

MICHAEL DAVID VIEGA, Ph.D., LCAT, MT-BC
Fellow, Association of Music and Imagery
 Associate Professor, Music
 Undergraduate Coordinator, Music Therapy
 John J. Cali School of Music
 Montclair State University
 Website: michaelviega.com

EDUCATION

<u>Degree</u>	<u>Date Received</u>	<u>Institution and Location</u>	<u>Major Field</u>
Ph.D.	12/2012	Temple University Philadelphia, PA	Music Therapy
MMT	05/2008	Temple University Philadelphia, PA	Music Therapy
BM	05/2001	Appalachian State University Boone, NC	Music Therapy

Dissertation: "'Loving me and My Butterfly Wings:" A Study of Hip-Hop Songs Written by Adolescents in Music Therapy." A dissertation submitted in partial fulfillment of the requirements for the degree of Doctor of Philosophy in Music Therapy. Completed in 2012, the aim of this arts-based research study was to experience, analyze, and gain insight into songs written by adolescents who have had adverse childhood experiences and who identify with Hip Hop culture. This study investigated the aesthetic components of eleven songs including their musical elements, the compositional techniques, the affective-intuitive qualities, and the interaction between the music and the lyrics. My artistic encounters and subsequent analyses of the songs revealed the complex inner struggles and developmental challenges for adolescents who have experienced extreme trauma. An arts-based research design, rooted in the ethos of Hip Hop, was employed to gain a holistic understanding of the songs.

CERTIFICATIONS

Licensed Creative Arts Therapist (LCAT). October 2014.

Music Therapist Board Certified (MT-BC). July 2001.

Fellow in the Association of Music and Imagery (FAMI). July, 2008.

TEACHING EXPERIENCE

<u>Year</u>	<u>Rank</u>	<u>Institution & Location</u>	<u>Type of Activity</u>	<u>Full-or Part-time</u>
2022-Present.	Adjunct.	ArtEZ (Netherlands).	Teaching.	0.25
2021- Present.	Adjunct.	New York University	Teaching.	0.25

2018-Present	Associate Professor.	Montclair State University	Teaching, Research, Service	1.0
<u>Year</u>	<u>Rank</u>	<u>Institution & Location</u>	<u>Type of Activity</u>	<u>Full-or Part-time</u>
2013-2018	Assistant Professor	SUNY, New Paltz New Paltz, NY	Teaching Research, Service	1.0
2017 (spring)	Adjunct	Slippery Rock University	Teaching	0.25
2009-2013	Adjunct	Molloy College Rockville Centre, NY	Teaching Administrative	0.25-0.5
2012-2013	Adjunct	Temple University Philadelphia, PA	Teaching	0.5
2008-2012	TA-RA	Temple University Philadelphia, PA	Teaching, Research	0.25

Sample Online Course Development

Digital Technology and Advanced Music Therapy Practice. Graduate online course. Montclair State University. New York University

Hip Hop Culture and Music Therapy. Graduate online course. Montclair State University; Slipper Rock University

Music Therapy and Adolescents. Graduate online course. SUNY, New Paltz.

CLINICAL EXPERIENCE

<u>Year</u>	<u>Rank</u>	<u>Institution & Location</u>	<u>Type of Activity</u>	<u>Full-or Part-time</u>
2022-Present	Music Therapist	Entrenadores Escolares	Clinical	0.25
2014-2016	Music Therapist	Elizabeth Seton Pediatric Hospital Yonkers, NY	Clinical	0.25
2011-2013	Music Therapist	Shriners Hospital Philadelphia, PA	Clinical	0.5
2008-2011	Music Therapist	Carson Valley Children's Aid Philadelphia, PA	Clinical	0.25

2009	Music Therapist	Child Family Art Therapy Philadelphia, PA	Clinical	0.25
<u>Year</u>	<u>Rank</u>	<u>Institution & Location</u>	<u>Type of Activity</u>	<u>Full-or Part-time</u>
2007-2010	Music Therapist	Arts and Quality of Life Research Center Philadelphia, PA	Clinical	0.5
2006-2010	Music Therapist	Kardon Institute for Arts Therapy Philadelphia, PA	Clinical	0.5
2006	Music Therapist	Belmont Behavioral Health Philadelphia, PA	Clinical	0.25
2004-2006	Music Therapist	Institute for Therapy through the Arts Chicago, IL	Clinical	1.0
2000-2004	Music Therapist	Fairfax County Schools Fairfax County, VA	Clinical/Teacher	1.0

AWARDS, GRANTS, SCHOLARSHIPS

Les Paul Grant, 2022: David Ott Lab for Music and Health, \$5000.00

Summer Grant Award, 2019: Montclair State University. Amount, \$6000.00

Research and Creative Project Award: SUNY, New Paltz, 2016-2017. Amount, \$3000.00.

United University Professions Award, Individual Development Award; 2014-2017

SUNY, New Paltz, Discretionary Salary Award, 2014-2017

SUNY, New Paltz School of Fine and Performing Arts Staff Development Award, 2014-2017

Dyason Fellowship Grant from University of Melbourne (Victoria, Australia) as an invited researcher; Fall 2015. Amount \$5000.00

Mid-Atlantic Region of the American Music Therapy Association Research Award, Spring 2015. Amount \$2000.00

Research and Creative Project Award: SUNY, New Paltz, 2014-2015. Amount \$3000.00

Outstanding Contribution to the Field Music Therapy: Temple University, 2013.

