work and Child Advocacy, Montclair State University.

**2016-2017** Member of the Search Committee for a Department Chair position, Department of Social Work and Child Advocacy, Montclair State University.



- 2015-2016** Chair of the Search Committee for a Tenure-Track Position at the Robert D. McCormick Center for Child Advocacy and Policy, Montclair State University.
- 2014-2015** Led the development and approval procedures for a new Minor in Social Work with a focus on children, youth and families.
- 2013-2015** Member of the Search Committee for a Tenure-Track Position at the Robert D. McCormick Center for Child Advocacy and Policy, Montclair State University.
- 2013, 2016** Member of the Graduate Curriculum Committee at the College of Humanities and Social Sciences, Montclair State University.
- 2014-2015** Member of the Undergraduate Curriculum Committee at the College of Humanities and Social Sciences, Montclair State University.
- Spring 2014** Member of the Internal Awards Review Committee at the College of Humanities and Social Sciences, Montclair State University.

**AD HOC REVIEWER (SELECT)**

Child Abuse & Neglect

Developmental Psychology

Child Development

Child Maltreatment

Journal of Adolescent Health

Clinical Social Work Journal

Perspectives on Sexual and Reproductive Health

Children and Youth Services Review

Child and Family Social Work

Journal of Public Child Welfare

Journal of Child and Adolescent Social Work

Psychiatric Services

Child Welfare: Journal of Policy, Practice and Program



Journal of Family Violence

Child Abuse Review

Substance Use and Misuse

International Journal of Mental Health and Addiction

Health Education Journal

Child and Youth Care Forum

Nordic Social Work Research

Society for Research on Adolescence (conference reviewer)

Council on Social Work Education Annual Program Meeting (conference reviewer)

Oxford Bibliographies

**PROFESSIONAL MEMBERSHIPS**

Society for Social Work and Research

**CERTIFICATES AND LICENCES**

Seminar in Field Instruction (SIFI) Certification, School of Social Work, Rutgers University