Academic Success Exercise: Support Services Reflection

Over the course of the semester, your Academic Advisor may recommend that you participate in various activities, such as tutoring, workshops, or supplemental instruction, to strengthen your skills as a student. In completing this exercise, consider your participation in one or more of these activities.

1. What kind of activity did you participate in? If it was an event, what was the title or subject matter?

2. What were your expectations going into this activity?

3. What are some things that you’ve learned from this activity and how have you been able to apply them?