Florence Tyson Grant to Study Music Psychotherapy: American Music Therapy Association, 2009.

Joanne Marie Cardillo Memorial Fund for Music Therapy: Music Therapy Scholarship, Temple University, 2009.

Mid-Atlantic Region of the American Music Therapy Association Graduate Scholarship Award, 2008.

Joanne Marie Cardillo Memorial Fund for Music Therapy: Music Therapy Scholarship. Temple University, 2008

PUBLICATIONS

- Viega, M., dos Santos, A., & Wheeler, B. L. (Eds.). (2025). *Music therapy handbook* (2nd ed.). Guilford Press
- Viega, M. (2023). Queering the sonic episteme in music therapy using digital music technologies. In C. Lee (Ed). *Oxford Handbook for Queer and Trans Music Therapy*.
- Viega, M., Druziako, V., Millrod, J., Hoberman, A. (2023). Entering the ambient: A performative collaborative autoethnography of music therapists' improvising with digital music technologies. *Voices: A World Forum for Music Therapy*.
- Yuan Low, M., McFerran, K., Carroll-Scott, A., Hassrick, E., Viega, M. (2023). Exploring the lived experience of young autistic adults in Nordoff-Robbins Music Therapy: An interpretative phenomenological analysis. *Nordic Journal of Music Therapy*.
- Viega, M. (2022). Evaluation for arts-based research performance: Audience perceptions of Rising from the Ashes. *Journal of Music Therapy*. <https://doi.org/10.1093/jmt/thab018>.
- Viega, M. & Crooke, A. (2022). Epilogue: Preparing for the twenty-second century. In C. Weerger, M. Groothuis, & A.C. Jaschke (Eds.). *Navigating Music Technology*. ArtEZ Press.
- Viega, M., Blackman, T., Leafloor, S., Pharaoh, D. (2022). The Agency of Hip Hop as a Force of Liberation in Music Therapy. In A. Crooke, S. Hadley (Eds.). *Decolonization and music therapy*. Dallas, TX: Barcelona.
- Viega, M., Baker, F. (2019). Songwriting and clinical identity formation for music therapy students in academic supervision. In Forinash, M. (Ed.) *Music Therapy Supervision*. Dallas TX.: Barcelona.
- Viega, M. (2019). Globalizing adolescence: Digital music cultures and music therapy. In McFerran, K., Derrington, P., Saarikallio, S. (Eds). *Handbook of music and adolescence*. Oxford University Press.
- Viega, M. (2018). A humanistic understanding of the use of digital technology in therapeutic songwriting. *Music Therapy Perspectives*. <https://doi.org/10.1093/mtp/miy014>
- Viega, M. (2017). Science as art: Axiology as a central component in methodology

- and evaluation of arts-based research (ABR). In *Expressive therapies: Major themes in mental health* (Ed. N. Mazza). Pp. 584-698. Routledge.
- Viega, M. (2017). Editorial. Performing Health, Identity, and Social Justice. *Voices: A World Forum for Music Therapy*. Winter, 2017.
- Viega, M. (2017). From orphan to sage: The Hero's Journey as an assessment tool for Hip Hop songs created in music therapy. *Journal of Genius and Eminence*.
- Viega, M. (2017). Developing faith in the transition to adulthood: An analysis of songs written by adolescents who have had adverse childhood experiences. *Jahrbuch Musiktherapie Music Therapy Annual*. 13. 73-94.
- Viega, M. and Baker, F.A. (2017). Remixing identity: Creating meaning from songs written by patients recovering from a spinal cord injury. *Journal of Applied Arts & Health*, 8(1), 57-73. doi: 10.1386/jaah.8.1.57_1
- Viega, M. (2016). Exploring the discourse in Hip Hop and implications for music therapy. *Music Therapy Perspectives*, 34(2). 138-146. doi: 10.1093/mtp/miv035
- Viega, M. & Baker, F. (2016). What's in a song? Combining Analytical and Arts-based Analysis for Songs Created by Songwriters with Neurodisabilities. *Nordic Journal of Music Therapy*. doi: 10.1080/08098131.2016.1205651
- Viega, M. & Forinash, M. (2016). Arts-based research. In B. Wheeler & K. Murphy (Eds.) *Music therapy research (3rd Edition)*. Barcelona Publishers.
- Viega, M., & Forinash, M. (2016). Aesthetic Sense and Sensibility: Arts-based Research and Music Therapy. *Music Therapy Research*, 34(1), 1-3. <https://doi.org/10.1093/mtp/miw010>
- Viega, M. (2016). Science as art: Axiology as a central component in methodology And evaluation of arts-based research (ABR). *Music Therapy Perspectives*, 34(1), 4-13. doi: 10.1093/mtp/miv043
- Viega, M. (2016). Performing "Rising from the Ashes:" Arts-based research results from the study "Loving me and my butterfly wings: An analysis of Hip Hop songs written by adolescents in music therapy." *Music Therapy Perspectives*, 34(1), 46-47. doi: 10.1093/mtp/miv044
- Viega, M. (2015). Panel Two- Policy Imperatives: Closing commentary from breakout group representatives. From American Music Therapy Association (Ed), *Improving Access and Quality: Music Therapy Research 2025 Proceedings*. Retrieved from <http://www.musictherapy.org/assets/1/7/MTR2025proceedings.pdf>
- Viega, M. (2015). "Working with the negatives to make a better picture:" Exploring hip-hop songs in pediatric rehabilitation. In C. Dileo (Ed.) *Advanced practice in medical music therapy: Case reports*. Cherry Hill, NJ: Jeffery Books.
- Viega, M. (2015). Sanctify and testify: Creating hip-hop and rap in music therapy. In C. Lee & S. Pun (Eds.) *Composition and improvisation resources for music therapists*. Barcelona Publisher.

