

**Ashley E. Ermer, Ph.D., CFLE-P**  
Assistant Professor  
Montclair State University  
College of Education and Human Services  
Family Science and Human Development

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### **EDUCATION**

<u>Degree</u>	<u>Institution</u>	<u>Date</u>	<u>Major</u>
Ph.D.	University of Missouri	May 2017	<i>Human Environmental Sciences with an emphasis in Human Development and Family Science, minor in Gerontology Studies</i>
M.S.	University of Missouri	December 2014	<i>Family Studies</i>
B.A.	Nebraska Wesleyan University	May 2012	<i>Gender Studies &amp; Psychology</i>

### **PROFESSIONAL EXPERIENCE**

*Assistant Professor*, Fall 2017 – present: Montclair State University, Department of Family Science and Human Development

*Graduate Instructor*, Fall 2013 – Spring 2017: University of Missouri, Department of Human Development and Family Science

*Graduate Research Assistant*, Fall 2012, Spring 2014 – Summer 2014, Fall 2015 – Spring 2017: University of Missouri, Department of Human Development and Family Science

*Graduate Teaching Assistant*, Fall 2012 – Fall 2013: University of Missouri, Department of Human Development and Family Science

*Undergraduate Research Assistant*, Summer 2011; Spring 2012 – Summer 2012: University of Nebraska, University of Nebraska Public Policy Center

### **TEACHING**

*Montclair State University*

Undergraduate: Research Methods for Studying Families and Children, Families in Later Life, Aging and Social Policy, Social Gerontology, Family Development Across the Lifespan, Independent Study, Adult Development and Aging

University of Missouri

Graduate Instructor, Undergraduate: Foundations of Family Science, Intimate Relationships and Marriage, Internship/Field Experience Practicum Coordinator

Teaching Assistant, Undergraduate: Early and Middle Childhood, Principles of Human Development

## SCHOLARSHIP

### EXTERNAL GRANT SUBMISSION

*The Retired Family: An Investigation of Couples' and Children's Relationships in Retirement*; US-Israel Binational Science Foundation; Principal Investigators – Dikla Segel-Karpas (Haifa University), Ashley Ermer (Montclair State University), and Jeremy Yorgason (Brigham Young University); \$150,000 requested November 2018; unfunded

### REFEREED PUBLICATIONS

**Ermer, A. E.,** Segel-Karpas, D., & Benson, J. J. (2020). Loneliness trajectories and correlates of social connectedness among older adult married couples. *Journal of Family Psychology*. Advanced online publication. doi: 10.1037/fam0000652

- *Featured in Psychology Today:* <https://www.psychologytoday.com/us/blog/talking-apes/202006/are-you-married-lonely> and on Today.com: <https://www.psychologytoday.com/us/blog/living-single/201812/friendship-may-be-sweeter-people-who-are-single>

**Ermer, A. E.,** York, K., & Mauro, K.\* (2020). Addressing ageism using performing arts interventions. *Gerontology and Geriatrics Education*. Advanced online publication. doi: 10.1080/02701960.2020.1737046

**Ermer, A. E.,** & Proulx, C. M. (2020). Wellbeing among older adult couples: The role of social networks and neighbors. *Journal of Social and Personal Relationships*, 37, 1073-109. doi: 10.1177/0265407519886350

Roach, A.L., **Ermer, A.E.,** Coleman, M., & Ganong, L. (2020). Attitudes about intimate partner violence and alcohol consumption. *Journal of Interpersonal Violence*. Advanced online publication. doi: 10.1177/0886260520914583

**Ermer, A. E.,** & Proulx, C.M. (2019). The associations between social connectedness and wellbeing among older adults: Difference by partnership status. *Research on Aging*, 41, 336-361. doi: 10.1177/0164027518815260

- *Featured in Psychology Today:* <https://www.psychologytoday.com/us/blog/living-single/201812/friendship-may-be-sweeter-people-who-are-single>

Proulx, C. M., Curl, A., & **Ermer A. E.** (2018). Longitudinal associations between formal volunteering and cognitive functioning. *Journals of Gerontology: Psychological Sciences and Social Sciences*, 73, 522-531. doi: 10.1093/geronb/gbx110

