

Montclair State University
Counseling and Psychological Services (CAPS)

HOW MUCH ALCOHOL IS IN MY DRINK?

BEER

<u>Regular Beer</u>	<u>%Alcohol</u>	<u>Light Beer</u>	<u>% Alcohol</u>
Budweiser	4.82%	Amstel Light	3.96%
Coors	5.03%	Natural Light	4.12%
Corona	4.84%	Bud Light	3.88%
Genesee	4.70%	Coors Light	4.36%
Guinness	4.27%	Michelob Light	4.52%
Heineken Dark	5.17%	Miller Lite	4.40%
Michelob	4.99%	Molson Light	2.41%
Miller High Life	4.80%		
Miller Genuine Draft	5.02%		
Molson	6.04%		
Samuel Adams	4.88%		
		<u>Non-Alcoholic Beer</u>	<u>% Alcohol</u>
		Average	0.3%

WINE

<u>Table Wine</u>	<u>%Alcohol</u>
Dry White	12.2%
Red/Rose	12.5%
Champaign	12.2%
Light Wine	7.4%
Wild Irish Rose	
Dessert Wine	18.8%
Wine Cooler	4%

LIQUOR

	<u>Proof</u>	<u>%Alcohol</u>		<u>Proof</u>	<u>%Alcohol</u>
<u>Bourbon/Whiskey</u>			<u>Gin</u>		
Bar Stock	86	43%	Bar Stock	80	40%
Old Grand Dad	90	45%	Bombay	86	43%
Yukon Jack	100	50%	Tanqueray	95	47.5%
Wild Turkey	101	50.5%			
<u>Rum</u>			<u>Vodka</u>		

Bar Stock	80	40%	Bar Stock	80	40%
Captain Morgan's 151					
<u>Others</u>					
Kahlua	54	27%	Triple Sec	78	39%
Schnapps (Peach)	40	20%	Everclear	190	95%
Schnapps (Peppermint)	60	30%			
Rumple Mize	100	50%	<u>Tequila</u>		
Ouzo	92	46%	Bar Stock	80	40%

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