- Viega, M. (2014). Listening in the ambient mode: Implications for music therapy practice and theory. *Voices: A World Forum for Music Therapy*, 14(2).
<http://dx.doi.org/10.15845/voices.v14i2.778>
- Viega, M., & Hadley, S. (2013). Direct encounters: Challenging my sense of self as a good, moral person. In S. Hadley (Ed.) *Experiencing race as a music therapist: Personal narratives*. Barcelona Publishers: Gilsum, NH. Pages 163-174.
- Viega, M. (2011). The Hero's Journey in hip-hop and its applications in music therapy. In S. Hadley & G. Yancy (Eds.), *Therapeutic uses of rap music*. New York, NY: Routledge Publishers. Pages 57-78.
- Viega, M. & MacDonald, S. (2011). Hear Our Voices: A music therapy songwriting program and the message of The Little Saints. In S. Hadley & G. Yancy (Eds.), *Therapeutic uses of rap music*. New York, NY: Routledge Publishers. Pages 153-172.
- Viega, M. (2010). Body listening as a method of understanding a music program used in the Bonny Method of Guided Imagery and Music. *Journal of the Association for Music and Imagery*, 12, 21-47.
- Viega, M. (2010). Book Review. *Melody in music therapy: A therapeutic analysis*. By D. Aldridge and G. Aldridge. In *The Arts in Psychotherapy*, 37(5), 414-415.
- Viega, M. (2010). Book Review. *Music therapy and traumatic brain injury: A light on a dark Night*. By S. Gilbertson. In *Music Therapy Perspectives*, 28(1), 87-88.

NON-PUBLISHED RESEARCH EXPERIENCE

Purdue University Public Health research team: Creating Cultural Identity Autobiographies with Asian American Youth. February 2024.

Arts-based Research Global Consortium. Member. Support other scholars in arts-based research.

The Effects of Therapeutic Songwriting on Hope, Anxiety, Mood, and Motivation for Adolescents with Adverse Childhood Experiences: An Experimental Pilot Study

Research assistant at Arts and Quality of Life Research Center (Temple University, Philadelphia, PA)

Research assistant for two systematic Cochrane reviews: *Music Therapy and Acquired Brain Injury* and *Music Interventions for Mechanically Ventilated Patients*.

Conceptualizing the Lived Experience of Three Adolescents through the Interpretation of the Core Metaphors in their Preferred Music: A Qualitative, Narrative Analysis.

PROFESSIONAL INVITATIONS

Invited presenter, European Music Therapy Conference (Germany). Book launch for the 2nd edition, Music Therapy Handbook. July 2025.

Invited researcher, Purdue University. Creating Cultural Identity Autobiographies with Asian American Youth. February 2024.

Invited teacher, ArtEZ in Netherlands. Digital Music Technology and Music Therapy. Fall 2023-2024.

Invited workshop, Paterson School District for all Music Educators. Music Therapy within the Music Classroom: Inclusivity and Belonging. Fall 2023-2024.

Invited professor. SRH Heidelberg (Germany). Fall, 2022.

Invited speaker, Berklee College of Music and Health Symposium. May, 2022.

Invited presenter, Louis Armstrong Center for Music and Medicine, "Vital Voice." Spring, 2022

Invited workshop, Arts-based Research Global Consortium, part of International Congress of Qualitative Inquires, Spring 2021 and 2022.

Invited lecture. Digital Technology and Music Therapy. University of Iowa. Fall, 2022.

Invited teacher. SRH University, Heidelberg. Germany. Digital Music and Music Therapy. Summer, 2021.

Invited workshop. Digital Music and Music Therapy. Vibrato Music Therapy, China.

Invited Workshop. Digital Soundscaping: Cultural and Imaginative Listening in Music Therapy. Ohio University, Music Therapy Program. April, 2021.

Invited Presentation. Digital Technology and Music Therapy. University of Miami, February, 2021.

Invited researcher. Drexel University, Ph.D. Creative Arts Therapy Program, Philadelphia, PA. Arts-based Research Methodologies. January, 2021.

Invited teacher. Alverno College. The Role of Digital Music Technology in Music Therapy. October and November, 2020.

Music Therapy and Digital Music Technologies. Guest lecture, West Chester University of Pennsylvania. December, 2020.

Music in Social Context: Digital Music Technologies. Arizona State University. November, 2020.

Digital Music Technology, Culture, and Music Therapy. Concordia University, November, 2020.

Telehealth, Digital Technology, and Music Therapy. Alverno University. November, 2020.

Theory Development, Digital Technology, and Music Therapy. Temple University, Ph.D., September, 2020.