**Ermer, A. E.,** Roach, A. L., Coleman, M., & Ganong, L. (2017). Deconstructing attitudes about intimate partner violence and bystander intervention: The role of gender and severity of aggression. *Journal of Interpersonal Violence*. Advance online publication. doi: 10.1177/0886260517737556

Proulx, C. M., **Ermer, A. E.,** & Kanter, J. (2017). Group-based trajectory modeling of marital quality: A critical review. *Journal of Family Theory and Review*, 9, 307-327. doi: 10.1111/jftr.12201

**Ermer, A. E.,** & Proulx, C. M. (2016). Unforgiveness, depression, and health in later life: The protective factor of forgivingness. *Journal of Aging and Mental Health*, 20, 1021-1034. doi: 10.1080/13607863.2015.1060942

- *Featured in the Wall Street Journal:* <https://www.wsj.com/articles/the-healing-power-of-forgiveness-1458525864> and in the Greater Good Magazine: [https://greatergood.berkeley.edu/article/item/does\\_forgiveness\\_make\\_men\\_weak](https://greatergood.berkeley.edu/article/item/does_forgiveness_make_men_weak)

### **INVITED PUBLICATIONS & BOOK REVIEWS**

**Ermer, A. E.** (2020). Family Ties & Aging, 3<sup>rd</sup> Edition: A review and call to action for family science scholars [Review of the book *Family ties & aging, 3<sup>rd</sup> edition*, by Ingrid Arnet Connidis & Amanda E. Barnett]. *Journal of Family Theory and Review*, 12(2), 278-285. <https://doi.org/10.1111/jftr.12371>

**Ermer, A. E.,** & Proulx, C. M. (2016). An apple a day? Yes, but how about forgiveness? *Aging Today*, 37, 16.

### **EDITED & INVITED BOOK CHAPTERS**

**Ermer, A. E.** (in press). Social network experiences of older adults: Differences by gender and relationship status. In S.L. Blair and P. Neff Cluster (Eds.), *Contemporary Perspectives in Family Research, Volume 14*. Emerald Publishing Limited.

**Ermer, A. E.** (in press). Friendship and divorce. In J. Hartenstein (Ed.), *Marriage and Divorce in America: Issues, Trends, and Controversies*. Santa Barbara, CA: ABC-CLIO.

Benson, J.J., Kerr, S., & **Ermer, A.E.** (2017). Living apart together relationships in later life: Constructing an account of relational maintenance. In C.S. Scott, and S.L. Blair (Eds.), *Contemporary Perspectives in Family Research, Volume 11*. Emerald Publishing Limited, pp. 193-215.

**Ermer, A. E.** (2014). Evolutionary theory. In M. Coleman, and L. Ganong (Eds.), *The Social History of the American Family: An Encyclopedia*. Thousand Oaks, CA: Sage.

### **PAPERS UNDER REVIEW**

Segel-Karpas, D., & **Ermer, A.E.** (under fourth review). Hostility and loneliness in older adult married couples: An indirect effect through friendships

**Ermer, A. E., & Proulx, C.M.** (under second review). The association between relationship satisfaction and well-being among older adult couples: The moderating role of social connectedness

**Ermer, A. E., & Kanter, J.** (revise and resubmit). Patterns of friendship positivity and negativity over time among married older adults.

**Ermer, A.E., & Matera, K.** (revise and resubmit). The role of marital status(es) in friendship experiences: A Qualitative Inquiry with Older Women.

**Ermer, A. E., Roach, A.L., Coleman, M., & Ganong, L.** (revise and resubmit). Constructed views regarding forgiveness and leaving behaviors in the context of relationship aggression.

Marini, C.M., **Ermer, A.E., Fiori, K.L., Rauer, A.J., & Proulx, C.M.** (revise and resubmit). Ties between marital quality, loneliness, and depressive symptoms: The moderating role of spousal functional limitations.

### **REFEREED PRESENTATIONS**

\*indicates graduate student co-author

@ indicates undergraduate student co-author

**Ermer, A. E.** (2020). ‘With Exposure Comes Familiarity’: Older Adults’ Contributions to the Classroom. Paper accepted for presentation in symposium presentation at the 75<sup>th</sup> Annual Conference of the Gerontological Society of America, Philadelphia, PA. – **moved to online format due to COVID-19 pandemic**

**Ermer, A.E., & Segel-Karpas.** (2020). Perceptions of aging and inflammation in the context of older adult married couples. Paper accepted for presentation in symposium at the 75<sup>th</sup> Annual Conference of the Gerontological Society of America, Philadelphia, PA. – **moved to online format due to COVID-19 pandemic**

Su-Russell, C., Russell, L. T., **Ermer, A., Gregory, B.,\* & Greiner, C.\*** (2020). Discussing death and dying with young children. Poster to be presented at the 82<sup>nd</sup> Annual Conference of the National Council on Family Relations, St. Louis, MO. – **moved to online format due to COVID-19 pandemic**

York, K., **Ermer, A.E., & Mauro, K.\*** (2020). Addressing stereotypes. Symposium presented at the 22<sup>nd</sup> Annual Conference of the New Jersey Foundation for Aging, New Brunswick, NJ. – **moved to online format due to COVID-19 pandemic**

**Ermer, A.E., & Matera, K.\*** (2020). Friendships during later life: The role of marital status and loss. Symposium to be presented at the biannual meeting of the International Association of Relationship Research, London, UK – **moved to summer 2021 due to COVID-19 pandemic**

- Ermer, A.E., & Proulx, C.M.** (November, 2019). The association between relationship strain and well-being among older adult couples: Social connectedness as a moderator. Symposium presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
- Marini, C.M., **Ermer, A.E.**, Fiori, K.L., Rauer, A.J., & Proulx, C.M. (November, 2019). Ties between marital quality, loneliness, and depressive symptoms: The moderating role of spousal functional limitations. Symposium presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
- Ermer, A.E.**, Matera, K.,\* Romano, M.,\* & Meyers, S.@ (October, 2019). Older adults' reflections on learning about forgiveness. Poster presented at the biannual meeting of the Society for the Study of Human Development, Portland, OR.
- Ermer, A. E.**, Segel-Karpas, D., & Benson, J. J. (November, 2018) Loneliness trajectories among older adult married couples. Poster presented at the annual meeting of The Gerontological Society of America, Boston, MA.
- Benson, J. J., Sloan, S., & **Ermer, A.E.** (November, 2018). The caregiving experiences of older adults in living-apart-together relationships. Symposium presented at the annual meeting of The Gerontological Society of America, Boston, MA.
- Ermer, A. E.** & Matera, K.\* (November, 2018). Friendship and social networks: Measurement considerations. Symposium presented at the Annual Meeting of the National Council on Family Relations, San Diego, CA.
- Ermer, A. E.**, Roach, A. L., Coleman, M., & Ganong, L. (November 2018). Tendency to forgive and attitudes toward forgiveness after relational aggression: The role of gender. Poster symposium presented at the Annual Meeting of the National Council on Family Relations, San Diego, CA.
- Ermer, A. E.**, & Kanter, J. (July, 2018). Trajectories of friendship positivity among older adult married couples. Paper presented at the International Association of Relationship Research Main Conference, Fort Collins, CO.
- Ermer, A. E.**, & Proulx, C.M. (November, 2017). Wellbeing among older adult couples: The role of social networks and neighbors. Symposium presented at the Annual Meeting of the National Council on Family Relations, Orlando, FL.
- Roach, A.L., **Ermer, A. E.**, Coleman, M., Ganong, L., & Ryan, H. (November, 2017). Attitudes of intimate partner violence and alcohol consumption. Paper presented at the Annual Meeting of the National Council on Family Relations, Orlando, FL.