Telehealth, Digital Technology, and Music Therapy. Loyola University. September, 2020.

The use of Clinical Voice and Digital Technology. Lesley University. Spring, 2020.

Digital Technology and Music Therapy. Marietta College. Spring, 2020.

Arts-based Research. Drexel University, PhD in Creative Arts Therapies. January, 2020.

Invited keynote. World Congress of Music Therapy, University of Pretoria, Johannesburg, South Africa. Summer, 2020.

Invited speaker. International Symposium on Adolescents and Music. Ewha Womans University, Seoul, South Korea. Spring 2020.

Invited researcher. Drexel University, Ph.D. Creative Arts Therapy Program, Philadelphia, PA. Arts-based Research Methodologies. January, 2020.

Invited workshop: Digital Technology and Improvisation. Indiana University–Purdue University Indianapolis, Music Department. October 28th, 2019.

Invited presentation: Remix and Arts-based Research. Michael Viega, Ph.D., LCAT, MT-BC. International Arts & Wellbeing Conference ‘Building Bridges’ in Applied Arts and Health, Education and Community. August 7-10 2019 Ironbridge - Telford, Shropshire, England.

Invited speaker and artist to Shenandoah University Music Conservatory. Performing *Rising from the Ashes*. April 15th, 2019.

Invited speaker, New York University Silver School of Social Work. Music Therapy and Adolescents. February 11, 2019.

Invited researcher. Drexel University, Ph.D. Creative Arts Therapy Program, Philadelphia, PA. Arts-based Research Methodologies. January 31, 2019

Invited scholar for Music Therapy Department, ArtEZ Conservatorium. Enschede, Netherlands. November 6-10th, 2017.

Invited keynote speaker. Revolte. ArtEZ Studium Generale. Enschede, Netherlands. “Arts-based Research: Innovation, Discovery, Transformation.” November 9th, 2017

Invited presenter Revolte. ArtEZ Studium Generale. Enschede, Netherlands. “Rising from the Ashes: A Live Remix of Songs Created by Adolescents in Music Therapy.” November 9th, 2017.

Invited keynote speaker. ArtEZ Conservatorium and University. Enschede, Netherlands. “Arts-based Research in Action: Asking Critical Questions and Getting Messy.” November 8th, 2017

Invited keynote speaker. Appalachian State University. Boone, NC. “Traversing Soundscapes: Digital Technology and Music Therapy.” September 29th, 2017.

Invited keynote speaker. Appalachian State University. Boone, NC. “From Orphan to Sage: Trauma-informed Music Therapy with Adolescents.” September 28th, 2017.

Invited presenter at New York University. IMPACT Conference: Remix Culture and Rising from the Ashes. August, 2017

Invited presenter for Mount Sinai, Beth Israel, The Louis Armstrong Department of Music Therapy. PAIN: Cellular to Social Implications for Music Therapy and Medicine, April 24th, 2017

Invited workshop for NYU. Hip Hop Culture, Technology, and Music Therapy. February 11th, 2017.

Invited scholar to the University of Dayton to discuss Hip Hop, Culture, and Music Therapy. November, 2016

Invited presenter for Music, Health, and Technology Conference at Louis Armstrong Center for Music and Medicine, Mt. Sinai at Beth Israel Hospital, NY. May 2, 2016

Invited keynote presenter at Great Lake Region of the American Music Therapy Association. Indianapolis, IN. April, 2016.

Invited researcher, presentation at Molloy College on Arts-based Research. April, 2016.

Invited researcher by the University of Melbourne, National Music Therapy Research Unit. December 2015.

Invited delegate for the American Music Therapy Association Music Therapy Research Symposium. "Improving Access and Quality: Music Therapy Research 2025. Baltimore, MD. July, 2015.

"Hip-Hop, Music Therapy, and Adverse Childhood Experiences" December 2014: New York State School Music Association Winter Conference (NYSSMA), Rochester, NY. Invited by a representative of NYSSMA.

"Arts-based Research in Action: Exploring and Performing Clinical Questions" November 2014: American Music Therapy Association (AMTA) National Conference, Louisville, KY. Invited by the American Music Therapy Association Research Committee. Co-presented with Michele Forinash (Lesley University)

"Hip-Hop, Culture, and Music Therapy" September 2014: Continuing Education Course sponsored by Loyola University (New Orleans, LA). Invited by Loyola University's Music Therapy Department

"Discovery, Invention, Performance: Methodology in Arts-based Research" March 2014: Mid-Atlantic Region of AMTA Conference. Invited by the MAR-AMTA Research Committee

"Hip-Hop, Culture, and Music Therapy" October 2013: Continuing Education Course sponsored by the New Jersey Association for Music Therapy. Invited by the New Jersey Association for Music Therapy

"Aesthetics, Authenticity, and Collaboration: Approaching Therapeutic Songwriting from a Hip Hop Perspective" April 2013: 2nd Annual One Mic, One Movement: Advances in Hip Hop

Therapy and Hip Hop Psychology. Fordham University, New York. Invited scholar for closing session panel discussion on Hip Hop Psychology.

“Arts Based Research: Process, Definitions, and Challenges in Music Therapy” March 2013: Mid-Atlantic Music Therapy Conference, Scranton, PA. Invited panel speaker.

“Research Alive! Recent Research From Around the Region” March 2013: Mid-Atlantic Music Therapy Conference, Scranton, PA. Invited panel speaker.

“Verbal Technique in Music Therapy: A Workshop for Graduate Students” April 2012: Molloy College (Rockville Centre, NY). Invited by Molloy College.

“Aesthetics, Authenticity, and Collaboration: Approaching Therapeutic Songwriting from a Hip Hop Perspective” February 2012: Fifth Arts and Quality of Life Research Center Conference: Four Models of Music Therapy at Temple University (Philadelphia, PA). Invited by Dr. Cheryl Dileo, Temple University.

“Music-Centered Theory and Practice: Musical Dimensions of Process and Relationship in Music Therapy.” Co-Presenters, Dr. Kenneth Aigen, Brian Abrams, John Carpentre. March 2011: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference: Pre-Conference Institute.

“Music Therapist as a Record Producer: Therapeutic Songwriting with Adolescents with Adverse Childhood Experiences” March 2011: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference: Pre-Conference Institute.

“Music and Feeling in Music: Application of Musical Groove in Music Therapy.” Co-presenters, Dr. Kenneth Aigen, Dan Gormley, Joseph Piccinnini, and David Ramsey. March 2010: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference: Pre-conference Institute.

“Sound-shaping and Soundscape: Clinical Use of Electronic Instruments in Music Therapy ” March 2010: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference: Pre-conference Institute.

“GarageBand Workshop: Music Technology and Implications for Music Therapy” December 2009: Molloy College (Rockville Centre, NY). Invited by Molloy College

“Hear Our Voices: Songwriting with At-Risk Youth, Singing for Tomorrow: A Songwriting Program for Children with Spinal Cord Injury, Cultural Considerations in Music Therapy in North Philadelphia” February 2009: The Arts and Quality of Life Research Center Conference.

“Singing for Tomorrow: A Songwriting Program for Children with Spinal Cord Injury” February 2009: The Arts and Quality of Life Research Center Conference.

“Cultural Consideration in Music Therapy in North Philadelphia” February 2009: The Arts and Quality of Life Research Center Conference.

CONFERENCE PRESENTATIONS

AMTA Symposium, David Ott Lab Presents an Evening of Online Musicing. November, 2022.

18th International Congress of Qualitative Inquiry. Arts-based Research Workshop. May, 2022.

18th International Congress of Qualitative Inquiry. Arts-based Research Workshop. May, 2021.

Remixing Pivotal Moments in Nordoff-Robbins Music Therapy, American Music Therapy Association National Conference. Presenter(s): Michael Viega, PhD, LCAT, MT-BC; Claudia Orozco; C'airra Cotte

Remixing Pivotal Moments in Nordoff-Robbins Music Therapy, American Music Therapy Association National Conference. Presenter(s): Michael Viega, PhD, LCAT, MT-BC; Claudia Orozco; C'airra Cotte

From Multiculturalism to Culturally Sustaining Music Therapy: Evolving Narratives in Practice, Scholarship, Research and Pedagogy. World Congress of Music Therapy. Co-Presenters, Sangeeta Swamy, Marisol Norris, Natasha Thomas, MingYuan Low, Susan Hadley.

Clinical BOPulations the Podcast: Recording LIVE from World Congress of Music Therapy. July 2020. Co-presenters, Gabrielle Banzon, Allyson Rogers, Johnathan Moon, Grant Hales.

Entering the Ambient: Music Therapists' Experience with Group Improvisations using Digital Technology. Mid-Atlantic Region of the American Music Therapy Association. June, 2020. Co-presenters, Victoria Druziako, Josh Millrod, Al Hoberman.

Understanding Transgenerational Trauma and Grief Through Digitally Remixing Music of the Holocaust. Mid-Atlantic Region of the American Music Therapy Association and World Congress of Music Therapy. June and July, 2020. Co-presenter, Brian Abrams.

From Orphan to Sage: Stages of Adolescent Recovery from Trauma in Therapeutic Songwriting. Eudaimonia Symposium. May, 2020.

Archetypes as Ways of Understanding Clinical Process in Music Psychotherapy: Practical Applications, Michael Viega, PhD, LCAT, MT-BC; Brian Abrams, Ph.D., MT-BC, LCAT. Mid-Atlantic Region of the American Music Therapy Association Conference, March, 2019.

Using Hip Hop in Music Therapy: Discussing Challenges, Conflicts, and Successes Presenter(s): Michael Viega, Ph.D., LCAT, MT-BC; CharCarol Fisher, MA, MT-BC; Victoria Druziako, MA, MT-BC; Jessica S. Fletcher, MM, MT-BC; Dr. Alexander Crooke. American Music Therapy Associations National Conference, Dallas Texas, November 2018.

Re-search, Me-search, We-search: Adventures in Arts-based Research Presenter(s): Michael Viega, Ph.D., LCAT, MT-BC; Diane Austin, LCAT, ACMT; Ming Yuan Low, MA, MT-BC; Laura Beer, PhD, MT-BC; Rebecca Zarate, PhD, LCAT, AVPT, MT-BC. American Music Therapy Associations National Conference, Dallas Texas, November 2018.

“Hip Hop Culture and Transformation: Understanding the Discourse in Music Therapy” Presenter: Michael Viega, Ph.D., LCAT, MT-BC. World Congress Music Therapy. Tsukuba, Japan. July, 2017.