- Ermer, A. E., & Proulx, C. M.** (July, 2017). Formal care use in older age: The role of marital transitions. Poster presented at the 21<sup>st</sup> IAGG World Conference of Gerontology and Geriatrics, San Francisco, CA.
- Stott, K., Benson, J.J., Kerr, S., Jones, A., & **Ermer, A. E.** (July, 2017). Life, death, and legacy: Is talking about death good for your health? Paper presented at the 21<sup>st</sup> IAGG World Conference of Gerontology and Geriatrics, San Francisco, CA.
- Ermer, A. E., & Proulx, C. M.** (November, 2016). The role of marital histories and transitions in older adults' care receipt. Poster presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Ermer, A. E., & Proulx, C. M.** (November, 2016). Utilization of formal help services: Do marital histories matter? Paper presented at the annual meeting of The Gerontological Society of America, New Orleans, LA.
- Benson, J., & **Ermer, A. E.** (July, 2016) Commitment and living apart together among older couples. Paper presented at the annual meeting of the International Association of Relationship Research, Toronto, ON.
- Roach, A., **Ermer, A. E.,** Coleman, M., & Ganong, L. (July, 2016). Attitudes of intimate partner violence: A mixed methods approach. Paper presented at the annual meeting of the International Association of Relationship Research, Toronto, ON.
- Ermer, A. E., & Proulx, C. M.** (November, 2015). Unforgiveness and health in late life: The protective role of forgiveness. Poster presented at the annual meeting of the National Council on Family Relations, Vancouver, BC.
- Roach, A., **Ermer, A. E.,** Coleman, M., & Ganong, L. (November, 2015). Attitudes of intimate partner violence. Poster symposium presented at the annual meeting of the National Council on Family Relations, Vancouver, BC.
- Ermer, A. E., & Frye-Cox, N.** (November, 2014). Alexithymia and psychological well-being: The effects of spousal forgiveness. Paper presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.
- Proulx, C. M., **Ermer, A. E.,** Mattoon, K, Cooney, T. (November, 2014). Caregiving for an ex-husband after abuse. Poster presented at the annual meeting of the National Council on Family Relations, Baltimore, MD.
- Proulx, C. M., Curl, A., & **Ermer, A. E.** (November, 2014). Associations between changes in formal and informal volunteering and mental health. Paper presented at the annual meeting of the Gerontological Society of America, Washington, DC.
- Proulx, C. M., & **Ermer, A. E.** (November, 2013). Marital quality and health: Longitudinal associations across 2 generations. Poster presented at the annual meeting of the

National Council on Family Relations, San Antonio, TX.

### **INVITED TALKS AND WORKSHOPS**

Introduction to Mplus Statistical Software, June 2019, Montclair State University

The Psychosocial Context of Forgiveness: A Gerontological and Family Violence Perspective,  
April 2019, Adelphi University

Dyadic and Longitudinal Analyses Workshop, June 2018, Montclair State University

Attitudes on Aging – Moderator, Spring 2018, Aging in Montclair and Montclair Township

### **FELLOWSHIPS, AWARDS, AND RECOGNITION**

Selected Participant, NCFR Mentoring Academy  
National Council on Family Relations  
November 2019 – November 2020

Selected Participant, Faculty Fellowship Program in Israel  
Jewish National Fund & Media Watch International  
May/June 2019

Community Engaged Teaching and Learning Fellow  
Montclair State University  
Fall 2018 – Spring 2020

Adeline Hoffman Fellowship  
Funded at \$8,000 per year  
University of Missouri Fall 2012 – Spring 2017

Supplementary Fellowship – Human Development and Family Studies Department  
Funded at \$5,000  
University of Missouri Fall 2012 – Spring 2013

### **SERVICE**

#### **UNIVERSITY-BASED**

University-wide Assessment Committee, *Montclair State University*, Fall 2019 – present

Chair Search Committee, *Department of Family Science and Human Development*, Fall 2019 -  
present

Undergraduate Curriculum Committee, *Department of Family Science and Human Development*,  
Fall 2018 – present

Scholarship Committee, *Department of Family Science and Human Development*, Fall 2018 – Spring 2018.

Graduate Curriculum Committee, *Department of Family Science and Human Development*, Fall 2017 – Spring 2018

**EXTERNAL**

Co-chair, *Issues in Aging Focus Group – National Council on Family Relations*, 2018 – present

Conference Program Committee Member, *Society for the Study of Human Development*, 2019 - present

Student/New Professional Representative, *Issues in Aging Focus Group - National Council on Family Relations*, 2015 – 2018

Ad hoc reviewer, *Journal of Marriage and Family*, *Aging and Mental Health*, *Child Development*, *Journal of Social and Personal Relationships*, *Israel Journal of Public Health*, *Journal of Family Theory and Review*; *Journals of Gerontology: Series B*; *Journal of Interpersonal Violence*

Conference Proposal Reviewer, *National Council on Family Relations*, *Gerontological Society of America*

Treasurer, *MUCFR (University of Missouri Council on Family Relations)*, Fall 2014 – Spring 2015

**ASSOCIATION MEMBERSHIPS**

National Council on Family Relations, December 2012 – present

The Gerontological Society of America, January 2015 – present

Society for the Study of Human Development, March 2019 - present

International Association of Relationship Research, June 2016 – present