“Critically Evolving: Current Trends in Arts-based Research in Music Therapy.” Presenters: Michael Viega, PhD, LCAT, MT-BC. Jane Edwards, Simon Gilbertson, Triona McCaffrey, Laura Beer, Guylaine Vaillancourt, Alpha Woodward, Alison Ledger. World Congress Music Therapy. Tsukuba, Japan. July, 2017.

“Compose Your Self: Understanding Songs Written by People with Neurodisabilities.” Poster: Michael Viega, PhD, LCAT, MT-BC and Felicity Baker, PhD. World Congress Music Therapy. Tsukuba, Japan. July, 2017.

“Arts-Based Research: Building and Bridging Clinical Practice and Research in Music Therapy” Presenter(s): Michael Viega, PhD, LCAT, MT-BC; Laura E. Beer, PhD, MT-BC; Michele Forinash, DA, LMHC, MT-BC. A Continuing Education Course at the American Music Therapy Association National Conference, 2016.

“Conference Chair Presents Collaborations Under the Canopy: Courageous Conversations: Race and Music Therapy” Presenter(s): Michael Viega, PhD, LCAT, MT-BC; Marisol S. Norris, MA, MT-BC; Susan Hadley, PhD, MT-BC; Demeko Freeman, MT-BC; Jessica S. Fletcher, MM, MT-BC; Charcarol Fisher, MA, MT-BC; Sandra Ramos-Watt, MA, LCAT, MT-BC. American Music Therapy Association National Conference, 2016.

“United in Groove: Music Therapy and DJ Culture” Presenter(s): Michael Viega, PhD, MT-BC; Brandon Ross; Alan Turry, DA, LCAT, MT-BC; Peter Jampel, DA, MT-BC. American Music Therapy Association National Conference, 2016.

“From Orphan to Sage: Music Therapy, Adolescence, and the Hero’s Journey Room” Presenter(s): Michael Viega, PhD, LCAT, MT-BC. American Music Therapy Association National Conference, 2016.

“A Music-Centered Model for Assessing for Songs Written in Music Therapy” Presenter(s): Michael Viega, PhD, LCAT, MT-BC. American Music Therapy Association National Conference, 2016.

“A Music-Centered Model for Assessing for Songs Written in Music Therapy” March, 2016: Mid-Atlantic Region of the American Music Therapy Association Conference. Harrisburg, PA.

“Traversing Soundscape: Expanding the Clinical Possibilities of Popular Music in Therapeutic Songwriting” November, 2015: American Music Therapy Association National Conference, Kansas City, MO.

“From Orphan to Sage: Music Therapy, Adolescence, and the Hero’s Journey” November, 2015: American Music Therapy Association National Conference, Kansas City, MO

“This Flow has Intent: Systematic Application of Hip-Hop in Music Therapy” November 2014: American Music Therapy Association National Conference, Louisville, KY.

“Aesthetic, Community, and Collaboration: Therapeutic Songwriting from a Hiphop Perspective in Music Therapy” November 2013: American Music Therapy Association National Conference, Jacksonville, FL.

“Exploring Hip-Hop Songs by Inner-City Adolescents in Music Therapy” November, 2013: Expressive Arts Summit, New York City, NY.

“Music Therapy: An Integrative, Strength-Based Approach in Rehabilitation for Adolescents with Spinal Cord Injuries” November 2012: Pediatric Spinal Chord Injuries, Howard H. Steel Conference. Orlando, FL.

“Compose Yourself; Therapeutic Songwriting with Adolescents with Adverse Childhood Experiences” May 2012: Canadian Association of Music Therapy Conference, Montreal, Quebec.

“The Hero’s Journey in Hip Hop and its Application in Music Therapy.” February 2012: One Mic, One Movement: Advances in Hip Hop Therapy and Hip Hop Psychology. Fordham University, New York.

“Hear our Voices: A Music Therapy Songwriting Program and the Message of the Little Saints through the Medium of Rap.” Co-Presenter, Scott MacDonald. February 2012: One Mic, One Movement: Advances in Hip Hop Therapy and Hip Hop Psychology. Fordham University, New York.

“Compose Yourself: Therapeutic Songwriting with Adolescents with Adverse Childhood Experiences” November 2012: American Music Therapy Association National Conference, Atlanta, GA.

“Body Listening: An Analysis of *Mostly Bach*” June 2011: Association for Music and Imagery Conference, Chicago Il.

“That’s My Song! Understanding the Developmental Needs of Adolescents Through their Core Metaphors of their Preferred Music” March 2009: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference, Richmond VA.

“The Spiritual Dimensions of Popular Music and Implications for Music Therapy” Co-presenter, Dr. Kenneth Aigen. March 2008: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference, Cherry Hill, NJ.

“You Have to Hear This!: Deconstructing the Experience of Sharing our Preferred Music” March 2007: Mid-Atlantic Region of the American Music Therapy Association Music Therapy Conference. Ocean City, MD.

“Keep the Faith Baby!: Understanding the Lived Experience of an Elderly Client Coping with Loss Through His Musical Autobiography” November 2007: American Music Therapy Association National Conference, Louisville, KY

“Choosing a Graduate School” November 2006: American Music Therapy Association National Conference, Kansas City, KA.

“Power of Power Chords” and “Adventures in Modern Music” November 2005: American Music Therapy Association National Conference, Orlando, FL.

“Power of Power Chords: Adaptive Guitar Techniques for Working with ED/BD Adolescents” Spring 2005: Great Lakes Region of the American Music Therapy Association Conference. Milwaukee, WI.

“Music in Every Child’s Life: Music Therapy in a General Music Education Classroom”
Spring 2004: Mid-Atlantic Region of the AMTA Music Therapy Conference, Harrisburg, PA.

“Working with At-Risk Adolescents in Music Therapy at Watauga Youth Network”
Spring 1999: Southeast Region of the American Music Therapy Association Conference,
Miami, FL.

PERFORMANCES

“Rising from the Ashes” Arts-based Research Performance. Indiana University–Purdue University
Indianapolis, Music Department. October 28th, 2019.

“Rising from the Ashes” Arts-based Research Performance. International Arts & Wellbeing
Conference ‘Building Bridges’ in Applied Arts and Health, Education and Community. August 9,
2019 Ironbridge - Telford, Shropshire, England.

“Rising from the Ashes” Arts-based Research Performance at IMPACT, Conference. NYU.
August, 2017.

“Rising from the Ashes” Arts-based Research Performance at SUNY, New Paltz. March, 2015.

“Rising from the Ashes” Arts-based Research Performance at Mid-Atlantic Region of the
American Music Therapy Association, Ocean City, MD. April, 2015.

“Rising from the Ashes” Arts-based Research Performance at The Expressive Arts Therapies
Summit, New York City. November, 2015.

“Rising from the Ashes” Arts-based Research Performance, Kansas City, MO. November, 2015.

PROFESSIONAL CONTRIBUTIONS

Journals

Editorial Board, *Journal of Applied Arts and Health* (Intellect Ltd.). 2019-Present

Editorial Board, *Journal of Music Therapy* (Oxford University Press). 2017-2022

Editorial Board, *Music Therapy Perspectives* (Oxford University Press). 2015-2022

Editorial Board, *Voices: A World Forum for Music Therapist*, online, peer-reviewed journal.
October 2013- Present

Communication Editor, , *Voices: A World Forum for Music Therapist*, online, peer-reviewed
journal. 2018-2022.

Symposium Organization

Arts-based Research Symposium: Getting Messy and Asking Critical Questions. Keynote discussion by Patricia Leavey. March, 10th, 2018.

Critically Evolving: A Symposium on Arts-based Research, Practice, Pedagogy, Activism. Keynotes by Shaun McNiff and James Rolling. October 22nd, 2017.

External Reviewer

External Reviewer for Doctoral student, Lesley University. Current.

External Reviewer for Doctoral student, Drexel University. Current.

External Reviewer for Master's student, University of Ohio. Spring, 2019.

External Reviewer for Masters student, Augsburg University. Spring, 2019

External Reviewer for Masters student, St. Mary of the Woods. Spring, 2019

External Reviewer for music therapy Masters thesis, Montclair State University, 2016-2018

External Reviewer for music therapy Masters thesis, Molloy College. Fall, 2017.

External reviewer for Doctoral dissertation, University of Pretoria, South Africa. Summer, 2017.

External reviewer for music therapy Doctorial dissertation, University of Melbourne, Conservatorium of Music. Summer 2016.

External reviewer for music therapy Masters thesis, University of Melbourne, Conservatorium of Music. October 2014.

Professional Service

Organizer, digital music collaborations for online American Music Therapy Association Conference.

Immediate Past-President of the Mid-Atlantic Region of the American Music Therapy Association. 2019-2021

President of the Mid-Atlantic Region of the American Music Therapy Association. 2017-2019

President-Elect of the Mid-Atlantic Region of the American Music Therapy Association. 2015-Present

American Music Therapy Association Board of Directors Assembly Representative. May 2012-current.

Ethics Chair, Association of Music and Imagery (AMI). May 2011-2013

Diversity Task Force, American Music Therapy Association. March 2011-March 2012.

Vice President Conference Planning for the Mid-Atlantic Region of American Music Therapy Association. 2009-2013.

Assembly Delegate Member of the Mid-Atlantic Region of the American Music Therapy Association. 2008-Current.

Finance Committee Member for the Mid-Atlantic Region of the American Music Therapy Association. 2008.

Professional Training Courses

Introduction to the Bonny Method of Guided Imagery and Music. Co-taught with Marilyn Clark. Pendel Hill Retreat, PA. December 2016.

Level Two, Bonny Method of Guided Imagery and Music. Co-taught with Marilyn Clark. Pendel Hill Retreat, PA. March, 2016

UNIVERSITY SERVICE

Personnel Advisory Committee, Chair. 2023-2026

Dean's Scholarship Committee, Current

Musica Del Mundo, Community songwriting program with immigrant youth in Montclair, NJ. Part of Entrenadores Escolares at Montclair Fund for Educational Excellence.

Recording Secretary, University Senate. Current

Sabbatical Committee, College of Arts at Montclair State University. Current.

College Career Development Committee, College of Arts at Montclair State University. Current.

Student Affairs Council. University Senate. Current

Curriculum Committee, John J. Cali School of Music, Montclair State University. Current.

Westrick Music Academy Youth Council. Guest presenter on the Music Therapy Program at Montclair State University, Fall 2021.

College Career Development Committee. College of the Arts at Montclair State University. 2021-2022.

Pass the Mic program for Montclair High School. Hired graduate student music therapists. Spring, 2021.

Music Therapy Student Organization. Coordinate events. 2018-current.

Award Ceremony Coordinator, 2020-Current. John J. Cali School of Music, Montclair State University

Welcome Ceremony Coordinator, 2020. John J. Cali School of Music, Montclair State University

David Ott Lab, Music and Health. Redesign and updated agenda. 2019-2020.

Search Committee for Composition. John J. Cali School of Music, Montclair State University. 2019-2020

Engaged Teaching Fellows Program, Montclair State University. 2019-2020

Assistant Chair, SUNY, New Paltz Human Research Ethics Board. 2017-Current

SUNY, New Paltz Human Research Ethics Board. 2015-Current

SUNY, New Paltz Technology Committee for the Music Department. 2014-Current.

SUNY, New Paltz Student Advisor, Music Therapy Club. 2013-Current.

SUNY, New Paltz Graduate School Council. 2013-Current.

SUNY, New Paltz Public Relations Committee for the Music Department. 2013-2014

SUNY, New Paltz Faculty advisor, Music Therapy Club. 2013-Current.

PROFESSIONAL MEMBERSHIP

American Music Therapy Association

Mid-Atlantic Music Therapy Association

Association of Music and Imagery

Media

<https://web.archive.org/web/20230408154812/https://www.verywellhealth.com/music-and-stress-7375842>

Oxford University Press, The Intersections of SHAPE and STEM Subjects. "Evaluation for Arts-Based Research Performance: Audience Perceptions of Rising from the Ashes" is featured.
https://academic.oup.com/journals/pages/shape#.Y6ZDhzXU_GQ.mailto

Is God Funky or What? 4-part web-series on Black healing, Black contemporary music, post-colonization, and race.
<https://www.youtube.com/channel/UcKbXfcRmuw2kHkJ8Bi7BSGw/playlists>

Music Therapy Research Podcast. Invited interview. Published online, November, 2016.
<http://www.musictherapyresearchblog.com/>

"Hip Hop Therapy: The Primacy of Reflexivity and Cultural Dialogue." Invited blog post for

Oxford University Press. Published online December 2015. <http://blog.oup.com/2015/12/hip-hop-therapy-culture/>

Before We Were Kings, (2015). Documentary that investigates the links between DJ Culture and Music Therapy. Featured Expert. Directed by Gabriel Avina. Produced by Ross Moving Pictures. https://www.amazon.com/dp/B012BSHYO8/ref=imdbref_tt_wbr_aiv?encoding=UTF8&tag=imdbtag_tt_wbr_aiv-20

Rapper Mau Power has the power to make change (2014). The Green Left Weekly. <https://www.greenleft.org.au/content/rapper-mau-power-has-power-make-change>

HuffPost Live: “Your Brain on Art.” April 2, 2013. <http://live.huffingtonpost.com/r/segment/can-neuroscience/5150b03678c90a2f060004cb>

Shriners Hospital for Children: “Leaders in Care.” Vol 4, No. 1, 2013 <http://webversion.staywellcustom.com/shriners/2013/spring/philadelphia/#/16/zoomed>

United Nations Report: “Hear Our Voices” Music as a Natural Resource Compendium <http://www.international-iccc.org/CompendiumEventInformation.pdf>

Temple Times and Temple Today, Temple University, Philadelphia, PA. January 27, 2010. “High School Students Experience the Healing Power of Song: Arts and Quality of Life Center Helps Youth Cope with Stress Through Creativity.” http://www.temple.edu/newsroom/2009_2010/01/stories/music.htm

Temple Review Magazine “The Healing Power of the Arts”, Summer, 2008. “Tapping Health’s Creative Side.”

Spirit Newspaper, February 5, 2008, Feature Story on “Hear Our Voices” songwriting project

Temple Times and Temple Today, Temple University, Philadelphia, PA. February 1, 2008. “Hear Our Voices: Arts and Quality of Life Research Center Introduces an Innovative Music Therapy Project For At-Risk Youth.” http://www.temple.edu/newsroom/2007_2008/02/stories/hearourvoices.htm
http://www.temple.edu/newsroom/2007_2008/01/PDF/1-31-08.pdf

North Star Newspaper (Philadelphia, PA), Jan 18, 2008. Feature story on the “Hear Our Voices” songwriting project.

Philadelphia Tribune, Jan 28, 2008, “Children Using Musical Melodies to Express Emotions.” <http://www.phila-tribune.com/channel/cityregion/241cityregion5020.asp>

Channel 6 ABC News, Philadelphia, PA. January 11, 2008, “Young Students Make Music To Fight Crime.” <http://abclocal.go.com/wpvi/story?section=news/local&id=5886406>

Channel 3, CBS News, Philadelphia, PA. January 11, 2008, “At-Risk Philadelphia Youth Using Music as an Outlet.” <http://cbs3.com/video/?id=50978%40kyw.dayport.com>

Connections: A Newsletter for Friends of Shriners Hospital: “Singing for Tomorrow,” http://www.vertebra1stapling.com/uploads/ConnF08_final.pdf

